Care Quality Commission

Inspection Evidence Table

Ottershaw Surgery (1-5628299409)

Inspection date: 23 July 2019

Date of data download: 18 July 2019

Overall rating: Good

Please note: Any Quality Outcomes Framework (QOF) data relates to 2017/18.

Safe

Rating: Requires improvement

We rated the practice as requires improvement for providing safe services because:

- There were gaps in arrangements to assess, monitor and manage risks.
- There was no system for routinely monitoring delays in referrals.
- There were areas of medicines management that were not sufficient.
- The recording of decisions related to patient safety alerts was not sufficient.

Safety systems and processes

The practice had some clear systems, practices and processes to keep people safe and safeguarded from abuse.

Safeguarding	Y/N/Partial
There was a lead member of staff for safeguarding processes and procedures.	Yes
Safeguarding systems, processes and practices were developed, implemented and communicated to staff.	Yes
There were policies covering adult and child safeguarding which were accessible to all staff.	Yes
Policies took account of patients accessing any online services.	Yes
Policies and procedures were monitored, reviewed and updated.	
Partners and staff were trained to appropriate levels for their role.	
There was active and appropriate engagement in local safeguarding processes.	
The Out of Hours service was informed of relevant safeguarding information.	Yes
There were systems to identify vulnerable patients on record.	
Disclosure and Barring Service (DBS) checks were undertaken where required.	
Staff who acted as chaperones were trained for their role.	
There were regular discussions between the practice and other health and social care professionals such as health visitors, school nurses, community midwives and social	

Safeguarding	Y/N/Partial
workers to support and protect adults and children at risk of significant harm.	

Explanation of any answers and additional evidence:

One member of clinical staff had been employed and was seeing patients before a DBS check had taken place. We noted that the DBS check was in place by the date of inspection.

Recruitment systems	Y/N/Partial
Recruitment checks were carried out in accordance with regulations (including for agency staff and locums).	Partial
Staff vaccination was maintained in line with current Public Health England (PHE) guidance if relevant to role.	Yes
There were systems to ensure the registration of clinical staff (including nurses and pharmacists) was checked and regularly monitored.	Yes

Explanation of any answers and additional evidence:

One member of clinical staff was employed and was seeing patients without a DBS check in place. The DBS check was in place by the date of inspection.

The practice had not followed its recruitment checks for one member of clinical staff by not completing a DBS check before they were seeing patients.

Safety systems and records	Y/N/Partial
There was a record of portable appliance testing or visual inspection by a competent person. Date of last inspection/test: January 2020	Yes
There was a record of equipment calibration. Date of last calibration: February 2019	Yes
There were risk assessments for any storage of hazardous substances for example, liquid nitrogen, storage of chemicals.	No
There was a fire procedure.	Yes
There was a record of fire extinguisher checks. Date of last check: 31/05/2019	Yes
There was a log of fire drills.	No
There was a record of fire alarm checks. Date of last check: weekly	Yes
There was a record of fire training for staff. Date of last training: annual	Yes
There were fire marshals.	Yes
A fire risk assessment had been completed. Date of completion: 10/06/2019	Yes
Actions from fire risk assessment were identified and completed.	N/A

Explanation of any answers and additional evidence:

The practice liquid nitrogen protocol stated that a risk assessment must be carried out. There was no risk assessment for liquid nitrogen. When we brought this to the attention of the practice they carried out a risk assessment on the day of inspection.

The practice did not have records of fire drills and staff we spoke with could not recall when they had last been involved in a fire evacuation drill.

Health and safety	Y/N/Partial
Premises/security risk assessment had been carried out.	Partial
Health and safety risk assessments had been carried out and appropriate actions taken.	Partial

Explanation of any answers and additional evidence:

Some risk assessments had been carried out including, disability access, lone working, water safety/legionella, fire, infection control and asbestos. However, full premises/security and health and safety risk assessments had not been carried out.

We saw evidence that actions identified by risk assessments had been carried out. As a result of the lone working risk assessment staff were provided with online training regarding lone working and an additional receptionist was employed to reduce the occurrence of lone working.

Infection prevention and control

Appropriate standards of cleanliness and hygiene were met.

	Y/N/Partial
There was an infection risk assessment and policy.	Yes
Staff had received effective training on infection prevention and control.	Yes
Infection prevention and control audits were carried out. Date of last infection prevention and control audit: 27/06/2019	Yes
The practice had acted on any issues identified in infection prevention and control audits.	N/A
There was a system to notify Public Health England of suspected notifiable diseases.	Yes
The arrangements for managing waste and clinical specimens kept people safe.	Yes

Explanation of any answers and additional evidence:

The practice had concerns regarding the standards of cleaning, they raised these with the cleaning company and had been monitoring the cleaning standards with the company. The practice demonstrated that the standard was now satisfactory.

Risks to patients

There were gaps in systems to assess, monitor and manage risks to patient safety.

	Y/N/Partial
There was an effective approach to managing staff absences and busy periods.	Yes
There was an effective induction system for temporary staff tailored to their role.	Yes
Comprehensive risk assessments were carried out for patients.	Yes
Risk management plans for patients were developed in line with national guidance.	Partial
The practice was equipped to deal with medical emergencies (including suspected sepsis) and staff were suitably trained in emergency procedures.	Yes
Clinicians knew how to identify and manage patients with severe infections including sepsis.	Yes
Receptionists were aware of actions to take if they encountered a deteriorating or acutely unwell patient and had been given guidance on identifying such patients.	Yes
There was a process in the practice for urgent clinical review of such patients.	Yes
When there were changes to services or staff the practice assessed and monitored the impact on safety.	Yes

Explanation of any answers and additional evidence:

We reviewed patient treatment regimes and found that some patients were on treatment regimes that were not in line with national guidance. We reviewed the records of four patients diagnosed with COPD and found their treatment regimes were in line with asthma guidance not COPD guidance.

Information to deliver safe care and treatment

Staff had the information they needed to deliver safe care and treatment.

	Y/N/Partial
Individual care records, including clinical data, were written and managed securely and in line with current guidance and relevant legislation.	Yes
There was a system for processing information relating to new patients including the summarising of new patient notes.	Yes
There were systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.	Yes
Referral letters contained specific information to allow appropriate and timely referrals.	Yes
Referrals to specialist services were documented and there was a system to monitor delays in referrals.	Partial
There was a documented approach to the management of test results and this was managed in a timely manner.	Yes
There was appropriate clinical oversight of test results, including when reviewed by non- clinical staff.	Yes
The practice demonstrated that when patients use multiple services, all the information needed for their ongoing care was shared appropriately and in line with relevant protocols.	Yes

Explanation of any answers and additional evidence:

We found there was no internal system to monitor delays in referrals. GPs told us that they safety netted by advising patients to contact the practice if they did not receive an appointment.

The administration team completed a record of each referral they sent, and if they received an email regarding an appointment they also recorded that. However, staff told us they did not routinely check to ensure that the referral had been actioned. There were referrals logged on the spreadsheet that did not have appointments recorded, these included two week wait referrals, where cancer was suspected, that were several months old.

Appropriate and safe use of medicines

	Practice	CCG average	England average	England comparison
Indicator				
Number of antibacterial prescription items prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/04/2018 to 31/03/2019) (NHS Business Service Authority - NHSBSA)	0.95	0.82	0.88	No statistical variation
The number of prescription items for co- amoxiclav, cephalosporins and quinolones as a percentage of the total number of prescription items for selected antibacterial drugs (BNF 5.1 sub-set). (01/04/2018 to 31/03/2019) (NHSBSA)	9.7%	9.0%	8.7%	No statistical variation
Average daily quantity per item for Nitrofurantoin 50 mg tablets and capsules, Nitrofurantoin 100 mg m/r capsules, Pivmecillinam 200 mg tablets and Trimethoprim 200 mg tablets prescribed for uncomplicated urinary tract infection (01/10/2018 to 31/03/2019)	7.14	5.83	5.61	Variation (negative)
Average daily quantity of oral NSAIDs prescribed per Specific Therapeutic Group Age-sex Related Prescribing Unit (STAR-PU) (01/10/2018 to 31/03/2019)	1.37	1.50	2.07	No statistical variation

Explanation of any answers and additional evidence:

The practice had carried out audits and worked with the CCG medicine optimisation team to review antibiotic prescribing and demonstrated improvements.

Medicines management	Y/N/Partial
The practice ensured medicines were stored safely and securely with access restricted to authorised staff.	Yes
Blank prescriptions were kept securely and their use monitored in line with national guidance.	Yes
Staff had the appropriate authorisations to administer medicines (including Patient Group Directions or Patient Specific Directions).	Yes
The practice could demonstrate the prescribing competence of non-medical prescribers, and there was regular review of their prescribing practice supported by clinical supervision or peer review.	N/A
There was a process for the safe handling of requests for repeat medicines and evidence of structured medicines reviews for patients on repeat medicines.	Partial

Medicines management	Y/N/Partial
The practice had a process and clear audit trail for the management of information about changes to a patient's medicines including changes made by other services.	Yes
There was a process for monitoring patients' health in relation to the use of medicines including high risk medicines (for example, warfarin, methotrexate and lithium) with appropriate monitoring and clinical review prior to prescribing.	Partial
The practice monitored the prescribing of controlled drugs. (For example, investigation of unusual prescribing, quantities, dose, formulations and strength).	Yes
There were arrangements for raising concerns around controlled drugs with the NHS England Area Team Controlled Drugs Accountable Officer.	Yes
If the practice had controlled drugs on the premises there were appropriate systems and written procedures for the safe ordering, receipt, storage, administration, balance checks and disposal of these medicines, which were in line with national guidance.	N/A
The practice had taken steps to ensure appropriate antimicrobial use to optimise patient outcomes and reduce the risk of adverse events and antimicrobial resistance.	Yes
The practice held appropriate emergency medicines, risk assessments were in place to determine the range of medicines held, and a system was in place to monitor stock levels and expiry dates.	Yes
There was medical oxygen and a defibrillator on site and systems to ensure these were regularly checked and fit for use.	Yes
Vaccines were appropriately stored, monitored and transported in line with PHE guidance to ensure they remained safe and effective.	Yes

Explanation of any answers and additional evidence:

There was no system to limit the number of issues for medicines that were repeat medicines and we saw evidence the medicine review dates were not used appropriately. We saw evidence that some patients with long term conditions were on treatment regimes which had not been updated to be in line with current guidance.

We reviewed how patients prescribed high risk medicines were monitored. We reviewed the medical records of three patients prescribed lithium and found two had not received monitoring within appropriate timescales. We saw evidence that although there had been gaps in monitoring of patients prescribed methotrexate improvements had been made over the last year. We also saw evidence that the practice had improved their systems for prescribing warfarin (a type of blood thinning medicine).

Track record on safety and lessons learned and improvements made

The practice learned and made improvements when things went wrong.

Significant events	Y/N/Partial
The practice monitored and reviewed safety using information from a variety of sources.	Yes
Staff knew how to identify and report concerns, safety incidents and near misses.	Partial
There was a system for recording and acting on significant events.	Yes
Staff understood how to raise concerns and report incidents both internally and externally.	Partial
There was evidence of learning and dissemination of information.	Yes
Number of events recorded in last 12 months:	6
Number of events that required action:	6

Explanation of any answers and additional evidence:

We saw evidence that significant events were discussed and reviewed at clinical meetings. However, non-clinical staff we spoke with did not all understand the concept of significant event reporting and could not recall any examples of significant events.

All staff we spoke with told us they would not hesitate to raise concerns with the practice manager if there was anything they were worried about.

Examples of significant events recorded and actions by the practice.

Event	Specific action taken
Pharmacy dispensed out of date meds. Patient advised practice but did not wish to complain to pharmacy.	Practice reported on National Reporting and Learning System and to the Clinical Commissioning Group pharmacist.
GP completed referral form but did not send task to reception to process	The practice implemented a safety net system through GPs advising patients to contact the practice if they did not hear
referral.	regarding their referral within a specified timescale.

Safety alerts	Y/N/Partial
There was a system for recording and acting on safety alerts.	Partial
Staff understood how to deal with alerts.	Yes

Explanation of any answers and additional evidence:

The lead GP maintained a log of alerts that they had taken action on and we saw examples of actions taken on recent alerts. For example, regarding sodium valproate. However, there was no log of decisions whether action was required for each alert. There was a record of all alerts received on the practice email system but this was only accessible to one member of staff.

Effective Rating: Good

Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was mostly delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Partial
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Yes
Patients presenting with symptoms which could indicate serious illness were followed up in a timely and appropriate way.	Yes
We saw no evidence of discrimination when staff made care and treatment decisions.	Yes
Patients' treatment was regularly reviewed and updated.	Partial
There were appropriate referral pathways to make sure that patients' needs were addressed.	Yes
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Yes
The practice used digital services securely and effectively and conformed to relevant digital and information security standards.	Yes

Any additional evidence or comments

We saw evidence that some patients with long-term conditions were not on treatment regimes that were in line with current guidance. There was no system in place to monitor the updates that clinical staff attended or were required to attend.

We noted that medicine review dates were not used appropriately to ensure patients treatment was regularly reviewed and updated.

Prescribing	Practice performance	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/04/2018 to 31/03/2019) (NHSBSA)	0.42	0.73	0.77	No statistical variation

Older people

Population group rating: Good

Findings

- The practice used a clinical tool to identify older patients who were living with moderate or severe frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. It ensured that their care
 plans and prescriptions were updated to reflect any extra or changed needs.
- The practice carried out structured annual medication reviews for older patients. However we noted these were not always coded accurately in the clinical records.
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Flu, shingles and pneumonia vaccinations were offered to relevant patients in this age group.

People with long-term conditions

Population group rating: Good

- Patients with long-term conditions were offered a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GP worked with other health and care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training. However, the practice had not assured themselves that this training was up to date.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice shared clear and accurate information with relevant professionals when deciding care delivery for patients with long-term conditions.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Adults with newly diagnosed cardio-vascular disease were offered statins.
- Patients with suspected hypertension were offered ambulatory blood pressure monitoring.
- Patients with atrial fibrillation were assessed for stroke risk and treated appropriately.
- Patients with COPD were offered rescue packs.
- Patients with asthma were offered an asthma management plan.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	74.8%	79.9%	78.8%	No statistical variation
Exception rate (number of exceptions).	7.1% (20)	11.6%	13.2%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2017 to 31/03/2018) (QOF)	79.6%	78.4%	77.7%	No statistical variation
Exception rate (number of exceptions).	7.8% (22)	9.2%	9.8%	N/A
	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2017 to 31/03/2018) (QOF)	78.5%	79.0%	80.1%	No statistical variation
Exception rate (number of exceptions).	12.8% (36)	13.2%	13.5%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2017 to 31/03/2018) (QOF)	70.4%	77.7%	76.0%	No statistical variation
Exception rate (number of exceptions).	2.9% (9)	3.3%	7.7%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	91.2%	92.5%	89.7%	No statistical variation
Exception rate (number of exceptions).	11.7% (9)	9.7%	11.5%	N/A

Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2017 to 31/03/2018) (QOF)	83.0%	82.6%	82.6%	No statistical variation
Exception rate (number of exceptions).	1.7% (14)	3.7%	4.2%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2017 to 31/03/2018) (QOF)	78.3%	88.9%	90.0%	Tending towards variation (negative)
Exception rate (number of exceptions).	0.9% (1)	6.6%	6.7%	N/A

Families, children and young people Population group rating: Good

- Childhood immunisation uptake rates were in line with the World Health Organisation (WHO) targets for two out of four indicators and below the WHO targets for two out of four indicators.
- The practice contacted the parents or guardians of children due to have childhood immunisations.
 The practice told us they had some families registered who were against vaccination and they had not managed to engage with this group.
- The practice had arrangements for following up failed attendance of children's appointments
 following an appointment in secondary care or for immunisation and would liaise with health visitors
 when necessary.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- Young people could access services for sexual health and contraception. The practice also referred to a sexual health clinic for long acting reversible contraception.
- Staff had the appropriate skills and training to carry out reviews for this population group.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target of 95%
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib)((i.e. three doses of DTaP/IPV/Hib) (01/04/2017 to 31/03/2018) (NHS England)	51	60	85.0%	Below 90% minimum
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2017 to 31/03/2018) (NHS England)	52	56	92.9%	Met 90% minimum
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2017 to 31/03/2018) (NHS England)	50	56	89.3%	Below 90% minimum
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2017 to 31/03/2018) (NHS England)	51	56	91.1%	Met 90% minimum

Note: Please refer to the CQC guidance on Childhood Immunisation data for more information: https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

Working age people (including those recently retired and students)

Population group rating: Good

- The practice had systems to inform eligible patients to have the meningitis vaccine, for example before attending university for the first time.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.
- The practice used a text messaging system, where consent had been given, to contact patients with appointment reminders and test results.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2017 to 31/03/2018) (Public Health England)	75.3%	71.3%	71.7%	No statistical variation
Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (01/04/2017 to 31/03/2018) (PHE)	75.6%	67.5%	69.9%	N/A
Persons, 60-69, screened for bowel cancer in last 30 months (2.5 year coverage, %)(01/04/2017 to 31/03/2018) (PHE)	61.4%	54.5%	54.4%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (01/04/2017 to 31/03/2018) (PHE)	68.0%	78.7%	70.2%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2017 to 31/03/2018) (PHE)	71.4%	58.8%	51.9%	No statistical variation

People whose circumstances make them vulnerable

Population group rating: Good

- Same day appointments and longer appointments were offered when required.
- The practice was training a health care assistant to carry out annual health checks for patients with a learning difficulty. At the time of our visit not all patients with a learning disability were offered an annual health check.
- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice demonstrated that they had a system to identify people who misused substances.
- The practice reviewed young patients at local residential homes.

People experiencing poor mental health (including people with dementia)

Population group rating: Good

- The practice assessed and monitored the physical health of people with mental illness, severe
 mental illness, and personality disorder by providing access to health checks, interventions for
 physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking'
 services.
- Same day and longer appointments were offered when required.
- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs
 of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- All staff had received dementia training in the last 12 months.
- Patients with poor mental health, including dementia, were referred to appropriate services.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	95.5%	92.4%	89.5%	No statistical variation
Exception rate (number of exceptions).	15.4% (4)	8.2%	12.7%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	95.5%	92.1%	90.0%	No statistical variation
Exception rate (number of exceptions).	15.4% (4)	7.9%	10.5%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	81.8%	84.8%	83.0%	No statistical variation
Exception rate (number of exceptions).	2.2% (1)	4.6%	6.6%	N/A

Monitoring care and treatment

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	552.6	546.5	537.5
Overall QOF score (as a percentage of maximum)	98.9%	97.8%	96.2%
Overall QOF exception reporting (all domains)	3.6%	5.7%	5.8%

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	Yes
The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	Yes
Quality improvement activity was targeted at the areas where there were concerns.	Yes
The practice regularly reviewed unplanned admissions and readmissions and took appropriate action.	Yes

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

An audit was carried out to review patients prescribed warfarin. The audit concluded that where
patients were monitored at hospital, the practice did not always receive the results of the monitoring
or the date the next monitoring test was due. The practice changed their system for prescribing
warfarin to ensure a copy of the monitoring results and next test date was recorded in the patient
clinical record before warfarin was prescribed.

Effective staffing

The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

The practice had a programme of learning and development.	Yes Yes
The learning and development needs of staff were assessed. The practice had a programme of learning and development. Staff had protected time for learning and development.	Yes
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Staff had protected time for learning and development.	Yes
	Yes
There was an induction programme for new staff.	Yes
Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.	Yes
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Yes
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	Partial
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Yes

Explanation of any answers and additional evidence:

The practice had not assured itself that all nurses had completed refresher training in their lead areas or that they were working to current NICE guidance.

Coordinating care and treatment

Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
The contractor has regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register are discussed (01/04/2017 to 31/03/2018)	Yes
We saw records that showed that all appropriate staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment.	Yes
Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.	Yes
Patients received consistent, coordinated, person-centred care when they moved between services.	Yes

Helping patients to live healthier lives

Staff were consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	Yes
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Yes
Patients had access to appropriate health assessments and checks.	Yes
Staff discussed changes to care or treatment with patients and their carers as necessary.	Yes
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Yes

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	93.5%	95.4%	95.1%	No statistical variation
Exception rate (number of exceptions).	0.3% (4)	0.7%	0.8%	N/A

Consent to care and treatment

The practice always obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	Yes
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Yes
The practice monitored the process for seeking consent appropriately.	Yes
Policies for any online services offered were in line with national guidance.	Yes

Caring Rating: Good

Kindness, respect and compassion

Staff treated patients with kindness, respect and compassion. Feedback from patients was positive about the way staff treated people.

	Y/N/Partial
Staff understood and respected the personal, cultural, social and religious needs of patients.	Yes
Staff displayed understanding and a non-judgemental attitude towards patients.	Yes
Patients were given appropriate and timely information to cope emotionally with their care, treatment or condition.	Yes

CQC comments cards	
Total comments cards received.	36
Number of CQC comments received which were positive about the service.	35
Number of comments cards received which were mixed about the service.	1
Number of CQC comments received which were negative about the service.	0

Source	Feedback
Patient cards	Patients told us that that staff were friendly and professional. They told us they were treated with compassion and respect and that they felt listened too.

National GP Survey results

Note: The questions in the 2018 GP Survey indicators have changed. Ipsos MORI have advised that the new survey data must not be directly compared to the past survey data, because the survey methodology changed in 2018.

Practice population size	Surveys sent out	Surveys returned	Survey Response rate%	% of practice population
5470	229	104	45.4%	1.90%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at listening to them (01/01/2019 to 31/03/2019)	99.3%	90.1%	88.9%	Significant Variation (positive)
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at treating them with care and concern (01/01/2019 to 31/03/2019)	99.3%	88.2%	87.4%	Significant Variation (positive)
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they had confidence and trust in the healthcare professional they saw or spoke to (01/01/2019 to 31/03/2019)	100.0%	97.5%	95.5%	Variation (positive)
The percentage of respondents to the GP patient survey who responded positively to the overall experience of their GP practice (01/01/2019 to 31/03/2019)	99.3%	84.4%	82.9%	Significant Variation (positive)

Any additional evidence or comments

Analysis of the national GP survey results carried out by a Surrey news service found that Ottershaw practice was the top doctors' surgery in Surrey and one of the best in Surrey. This analysis covered seven areas of patient satisfaction; how easy it was to get an appointment, whether opening times were convenient, whether people trusted the GP, whether the GP listened to them, whether the GP treated them with care and concern, whether receptionists were helpful, and how patients rated their overall experience.

Question	Y/N
The practice carries out its own patient survey/patient feedback exercises.	Yes

Involvement in decisions about care and treatment

Staff helped patients to be involved in decisions about care and treatment.

	Y/N/Partial
Staff communicated with patients in a way that helped them to understand their care, treatment and condition, and any advice given.	Yes
Staff helped patients and their carers find further information and access community and advocacy services.	Yes

Explanation of any answers and additional evidence:

The practice also referred to a social prescriber who was able to signpost patients and their carers to community services.

Source	Feedback
	Patients told us that they felt involved in decisions about their care and treatment and that they were given options and didn't feel rushed when they discussed the options.

National GP Survey results

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they were involved as much as they wanted to be in decisions about their care and treatment (01/01/2019 to 31/03/2019)	98.7%	94.6%	93.4%	Tending towards variation (positive)

	Y/N/Partial
Interpretation services were available for patients who did not have English as a first language.	Yes
Patient information leaflets and notices were available in the patient waiting area which told patients how to access support groups and organisations.	Yes
Information leaflets were available in other languages and in easy read format.	Yes
Information about support groups was available on the practice website.	Yes
Cyplenation of any engager and additional syldense.	

Explanation of any answers and additional evidence:

The practice had access to a telephone translation service and face to face translators.

Carers	Narrative
Percentage and number of carers identified.	The practice had identified 172 patients who were carers, approximately 3% of the patient list.
How the practice	Carers were offered flexible appointments and home visits when required
supported carers	and annual influenza vaccinations. The GPs also referred carers for carers
(including young carers).	breaks where appropriate.
How the practice	The GP who knew the family best called and offered support. Appointments
supported recently	with a GP were offered if required or patients were referred to a wellbeing
bereaved patients.	coordinator.

Privacy and dignity

The practice respected patients' privacy and dignity.

	Y/N/Partial
Curtains were provided in consulting rooms to maintain patients' privacy and dignity during examinations, investigations and treatments.	Yes
Consultation and treatment room doors were closed during consultations.	Partial
A private room was available if patients were distressed or wanted to discuss sensitive issues.	Yes
There were arrangements to ensure confidentiality at the reception desk.	Yes

Explanation of any answers and additional evidence:

The reception desk was located within the waiting area with a partial wall to screen the desk. The practice previously had a radio playing in the waiting area but following patient feedback the radio had been removed. Outgoing calls were made from the back office. Staff were all trained in confidentiality e.g. avoid reading out or repeating patient details.

The practice had improved how patient's clinical records were stored. Patient records were stored off site with a specialist storage company which minimised patient data stored on site. An assessment of confidentiality was carried out 25 June 2019 which included producing a record of processing activities (all systems which hold confidential information). The resulting action plan was due to be completed by end of September 2019.

We noted that conversations in the treatment room could be clearly overheard in the patient toilet, due to the sample hatch and that some of the treatment room could be seen through the sample hatch. Since the inspection the practice has provided evidence that the sample hatch has been removed and the wall sealed to ensure conversations cannot be overheard.

Responsive Rating: Good

Responding to and meeting people's needs

The practice organised and delivered services to meet patients' needs.

	Y/N/Partial
The practice understood the needs of its local population and had developed services in response to those needs.	Yes
The importance of flexibility, informed choice and continuity of care was reflected in the services provided.	Yes
The facilities and premises were appropriate for the services being delivered.	Yes
The practice made reasonable adjustments when patients found it hard to access services.	Yes
There were arrangements in place for people who need translation services.	Yes
The practice complied with the Accessible Information Standard.	Yes

Explanation of any answers and additional evidence:

GPs offer home visits where appropriate, telephone consultations, Saturday morning extended hours. The practice offered a quieter area for patients to wait who don't want to wait in the waiting room.

The practice was aware of a gap in services for patients who were suffering from poor mental health who had not meet the criteria for crisis but whose conditions were not suitable for improving access to psychological therapies services. They had taken part in a mental health pilot scheme aimed at this cohort of patients.

Practice Opening Times			
Day	Time		
Opening times:			
Monday	8am to 6:30 pm		
Tuesday	8am to 6:30 pm		
Wednesday	8am to 6:30 pm		
Thursday	8am to 6:30 pm		
Friday	8am to 6:30 pm		
Extended hours:	I		
Saturday	9am to 12pm (pre bookable appointments)		

The practice was part of a federation of GP practices that offer evening appointments and weekend appointments. These appointments were run from locations in Walton-on-Thames, Ashford, Sunbury-on-Thames and Woking. Patients were also able to access NHS GPs via video through a smartphone app. The practice monitored the uptake of smartphone consultations and extended access appointments and found that although they promoted these services, uptake was low compared to local practices. The practice told us this was due to good access to services at the practice therefore reducing the need to use the app.

National GP Survey results

Practice population size	Surveys sent out	Surveys returned	Survey Response rate%	% of practice population
5470	229	104	45.4%	1.90%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that at their last general practice appointment, their needs were met (01/01/2019 to 31/03/2019)	100.0%	96.4%	94.5%	Significant Variation (positive)

Older people

Population group rating: Good

Findings

- All patients had a named GP who supported them in whatever setting they lived.
- The practice was responsive to the needs of older patients and offered home visits and urgent appointments for those with enhanced needs and complex medical issues.
- The practice provided effective care coordination to enable older patients to access appropriate services. For example, the practice contacted patients who they were aware had difficulty remembering appointments to remind them of their appointments.
- There was a medicines delivery service through a local pharmacy for housebound patients.

People with long-term conditions

Population group rating: Good

- Patients with multiple conditions had their needs reviewed in one appointment.
- The practice provided effective care coordination to enable patients with long-term conditions to access appropriate services.
- The practice liaised regularly with the local district nursing team and community matrons to discuss and manage the needs of patients with complex medical issues.
- Care and treatment for people with long-term conditions approaching the end of life was coordinated with other services.

Families, children and young people Population group rating: Good

Findings

- Additional nurse appointments were available evenings and weekends through the federation extended access appointments or via the smartphone application for school age children so that they did not need to miss school.
- We found there were systems to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of accident and emergency (A&E) attendances. Records we looked at confirmed this.
- All parents or guardians calling with concerns about a child were offered a same day appointment when necessary.

Working age people (including those recently retired and students)

Population group rating: Good

Findings

- The needs of this population group had been identified and the practice had adjusted the services it offered to ensure these were accessible, flexible and offered continuity of care.
- The practice offered pre-bookable appointments on Saturday morning between 9am and 11:30am.
 Friday. Pre-bookable appointments weekday evening and over the weekend were also available to all patients at additional locations within the area and through a smartphone application, as the practice was a member of a GP federation.
- The practice used a text messaging system, where consent had been given, to inform patients of test results.

People whose circumstances make them vulnerable

Population group rating: Good

- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- People in vulnerable circumstances were able to register with the practice, including those with no fixed abode such as homeless people and travellers.
- The practice provided effective care coordination to enable patients living in vulnerable circumstances to access appropriate services.
- The practice adjusted the delivery of its services to meet the needs of patients with a learning disability.

People experiencing poor mental health (including people with dementia)

Population group rating: Good

Findings

- Priority appointments were allocated when necessary to those experiencing poor mental health.
- Staff interviewed had a good understanding of how to support patients with mental health needs and those patients living with dementia.
- The practice was aware of support groups within the area and signposted their patients to these
 accordingly.

Timely access to the service

People were to access care and treatment in a timely way.

National GP Survey results

	Y/N/Partial
Patients with urgent needs had their care prioritised.	Yes
The practice had a system to assess whether a home visit was clinically necessary and the urgency of the need for medical attention.	Yes
Appointments, care and treatment were only cancelled or delayed when absolutely necessary.	Yes

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone (01/01/2019 to 31/03/2019)	95.5%	N/A	68.3%	Significant Variation (positive)
The percentage of respondents to the GP patient survey who responded positively to the overall experience of making an appointment (01/01/2019 to 31/03/2019)	94.0%	66.2%	67.4%	Variation (positive)
The percentage of respondents to the GP patient survey who were very satisfied or fairly satisfied with their GP practice appointment times (01/01/2019 to 31/03/2019)	89.3%	61.5%	64.7%	Variation (positive)
The percentage of respondents to the GP patient survey who were satisfied with the type of appointment (or appointments) they were offered (01/01/2019 to 31/03/2019)	93.5%	72.6%	73.6%	Variation (positive)

Source	Feedback
Comment cards	Patients told us they had no problems accessing care when they needed it. One patient told us they had experience difficulties when trying to book nurse appointments.

Listening and learning from concerns and complaints

Complaints were listened and responded to and used to improve the quality of care.

Complaints	
Number of complaints received in the last year.	Eight
Number of complaints we examined.	Four
Number of complaints we examined that were satisfactorily handled in a timely way.	Four
Number of complaints referred to the Parliamentary and Health Service Ombudsman.	0

	Y/N/Partial
Information about how to complain was readily available.	Partial
There was evidence that complaints were used to drive continuous improvement.	Yes

Explanation of any answers and additional evidence:

There was no record of ombudsman information within the complaint responses although this was available in the patient complaints leaflet. The practice took action to address this on the day of inspection and added the ombudsman information to their standard complaint response letter template.

Example of learning from complaints.

Complaint	Specific action taken
· ·	Customer care module added to annual on line training.
	Reception staff were all made aware of complaint and
	discussed.

Well-led Rating: Good

Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels.

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	Yes
They had identified the actions necessary to address these challenges.	Yes
Staff reported that leaders were visible and approachable.	Yes
There was a leadership development programme, including a succession plan.	Yes

Vision and strategy

The practice had a clear vision and credible strategy to provide high quality sustainable care.

	Y/N/Partial
The practice had a clear vision and set of values that prioritised quality and sustainability.	Yes
There was a realistic strategy to achieve their priorities.	Yes
The vision, values and strategy were developed in collaboration with staff, patients and external partners.	Yes
Staff knew and understood the vision, values and strategy and their role in achieving them.	Yes
Progress against delivery of the strategy was monitored.	Yes

Culture

The practice had a culture which drove high quality sustainable care.

	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Yes
Staff reported that they felt able to raise concerns without fear of retribution.	Yes
There was a strong emphasis on the safety and well-being of staff.	Yes
There were systems to ensure compliance with the requirements of the duty of candour.	Yes
When people were affected by things that went wrong they were given an apology and informed of any resulting action.	Yes
The practice encouraged candour, openness and honesty.	Yes
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	Yes
The practice had access to a Freedom to Speak Up Guardian.	Yes
Staff had undertaken equality and diversity training.	Yes
Explanation of any answers and additional evidence:	-

Explanation of any answers and additional evidence:

Practice staff had access to an external contact for whistleblowing, whose contact details were available in the whistleblowing policy.

Examples of feedback from staff or other evidence about working at the practice

Source	Feedback
Staff interviews	Staff told us they enjoyed working at the practice and were proud to work there.
	They also told us they felt well supported in their roles.

Governance arrangements

There were clear responsibilities, roles and systems of accountability to support good governance and management.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	Yes
Staff were clear about their roles and responsibilities.	Yes
There were appropriate governance arrangements with third parties.	Yes

Explanation of any answers and additional evidence:

Polices were reviewed annually and put onto an electronic document management system with a built in reminder system when reviews were due.

The practice had a GDPR baseline assessment which was promoted through the CCG. This generated an action plan which was due to be completed by September 2019.

Managing risks, issues and performance

The practice did not always have clear and effective processes for managing risks, issues and performance.

	Y/N/Partial
There were comprehensive assurance systems which were regularly reviewed and improved.	Yes
There were processes to manage performance.	Yes
There was a systematic programme of clinical and internal audit.	Yes
There were effective arrangements for identifying, managing and mitigating risks.	Partial
A major incident plan was in place.	Partial
Staff were trained in preparation for major incidents.	Partial
When considering service developments or changes, the impact on quality and sustainability was assessed.	Yes

Explanation of any answers and additional evidence:

Risk assessments were not always completed. For example, full premises/security and health and safety, repeat prescribing risk assessments.

There was limited information about how patients would be informed of any interruption to service delivery in the business continuity plan. Staff had access to business continuity plan and had discussed it but not received specific training for major incidents.

The practice had reviewed the mix of skills of staff within the practice and was training a health care assistant to carry out annual health checks for patients with learning difficulties and to assist with the monitoring of patients with long-term conditions. There had also been changes in the nursing team and a new nurse had been recruited. The two nurses who led on long-term diseases were specialist nurses who also held specialist roles outside the practice.

Appropriate and accurate information

There was a demonstrated commitment to using data and information proactively to drive and support decision making.

	Y/N/Partial
Staff used data to adjust and improve performance.	Yes
Performance information was used to hold staff and management to account.	Yes
Our inspection indicated that information was accurate, valid, reliable and timely.	Yes
Staff whose responsibilities included making statutory notifications understood what this entails.	Yes

Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Yes
The practice had an active Patient Participation Group (PPG).	Yes
Staff views were reflected in the planning and delivery of services.	Yes
The practice worked with stakeholders to build a shared view of shallenges and of the	Yes

Explanation of any answers and additional evidence:

Feedback from all sources was reviewed, including national GP patient survey, friends and family test, NHS choices and feedback received directly from patients.

The practice had recently relaunched their PPG and had acted on feedback received. For example, the practice had resolved the issue with the reception door slamming shut.

The practice obtained staff feedback through formal appraisals and informal chats. Staff told us the practice acted on suggestions they gave where possible. For example, staff were concerned about lone working so the practice employed an additional receptionist to ensure staff were not working alone.

The practice was working with three local practices as a primary care network to provide services to meet the needs of the local population.

Feedback from Patient Participation Group.

Feedback

The PPG told us that the group had been recently relaunched to try to better reflect the population. The practice was working with the patient participation group to set up a carer's coffee morning to provide a support network and were considering setting up a group to support male carers. The PPG told us the practice listened to constructive criticism from them and took action where they could. For example, they had stopped the reception door from slamming shut which was disruptive when in the waiting room.

Continuous improvement and innovation

There were systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a focus on continuous learning and improvement.	Yes
Learning was shared effectively and used to make improvements.	Partial

Explanation of any answers and additional evidence:

The practice recorded, discussed and reviewed significant events. However not all staff understood the significant event analysis process.

Learning was not always shared with all staff. For example, learning from significant events was not

effectively shared with non-clinical staff to ensure the referral log was reviewed following a significant event involving a referral.

Examples of continuous learning and improvement

The practice took part in local pilots to improve services for patients. For example, the practice was part of a mental health pilot which aimed to fill the gap in services between improving access to psychological therapies for patients with anxiety disorders and depression and services for patients experiencing severe mental illness.

Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "zscore" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

Variation Bands	Z-score threshold
Significant variation (positive)	≤-3
Variation (positive)	>-3 and ≤-2
Tending towards variation (positive)	>-2 and ≤-1.5
No statistical variation	<1.5 and >-1.5
Tending towards variation (negative)	≥1.5 and <2
Variation (negative)	≥2 and <3
Significant variation (negative)	≥3

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.