Care Quality Commission

Inspection Evidence Table

Highfields Medical Centre (1-4496748020)

Inspection date: 25 March 2019

Date of data download: 05 March 2019

Overall rating: add overall rating here

Please note: Any Quality Outcomes Framework (QOF) data relates to 2017/18.

Safe Rating: Good

Safety systems and processes

The practice had clear systems, practices and processes to keep people safe and safeguarded from abuse.

Safeguarding	Y/N/Partial
There was a lead member of staff for safeguarding processes and procedures.	Yes
Safeguarding systems, processes and practices were developed, implemented and communicated to staff.	Yes
There were policies covering adult and child safeguarding.	Yes
Policies took account of patients accessing any online services.	Yes
Policies and procedures were monitored, reviewed and updated.	Yes
	Yes
Partners and staff were trained to appropriate levels for their role (for example, level three for GPs, including locum GPs).	Yes
There was active and appropriate engagement in local safeguarding processes.	Yes
There were systems to identify vulnerable patients on record.	Yes
There was a risk register of specific patients.	Yes
Disclosure and Barring Service (DBS) checks were undertaken where required.	Yes
Staff who acted as chaperones were trained for their role.	Yes
There were regular discussions between the practice and other health and social care professionals such as health visitors, school nurses, community midwives and social workers to support and protect adults and children at risk of significant harm.	Yes

Safeguarding Y/N/Partial

• All minutes from multi-disciplinary meetings where safeguarding was discussed were cascaded to the whole clinical and administration team.

• All administrative staff had completed additional safeguarding training to enable them to observe patients for signs of safeguarding issues.

Recruitment systems	Y/N/Partial
Recruitment checks were carried out in accordance with regulations (including for agency staff and locums).	Yes
Staff vaccination was maintained in line with current Public Health England (PHE) guidance and if relevant to role.	Yes
There were systems to ensure the registration of clinical staff (including nurses and pharmacists) was checked and regularly monitored.	Yes
Staff had any necessary medical indemnity insurance.	Yes

Explanation of any answers and additional evidence:

 All staff were encouraged to work within their level of competence and were supported to do this through access to additional training.

Safety systems and records	Y/N/Partial
There was a record of portable appliance testing or visual inspection by a competent person.	Yes
Date of last inspection/test: 8 December 2018	
There was a record of equipment calibration. Date of last calibration: 8 December 2018	Yes
There were risk assessments for any storage of hazardous substances for example, liquid nitrogen, storage of chemicals.	Yes
There was a fire procedure.	Yes
There was a record of fire extinguisher checks. Date of last check: 4 March 2019	Yes
There was a log of fire drills. Date of last drill: 13 February 2019	Yes
There was a record of fire alarm checks. Date of last check: 13 February 2019	Yes
There was a record of fire training for staff. Date of last training: 14 September 2018	Yes
There were fire marshals.	Yes
A fire risk assessment had been completed. Date of completion: 20 December 2018	Yes
Actions from fire risk assessment were identified and completed.	Partial
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Explanation of any answers and additional evidence:

- Two actions from the fire risk assessment had been completed and two were in progress with a date for completion.
- All fire marshals had received additional training to support them in their role.
- The maintenance of both the main and branch sites was managed by a management company called Community Health partnerships who carried out monthly and annual checks.

Health and safety	Y/N/Partial	
Premises/security risk assessment had been carried out.	Yes	
Date of last assessment:		
Health and safety risk assessments had been carried out and appropriate actions taken.	Yes	
Date of last assessment:		

Explanation of any answers and additional evidence:

• The maintenance of both the main and branch sites was managed by a management company called Community Health Partnerships.

Infection prevention and control

Appropriate standards of cleanliness and hygiene were met.

	Y/N/Partial
There was an infection risk assessment and policy.	Yes
Staff had received effective training on infection prevention and control.	Yes
Date of last infection prevention and control audit: 11 March 2019	Yes
The practice had acted on any issues identified in infection prevention and control audits.	Yes
The arrangements for managing waste and clinical specimens kept people safe.	Yes
Explanation of any answers and additional evidence:	•

Explanation of any answers and additional evidence:

The practice has a risk assessment and policies in place for the management of waste and the management of specimens.

Risks to patients

There were adequate systems to assess, monitor and manage risks to patient safety.

	Y/N/Partial
There was an effective approach to managing staff absences and busy periods.	Yes
There was an effective induction system for temporary staff tailored to their role.	Yes
Comprehensive risk assessments were carried out for patients.	Yes
Risk management plans for patients were developed in line with national guidance.	Yes
Panic alarms were fitted and administrative staff understood how to respond to the alarm and the location of emergency equipment.	Yes
Clinicians knew how to identify and manage patients with severe infections including sepsis.	Yes
Receptionists were aware of actions to take if they encountered a deteriorating or acutely unwell patient and had been given guidance on identifying such patients.	Yes
There was a process in the practice for urgent clinical review of such patients.	Yes
There was equipment available to enable assessment of patients with presumed sepsis or other clinical emergency.	Yes
There were systems to enable the assessment of patients with presumed sepsis in line with National Institute for Health and Care Excellence (NICE) guidance.	
When there were changes to services or staff the practice assessed and monitored the impact on safety.	Yes
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Explanation of any answers and additional evidence:

All practice staff had undertaken sepsis training and posters were visible at both the main and branch sites.

•	Staff rotas were in place to ensure adequate staffing levels across both the main and the branch
	sites.

• The practice had a comprehensive induction programme in place for all new staff.

Information to deliver safe care and treatment

Staff had the information they needed to deliver safe care and treatment.

	Y/N/Partial
Individual care records, including clinical data, were written and managed securely and in line with current guidance and relevant legislation.	Yes
There was a system for processing information relating to new patients including the summarising of new patient notes.	
There were systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.	Yes
Referral letters contained specific information to allow appropriate and timely referrals.	Yes
Referrals to specialist services were documented.	Yes
There was a system to monitor delays in referrals.	Yes
There was a documented approach to the management of test results and this was managed in a timely manner.	Yes
The practice demonstrated that when patients use multiple services, all the information needed for their ongoing care was shared appropriately and in line with relevant protocols.	Yes

Explanation of any answers and additional evidence:

- The practice had employed the services of a Compliance Co-ordinator to ensure that there was a clear, comprehensive and documented approach to the management of information such as patient referrals and individual care records.
- The practice had carried out a wide number and range of audits including a GP consultation and record keeping audit.

Appropriate and safe use of medicines

The practice had systems for the appropriate and safe use of medicines, including medicines optimisation

Indicator	Practice	CCG average	England average	England comparison
Number of antibacterial prescription items prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2017 to 30/09/2018) (NHS Business Service Authority - NHSBSA)	0.61	0.83	0.94	Variation (positive)
The number of prescription items for co-amoxiclav, cephalosporins and quinolones as a percentage of the total number of prescription items for selected antibacterial drugs (BNF 5.1 sub-set). (01/10/2017 to 30/09/2018) (NHSBSA)	7.1%	8.7%	8.7%	No statistical variation
Average daily quantity per item for Nitrofurantoin 50 mg tablets and capsules, Nitrofurantoin 100 mg m/r capsules, Pivmecillinam 200 mg tablets and Trimethoprim 200 mg tablets prescribed for uncomplicated urinary tract infection (01/04/2018 to 30/09/2018) (NHSBSA)	4.83	4.77	5.64	No statistical variation
Average daily quantity of oral NSAIDs prescribed per Specific Therapeutic Group Age-sex Related Prescribing Unit (STAR-PU) (01/04/2018 to 30/09/2018)	1.31	2.42	2.22	No statistical variation

Medicines management	Y/N/Partial
The practice ensured medicines were stored safely and securely with access restricted to authorised staff.	Yes
Blank prescriptions were kept securely and their use monitored in line with national guidance.	Yes
Staff had the appropriate authorisations to administer medicines (including Patient Group Directions or Patient Specific Directions).	Yes
The practice could demonstrate the prescribing competence of non-medical prescribers, and there was regular review of their prescribing practice supported by clinical supervision or peer review.	Yes
There was a process for the safe handling of requests for repeat medicines and evidence of structured medicines reviews for patients on repeat medicines.	Yes
The practice had a process and clear audit trail for the management of information about	Yes

Medicines management	Y/N/Partial
changes to a patient's medicines including changes made by other services.	
There was a process for monitoring patients' health in relation to the use of medicines including high risk medicines (for example, warfarin, methotrexate and lithium) with appropriate monitoring and clinical review prior to prescribing.	Yes
The practice monitored the prescribing of controlled drugs. (For example, investigation of unusual prescribing, quantities, dose, formulations and strength).	Yes
There were arrangements for raising concerns around controlled drugs with the NHS England Area Team Controlled Drugs Accountable Officer.	N/A
If the practice had controlled drugs on the premises there were appropriate systems and written procedures for the safe ordering, receipt, storage, administration, balance checks and disposal of these medicines, which were in line with national guidance.	N/A
The practice had taken steps to ensure appropriate antimicrobial use to optimise patient outcomes and reduce the risk of adverse events and antimicrobial resistance.	Yes
For remote or online prescribing there were effective protocols for verifying patient identity.	Yes
The practice held appropriate emergency medicines, risk assessments were in place to determine the range of medicines held, and a system was in place to monitor stock levels and expiry dates.	Yes
The practice had arrangements to monitor the stock levels and expiry dates of emergency medicines/medical gases.	Yes
There was medical oxygen and a defibrillator on site and systems to ensure these were regularly checked and fit for use.	Yes
Vaccines were appropriately stored, monitored and transported in line with PHE guidance to ensure they remained safe and effective.	Yes
Explanation of any answers and additional evidence:	

Dispensary services (where the practice provided a dispensary service)	Y/N/Partial
There was a GP responsible for providing effective leadership for the dispensary.	N/A
The practice had clear Standard Operating Procedures which covered all aspects of the dispensing process, were regularly reviewed, and a system to monitor staff compliance.	N/A
Dispensary staff who worked unsupervised had received appropriate training and regular checks of their competency.	N/A
Prescriptions were signed before medicines were dispensed and handed out to patents. There was a risk assessment or surgery policy for exceptions such as acute prescriptions.	N/A
Medicines stock was appropriately managed and disposed of, and staff kept appropriate records.	N/A
Medicines that required refrigeration were appropriately stored, monitored and transported in line with the manufacturer's recommendations to ensure they remained safe and effective.	N/A
If the dispensary provided medicines in Monitored Dosage Systems, there were systems to ensure staff were aware of medicines that were not suitable for inclusion in such packs, and appropriate information was supplied to patients about their medicines.	N/A
If the practice offered a delivery service, this had been risk assessed for safety, security, confidentiality and traceability.	N/A
Dispensing incidents and near misses were recorded and reviewed regularly to identify themes and reduce the chance of reoccurrence.	N/A
Information was provided to patients in accessible formats for example, large print labels, braille, information in a variety of languages etc.	N/A
There was the facility for dispensers to speak confidentially to patients and protocols described the process for referral to clinicians.	N/A
Explanation of any answers and other comments on dispensary services:	

Explanation of any answers and other comments on dispensary services:

• The practice was not a dispensing service.

Track record on safety and lessons learned and improvements made

The practice learned and made improvements when things went wrong.

Significant events	Y/N/Partial	
The practice monitored and reviewed safety using information from a variety of sources.		
Staff knew how to identify and report concerns, safety incidents and near misses.	Yes	
There was a system for recording and acting on significant events.	Yes	
Staff understood how to raise concerns and report incidents both internally and externally.	Yes	
There was evidence of learning and dissemination of information.	Yes	
Number of events recorded in last 12 months:	19	
Number of events that required action:	All	

Explanation of any answers and additional evidence:

• All staff were aware how to identify and report safety incidents and concerns and there was evidence of learning and dissemination across the whole practice team.

Example(s) of significant events recorded and actions by the practice.

	Specific action taken
Patient was advised by a local optician to obtain antibiotic eye drops from their GP. On examination by the GP it was evidence that this treatment was not appropriate for the presenting condition.	The practice contacted the optician in order to clarify the clinical situation with this patient. The practice wrote to all local opticians in the area in order to advise and support them regarding the treatment for certain eye conditions.
Staff member found if difficult to locate	GP and nurse reviewed best practice for the management and
	storage of emergency drugs. The drugs are now stored in
	specific boxes for the management of emergency conditions
	e.g. asthma box, seizure box, angina box.

Safety alerts	Y/N/Partial
There was a system for recording and acting on safety alerts.	Yes
Staff understood how to deal with alerts.	Yes

Explanation of any answers and additional evidence:

• The practice had employed the services of a compliance co-ordinator to ensure that there was a clear, comprehensive and documented approach to the management of safety alerts.

Effective

Rating: Good

Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment were delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Yes
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Yes
We saw no evidence of discrimination when staff made care and treatment decisions.	Yes
Patients' treatment was regularly reviewed and updated.	Yes
There were appropriate referral pathways were in place to make sure that patients' needs were addressed.	Yes
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Yes

Explanation of any answers and additional evidence:

• Clear patient pathways had been implemented to ensure that patients' needs were always addressed.

Prescribing	Practice performance	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2017 to 30/09/2018) (NHSBSA)	1 00	1.04	0.81	No statistical variation

Older people

Population group rating: add rating here

- The practice had a low number of older people in their population (91% under 65 years of age).
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Health checks were offered to patients over 75 years of age.

People with long-term conditions

Population group rating: Good

- Patients with long-term conditions had a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GP worked with other health and care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Adults with newly diagnosed cardio-vascular disease were offered statins.
- Very high QOF targets had been achieved for all indicators with almost no exception reporting.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	77.5%	77.6%	78.8%	No statistical variation
Exception rate (number of exceptions).	5.5% (53)	8.5%	13.2%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2017 to 31/03/2018) (QOF)	89.3%	75.6%	77.7%	No statistical variation
Exception rate (number of exceptions).	3.8% (37)	7.6%	9.8%	N/A

	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2017 to 31/03/2018) (QOF)	81.8%	80.2%	80.1%	No statistical variation
Exception rate (number of exceptions).	5.7% (55)	8.7%	13.5%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2017 to 31/03/2018) (QOF)	82.8%	76.5%	76.0%	No statistical variation
Exception rate (number of exceptions).	3.4% (14)	3.5%	7.7%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	91.1%	88.7%	89.7%	No statistical variation
Exception rate (number of exceptions).	6.3% (3)	9.5%	11.5%	N/A

Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2017 to 31/03/2018) (QOF)	89.9%	82.4%	82.6%	Variation (positive)
Exception rate (number of exceptions).	2.0% (21)	4.2%	4.2%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2017 to 31/03/2018) (QOF)	100.0%	93.0%	90.0%	Variation (positive)
Exception rate (number of exceptions).	3.3% (1)	7.0%	6.7%	N/A

Families, children and young people Population group rating: Good

- Childhood immunisation uptake rates were in line with the World Health Organisation (WHO) targets.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- The practice had arrangements for following up failed attendance of children's appointments
 following an appointment in secondary care or for immunisation and would liaise with health
 visitors when necessary.
- Young people could access services for sexual health and contraception.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib)((i.e. three doses of DTaP/IPV/Hib) (01/04/2017 to 31/03/2018)	131	135	97.0%	Met 95% WHO based target (significant variation positive)
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2017 to 31/03/2018) (NHS England)	103	111	92.8%	Met 90% minimum (no variation)
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2017 to 31/03/2018) (NHS England)	103	111	92.8%	Met 90% minimum (no variation)
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2017 to 31/03/2018) (NHS England)	103	111	92.8%	Met 90% minimum (no variation)

Working age people (including those recently retired and students)

Population group rating: Good

- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who	61.1%	64.2%	71.7%	No statistical variation

were screened adequately within a specified period (within 3.5 years for women aged 25 to				
49, and within 5.5 years for women aged 50 to				
64) (01/04/2017 to 31/03/2018) (Public Health England)				
Females, 50-70, screened for breast cancer				
in last 36 months (3 year coverage, %)	64.2%	63.1%	70.0%	N/A
(01/04/2017 to 31/03/2018) (PHE)				
Persons, 60-69, screened for bowel cancer in				
last 30 months (2.5 year coverage,	34.4%	42.9%	54.5%	N/A
%)(01/04/2017 to 31/03/2018) _(PHE)				
The percentage of patients with cancer,				
diagnosed within the preceding 15 months,				
who have a patient review recorded as	46.2%	59.4%	70.2%	N/A
occurring within 6 months of the date of				
diagnosis. (01/04/2017 to 31/03/2018) (PHE)				
Number of new cancer cases treated				
(Detection rate: % of which resulted from a	71.4%	53.0%	51.9%	No statistical
two week wait (TWW) referral) (01/04/2017 to	7 17/0	00.070	31.370	variation
31/03/2018) (PHE)				

People whose circumstances make them vulnerable

Population group rating: Good

Findings

- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice demonstrated that they had a system to identify people who misused substances.

People experiencing poor mental health

Population group rating: Good

(including people with dementia)

<u>Findings</u>

- The practice assessed and monitored the physical health of people with mental illness, severe
 mental illness, and personality disorder by providing access to health checks, interventions for
 physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking' services.
- There was a system for following up patients who failed to attend for administration of long-term

medication.

- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs of dementia. When dementia was suspected there was an appropriate referral for diagnosis.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	93.0%	89.9%	89.5%	No statistical variation
Exception rate (number of exceptions).	12.2% (6)	11.7%	12.7%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	100.0%	92.9%	90.0%	Variation (positive)
Exception rate (number of exceptions).	6.1% (3)	9.5%	10.5%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	88.0%	83.6%	83.0%	No statistical variation
Exception rate (number of exceptions).	7.4% (2)	6.5%	6.6%	N/A

Monitoring care and treatment

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	553.4	526.1	537.5
Overall QOF exception reporting (all domains)	5.0%	5.9%	5.8%

	Y/N/Partial
' ' '	Yes
The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	Yes

Examples of improvements demonstrated because of clinical audits or other improvement activity in

past two years

The practice had carried out a number of two cycle audits to drive quality improvement. These
included, prescribing of antibiotics, medication safety and governance, patient death rates and
telephone access.

Any additional evidence or comments

- The practice had held a number of health awareness open days to support those with long term conditions and the patient participation group were active in planning and supporting these events.
- The practice had used the CQC data to address quality issues and were planning to hold their own 'in house' inspections in the future.

Effective staffing

The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme.	Yes
The learning and development needs of staff were assessed.	Yes
The practice had a programme of learning and development.	Yes
Staff had protected time for learning and development.	Yes
There was an induction programme for new staff.	Yes
Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.	Yes
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Yes
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	Yes
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Yes
Explanation of any answers and additional evidence:	
Stoff had account a clinical auparvision to account their performance	

• Staff had access to clinical supervision to assess their performance.

Coordinating care and treatment

Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
The contractor has regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register are discussed.	Yes
We saw records that showed that all appropriate staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment.	Yes
Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.	Yes
Patients received consistent, coordinated, person-centred care when they moved between services.	
For patients who accessed the practice's digital service there were clear and effective processes to make referrals to other services.	Yes

Explanation of any answers and additional evidence:

- The practice held six weekly multi-disciplinary meetings to ensure that all patient care was assessed and planned in a coordinated way.
- A buddy system was in place when GP's were away on holiday.

Helping patients to live healthier lives

Staff were / were not consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Yes
- · · · · · · · · · · · · · · · · · ·	Yes
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Yes

Explanation of any answers and additional evidence:

• The practice held a number of health awareness open days to support carers and the patient participation group were active in planning and supporting these events.

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	96.5%	96.6%	95.1%	No statistical variation
Exception rate (number of exceptions).	0.7% (12)	0.9%	0.8%	N/A

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Consent to care and treatment

The practice always obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Yes
The practice monitored the process for seeking consent appropriately.	Yes
Explanation of any answers and additional evidence:	

Caring

Rating: Good

Kindness, respect and compassion

Staff treated patients with kindness, respect and compassion. Feedback from patients was positive about the way staff treated people.

	Y/N/Partial
Staff understood and respected the personal, cultural, social and religious needs of patients.	
Patients were given appropriate and timely information to cope emotionally with their care, treatment or condition.	Yes

Explanation of any answers and additional evidence:

• The practice staff treated patients with respect and compassion and feedback from patients was positive about the level of care received.

CQC comments cards	
Total comments cards received.	11
Number of CQC comments received which were positive about the service.	11
Number of comments cards received which were mixed about the service.	0
Number of CQC comments received which were negative about the service.	0

Source	Feedback
Comment card	'I always feel listened to, respected and supported'.
Comment card	'This service is excellent – all the doctors and staff are very good.'
Comment card	'The doctors and nursing staff are really professional and caring and the environment is pleasant'.

National GP Survey results

Note: The questions in the 2018 GP Survey indicators have changed. Ipsos MORI have advised that the new survey data must not be directly compared to the past survey data, because the survey methodology changed in 2018.

Practice population size	Surveys sent out	Surveys returned	Survey Response rate%	% of practice population
9108	394	110	27.9%	1.21%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at listening to them (01/01/2018 to 31/03/2018)	88.0%	86.2%	89.0%	No statistical variation
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at treating them with care and concern (01/01/2018 to 31/03/2018)	82.3%	83.1%	87.4%	No statistical variation
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they had confidence and trust in the healthcare professional they saw or spoke to (01/01/2018 to 31/03/2018)	88.7%	93.7%	95.6%	No statistical variation
The percentage of respondents to the GP patient survey who responded positively to the overall experience of their GP practice (01/01/2018 to 31/03/2018)	70.1%	74.3%	83.8%	No statistical variation

- The practice was aware that patient survey data had identified that patients were unable to get through to the practice by telephone. In response to this issue they had upgraded their telephone system. In addition, the telephone system was in the process of being audited to ensure that access by telephone had improved since the upgrade.
- The practice was aware that the patient survey data had identified that patients were not satisfied
 with the general practice appointment times available. In response to this issue they had
 introduced Saturday clinics, an increased number of pre-bookable appointments and telephone
 consultations.

Question	Y/N
The practice carries out its own patient survey/patient feedback exercises.	Yes

Any additional evidence

- The practice had carried out its own patient survey to monito and improve telephone access and general practice appointment times and action points from this were being implemented.
- Patients had provided positive feedback from 'on the day' comment cards.

Involvement in decisions about care and treatment

Staff helped patients to be involved in decisions about care and treatment.

	Y/N/Partial
Staff communicated with patients in a way that helped them to understand their care, treatment and condition, and any advice given.	
Staff helped patients and their carers find further information and access community and advocacy services.	Yes

Explanation of any answers and additional evidence:

- Many of the practice staff were able to communicate with patients in a variety of languages such as Hindi, Urdu and Gujarati.
- The practice had a low reporting of mental healthy issues and had taken steps to address this issue through signposting to services and patient awareness days.

Source	Feedback
Interviews with patients.	We spoke to eleven patients who described the service and staff as 'excellent', 'caring', 'responsive', supportive' and 'professional'.
	Four of the eleven patients that we spoke to said that it was sometimes difficult to obtain an appointment.

National GP Survey results

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they were involved as much as they wanted to be in decisions about their care and treatment (01/01/2018 to 31/03/2018)	79.5%	89.9%	93.5%	Variation (negative)

Any additional evidence or comments

 The practice was aware that same patients did not feel involved in their care and treatment and in response they had carried out a GHP consultation audit to address this issue.

	Y/N/Partial
Interpretation services were available for patients who did not have English as a first language.	
Patient information leaflets and notices were available in the patient waiting area which told patients how to access support groups and organisations.	Yes
Information leaflets were available in other languages and in easy read format.	Yes
Information about support groups was available on the practice website.	Yes

Explanation of any answers and additional evidence:

- The PPG were very active in supporting patients who did not have English as a first language and how to access support groups through a series of patient education days.
- Many of the practice staff were able to communicate with patients in a variety of languages such as Hindi, Urdu and Gujarati.
- The practice had a low reporting of mental health issues and had taken steps to address this issue through signposting and patient awareness days.

Carers	Narrative
Percentage and number of carers identified.	100 – slightly over 1% of the patient population
How the practice supported carers.	 Many patients at this practice had a poor recognition of their caring role due to cultural differences. In response to this issue, the practice staff promote and signpost the care and support available to carers. A carer's register and carers icon were in place. The PPG lead had a strong carers knowledge and experience of services available to support patients. A carers awareness day had been held to encourage and support carers.
How the practice supported recently bereaved patients.	GP telephone call.

Privacy and dignity

The practice respected / did not always respect patients' privacy and dignity.

	Y/N/Partial
Curtains were provided in consulting rooms to maintain patients' privacy and dignity during examinations, investigations and treatments.	Yes
Consultation and treatment room doors were closed during consultations.	Yes
A private room was available if patients were distressed or wanted to discuss sensitive issues.	Yes

There were arrangements to ensure confidentiality at the reception desk.	Yes
Explanation of any answers and additional evidence:	

Responsive

Rating: Good

Responding to and meeting people's needs

The practice organised and delivered services to meet patients' needs.

	Y/N/Partial
The importance of flexibility, informed choice and continuity of care was reflected in the services provided.	Yes
The facilities and premises were appropriate for the services being delivered.	Yes
The practice made reasonable adjustments when patients found it hard to access services.	Yes
The practice provided effective care coordination for patients who were more vulnerable or who had complex needs. They supported them to access services both within and outside the practice.	Yes
Care and treatment for patients with multiple long-term conditions and patients approaching the end of life was coordinated with other services.	Yes

Explanation of any answers and additional evidence:

- The practice has a high prevalence of patients with diabetes and in response offers a
 comprehensive service to this group of patients which includes; diabetes clinics, an enhanced
 diabetes provision led by the GP and practice nurse and occupational assessments for
 treatment choice. The practice was awaiting enhanced diabetes care status.
- The practice employed a phlebotomist, mental health worker and counselling services to support patients and meet their needs.

Practice Opening Times					
	Main Site		Branch Surgery		
Opening times:		•			
Monday	8am – 6.30pm	Monday	9am - 6.30pm		
Tuesday	8am – 6.30pm	Tuesday	9am – 6.30pm		
Wednesday	8am – 6.30pm	Wednesday	9am – 6.30pm		
Thursday	8am – 6.30pm	Thursday	9am – 6.30pm		
Friday	8am – 6.30pm	Friday	9am – 6.30pm		
Appointments a	available:				
Monday	9am – 6pm	Monday	9am – 6.30pm		
Tuesday	9am – 6pm	Tuesday	9am – 6.30pm		
Wednesday	9am – 6pm	Wednesday	9am – 6.30pm		
Thursday	9am – 6pm	Thursday	9am – 6.30pm		
Friday	9am – 6pm	Friday	9am – 6.30pm		
Saturday (ever	y third Saturday 8am – 3pm)				

National GP Survey results

Practic population	Surveys sent out	Surveys returned	Survey Response rate%	% of practice population
9108	394	110	27.9%	1.21%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that at their last general practice appointment, their needs were met (01/01/2018 to 31/03/2018)	86.9%	92.0%	94.8%	No statistical variation

Any additional evidence or comments

Older people

Population group rating: Good

Findings

- The practice had 91% of patients under 65 years of age
- All patients had a named GP who supported them in whatever setting they lived.
- The practice was responsive to the needs of older patients and offered home visits and urgent appointments for those with enhanced needs and complex medical issues.
- In recognition of the religious and cultural observances of some patients, the GP would respond
 quickly, often outside of normal working hours, to provide the necessary death certification to
 enable prompt burial in line with families' wishes when bereavement occurred.
- There was a medicines delivery service for housebound patients in conjunction with the local pharmacy.

People with long-term conditions

Population group rating: Good

- Patients with multiple conditions had their needs reviewed in one appointment.
- The practice liaised regularly with the local district nursing team and community matrons to discuss and manage the needs of patients with complex medical issues.
- Care and treatment for people with long-term conditions approaching the end of life was coordinated with other services.
- The practice had nearly two times the national average of patients with diabetes and they had reviewed the way they delivered care to these patients.

Families, children and young people Population group rating: Good

Findings

- Nurse and GP appointments were available until 6pm at the main surgery and 6.30pm at the branch surgery so school age children did not need to miss school.
- We found there were systems to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of accident and emergency (A&E) attendances. Records we looked at confirmed this.
- All parents or guardians calling with concerns about a child were offered a same day appointment when necessary.

Working age people (including those recently retired and students)

Population group rating: Good

- The needs of this population group had been identified and the practice had adjusted the services it offered to ensure these were accessible, flexible and offered continuity of care.
- The practice engaged in a city-wide clinical commissioning group hub service which meant that appointments were available every third Saturday from 8am to 3pm at the main site.

People whose circumstances make them vulnerable

Population group rating: Good

Findings

- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- People in vulnerable circumstances were easily able to register with the practice, including those with no fixed abode.
- The practice adjusted the delivery of its services to meet the needs of patients with a learning disability.
- The practice had a high proportion of unrecognised carers due to cultural differences in the practice population, i.e. where carers are not recognised as such.

People experiencing poor mental health (including people with dementia)

Population group rating: Good

- There was a low reporting of mental health issues often masked by physical presentations.
- Priority appointments were allocated when necessary to those experiencing poor mental health.
- Staff interviewed had a good understanding of how to support patients with mental health needs and those patients living with dementia.
- The practice was aware of support groups within the area and signposted their patients to these accordingly.

Timely access to the service

People were able to access care and treatment in a timely way.

National GP Survey results

	Y/N/Partial
Patients with urgent needs had their care prioritised.	Yes
The practice had a system to assess whether a home visit was clinically necessary and the urgency of the need for medical attention.	
Appointments, care and treatment were only cancelled or delayed when absolutely necessary.	Yes

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone (01/01/2018 to 31/03/2018)	42.2%	N/A	70.3%	Significant Variation (negative)
The percentage of respondents to the GP patient survey who responded positively to the overall experience of making an appointment (01/01/2018 to 31/03/2018)	47.0%	59.4%	68.6%	No statistical variation
The percentage of respondents to the GP patient survey who were very satisfied or fairly satisfied with their GP practice appointment times (01/01/2018 to 31/03/2018)	45.6%	60.1%	65.9%	No statistical variation
The percentage of respondents to the GP patient survey who were satisfied with the type of appointment (or appointments) they were offered (01/01/2018 to 31/03/2018)	53.0%	66.1%	74.4%	Variation (negative)

Any additional evidence or comments

- The practice was aware that patient survey data had identified that patients were unable to get through to the practice by telephone. In response to this issue they had upgraded their telephone system. In addition, the telephone system was in the process of being audited to ensure that access by telephone had improved since the upgrade.
- The practice was aware that the patient survey date had identified that patients were not satisfied
 with the general practice appointment times available. In response to this issue they had
 introduced Saturday clinics, an increased number of pre-bookable appointments and telephone
 consultations.

Source	Feedback
Choices	Most comments were supportive of the practice and describe the service as professional and caring. The practice always responds to feedback on the NHS Choices and their own websites.

Listening and learning from concerns and complaints

Complaints were listened and responded to and used to improve the quality of care.

Complaints	
Number of complaints received in the last year.	10
Number of complaints we examined.	10
Number of complaints we examined that were satisfactorily handled in a timely way.	10
Number of complaints referred to the Parliamentary and Health Service Ombudsman.	0

	Y/N/Partial
Information about how to complain was readily available.	Yes
There was evidence that complaints were used to drive continuous improvement.	Yes

Explanation of any answers and additional evidence:

• The practice had a robust complaints policy, a member of staff who is the lead for complaints and all complaints were discussed at both administrative and clinical meetings to ensure shared learning.

Example(s) of learning from complaints.

Complaint	Specific action taken
Patient complaint about poo GP attitude	 Patient invited to the practice to discuss their complaint in greater depth with the practice manager. The practice manager discussed and reviewed the complaint with the GP concerned. The patient was invited to discuss their complaint with the GP. The Hp wrote to the patient to apologise.
Patient frustrated and upset regarding the late diagnosis of a relative's medical condition.	 Patient invited to the practice to discuss their complaint in greater depth with the practice manager. The practice manager discussed and reviewed the complaint with the GP involved. The patient was invited to discuss their complaint with the GP involved The GP was very supportive of the family and did additional home visits to support them.

Well-led

Rating: Good

Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels.

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	Yes
They had identified the actions necessary to address these challenges.	Yes
Staff reported that leaders were visible and approachable.	Yes
There was a leadership development programme, including a succession plan.	

Explanation of any answers and additional evidence:

• The practice manager had undertaken a leadership training and coaching course at the Practice Manager Academy.

Vision and strategy

The practice had a clear vision and credible strategy to provide high quality sustainable care.

	Y/N/Partial
The practice had a clear vision and set of values that prioritised quality and sustainability.	Yes
There was a realistic strategy to achieve their priorities.	Yes
The vision, values and strategy were developed in collaboration with staff, patients and external partners.	
Staff knew and understood the vision, values and strategy and their role in achieving them.	Yes
Progress against delivery of the strategy was monitored.	Yes

Explanation of any answers and additional evidence:

- The practice was reviewing their vision and strategy due to increased collaborative working with the local primary care network of five local GP practices.
- The practice had a business plan and strategies in place for the management of long-term conditions.

Culture

The practice had a culture which drove high quality sustainable care.

	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Yes
Staff reported that they felt able to raise concerns without fear of retribution.	Yes
There was a strong emphasis on the safety and well-being of staff.	Yes
, , , , , , , , , , , , , , , , , , , ,	Yes
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	Yes

Explanation of any answers and additional evidence:

- The practice had introduced confidential 'staff contact sheets' in order to enable staff to raise any issue without fear of retribution.
- The practice held monthly administrative meetings and promoted an open-door policy for all staff groups.

Examples of feedback from staff or other evidence about working at the practice

Source	Feedback
Administrative staff	'I really enjoy working at the practice and all staff are friendly and approachable'
interviews	'I feel part of the vision and values of the practice and we always put patients first'
Practice Manager	'New posts have been advertised to improve staffing levels. Staff are encouraged
interview	to take on extended roles if they want to develop their career. Flexible working is
	also offered to support staff in their roles'

Governance arrangements

There were clear responsibilities, roles and systems of accountability to support good governance and management. / The overall governance arrangements were ineffective.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	Yes
Staff were clear about their roles and responsibilities.	Yes
There were appropriate governance arrangements with third parties.	Yes

Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

	Y/N/Partial
There were comprehensive assurance systems which were regularly reviewed and improved.	Yes
There were processes to manage performance.	Yes
There was a systematic programme of clinical and internal audit.	Yes
There were effective arrangements for identifying, managing and mitigating risks.	Yes
A major incident plan was in place.	Yes
Staff were trained in preparation for major incidents.	Yes
When considering service developments or changes, the impact on quality and sustainability was assessed.	Yes

Explanation of any answers and additional evidence:

- An annual appraisal system was in place to support all staff and ensure that the vision and values
 of the practice were embedded.
- A skills matrix was in place to encourage staff to take on new or extended roles should they wish to develop their career.

Appropriate and accurate information

There was a demonstrated commitment to using data and information proactively to drive and support decision making / The practice did not always act on appropriate and accurate information.

	Y/N/Partial
Staff used data to adjust and improve performance.	Yes
Performance information was used to hold staff and management to account.	Yes
Our inspection indicated that information was accurate, valid, reliable and timely.	Yes
There were effective arrangements for identifying, managing and mitigating risks.	Yes
Staff whose responsibilities included making statutory notifications understood what this entails.	Yes

Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Yes
Staff views were reflected in the planning and delivery of services.	Yes
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	Yes

Explanation of any answers and additional evidence:

- The practice used active signposting and were developing a social prescribing model to build a shared view of challenges and the needs of the population.
- The PPG consisted of various population groups and age ranges and had close contact with the practice management team.
- The PPG felt valued and listened to and were involved in the practice recruitment procedures, i.e. shortlisting and interview panel.

Feedback from Patient Participation Group.

Feedback

The practice has a well-established and highly motivated PPG who meet six to eight weekly. The group plan the agenda, the meetings are well attended and include both practice nurses and GPs. They are currently promoting and running a series of health awareness days based around themes such as diabetes, bowel cancer, hypertension and social prescribing. These events are well attended, for example, there were 96 participants at the last event. The group is also developing and promoting their own patient survey. Services such as Age UK and the local women's centre are also promoted by the PPG to support the practice population.

Any additional evidence

- The PPG has supported two Carer Awareness days.
- The PPG are collaborating with other local practices to improve services for carers.

Continuous improvement and innovation

There were systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a strong focus on continuous learning and improvement.	Yes
Learning was shared effectively and used to make improvements.	Yes
Explanation of any answers and additional evidence:	•

• The practice was actively engaging with the primary care network to develop and share best practice.

Examples of continuous learning and improvement

- The practice was reviewing the expansion of their premises in line with capitation demands.
- The practice was procuring additional clinical staff to enhance stability and expand the partnership.

Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

	Variation Band	Z-score threshold
1	Significant variation (positive)	Z ≤-3
2	Variation (positive)	-3 < Z ≤ -2
3	No statistical variation	-2 < Z < 2
4	Variation (negative)	2 ≤ Z < 3
5	Significant variation (negative)	Z ≥3
6	No data	Null

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice
 on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.