# **Care Quality Commission**

# **Inspection Evidence Table**

# **The Gadhvi Practice (1-549945959)**

Inspection date: 22 May 2019

Date of data download: 17 May 2019

# **Overall rating: Good**

Please note: Any Quality Outcomes Framework (QOF) data relates to 2017/18.

# **Effective**

# **Rating: Good**

#### Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Yes
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Yes
We saw no evidence of discrimination when staff made care and treatment decisions.	Yes
Patients' treatment was regularly reviewed and updated.	Yes
There were appropriate referral pathways were in place to make sure that patients' needs were addressed.	Yes
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Yes

Prescribing	Practice performance	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/01/2018 to 31/12/2018) (NHSBSA)	1.60	0.63	0.79	Tending towards variation (negative)

The practice was aware of the higher than average figure for prescribing and was working with the CCG prescribing team to find ways to reduce this figure.

## Older people

# Population group rating: Good

- The practice used a clinical tool to identify older patients who were living with moderate or severe
  frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. It ensured that their care plans and prescriptions were updated to reflect any extra or changed needs.
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Health checks were offered to patients over 75 years of age.

- Patients with long-term conditions had a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GP worked with other health and care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Adults with newly diagnosed cardio-vascular disease were offered statins.
- Patients with suspected hypertension were offered ambulatory blood pressure monitoring.
- Patients with atrial fibrillation were assessed for stroke risk and treated appropriately.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	69.8%	77.8%	78.8%	No statistical variation
Exception rate (number of exceptions).	3.9% (13)	11.4%	13.2%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2017 to 31/03/2018) (QOF)	91.5%	91.0%	77.7%	Variation (positive)
Exception rate (number of exceptions).	2.4% (8)	4.6%	9.8%	N/A

	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2017 to 31/03/2018) (QOF)	75.6%	85.0%	80.1%	No statistical variation
Exception rate (number of exceptions).	5.0% (17)	9.3%	13.5%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2017 to 31/03/2018) (QOF)	73.1%	83.2%	76.0%	No statistical variation
Exception rate (number of exceptions).	5.3% (12)	2.5%	7.7%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	94.6%	95.2%	89.7%	No statistical variation
Exception rate (number of exceptions).	3.9% (3)	4.5%	11.5%	N/A

Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2017 to 31/03/2018) (QOF)	87.0%	89.4%	82.6%	No statistical variation
Exception rate (number of exceptions).	2.5% (17)	3.7%	4.2%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2017 to 31/03/2018) (QOF)	100.0%	96.8%	90.0%	Variation (positive)
Exception rate (number of exceptions).	16.7% (4)	14.5%	6.7%	N/A

Families, children and young people Population group rating: Good

- Childhood immunisation uptake rates were below the World Health Organisation (WHO) targets.
   The practice had put in measures to address this.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- The practice had arrangements for following up failed attendance of children's appointments
  following an appointment in secondary care or for immunisation and would liaise with health
  visitors when necessary.
- Young people could access services for sexual health and contraception.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib)((i.e. three doses of DTaP/IPV/Hib) (01/04/2017 to 31/03/2018) (NHS England)	47	74	63.5%	Below 80% (Significant variation negative)
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2017 to 31/03/2018) (NHS England)	45	80	56.3%	Below 80% (Significant variation negative)
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2017 to 31/03/2018) (NHS England)	47	80	58.8%	Below 80% (Significant variation negative)
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2017 to 31/03/2018) (NHS England)	46	80	57.5%	Below 80% (Significant variation negative)

#### Any additional evidence or comments

The practice was aware of the low uptake for childhood immunisations. They stated that due to the type of patient population that exists, there was an ongoing struggle in getting patients to come to the practice for the immunisations. Many patients refuse for cultural reasons and objections to the immunisation programme.

In response to this, the practice has started immunisation clinics throughout the week, a weekly nurse led baby clinic and monthly health visitor clinic. Immunisation clinics have also been made available to patients on the weekend through the GP Hub to increase the access for patients. If a patient uses the service through the Hub, the patient information is passed to the practice so that it can be entered onto the patient notes.

The practice was continuing to look at ways to increase the number of childhood immunisations by contacting patients whose child had outstanding vaccinations to educate them in regard to the health benefits of the programme and to encourage them to attend either the practice clinics or the weekend Hub clinics. If patients cannot attend one of the clinics, the practice will offer a GP appointment out of school hours.

The practice did not dispute the issues surrounding the low scores but provided evidence from the CCG that showed that they were the highest scoring practice for the immunisation programme compared to local practices with very similar patient populations and issues. For example:

 For the percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib)((i.e. three doses of DTaP/IPV/Hib), the practice scored 63% compared to two local practices that both scored 38%.

# Working age people (including those recently retired and students)

# Population group rating: Good

#### **Findings**

- The practice had systems to inform eligible patients to have the meningitis vaccine, for example before attending university for the first time.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2017 to 31/03/2018) (Public Health England)	58.5%	65.4%	71.7%	Variation (negative)
Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (01/04/2017 to 31/03/2018) (PHE)	67.8%	53.6%	70.0%	N/A
Persons, 60-69, screened for bowel cancer in last 30 months (2.5 year coverage, %)(01/04/2017 to 31/03/2018) (PHE)	36.5%	43.2%	54.5%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (01/04/2017 to 31/03/2018) (PHE)	37.5%	71.0%	70.2%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2017 to 31/03/2018) (PHE)	42.9%	46.9%	51.9%	No statistical variation

#### Any additional evidence or comments

The practice was aware of the low recorded figure for cervical screening. They stated that they had been working hard to improve this figure through a change in their recall procedures and provided an unverified figure of 70% for the QOF year 2018/2019.

# People whose circumstances make them vulnerable

## Population group rating: Good

#### **Findings**

- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice demonstrated that they had a system to identify people who misused substances.
- The practice reviewed young patients at local residential homes.

People experiencing poor mental health (including people with dementia)

Population group rating: Good

- The practice assessed and monitored the physical health of people with mental illness, severe
  mental illness, and personality disorder by providing access to health checks, interventions for
  physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking' services.
- There was a system for following up patients who failed to attend for administration of long-term medication.
- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs of dementia. When dementia was suspected there was an appropriate referral for diagnosis.

		average	average	comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	76.4%	91.9%	89.5%	Tending towards variation (negative)
Exception rate (number of exceptions).	6.8% (4)	7.4%	12.7%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	76.8%	91.9%	90.0%	Tending towards variation (negative)
Exception rate (number of exceptions).	5.1% (3)	5.4%	10.5%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	75.0%	86.8%	83.0%	No statistical variation
Exception rate (number of exceptions).	0 (0)	3.6%	6.6%	N/A

### Any additional evidence or comments

The practice was aware of the lower than average published results for patients on the mental health register. The practice had improved recall systems to try and improve the figures. Unpublished and unverified figures for the QOF year 2018/2019 were provided by the practice for comparison which shows an improvement in performance.

- The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who
  have a comprehensive, agreed care plan documented in the record, in the preceding 12 months
  was 94%.
- The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months was 94%.

#### Monitoring care and treatment

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	492.1	544.1	537.5
Overall QOF exception reporting (all domains)	5.1%	5.5%	5.8%

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	Yes
The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	Yes

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

• The practice carried out an audit to ensure patients with AF were prescribed appropriate anti-coagulant treatment which was not prescribed in combination with anti-platelet medication and a valid reason documented for any patients not receiving anti-coagulant treatment.

In June 2017, 18 patients were found. The audit prompted the practice to review two patient's diagnoses, refer two patients to secondary care and update a further patients' blood tests. the audit also prompted the practice to look at the correct prescribing for patients on New Oral Anti-Coagulants (NOAC).

The audit was repeated in June 2018. Eighteen patients were found. This prompted the practice to reduce the dose of NOAC for three patients. It also highlighted that one patient did not have an electrocardiogram (ECG) or cardio input on their records.

The practice was planning to repeat the audit in June 2019.

The practice undertook a chronic heart failure audit. The practice aimed to evaluate whether
patients with heart failure due to Left Ventricular Systolic Dysfunction (LVSD) had the diagnosis
coded on the heart failure register and are being safely managed with the appropriate medicines.
Of the 26 patients on the heart failure register, 14 had LVSD and all had been coded correctly.

#### **Effective staffing**

The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme.	Yes
The learning and development needs of staff were assessed.	Yes
The practice had a programme of learning and development.	Yes
Staff had protected time for learning and development.	Yes
There was an induction programme for new staff.	Yes
Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.	Yes

Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Yes
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Yes
and personnel made poor or your owner.	

# **Coordinating care and treatment**

Staff worked together and with other organisations to deliver effective care and treatment.

Y/N/Partial
Yes

# Helping patients to live healthier lives

Staff were consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Yes
- · · · · · · · · · · · · · · · · · ·	Yes
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Yes

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	95.6%	96.3%	95.1%	No statistical variation
Exception rate (number of exceptions).	0.1% (1)	0.5%	0.8%	N/A

## **Consent to care and treatment**

The practice always obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Yes
The practice monitored the process for seeking consent appropriately.	Yes

# Well-led

# **Rating: Good**

#### Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels.

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	Yes
They had identified the actions necessary to address these challenges.	Yes
Staff reported that leaders were visible and approachable.	Yes
There was a leadership development programme, including a succession plan.	Yes

Explanation of any answers and additional evidence:

There was a strong leadership team within the practice. It had been sustained by the practice manager and the lead clinical partner while the second clinical partner was on maternity leave.

The practice identified the areas of poorer performance following the last CQC inspection (childhood immunisations and cervical screening) and put processes in place to address the challenges that this area of work brings within the community where the practice is located.

#### Vision and strategy

The practice had a clear vision and credible strategy to provide high quality sustainable care.

	Y/N/Partial
The practice had a clear vision and set of values that prioritised quality and sustainability.	Yes
There was a realistic strategy to achieve their priorities.	Yes
The vision, values and strategy were developed in collaboration with staff, patients and external partners.	
Staff knew and understood the vision, values and strategy and their role in achieving them.	Yes
Progress against delivery of the strategy was monitored.	Yes

Explanation of any answers and additional evidence:

The staff were aware of the vision and values of the practice which included to provide a high level of medical care, encourage staff to proactively engage with patients and to put in processes to enhance the patient experience.

#### Culture

The practice had a culture which drove high quality sustainable care.

	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Yes
Staff reported that they felt able to raise concerns without fear of retribution.	Yes
There was a strong emphasis on the safety and well-being of staff.	Yes
There were systems to ensure compliance with the requirements of the duty of candour.	
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	Yes

Explanation of any answers and additional evidence:

The practice had a full set of recruitment procedures to ensure the correct person is employed. Performance procedures, including disciplinary meetings and appraisals were used to address any poor performance or behaviour.

### **Governance arrangements**

There were clear responsibilities, roles and systems of accountability to support good governance and management.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	Yes
Staff were clear about their roles and responsibilities.	Yes
There were appropriate governance arrangements with third parties.	Yes

Explanation of any answers and additional evidence:

The practice had a lead for all governance procedures. Policies were in place with associated procedures and checking mechanisms for areas such as cold chain, defibrillator and oxygen, as well as emergency medicines.

There were good processes for the management of significant events, medical alerts, complaints and patients on high risk medicines.

All staff were up to date on their mandatory training and further training such as customer service had been undertaken so that patient experience could be improved.

# Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

	Y/N/Partial
There were comprehensive assurance systems which were regularly reviewed and improved.	Yes
There were processes to manage performance.	Yes
There was a systematic programme of clinical and internal audit.	Yes
There were effective arrangements for identifying, managing and mitigating risks.	Yes
A major incident plan was in place.	Yes
Staff were trained in preparation for major incidents.	Yes
When considering service developments or changes, the impact on quality and sustainability was assessed.	Yes
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# **Appropriate and accurate information**

There was a demonstrated commitment to using data and information proactively to drive and support decision making.

	Y/N/Partial
Staff used data to adjust and improve performance.	Yes
Performance information was used to hold staff and management to account.	Yes
Our inspection indicated that information was accurate, valid, reliable and timely.	Yes
There were effective arrangements for identifying, managing and mitigating risks.	Yes
Staff whose responsibilities included making statutory notifications understood what this entails.	Yes

#### Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Yes
Staff views were reflected in the planning and delivery of services.	Yes
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	Yes

Explanation of any answers and additional evidence:

Patient views are gained through the practice feedback forms, NHS choices website, national GP patient survey and the NHS friends and Family Test. The practice uses both positive and negative comments to improve service. For example, following concerns raised by patients in 2018, the practice installed a new telephone system in January 2019 to improve telephone access for patients.

The practice worked as part of a multi-disciplinary team which included midwifes, health visitors, district nurses and psychiatric professionals to provide a unified service to the patient population.

#### Feedback from Patient Participation Group.

#### Feedback

There was an active PPG which met on a quarterly basis. The group offered proposals for improvements to the management team. Members of the group stated that the practice consult them in all of the major changes in the practice that would affect the patients. The practice would listen to proposals and see how they best fit in with the budget. The group was integral in the implementation of the new telephone system and are currently proposing the purchase of ECG and spirometry machines that would synchronise directly into the patients notes. They felt this would in turn help to reduce A&E attendance and long stays in hospital for older patients.

#### **Continuous improvement and innovation**

There were systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a strong focus on continuous learning and improvement.	Yes
Learning was shared effectively and used to make improvements.	Yes

Explanation of any answers and additional evidence:

Learning from complaints, significant events and audits were shared within the practice meetings and changes made discussed by the team before implementing.

# Examples of continuous learning and improvement

Following a review of the patient population the practice commenced a substance misuse forum for patients struggling with addiction, they started a pharmacist led hypertension clinic and a pharmacist led clinic to review patients on eight or more medicines, with the aim to reduce these and enhance patients quality of life. These were new initiatives that had not as yet been reviewed to show any impact on patients.

#### Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

Variation Bands	Z-score threshold
Significant variation (positive)	≤-3
Variation (positive)	>-3 and ≤-2
Tending towards variation (positive)	>-2 and ≤-1.5
No statistical variation	<1.5 and >-1.5
Tending towards variation (negative)	≥1.5 and <2
Variation (negative)	≥2 and <3
Significant variation (negative)	≥3

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice
  on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

#### Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.