## Care Quality Commission

## Inspection Evidence Table

## Salford Medical Centre 1 (1-543087769)

Inspection date: 7 June 2019
Date of data download: 09 June 2019

## Overall rating: Good

## Effective

## Rating: Good

## Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

|  |  |  |  | Y/N/Partial |
| :---: | :---: | :---: | :---: | :---: |
| The practice had systems and processes to evidence-based practice. | keep clinici | up to da | with current | Yes |
| Patients' immediate and ongoing needs were needs and their mental and physical wellbeing | fully assesse | This inclu | their clinical | Yes |
| We saw no evidence of discrimination when sta | taff made care | nd treatme | t decisions. | Yes |
| Patients' treatment was regularly reviewed | updated. |  |  | Yes |
| There were appropriate referral pathways wer were addressed. | in place to ma | e sure tha | patients' needs | Yes |
| Patients were told when they needed to seek deteriorated. | urther help and | hat to do | heir condition | Yes |
| Prescribing | Practice performance | CCG average | England average | England comparison |
| Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/04/2018 to 31/03/2019) (nhsesa) | 1.11 | 0.76 | 0.77 | No statistical variation |

## Older people

## Population group rating: Good

## Findings

- The practice used a clinical tool to identify older patients who were living with moderate or severe frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. It ensured that their care plans and prescriptions were updated to reflect any extra or changed needs.
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Health checks were offered to patients over 75 years of age.


## Findings

- Patients with long-term conditions had a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GP worked with other health and care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Adults with newly diagnosed cardio-vascular disease were offered statins.
- Patients with suspected hypertension were offered ambulatory blood pressure monitoring.

| Diabetes Indicators | Practice | CCG <br> average | England <br> average | England <br> comparison |
| :--- | :---: | :---: | :---: | :---: |
| The percentage of patients with diabetes, on <br> the register, in whom the last IFCC-HbA1c is <br> 64 mmol/mol or less in the preceding 12 <br> months (01/04/2017 to 31/03/2018) (aof) | $75.6 \%$ | $80.0 \%$ | $78.8 \%$ | No statistical <br> variation |
| Exception rate (number of exceptions). | $9.3 \%$ <br> $(21)$ | $12.9 \%$ | $13.2 \%$ | N/A |
| The percentage of patients with diabetes, on <br> the register, in whom the last blood pressure <br> reading (measured in the preceding 12 <br> months) is 140/80 mmHg or less (01/04/2017 <br> to 31/03/2018) (aof) | $75.2 \%$ | $83.7 \%$ | $77.7 \%$ | No statistical <br> variation |
| Exception rate (number of exceptions). | $8.8 \%$ <br> $(20)$ | $8.8 \%$ | $9.8 \%$ | N/A |


|  | Practice | CCG average | England average | England comparison |
| :---: | :---: | :---: | :---: | :---: |
| The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is $5 \mathrm{mmol} / \mathrm{l}$ or less ( $01 / 04 / 2017$ to 31/03/2018) (aof) | 78.1\% | 84.2\% | 80.1\% | No statistical variation |
| Exception rate (number of exceptions). | $\begin{gathered} 13.3 \% \\ (30) \\ \hline \end{gathered}$ | 13.9\% | 13.5\% | N/A |
|  |  |  |  |  |
| Other long-term conditions | Practice | CCG average | England average | England comparison |
| The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2017 to 31/03/2018) (aof) | 84.3\% | 78.7\% | 76.0\% | Tending towards variation (positive) |
| Exception rate (number of exceptions). | $\begin{gathered} \hline 7.1 \% \\ (17) \\ \hline \end{gathered}$ | 11.4\% | 7.7\% | N/A |
| The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2017 to 31/03/2018) ( (о०F) | 98.3\% | 89.5\% | 89.7\% | Variation (positive) |
| Exception rate (number of exceptions). | $\begin{gathered} \hline 12.3 \% \\ (17) \\ \hline \end{gathered}$ | 11.0\% | 11.5\% | N/A |


| Indicator | Practice | CCG <br> average | England <br> average | England <br> comparison |
| :--- | :---: | :---: | :---: | :---: |
| The percentage of patients with hypertension <br> in whom the last blood pressure reading <br> measured in the preceding 12 months is <br> $150 / 90 \mathrm{mmHg}$ or less (01/04/2017 to <br> $31 / 03 / 2018)$ (aof) | $80.7 \%$ | $85.5 \%$ | $82.6 \%$ | No statistical <br> variation |
| Exception rate (number of exceptions). | $3.3 \%$ <br> $(14)$ | $4.2 \%$ | $4.2 \%$ | N/A |
| In those patients with atrial fibrillation with a <br> record of a CHA2DS2-VASc score of 2 or <br> more, the percentage of patients who are <br> currently treated with anti-coagulation drug <br> therapy (01/04/2017 to 31/03/2018) (Qof) | $88.5 \%$ | $93.1 \%$ | $90.0 \%$ | No statistical <br> variation |
| Exception rate (number of exceptions). | 0 <br> $(0)$ | $5.5 \%$ | $6.7 \%$ | N/A |

Families, children and young people

## Population group rating: Good

## Findings

- Childhood immunisation uptake rates generally in line with the World Health Organisation (WHO) targets of $90 \%$, with the exception for children aged one who had completed their primary course of vaccinations.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- The practice had arrangements for following up failed attendance of children's appointments following an appointment in secondary care or for immunisation and would liaise with health visitors when necessary.
- Young people could access services for sexual health and contraception.

| Child Immunisation | Numerator | Denominator | Practice <br> $\%$ | Comparison <br> to WHO <br> target |
| :--- | :--- | :--- | :--- | :--- |
| The percentage of children aged 1 who <br> have completed a primary course of <br> immunisation for Diphtheria, Tetanus, <br> Polio, Pertussis, Haemophilus influenza <br> type b (Hib) ((i.e. three doses of | 29 | 35 | $82.9 \%$ | Below 90\% <br> minimum <br> (variation <br> negative) |
| DTaP/IPV/Hib) (01/04/2017 to 31/03/2018) |  |  |  |  |
| (NHS England) |  |  |  |  |

## Any additional evidence or comments

The practice was aware that their immunisation scores were below the $90 \%$ target for children aged one. The practice was attempting to improve these scores by calling patients who had missed their appointments. The practice nurses were also attempting to educate parents on the importance of having their children vaccinated.

The practice also ensured that any follow up vaccination appointments were booked at the current appointment as they found patients were more likely to attend.

## Working age people (including those recently retired and students)

## Findings

- The practice had systems to inform eligible patients to have the meningitis vaccine, for example before attending university for the first time.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74 . There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to

| Cancer Indicators | Practice | CCG average | England average | England comparison |
| :---: | :---: | :---: | :---: | :---: |
| The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2017 to 31/03/2018) | 68.2\% | 68.2\% | 71.7\% | No statistical variation |
| Females, 50-70, screened for breast cancer in last 36 months ( 3 -year coverage, \%) (01/04/2017 to 31/03/2018) (Рне) | 65.3\% | 63.7\% | 70.0\% | N/A |
| Persons, 60-69, screened for bowel cancer in last 30 months ( 2.5 -year coverage, \%) ( $01 / 04 / 2017$ to $31 / 03 / 2018)_{\text {(PHE) }}$ | 54.8\% | 52.8\% | 54.5\% | N/A |
| The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (01/04/2017 to 31/03/2018) (PHE) | 100.0\% | 71.3\% | 70.2\% | N/A |
| Number of new cancer cases treated (Detection rate: \% of which resulted from a two week wait (TWW) referral) (01/04/2017 to 31/03/2018) (PHE) | 50.0\% | 46.1\% | 51.9\% | No statistical variation |

## People whose circumstances make them vulnerable

## Population group rating: Good

## Findings

- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice demonstrated that they had a system to identify people who misused substances.


## People experiencing poor mental health <br> (including people with dementia)

## Findings

- The practice assessed and monitored the physical health of people with mental illness, severe mental illness, and personality disorder by providing access to health checks, interventions for physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking' services.
- There was a system for following up patients who failed to attend for administration of long-term medication.
- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- All staff had received dementia training in the last 12 months.

| Mental Health Indicators | Practice | CCG <br> average | England <br> average | England <br> comparison |
| :--- | :---: | :---: | :---: | :---: |
| The percentage of patients with <br> schizophrenia, bipolar affective disorder and <br> other psychoses who have a comprehensive, <br> agreed care plan documented in the record, in <br> the preceding 12 months (01/04/2017 to <br> $31 / 03 / 2018)$ (aof) | $97.7 \%$ | $91.7 \%$ | $89.5 \%$ | Tending towards <br> variation (positive) |
| Exception rate (number of exceptions). | $6.4 \%$ <br> $(3)$ | $9.0 \%$ | $12.7 \%$ | N/A |
| The percentage of patients with <br> schizophrenia, bipolar affective disorder and <br> other psychoses whose alcohol consumption <br> has been recorded in the preceding 12 <br> months (01/04/2017 to 31/03/2018) (aof) | $95.1 \%$ | $93.0 \%$ | $90.0 \%$ | No statistical <br> variation |
| Exception rate (number of exceptions). | $12.8 \%$ <br> $(6)$ | $8.5 \%$ | $10.5 \%$ | N/A |
| The percentage of patients diagnosed with <br> dementia whose care plan has been reviewed <br> in a face-to-face review in the preceding 12 <br> months (01/04/2017 to 31/03/2018) (aof) | $81.8 \%$ | $94.2 \%$ | $83.0 \%$ | No statistical |
| variation |  |  |  |  |$|$

## Monitoring care and treatment

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

| Indicator | Practice | CCG <br> average | England <br> average |
| :--- | :---: | :---: | :---: |
| Overall QOF score (out of maximum 559) | 531.4 | 526.5 | 537.5 |
| Overall QOF exception reporting (all domains) | $6.8 \%$ | $5.3 \%$ | $5.8 \%$ |


|  | Y/N/Partial |
| :--- | :--- |
| Clinicians took part in national and local quality improvement initiatives. | Yes |
| The practice had a comprehensive programme of quality improvement and used <br> information about care and treatment to make improvements. | Yes |

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

- The practice routinely reviewed the effectiveness and appropriateness of the care provided. The practice used information about care and treatment to make improvements.
- The practice had a programme of quality improvement which included audits and searches.
- The practice provided us with examples of two cycle clinical audits where improvements were made, for example improvements were made to antibiotic prescribing for urinary tract infections.


## Effective staffing

The practice was able to demonstrate that/ staff had the skills, knowledge and experience to carry out their roles.

|  | Y/N/Partial |
| :--- | :--- |
| Staff had the skills, knowledge and experience to deliver effective care, support and <br> treatment. This included specific training for nurses on immunisation and on sample <br> taking for the cervical screening programme. | Yes |
| The learning and development needs of staff were assessed. | Yes |
| The practice had a programme of learning and development. | Yes |
| Staff had protected time for learning and development. | Yes |
| There was an induction programme for new staff. | Yes |
| Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical <br> supervision and revalidation. They were supported to meet the requirements of <br> professional revalidation. | Yes |
| The practice could demonstrate how they assured the competence of staff employed in <br> advanced clinical practice, for example, nurses, paramedics, pharmacists and physician <br> associates. | Yes |
| There was a clear and appropriate approach for supporting and managing staff when <br> their performance was poor or variable. | Yes |

## Coordinating care and treatment

## Staff worked together and with other organisations to deliver effective care and

 treatment.| Indicator | Y/N/Partial |
| :--- | :--- |
| The contractor has regular (at least 3 monthly) multidisciplinary case review meetings <br> where all patients on the palliative care register are discussed (01/04/2017 to 31/03/2018) <br> (@of) | Yes |
| We saw records that showed that all appropriate staff, including those in different teams <br> and organisations, were involved in assessing, planning and delivering care and treatment. | Yes |
| Care was delivered and reviewed in a coordinated way when different teams, services or <br> organisations were involved. | Yes |
| Patients received consistent, coordinated, person-centred care when they moved between <br> services. | Yes |
| For patients who accessed the practice's digital service there were clear and effective <br> processes to make referrals to other services. | Yes |

## Helping patients to live healthier lives

Staff were consistent and proactive in helping patients to live healthier lives.

|  | Y/N/Partial |
| :--- | :--- |
| The practice identified patients who may need extra support and directed them to relevant <br> services. This included patients in the last 12 months of their lives, patients at risk of <br> developing a long-term condition and carers. | Yes |
| Staff encouraged and supported patients to be involved in monitoring and managing their <br> own health. | Yes |
| Staff discussed changes to care or treatment with patients and their carers as necessary. | Yes |
| The practice supported national priorities and initiatives to improve the population's health, <br> for example, stop smoking campaigns, tackling obesity. |  |


| Smoking Indicator | Practice | CCG <br> average | England <br> average | England <br> comparison |
| :--- | :---: | :---: | :---: | :---: |
| The percentage of patients with any or any <br> combination of the following conditions: <br> CHD, PAD, stroke or TIA, hypertension, <br> diabetes, COPD, CKD, asthma, <br> schizophrenia, bipolar affective disorder or <br> other psychoses whose notes record <br> smoking status in the preceding 12 months <br> (01/04/2017 to 31/03/2018) (oof) | $94.1 \%$ | - | $95.1 \%$ | No statistical variation |
| Exception rate (number of exceptions). | $0.6 \%$ <br> $(5)$ | $1.1 \%$ | $0.8 \%$ | N/A |

## Consent to care and treatment

The practice always obtained consent to care and treatment in line with legislation and guidance.

Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering Yes consent and decision making. We saw that consent was documented.
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.
The practice monitored the process for seeking consent appropriately.

## Well-led

## Rating: Good

## Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels.

|  | Y/N/Partial |
| :--- | :--- |
| Leaders demonstrated that they understood the challenges to quality and sustainability. | Yes |
| They had identified the actions necessary to address these challenges. | Yes |
| Staff reported that leaders were visible and approachable. | Yes |
| There was a leadership development programme, including a succession plan. | Yes |

## Vision and strategy

The practice had a clear vision and credible strategy to provide high quality sustainable care.

|  | Y/N/Partial |
| :--- | :--- |
| The practice had a clear vision and set of values that prioritised quality and sustainability. | Yes |
| There was a realistic strategy to achieve their priorities. | Yes |
| The vision, values and strategy were developed in collaboration with staff, patients and <br> external partners. | Yes |
| Staff knew and understood the vision, values and strategy and their role in achieving <br> them. | Yes |
| Progress against delivery of the strategy was monitored. | Yes |

## Culture

The practice had a culture which drove high quality sustainable care.

|  | Y/N/Partial |
| :--- | :--- |
| There were arrangements to deal with any behaviour inconsistent with the vision and <br> values. | Yes |
| Staff reported that they felt able to raise concerns without fear of retribution. | Yes |
| There was a strong emphasis on the safety and well-being of staff. | Yes |
| There were systems to ensure compliance with the requirements of the duty of candour. | Yes |
| The practice's speaking up policies were in line with the NHS Improvement Raising <br> Concerns (Whistleblowing) Policy. | Yes |

Examples of feedback from staff or other evidence about working at the practice

| Source | Feedback |
| :--- | :--- |
| Staff interviews | Staff told us they enjoyed working at the practice and felt that everyone worked <br> well as a team |

## Governance arrangements

There were clear responsibilities, roles and systems of accountability to support good governance and management.

## Y/N/Partial

| There were governance structures and systems which were regularly reviewed. | Yes |
| :--- | :--- |
| Staff were clear about their roles and responsibilities. | Yes |
| There were appropriate governance arrangements with third parties. | Yes |

## Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

|  | Y/N/Partial |
| :--- | :--- |
| There were comprehensive assurance systems which were regularly reviewed and <br> improved. | Yes |
| There were processes to manage performance. | Yes |
| There was a systematic programme of clinical and internal audit. | Yes |
| There were effective arrangements for identifying, managing and mitigating risks. | Yes |
| A major incident plan was in place. | Yes |
| Staff were trained in preparation for major incidents. | Yes |
| When considering service developments or changes, the impact on quality and <br> sustainability was assessed. | Yes |

## Appropriate and accurate information

There was a demonstrated commitment to using data and information proactively to drive and support decision making.

|  | Y/N/Partial |
| :--- | :--- |
| Staff used data to adjust and improve performance. | Yes |
| Performance information was used to hold staff and management to account. | Yes |
| Our inspection indicated that information was accurate, valid, reliable and timely. | Yes |
| There were effective arrangements for identifying, managing and mitigating risks. | Yes |
| Staff whose responsibilities included making statutory notifications understood what this <br> entails. | Yes |

Engagement with patients, the public, staff and external partners
The practice involved staff and external partners to sustain high quality and sustainable care.

|  | Y/N/Partial |
| :--- | :--- |
| Patient views were acted on to improve services and culture. | Yes |
| Staff views were reflected in the planning and delivery of services. | Yes |
| The practice worked with stakeholders to build a shared view of challenges and of the <br> needs of the population. | Yes |

Continuous improvement and innovation
There were systems and processes for learning, continuous improvement and innovation.

|  | Y/N/Partial |
| :--- | :--- |
| There was a strong focus on continuous learning and improvement. | Yes |
| Learning was shared effectively and used to make improvements. | Yes |

## Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that $z$-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be $95 \%$ confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15\% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.
N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

| Variation Bands | Z-score threshold |
| :--- | :---: |
| Significant variation (positive) | $\leq-3$ |
| Variation (positive) | $>-3$ and $\leq-2$ |
| Tending towards variation (positive) | $>-2$ and $\leq-1.5$ |
| No statistical variation | $<1.5$ and $>-1.5$ |
| Tending towards variation (negative) | $\geq 1.5$ and $<2$ |
| Variation (negative) | $\geq 2$ and $<3$ |
| Significant variation (negative) | $\geq 3$ |

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95\% rather than the England average.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.
Guidance and Frequently Asked Questions on GP Insight can be found on the following link:
https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices
Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.

