# **Care Quality Commission**

## **Inspection Evidence Table**

### **Manchester Road Medical Centre (1-569481648)**

Inspection date: 14/03/2019

Date of data download: 11 March 2019

# **Overall rating: Good**

Please note: Any Quality Outcomes Framework (QOF) data relates to 2017/18.

# Safe Rating: Good

### Safety systems and processes

The practice had clear systems, practices and processes to keep people safe and safeguarded from abuse.

Safeguarding	Y/N/Partial
There was a lead member of staff for safeguarding processes and procedures.	Yes
Safeguarding systems, processes and practices were developed, implemented and communicated to staff.	Yes
There were policies covering adult and child safeguarding.	Partial
Policies took account of patients accessing any online services.	Yes
Policies and procedures were monitored, reviewed and updated.	Yes
Policies were accessible to all staff.	Yes
Partners and staff were trained to appropriate levels for their role (for example, level three for GPs, including locum GPs).	Yes
There was active and appropriate engagement in local safeguarding processes.	Yes
There were systems to identify vulnerable patients on record.	Yes
There was a risk register of specific patients.	Yes
Disclosure and Barring Service (DBS) checks were undertaken where required.	Yes
Staff who acted as chaperones were trained for their role.	NA
There were regular discussions between the practice and other health and social care professionals such as health visitors, school nurses, community midwives and social workers to support and protect adults and children at risk of significant harm.	
Explanation of any answers and additional evidence:	•

Safeguarding Y/N/Partial

- All staff received up-to-date safeguarding training appropriate to their role.
- The safeguarding policy did not include information and guidance with regard to modern slavery and child sexual exploitation. Following the inspection, the practice confirmed the policy had been reviewed and updated.
- Alerts were recorded on the electronic patient records system to identify if a child or adult was at risk.
- There was a lead member of staff for safeguarding.
- A register of children at risk was in place and this was reviewed with health visitors to ensure the information held was up to date. Health visitors were invited to regular multi-disciplinary team meetings were safeguarding concerns were discussed.
- Staff we spoke with knew how to identify and report concerns, and they told us they took steps to protect patients from abuse, including working with other agencies.

Recruitment systems	Y/N/Partial
Recruitment checks were carried out in accordance with regulations (including for agency staff and locums).	Yes
Staff vaccination was maintained in line with current Public Health England (PHE) guidance and if relevant to role.	Yes
There were systems to ensure the registration of clinical staff (including nurses and pharmacists) was checked and regularly monitored.	Yes
Staff had any necessary medical indemnity insurance.	Yes

Explanation of any answers and additional evidence:

 We looked at four staff recruitment records that showed appropriate pre-employment checks had been carried out prior to staff appointments.

Safety systems and records	Y/N/Partial
There was a record of portable appliance testing or visual inspection by a competent person.  Date of last inspection/test: 5/05/2018	Yes
There was a record of equipment calibration.  Date of last calibration: 18/08/2018	Yes
There were risk assessments for any storage of hazardous substances for example, liquid nitrogen, storage of chemicals.	Yes
There was a fire procedure.	Yes
There was a record of fire extinguisher checks.  Date of last check: 13/07/2018	Yes
There was a log of fire drills.  Date of last drill: 7/11/2018 Unscheduled drill: 3/04/2018	Yes
There was a record of fire alarm checks.  Date of last check: this is carried out weekly and recorded	Yes
There was a record of fire training for staff.  Date of last training: 6/02/2019	Yes
There were fire marshals.	Yes
A fire risk assessment had been completed.  Date of completion: 5/05/2018	Yes
Actions from fire risk assessment were identified and completed.	Yes

Health and safety	Y/N/Partial
Premises/security risk assessment had been carried out.	Vaa
Date of last assessment: May 2018	Yes
Health and safety risk assessments had been carried out and appropriate actions taken.  Date of last assessment: May 2018	Yes

Explanation of any answers and additional evidence:

We discussed with the practice the need to review the current risk assessments in relation to the stairs in the building to provider more detail to the steps they had taken to mitigate risks to patients and staff.

### Infection prevention and control

Overall appropriate standards of cleanliness and hygiene were met.

	Y/N/Partial
There was an infection risk assessment and policy.	Partial
J I	Yes
Date of last infection prevention and control audit: the practice operated a rolling programme of individual infection control audits	Partial
The practice had acted on any issues identified in infection prevention and control audits.	Yes
The arrangements for managing waste and clinical specimens kept people safe.	Yes

Explanation of any answers and additional evidence:

- The practice undertook audits of clinical and none clinical areas of the practice. However, there was no structured approach to ensure actions identified were recorded in an action plan and monitored.
- We noted that bannisters at the practice had a residue on them which when wiped appeared to be dirt. The practice manager stated that she thought it was a wood polish residue and would discuss this with the cleaners.

### **Risks to patients**

There were adequate systems to assess, monitor and manage risks to patient safety.

	Y/N/Partial
There was an effective approach to managing staff absences and busy periods.	Yes
There was an effective induction system for temporary staff tailored to their role.	Yes
Panic alarms were fitted and administrative staff understood how to respond to the alarm and the location of emergency equipment.	Yes
Clinicians knew how to identify and manage patients with severe infections including sepsis.	Yes
Receptionists were aware of actions to take if they encountered a deteriorating or acutely unwell patient and had been given guidance on identifying such patients.	Yes
There was a process in the practice for urgent clinical review of such patients.	Yes
There was equipment available to enable assessment of patients with presumed sepsis or other clinical emergency.	
There were systems to enable the assessment of patients with presumed sepsis in line with National Institute for Health and Care Excellence (NICE) guidance.	Yes
When there were changes to services or staff the practice assessed and monitored the impact on safety.	Yes

Explanation of any answers and additional evidence:

• Staff had undertaken training in awareness of sepsis and there was written guidance for staff to refer to. The clinical and non-clinical staff provided examples of how they had identified and appropriately responded to patients with suspected sepsis.

#### Information to deliver safe care and treatment

Staff had information they needed to deliver safe care and treatment.

	Y/N/Partial
Individual care records, including clinical data, were written and managed securely and in line with current guidance and relevant legislation.	Yes
There was a system for processing information relating to new patients including the summarising of new patient notes.	
There were systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.	Yes
Referral letters contained specific information to allow appropriate and timely referrals.	Yes
Referrals to specialist services were documented.	Yes
There was a system to monitor delays in referrals.	Yes
There was a documented approach to the management of test results and this was managed in a timely manner.	Yes
The practice demonstrated that when patients use multiple services, all the information needed for their ongoing care was shared appropriately and in line with relevant protocols.	Yes

### Appropriate and safe use of medicines

The practice had systems for the appropriate and safe use of medicines, including medicines optimisation

Indicator	Practice	CCG average	England average	England comparison
Number of antibacterial prescription items prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2017 to 30/09/2018) (NHS Business Service Authority - NHSBSA)	0.93	0.92	0.94	No statistical variation
The number of prescription items for co-amoxiclav, cephalosporins and quinolones as a percentage of the total number of prescription items for selected antibacterial drugs (BNF 5.1 sub-set).	7.3%	6.8%	8.7%	No statistical variation

Indicator	Practice	CCG average	England average	England comparison
(01/10/2017 to 30/09/2018) (NHSBSA)				
Average daily quantity per item for Nitrofurantoin 50 mg tablets and capsules, Nitrofurantoin 100 mg m/r capsules, Pivmecillinam 200 mg tablets and Trimethoprim 200 mg tablets prescribed for uncomplicated urinary tract infection (01/04/2018 to 30/09/2018) (NHSBSA)	5.12	5.47	5.64	No statistical variation
Average daily quantity of oral NSAIDs prescribed per Specific Therapeutic Group Age-sex Related Prescribing Unit (STAR-PU) (01/04/2018 to 30/09/2018)	1.46	1.48	2.22	No statistical variation

Medicines management	Y/N/Partial
The practice ensured medicines were stored safely and securely with access restricted to authorised staff.	Yes
Blank prescriptions were kept securely and their use monitored in line with national guidance.	Yes
Staff had the appropriate authorisations to administer medicines (including Patient Group Directions or Patient Specific Directions).	Yes
The practice could demonstrate the prescribing competence of non-medical prescribers, and there was regular review of their prescribing practice supported by clinical supervision or peer review.	Yes
There was a process for the safe handling of requests for repeat medicines and evidence of structured medicines reviews for patients on repeat medicines.	Partial
The practice had a process and clear audit trail for the management of information about changes to a patient's medicines including changes made by other services.	Yes
There was a process for monitoring patients' health in relation to the use of medicines including high risk medicines (for example, warfarin, methotrexate and lithium) with appropriate monitoring and clinical review prior to prescribing.	Yes
The practice monitored the prescribing of controlled drugs. (For example, investigation of unusual prescribing, quantities, dose, formulations and strength).	Yes
There were arrangements for raising concerns around controlled drugs with the NHS England Area Team Controlled Drugs Accountable Officer.	yes
If the practice had controlled drugs on the premises there were appropriate systems and written procedures for the safe ordering, receipt, storage, administration, balance checks and disposal of these medicines, which were in line with national guidance.	Yes
The practice had taken steps to ensure appropriate antimicrobial use to optimise patient outcomes and reduce the risk of adverse events and antimicrobial resistance.	Yes
The practice held appropriate emergency medicines, risk assessments were in place to	Yes

Medicines management	Y/N/Partial
determine the range of medicines held, and a system was in place to monitor stock levels and expiry dates.	
The practice had arrangements to monitor the stock levels and expiry dates of emergency medicines/medical gases.	
There was medical oxygen and a defibrillator on site and systems to ensure these were regularly checked and fit for use.	
Vaccines were appropriately stored, monitored and transported in line with PHE guidance to ensure they remained safe and effective.	Yes

Explanation of any answers and additional evidence:

 We noted that the system to monitor uncollected prescription required improvement to ensure vulnerable patients not collecting their medication regularly were referred to the GPs for review. Following the inspection, the practice confirmed and provided evidence that showed work had commenced to improve the current system to ensure safety netting for the most vulnerable patients.

### Track record on safety and lessons learned and improvements made

### The practice learned and made improvements when things went wrong

Significant events	Y/N/Partial
The practice monitored and reviewed safety using information from a variety of sources.	Yes
Staff knew how to identify and report concerns, safety incidents and near misses.	Yes
There was a system for recording and acting on significant events.	Yes
Staff understood how to raise concerns and report incidents both internally and externally.	Yes
There was evidence of learning and dissemination of information.	Yes
Number of events recorded in last 12 months:	12
Number of events that required action:	8

Explanation of any answers and additional evidence:

 There was evidence that action had been taken to investigate and learn from incidents and events. Examples of significant events recorded and actions by the practice.

Event	Specific action taken
	New fire extinguisher purchased, and staff undertook refresher fire safety training.
, ,	Discussed at team meeting and staff reminded to check a patient's name, address and if unsure date of birth.

Safety alerts	Y/N/Partial
There was a system for recording and acting on safety alerts.	Yes
Staff understood how to deal with alerts.	Yes

# Effective Rating: Good

### Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Yes
We saw no evidence of discrimination when staff made care and treatment decisions.	Yes
Patients' treatment was regularly reviewed and updated.	Yes
There were appropriate referral pathways were in place to make sure that patients' needs were addressed.	
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Yes
Explanation of any answers and additional evidence:	

Prescribing	Practice performance	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU)	0.73	0.79	0.81	No statistical variation

Prescribing	Practice performance	CCG average	England average	England comparison
(01/10/2017 to 30/09/2018) (NHSBSA)				

### Older people

### **Population group rating: Good**

### **Findings**

- The practice used a clinical tool to identify older patients who were living with moderate or severe frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. It ensured that their care plans and prescriptions were updated to reflect any extra or changed needs.
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Health checks were offered to patients over 75 years of age.
- The practice used the role of the care co-ordinator to be the communication link between primary
  and secondary care for high risk patients who experienced unplanned admissions. The care
  co-ordinator shared discharge notifications with the relevant members of the neighbourhood team
  and all community services for example district nursing service, the community mental health
  team, Social Services, and the Psycho-geriatrician.
- The practice offered a service to two nursing homes in the CCG area. This included medical advice
  and support, consultations with patients and advanced care planning for the frailest patients to
  ensure appropriate care and treatment.

### People with long-term conditions

### Population group rating: Good

- Patients with long-term conditions had a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GP worked with other health and care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Adults with newly diagnosed cardio-vascular disease were offered statins.

- Patients with suspected hypertension were offered ambulatory blood pressure monitoring.
- Patients with atrial fibrillation were assessed for stroke risk and treated appropriately.
- The practice had developed a self-care booklet for patient aged over 65 to provide information and advice on self-care and voluntary services in the area. The booklet provided patients with information about local services in Knutsford for example coffee mornings, support groups and local activities in the area. The booklet also highlighted issues of loneliness and signposted patients to support services in the local community.
- The practice had been involved in pilot schemes to support improved diagnosis, care and treatment for patients with atrial fibrillation.
- The practice had been involved in the development within the Knutsford community hub of a wounds management pathway to support the improvement in access for patients.
- A diabetic specialist nurse attended the practice every week to review high risk diabetic
  patients to provide specialist advice and support working directly with patients and their GP.
   The practice had developed a virtual diabetic clinic with consultant input every 2 months.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	78.7%	82.1%	78.8%	No statistical variation
Exception rate (number of exceptions).	4.9% (18)	11.7%	13.2%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2017 to 31/03/2018) (QOF)	77.4%	79.7%	77.7%	No statistical variation
Exception rate (number of exceptions).	7.1% (26)	10.3%	9.8%	N/A

	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2017 to 31/03/2018) (QOF)	70.5%	78.6%	80.1%	No statistical variation
Exception rate (number of exceptions).	11.2% (41)	19.2%	13.5%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2017 to 31/03/2018) (QOF)	79.2%	77.6%	76.0%	No statistical variation
Exception rate (number of exceptions).	4.0% (17)	7.2%	7.7%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	96.8%	93.0%	89.7%	No statistical variation
Exception rate (number of exceptions).	17.5% (20)	11.6%	11.5%	N/A

Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2017 to 31/03/2018) (QOF)	83.4%	82.8%	82.6%	No statistical variation
Exception rate (number of exceptions).	2.2% (26)	4.6%	4.2%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2017 to 31/03/2018) (QOF)	95.4%	90.1%	90.0%	No statistical variation
Exception rate (number of exceptions).	8.4% (14)	7.6%	6.7%	N/A

### Any additional evidence or comments

The practice was aware that their exception reporting in some clinical areas was higher than the CCG and national average. The practice told us they monitored the exception reporting and worked with hard to reach patients to attend the practice to have their long-term conditions monitored and managed effectively.

### Families, children and young people

**Population group rating: Good** 

- Childhood immunisation uptake rates were in line with the World Health Organisation (WHO) targets.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- The practice had arrangements for following up failed attendance of children's appointments
  following an appointment in secondary care or for immunisation and would liaise with health
  visitors when necessary.
- Young people could access services for sexual health and contraception.
- The practice met regularly with health visitors and school health to discuss patients of concern.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib)((i.e. three doses of DTaP/IPV/Hib) (01/04/2017 to 31/03/2018)	61	66	92.4%	Met 90% minimum (no variation)
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2017 to 31/03/2018) (NHS England)	70	75	93.3%	Met 90% minimum (no variation)
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2017 to 31/03/2018) (NHS England)	71	75	94.7%	Met 90% minimum (no variation)
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2017 to 31/03/2018) (NHS England)	71	75	94.7%	Met 90% minimum (no variation)

# Working age people (including those recently retired and students)

### Population group rating: Good

### Findings

- The practice had systems to inform eligible patients to have the meningitis vaccine, for example before attending university for the first time.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2017 to 31/03/2018) (Public Health England)	76.8%	76.3%	71.7%	No statistical variation
Females, 50-70, screened for breast cancer in last 36 months (3-year coverage, %) (01/04/2017 to 31/03/2018) (PHE)	76.3%	74.5%	70.0%	N/A
Persons, 60-69, screened for bowel cancer in last 30 months (2.5 year coverage, %)(01/04/2017 to 31/03/2018) (PHE)	62.3%	61.8%	54.5%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (01/04/2017 to 31/03/2018) (PHE)	82.5%	70.9%	70.2%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2017 to 31/03/2018) (PHE)	56.5%	49.4%	51.9%	No statistical variation

### Any additional evidence or comments

People whose circumstances make them vulnerable

Population group rating: add rating here

### **Findings**

• End of life care was delivered in a coordinated way which took into account the needs of those

whose circumstances may make them vulnerable.

- The practice worked closely with the local hospice and a GP from the practice worked there on a weekly basis. The practice had a designated palliative care GP lead.
- The practice held a register of patients living in vulnerable circumstances including those with a learning disability.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice demonstrated that they had a system to identify people who misused substances.

# People experiencing poor mental health (including people with dementia)

### Population group rating: Good

- The practice assessed and monitored the physical health of people with mental illness, severe
  mental illness, and personality disorder by providing access to health checks, interventions for
  physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking' services.
- There was a system for following up patients who failed to attend for administration of long-term medication.
- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- All staff had received dementia training in the last 12 months.
- Through team Knutsford (GPs and community-based services working together) dementia
  pathway patients were able to be seen quicker for an initial dementia diagnosis. This supported
  timely access to consultant clinics for complex/advanced dementia patients.
- The practice had hosted a consultant psychiatrist to see patients form all Knutsford practice to support a community-based service.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	93.9%	91.0%	89.5%	No statistical variation
Exception rate (number of exceptions).	17.5% (7)	15.7%	12.7%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	97.1%	88.5%	90.0%	No statistical variation
Exception rate (number of exceptions).	15.0% (6)	13.0%	10.5%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	98.5%	83.9%	83.0%	Variation (positive)
Exception rate (number of exceptions).	2.9% (2)	4.8%	6.6%	N/A

### **Monitoring care and treatment**

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	547.8	546.5	537.5
Overall QOF exception reporting (all domains)	3.9%	5.1%	5.8%

	Y/N/Partial			
Clinicians took part in national and local quality improvement initiatives.				
The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	Yes			

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

• The practice had an annual audit calendar that the practice used to monitor the safety,

- effectiveness and quality of the service provided. For example, carer identification, and joint injections.
- An audit of direct oral anti coagulation monitoring had been undertaken to ensure patients were on the correct dosage according to their weight, age, renal function, liver function and full blood count. This led to improvements in monitoring and review of patients on this type of medication.
- The practice was one of the first practices in the North West of England to be involved in a pilot scheme to use a phone App to identify atrial fibrillation. They initially used the app at their annual community shared flu vaccination clinics.
- The practice had formed community multi-disciplinary meetings with other GP practices, health and social care services to support joined up care for patients.

### **Effective staffing**

Overall the practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

and expendince to carry out their roles.	
	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme.	Yes
The learning and development needs of staff were assessed.	Yes
The practice had a programme of learning and development.	Yes
Staff had protected time for learning and development.	Yes
There was an induction programme for new staff.	Yes
Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.	Yes
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Yes
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	Partial
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Yes

Explanation of any answers and additional evidence:

• We discussed with the practice the need to ensure that the competency of staff employed in advanced clinical roles were formally recorded and reviewed. The practice told us the current system used to review clinical competency would be reviewed and records would be kept.

### **Coordinating care and treatment**

Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
The contractor has regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register are discussed (01/04/2017 to 31/03/2018)	Yes
We saw records that showed that all appropriate staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment.	Yes
Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.	res
Patients received consistent, coordinated, person-centred care when they moved between services.	Yes

### Helping patients to live healthier lives

Staff were consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Yes
Staff discussed changes to care or treatment with patients and their carers as necessary.	Yes
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Yes

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	96.7%	94.6%	95.1%	No statistical variation
Exception rate (number of exceptions).	0.5% (9)	0.7%	0.8%	N/A

#### Consent to care and treatment

Overall practice obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Yes
The practice monitored the process for seeking consent appropriately.	No

Explanation of any answers and additional evidence:

- We discussed with the practice the need to review how consent was recorded to ensure that all
  patients received similar information with regard to what they were providing consent for. The
  practice agreed to review their current system.
- We discussed with the practice the need to ensure all clinical staff had undertaken MCA training.

# **Caring**

# **Rating: Good**

### Kindness, respect and compassion

Staff treated patients with kindness, respect and compassion. Feedback from patients was positive about the way staff treated people.

	Y/N/Partial
Staff understood and respected the personal, cultural, social and religious needs of patients.	
Patients were given appropriate and timely information to cope emotionally with their care, treatment or condition.	Yes

CQC comments cards				
Total comments cards received.	11			
Number of CQC comments received which were positive about the service.	11			
Number of comments cards received which were mixed about the service.	0			
Number of CQC comments received which were negative about the service.	0			

Source	Feedback
Patient interview – 2 patients	<ul> <li>I get an excellent service. The clinicians are very caring.</li> <li>They will go that extra mile for you.</li> <li>They were excellent and so kind when treating my parents.</li> <li>I am listened to and treated with respect.</li> </ul>
Comment cards	<ul> <li>They dealt with an emergency so calmly and were so caring.</li> <li>I am able to see the same doctor which makes me feel safer.</li> <li>All the staff are so helpful and caring.</li> <li>This is the best doctors I have ever attended.</li> </ul>

### **National GP Survey results**

**Note:** The questions in the 2018 GP Survey indicators have changed. Ipsos MORI have advised that the new survey data must not be directly compared to the past survey data, because the survey methodology changed in 2018.

Practice population size	Surveys sent out	Surveys returned	Survey Response rate%	% of practice population
7021	230	104	45.2%	1.48%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at listening to them (01/01/2018 to 31/03/2018)	96.7%	92.0%	89.0%	No statistical variation
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at treating them with care and concern (01/01/2018 to 31/03/2018)	97.4%	91.2%	87.4%	Variation (positive)
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they had confidence and trust in the healthcare professional they saw or spoke to (01/01/2018 to 31/03/2018)	99.2%	97.4%	95.6%	No statistical variation
The percentage of respondents to the GP patient survey who responded positively to	94.4%	88.4%	83.8%	No statistical variation

Indicator	Practice	CCG average	England average	England comparison
the overall experience of their GP practice (01/01/2018 to 31/03/2018)				

Question	Y/N
The practice carries out its own patient survey/patient feedback exercises.	No

### Any additional evidence

As part of the practice systems and process to ensure the services provided meet the needs and where possible the expectations of patients they utilised the GP national patient survey. The practice also used feedback from the NHS Friends and Family test results for February 2019. There were positive with a high proportion of respondents extremely likely to recommend the practice.

### Involvement in decisions about care and treatment

Staff helped patients to be involved in decisions about care and treatment.

	Y/N/Partial
Staff communicated with patients in a way that helped them to understand their care, treatment and condition, and any advice given.	
Staff helped patients and their carers find further information and access community and advocacy services.	Yes
Explanation of any answers and additional evidence:	

Source		Feedback
Interviews patients.	with	We spoke to two patients who said they were involved in their care and treatment.

### **National GP Survey results**

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they were involved as much as they wanted to be in decisions about their care and treatment (01/01/2018 to 31/03/2018)	97.2%	95.4%	93.5%	No statistical variation

	Y/N/Partial
Interpretation services were available for patients who did not have English as a first language.	
Patient information leaflets and notices were available in the patient waiting area which told patients how to access support groups and organisations.	Yes
Information leaflets were available in other languages and in easy read format.	On request
Information about support groups was available on the practice website.	Yes

Explanation of any answers and additional evidence:

- Members of the staff team had undergone training in equality and diversity and in accessible information standards.
- There was a translate the page icon on the practice website to support patients when English was not there first language.

Carers	Narrative
carers identified.	49 (0.6%). The practice acknowledged that they had identified a small number of carers compared to their patient list of 7021. They were carrying out an audit and developing an action plan to identify more carers to ensure they received appropriate support and treatment.
· · · · · · · · · · · · · · · · · · ·	A range of information available to inform carers of the local support services. Carers were offered flu vaccine.
•	The practice contacted bereaved patients and signposted them to bereavement support services.

### **Privacy and dignity**

The practice respected patients' privacy and dignity.

	Y/N/Partial
Curtains were provided in consulting rooms to maintain patients' privacy and dignity during examinations, investigations and treatments.	Yes
Consultation and treatment room doors were closed during consultations.	Yes
A private room was available if patients were distressed or wanted to discuss sensitive issues.	Yes
There were arrangements to ensure confidentiality at the reception desk.	Yes

# Responsive

# **Rating: Good**

### Responding to and meeting people's needs

The practice organised and delivered services to meet patients' needs.

	Y/N/Partial
The importance of flexibility, informed choice and continuity of care was reflected in the services provided.	Yes
The facilities and premises were appropriate for the services being delivered.	Yes
The practice made reasonable adjustments when patients found it hard to access services.	Yes
The practice provided effective care coordination for patients who were more vulnerable or who had complex needs. They supported them to access services both within and outside the practice.	
Care and treatment for patients with multiple long-term conditions and patients approaching the end of life was coordinated with other services.	Yes

Day	Time
Opening times:	
Monday	08.00 - 18.30
Tuesday	08.00 - 18.30
Wednesday	08.00 – 18.30
Thursday	08.00 - 20.00
Friday	08.00 - 18.30
Appointments available:	
Monday	08.30 - 18.00
Tuesday	08.30 – 18.00
Wednesday	08.30 – 18.00
Thursday	08.30 – 19.30
Friday	08.30 – 18.00

### National GP Survey results

Practice population size	Surveys sent out	Surveys returned Survey Response rate%		% of practice population
7021	230	104	45.2%	1.48%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that at their last general practice appointment, their needs were met (01/01/2018 to 31/03/2018)	98.6%	97.2%	94.8%	No statistical variation

### Any additional evidence or comments

 Patients were also able to access appointment at other practices and sites provided by a hub of local GPs in the evening and at the weekend. This service was commissioned by the CCG.

### Older people

### Population group rating: Good

### **Findings**

- All patients had a named GP who supported them in whatever setting they lived.
- The practice was responsive to the needs of older patients and offered home visits and urgent appointments for those with enhanced needs and complex medical issues.
- There was a medicines delivery service for housebound patients.
- The practice offered designated care homes weekly clinical visits and the staff support and education to improve outcomes for patients and to reduce unplanned admission to hospital.
- The care co-ordinator was the point of access for community and hospital services to liaise with the
  practice and patient with regard to increased care and support being provided.

### People with long-term conditions

### **Population group rating: Good**

- Patients with multiple conditions had their needs reviewed in one appointment.
- The practice through the Knutsford integrated care team liaised regularly local health and social care services to discuss and manage the needs of patients with complex medical issues.
- Care and treatment for people with long-term conditions approaching the end of life was coordinated with other services. The practice worked with the local hospice and hospice at home service to ensure patients received effective and appropriate care and treatment.
- The practice worked towards the Daffodil Standards (Royal College of GPs and Marie Curie UK General Practice Core Standards for Advanced Serious Illness and End of Life Care). The Daffodil Standards are a blend of quality statements, evidence-based tools, reflective learning exercises and quality improvement steps. The standards offer a structure to enable practices to be proactive organisations in which continuous learning and quality improvement steps are an

integral part of caring for people affected by an a Advanced Serious Illness and End of Life Care.

### Families, children and young people Population group rating: Good

### **Findings**

- We found there were systems to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of accident and emergency (A&E) attendances. Records we looked at confirmed this.
- All parents or guardians calling with concerns about a child were offered a triage appointment and when necessary a same day appointment.
- The practice met with the health visitor and school health services quarterly to discuss patients they were concerned about. The practice nurse also discusses patients who had not attended for childhood immunisations.

# Working age people (including those recently retired and students)

### Population group rating: Good

- The needs of this population group had been identified and the practice had adjusted the services
  it offered to ensure these were accessible, flexible and offered continuity of care.
- The practice was open until 8pm on a Thursday. Pre-bookable appointments were also available to all patients at additional locations within the area, as the practice was a member of a GP federation. Appointments were available seven days a week up until 8pm.
- The practice was proactive in offering online services including the booking of appointments and requests for repeat prescriptions. Electronic prescribing was also provided.
- Travel vaccines were also available at the practice.

# People whose circumstances make them vulnerable

Population group rating: Good

### **Findings**

- The practice held a register of patients living in vulnerable circumstances including those with a learning disability.
- The practice adjusted the delivery of its services to meet the needs of patients with a learning disability.
- Same day appointments could be provided for patients whose circumstances made them vulnerable.
- Staff were aware of their responsibilities regarding information sharing, documentation of safeguarding concerns and how to contact relevant agencies in normal working hours and out of hours.
- Longer appointments were available for patients with enhanced needs.
- The practice had undertaken a Knutsford GP wide project to improve the systems in place to monitor and action when vulnerable patients did not attend for GP and hospital appointments.

# People experiencing poor mental health (including people with dementia)

Population group rating: Good

- Priority appointments were allocated when necessary to those experiencing poor mental health.
- Staff interviewed had a good understanding of how to support patients with mental health needs and those patients living with dementia.
- The practice was aware of support groups within the area and signposted their patients to these accordingly.
- The practice hosted a clinic run by a consultant psychiatrist for those patients in the Knutsford area whose mental health was stable. This supported patients to be seen locally and in a familiar setting.

### Timely access to the service

## People were able to access care and treatment in a timely way.

### National GP Survey results

	Y/N/Partial
Patients with urgent needs had their care prioritised.	Yes
The practice had a system to assess whether a home visit was clinically necessary and the urgency of the need for medical attention.	
Appointments, care and treatment were only cancelled or delayed when absolutely necessary.	Yes

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone (01/01/2018 to 31/03/2018)	89.5%	N/A	70.3%	No statistical variation
The percentage of respondents to the GP patient survey who responded positively to the overall experience of making an appointment (01/01/2018 to 31/03/2018)	76.4%	74.5%	68.6%	No statistical variation
The percentage of respondents to the GP patient survey who were very satisfied or fairly satisfied with their GP practice appointment times (01/01/2018 to 31/03/2018)	63.2%	70.1%	65.9%	No statistical variation
The percentage of respondents to the GP patient survey who were satisfied with the type of appointment (or appointments) they were offered (01/01/2018 to 31/03/2018)	73.9%	80.5%	74.4%	No statistical variation

Source	Feedback
Comment Caras	Positive comments included "staff are extremely kind and helpful," "the service here is excellent," "I have not had any problems getting an appointment," and "form the GPs to the reception staff are fantastic."

### Listening and learning from concerns and complaints

Complaints were listened and responded to and used to improve the quality of care.

Complaints		
Number of complaints received in the last year.	6	
Number of complaints we examined.		
Number of complaints we examined that were satisfactorily handled in a timely way.	6	
Number of complaints referred to the Parliamentary and Health Service Ombudsman.	0	

	Y/N/Partial
Information about how to complain was readily available.	Yes
There was evidence that complaints were used to drive continuous improvement.	Yes
Explanation of any answers and additional evidence:	

We discussed with the practice the need to review where complaint forms were stored to ensure patients had access to them without having to ask at the reception desk.

Examples of learning from complaints.

Complaint	Specific action taken			
Administrative error	Discussed at team meeting			
Difficulty getting an appointment with a	aDiscussed with GP and patient, identified need to			
named GP.	communication challenges with patients.			

### Well-led

# **Rating: add rating Good**

### Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels.

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	Yes
They had identified the actions necessary to address these challenges.	Yes
Staff reported that leaders were visible and approachable.	Yes
There was a leadership development programme, including a succession plan.	Yes

Explanation of any answers and additional evidence:

The practice was well-led. The leaders had a commitment, capacity and capability to provide a good quality service.

### Vision and strategy

The practice had a clear vision and strategy to provide high quality sustainable care.

	Y/N/Partial
The practice had a clear vision and set of values that prioritised quality and sustainability.	Yes
There was a realistic strategy to achieve their priorities.	Yes
The vision, values and strategy were developed in collaboration with staff, patients and external partners.	
Staff knew and understood the vision, values and strategy and their role in achieving them.	Yes

#### Culture

The practice had a culture which drove quality sustainable care.

1 2		
	Y/N/Partial	
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Yes	
Staff reported that they felt able to raise concerns without fear of retribution.	Yes	
There was a strong emphasis on the safety and well-being of staff.	Yes	
There were systems to ensure compliance with the requirements of the duty of candour.		
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	Yes	

Explanation of any answers and additional evidence:

- Leaders and staff demonstrated a patient centred focus to their work during our discussions with them.
- Staff we spoke with told us they were able to raise concerns and were encouraged to do so. They
  had confidence that these would be addressed.
- The provider was aware of and had systems to ensure compliance with the requirements of the duty of candour.

Examples of feedback from staff or other evidence about working at the practice

Source
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Discussions members of the	with staff		Staff told us they felt well supported and valued.
team.		•	Staff told us there were positive relationships across the staff team.

### **Governance arrangements**

There were clear responsibilities, roles and systems of accountability to support good governance and management.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	Yes
Staff were clear about their roles and responsibilities.	Yes
There were appropriate governance arrangements with third parties.	Yes

Explanation of any answers and additional evidence:

- Structures, processes and systems to support governance were set out.
- Data showed that the practice was performing similar to other practices locally and nationally for the care and treatment provided to patients.
- Clinical staff used evidence-based guidance in the treatment of patients.
- Audits were carried out to evaluate the operation of the service and the care and treatment provided and to improve outcomes for patients.
- The clinical system was used effectively to ensure patients received the care and treatment they required.
- The system for reporting and managing significant events and incidents was effective and we saw examples whereby the learning gained from the investigation of events had been used to drive improvements.
- Records showed that meetings were carried out to improve the service and patient care.
- Practice specific policies and standard operating procedures were available to all staff and staff we spoke with knew how to access these.

### Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

	Y/N/Partial	
There were assurance systems which were regularly reviewed and improved.	Yes	
There were processes to manage performance.		
There was a systematic programme of clinical and internal audit.		
There were effective arrangements for identifying, managing and mitigating risks.		
A major incident plan was in place.		
Staff were trained in preparation for major incidents.		
When considering service developments or changes, the impact on quality and sustainability was assessed.	Yes	

### **Appropriate and accurate information**

There was a demonstrated commitment to using data and information proactively to drive and support decision making.

	Y/N/Partial
Staff used data to adjust and improve performance.	Yes
Our inspection indicated that information was accurate, valid, reliable and timely.	Yes
There were effective arrangements for identifying, managing and mitigating risks.	Yes
Staff whose responsibilities included making statutory notifications understood what this entails.	Yes

Explanation of any answers and additional evidence:

There were appropriate arrangements in line with data security standards for the availability, integrity and confidentiality of patient identifiable data, records and data management systems.

### Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Yes
Staff views were reflected in the planning and delivery of services.	Yes
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	Yes

Explanation of any answers and additional evidence:

• Improvements were made in response to feedback from patients and there was a drive to improve outcomes for patients.

Feedback from Patient Participation Group.

#### **Feedback**

 The practice had a Patient Participation Group (PPG). We met with one member of the PPG and they gave us positive feedback about the practice and felt that the provider listened to and acted upon the views of patients.

#### Continuous improvement and innovation

There were evidence of systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a strong focus on continuous learning and improvement.	Yes
Learning was shared effectively and used to make improvements.	Yes

Explanation of any answers and additional evidence:

- The practice was proactively working with two GP practices in Knutsford to provide joined up services with a structured plan to merge practices by April 2020. The planned merger was to support service development and to improve the health and wellbeing of patients in the Knutsford area.
- The practice was involved in locality working to improve outcomes for patients. For example, the Knutsford integrated team.
- The practice was involved in the development of the GP federation and worked closely with the local hospice providing medical support.

#### Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

	Variation Band	Z-score threshold
1	Significant variation (positive)	Z ≤-3
2	Variation (positive)	-3 < Z ≤ -2
3	No statistical variation	-2 < Z < 2
4	Variation (negative)	2 ≤ Z < 3
5	Significant variation (negative)	Z ≥3
6	No data	Null

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice
  on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

#### Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.