## **Care Quality Commission**

### **Inspection Evidence Table**

### Conway Medical Centre (1-539612523)

Inspection date: 28 August 2019

Date of data download: 13 August 2019

**Overall rating: Good** 

Please note: Any Quality Outcomes Framework (QOF) data relates to 2017/18.

Effective Rating: Good

#### Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

|  | Y/N/Partial |
|--|-------------|
| The practice had systems and processes to keep clinicians up to date with current evidence-based practice.                             | Y           |
| Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing. | Y           |
| Patients presenting with symptoms which could indicate serious illness were followed up in a timely and appropriate way.               | Y           |
| We saw no evidence of discrimination when staff made care and treatment decisions.   | Υ           |
| Patients' treatment was regularly reviewed and updated.  | Υ           |
| There were appropriate referral pathways to make sure that patients' needs were addressed.   | Y           |
| Patients were told when they needed to seek further help and what to do if their condition deteriorated.                               |             |
| The practice used digital services securely and effectively and conformed to relevant digital and information security standards.      | N/A         |
|  |             |

Explanation of any answers and additional evidence:

The practice had developed treatment templates that were reflective of best practice guidance. For example, the practice had developed a template that ensured all patients receiving anti-coagulation therapy had received appropriate blood monitoring that was recorded in the patients electronic record.

Prescribing tools were used to monitor medicines prescribed to ensure they were following local and national guidelines.

| Prescribing  | Practice performance | CCG<br>average | England average | England<br>comparison    |
|--|----------------------|----------------|-----------------|--------------------------|
| Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/04/2018 to 31/03/2019) (NHSBSA) | 0.57                 | 1.10           | 0.77            | No statistical variation |

#### Older people

#### **Population group rating: Good**

- The practice used a clinical tool to identify older patients who were living with moderate or severe frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. It ensured that their treatment plans and prescriptions were updated to reflect any extra or changed needs.
- The practice carried out structured annual medication reviews for older patients.
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Health checks, including frailty assessments, were offered to patients over 75 years of age.
- Flu, shingles and pneumonia vaccinations were offered to relevant patients in this age group.

#### People with long-term conditions

#### Population group rating: Good

- Patients with long-term conditions were offered a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GP worked with other health and care professionals to deliver a coordinated package of care.
- Opportunistic reviews were carried out when patients attended the practice for other matters to ensure those who did not always attend for an annual review had one completed.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice shared clear and accurate information with relevant professionals when deciding care delivery for patients with long-term conditions.
- Adults with newly diagnosed cardio-vascular disease were offered statins.
- Patients with suspected hypertension were offered ambulatory blood pressure monitoring.
- Patients with atrial fibrillation were assessed for stroke risk and treated appropriately.

| Diabetes Indicators  | Practice  | CCG<br>average | England average | England comparison                         |
|--|-----------|----------------|-----------------|--|
| The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)                        | 67.8%     | 71.7%          | 78.8%           | Tending towards<br>variation<br>(negative) |
| Exception rate (number of exceptions).   | 2.9% (21) | 11.7%          | 13.2%           | N/A  |
| The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2017 to 31/03/2018) (QOF) | 83.6%     | 70.6%          | 77.7%           | No statistical variation                   |
| Exception rate (number of exceptions).   | 0.8% (6)  | 11.6%          | 9.8%            | N/A  |

|   | Practice  | CCG<br>average | England<br>average | England comparison       |
|---|-----------|----------------|--------------------|--------------------------|
| The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2017 to 31/03/2018) (QOF) | 81.0%     | 77.3%          | 80.1%              | No statistical variation |
| Exception rate (number of exceptions).  | 2.5% (18) | 10.6%          | 13.5%              | N/A                      |

#### Any additional evidence or comments

The practice population had high prevalence of patients diagnosed with diabetes. One of the GPs and a practice nurse had received additional training to help manage the symptoms of these patients and ensure they received the appropriate personalised care and treatment. We were informed that many patients spent long periods of time abroad and when they returned to the practice for a review, their blood test results showed their condition was not always as well controlled.

| Other long-term conditions   | Practice | CCG average | England<br>average | England comparison                     |
|--|----------|-------------|--------------------|--|
| The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2017 to 31/03/2018) (QOF)          | 92.0%    | 76.0%       | 76.0%              | Significant<br>Variation<br>(positive) |
| Exception rate (number of exceptions).   | 0.4% (2) | 8.9%        | 7.7%               | N/A                                    |
| The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF) | 90.9%    | 89.6%       | 89.7%              | No statistical variation               |
| Exception rate (number of exceptions).   | 1.8% (1) | 17.0%       | 11.5%              | N/A                                    |

| Indicator   | Practice | CCG<br>average | England average | England comparison                     |
|---|----------|----------------|-----------------|--|
| The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2017 to 31/03/2018) (QOF)   | 92.7%    | 78.7%          | 82.6%           | Significant<br>Variation<br>(positive) |
| Exception rate (number of exceptions).  | 0.4% (4) | 6.5%           | 4.2%            | N/A                                    |
| In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2017 to 31/03/2018) (QOF) | 92.3%    | 90.3%          | 90.0%           | No statistical variation               |
| Exception rate (number of exceptions).  | 7.1% (2) | 5.6%           | 6.7%            | N/A                                    |

#### Families, children and young people Population group rating: Good

- The practice had a high number of children who had long-term conditions and complex diseases
  that was unique to their patient population and arising from consanguineous marriages. A register
  of these patients was kept and alerts were placed on the patient computer record. These patients
  were discussed at the monthly multi-disciplinary team meetings. All of these children had open
  access to the practice and the local hospital.
- The practice contacted the parents or guardians of children due to have childhood immunisations.
- The practice had arrangements for following up failed attendance of children's appointments
  following an appointment in secondary care or for immunisation and would liaise with health
  visitors when necessary.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- Young people could access services for sexual health and contraception.
- Staff had the appropriate skills and training to carry out reviews for this population group.
- Open access appointments were available for children.
- A register was held of children with long term conditions and complex diseases.

| Child Immunisation   | Numerator | Denominator | Practice % | Comparison<br>to WHO<br>target of 95% |
|--|-----------|-------------|------------|---------------------------------------|
| The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib), Hepatitis B (Hep B) ((i.e. three doses of DTaP/IPV/Hib/HepB) (01/04/2018 to 31/03/2019) (NHS England) | 119       | 127         | 93.7%      | Met 90% minimum                       |
| The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2018 to 31/03/2019) (NHS England)  | 123       | 142         | 86.6%      | Below 90%<br>minimum                  |
| The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2018 to 31/03/2019) (NHS England)  | 128       | 142         | 90.1%      | Met 90% minimum                       |
| The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2018 to 31/03/2019) (NHS England)   | 123       | 142         | 86.6%      | Below 90%<br>minimum                  |

Note: Please refer to the CQC guidance on Childhood Immunisation data for more information: https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

Any additional evidence or comments

The practice were aware they had achieved below the 90% minimum target for some baby immunisations. The practice used SMS text messages to remind parents/guardians of immunisation appointments and if they did not attend the practice nurse telephoned them to encourage attendance. Unverified data supplied by the practice, for April to June 2019, showed they were now achieving 92% uptake for immunisations given to children aged two years.

## Working age people (including those recently retired and students)

#### Population group rating: Good

- The practice had systems to inform eligible patients to have the meningitis vaccine, for example before attending university for the first time.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.

- Due to the high prevalence of diabetes in the patient population all patients over the age of 25
  years were opportunistically screened for diabetes.
- The practice offered opportunistic cholesterol and blood glucose checks when patients visited the practice.

| Cancer Indicators  | Practice | CCG<br>average | England average | England<br>comparison    |
|--|----------|----------------|-----------------|--------------------------|
| The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2017 to 31/03/2018) (Public Health England) | 75.2%    | N/A            | N/A             | Below 80% target         |
| Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (01/04/2017 to 31/03/2018) (PHE)   | 59.7%    | 67.3%          | 69.9%           | N/A                      |
| Persons, 60-69, screened for bowel cancer in last 30 months (2.5 year coverage, %) (01/04/2017 to 31/03/2018) (PHE)  | 33.4%    | 45.9%          | 54.4%           | N/A                      |
| The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (01/04/2017 to 31/03/2018) (PHE)   | 62.5%    | 68.3%          | 70.2%           | N/A                      |
| Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2017 to 31/03/2018) (PHE)  | 40.0%    | 52.5%          | 51.9%           | No statistical variation |

#### Any additional evidence or comments

The practice sent letters to female patients when they reached the age of 25 years to inform them of the need for cervical screening.

## People whose circumstances make them vulnerable

Population group rating: Good

- Same day appointments and longer appointments were offered when required.
- All patients with a learning disability were offered an annual health check. Home visits were offered for health checks and flu vaccinations.
- The care of these patients was discussed at monthly multi-disciplinary team meetings.
- End of life care was delivered in a coordinated way which took into account the needs of those
  whose circumstances may make them vulnerable.
- The practice had a system for vaccinating patients with an underlying medical condition according

to the recommended schedule.

• The practice demonstrated that they had a system to identify people who misused substances.

# People experiencing poor mental health (including people with dementia)

#### **Population group rating: Good**

- The practice assessed and monitored the physical health of people with mental illness, severe mental illness, and personality disorder by providing access to health checks, interventions for physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking' services.
- A social navigator was available in the practice to signpost patients for support services.
- A mental health link worker was available in the practice one day a week.
- Same day and longer appointments were offered when required.
- There was a system for following up patients who failed to attend for administration of long-term medication.
- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs
  of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- Patients with poor mental health, including dementia, were referred to appropriate services.

| Mental Health Indicators   | Practice | CCG<br>average | England average | England comparison       |
|--|----------|----------------|-----------------|--------------------------|
| The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF) | 80.0%    | 84.4%          | 89.5%           | No statistical variation |
| Exception rate (number of exceptions).   | 2.2% (1) | 11.2%          | 12.7%           | N/A                      |
| The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)                          | 77.8%    | 86.4%          | 90.0%           | No statistical variation |
| Exception rate (number of exceptions).   | 2.2% (1) | 11.1%          | 10.5%           | N/A                      |
| The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)  | 82.6%    | 83.5%          | 83.0%           | No statistical variation |
| Exception rate (number of exceptions).   | 4.2% (1) | 6.9%           | 6.6%            | N/A                      |

#### **Monitoring care and treatment**

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

| Indicator                                      | Practice | CCG<br>average | England<br>average |
|--|----------|----------------|--------------------|
| Overall QOF score (out of maximum 559)         | 523.8    | 519.6          | 537.5              |
| Overall QOF score (as a percentage of maximum) | 93.7%    | 93.0%          | 96.2%              |
| Overall QOF exception reporting (all domains)  | 2.8%     | 6.8%           | 5.8%               |

|   | Y/N/Partial |
|---|-------------|
| Clinicians took part in national and local quality improvement initiatives.   | Υ           |
| The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements. | Y           |
| Quality improvement activity was targeted at the areas where there were concerns.   | Υ           |
| The practice regularly reviewed unplanned admissions and readmissions and took appropriate action.                                    | Y           |

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

Clinical audits were undertaken by the practice. They covered areas of prescribing and best practice and demonstrated that current guidelines were followed.

All non-urgent practice referrals to secondary care were peer reviewed by the GPs in the practice to ensure that the referrals were appropriate.

Minor surgical procedures were audited to identify if patients experienced post-operative infections.

#### **Effective staffing**

The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

|  | Y/N/Partial |
|--|-------------|
| Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme. | Υ           |
| The learning and development needs of staff were assessed.   | Υ           |
| The practice had a programme of learning and development.  | Υ           |
| Staff had protected time for learning and development.   | Υ           |

| There was an induction programme for new staff.  | Υ   |
|--|-----|
| Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.  | N/A |
| Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation. |     |
| The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.         | Υ   |
| There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.  | Y   |

#### **Coordinating care and treatment**

Staff worked together and with other organisations to deliver effective care and treatment.

| Indicator  | Y/N/Partial |
|--|-------------|
| The contractor has regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register are discussed (01/04/2017 to 31/03/2018)   | Y           |
| We saw records that showed that all appropriate staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment. | Y           |
| Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.  | Y           |
| Patients received consistent, coordinated, person-centred care when they moved between services.   | Y           |
| For patients who accessed the practice's digital service there were clear and effective processes to make referrals to other services.   | N/A         |
| Explanation of any answers and additional evidence:  |             |
| Multi-disciplinary case review meetings were held every month.   |             |

#### Helping patients to live healthier lives

Staff were consistent and proactive in helping patients to live healthier lives.

|   | Y/N/Partial |
|---|-------------|
| The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers. | Y           |
| Staff encouraged and supported patients to be involved in monitoring and managing their own health.   | Υ           |
| Patients had access to appropriate health assessments and checks.   | Υ           |

| Staff discussed changes to care or treatment with patients and their carers as necessary.   | Υ |
|---|---|
| The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity. | Υ |

| Smoking Indicator  | Practice | CCG<br>average | England average | England<br>comparison                |
|--|----------|----------------|-----------------|--------------------------------------|
| The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF) | 98.3%    | 94.3%          | 95.1%           | Tending towards variation (positive) |
| Exception rate (number of exceptions).   | 0.2% (3) | 0.8%           | 0.8%            | N/A                                  |

#### **Consent to care and treatment**

The practice always obtained consent to care and treatment in line with legislation and guidance.

|  | Y/N/Partial |
|--|-------------|
| Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented. | Y           |
| Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.       | Y           |
| The practice monitored the process for seeking consent appropriately.  | Υ           |
| Policies for any online services offered were in line with national guidance.  | Y           |
| Explanation of any answers and additional evidence: Clinicians had received Mental Capacity Act and Deprivation of Liberty Safeguards training       | J.          |

## Well-led Rating: Good

#### Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels.

|   | Y/N/Partial |
|---|-------------|
| Leaders demonstrated that they understood the challenges to quality and sustainability. | Υ           |
| They had identified the actions necessary to address these challenges.                  | Υ           |
| Staff reported that leaders were visible and approachable.                              | Υ           |
| There was a leadership development programme, including a succession plan.              | Υ           |

Explanation of any answers and additional evidence:

The practice were aware of the challenges they faced. They were limited by their premises and could not expand their clinical workforce due to a lack of available space. The patient list had been closed for a number of years. They were working with the local clinical commissioning group (CCG) to move to new premises in the future.

The practice informed us of the high expectation of patients. They had introduced walk-in appointments on Mondays for patients to 'sit and wait' to see a GP for those who were not able to book an appointment in advance.

#### Vision and strategy

The practice had a clear vision and credible strategy to provide high quality sustainable care.

|   | Y/N/Partial |
|---|-------------|
| The practice had a clear vision and set of values that prioritised quality and sustainability.              | Υ           |
| There was a realistic strategy to achieve their priorities.   | Υ           |
| The vision, values and strategy were developed in collaboration with staff, patients and external partners. | Y           |
| Staff knew and understood the vision, values and strategy and their role in achieving them.                 | Y           |
| Progress against delivery of the strategy was monitored.  | Υ           |

#### Culture

The practice had a culture which drove high quality sustainable care.

|  | Y/N/Partial |
|--|-------------|
| There were arrangements to deal with any behaviour inconsistent with the vision and values.                          | Υ           |
| Staff reported that they felt able to raise concerns without fear of retribution.                                    | Υ           |
| There was a strong emphasis on the safety and well-being of staff.   | Υ           |
| There were systems to ensure compliance with the requirements of the duty of candour.                                | Υ           |
| When people were affected by things that went wrong they were given an apology and informed of any resulting action. | Υ           |
| The practice encouraged candour, openness and honesty.   | Υ           |
| The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.  | Y           |
| The practice had access to a Freedom to Speak Up Guardian.   | Υ           |
| Staff had undertaken equality and diversity training.  | Υ           |

Examples of feedback from staff or other evidence about working at the practice

| Source | Feedback   |
|--------|--|
| Staff  | Staff we spoke with informed us that the practice was a good place to work. They |
|        | felt supported and had appropriate training to carry out their roles.            |

#### **Governance arrangements**

There were clear responsibilities, roles and systems of accountability to support good governance and management.

|   | Y/N/Partial |
|---|-------------|
| There were governance structures and systems which were regularly reviewed. | Υ           |
| Staff were clear about their roles and responsibilities.                    | Υ           |
| There were appropriate governance arrangements with third parties.          | Υ           |

Explanation of any answers and additional evidence:

Policies and procedures were in place that were regularly reviewed by the practice manager.

All staff had a job description that outlined their roles and responsibilities.

GPs and staff had identified lead roles within the practice. For example, there was a GP lead for safeguarding and a practice nurse was the infection prevention and control lead.

#### Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

|  | Y/N/Partial |
|--|-------------|
| There were comprehensive assurance systems which were regularly reviewed and improved.                   | Υ           |
| There were processes to manage performance.  | Υ           |
| There was a systematic programme of clinical and internal audit.   | Υ           |
| There were effective arrangements for identifying, managing and mitigating risks.                        | Υ           |
| A major incident plan was in place.  | Υ           |
| Staff were trained in preparation for major incidents.   | Υ           |
| When considering service developments or changes, the impact on quality and sustainability was assessed. | Υ           |

#### Appropriate and accurate information

There was a demonstrated commitment to using data and information proactively to drive and support decision making.

|  | Y/N/Partial |
|--|-------------|
| Staff used data to adjust and improve performance.   | Υ           |
| Performance information was used to hold staff and management to account.                          | Υ           |
| Our inspection indicated that information was accurate, valid, reliable and timely.                | Υ           |
| There were effective arrangements for identifying, managing and mitigating risks.                  | Υ           |
| Staff whose responsibilities included making statutory notifications understood what this entails. | Υ           |

#### Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain high quality and sustainable care.

|  | Y/N/Partial |
|--|-------------|
| Patient views were acted on to improve services and culture.   | Υ           |
| The practice had an active Patient Participation Group.  | Partial     |
| Staff views were reflected in the planning and delivery of services.   | Υ           |
| The practice worked with stakeholders to build a shared view of challenges and of the needs of the population. | Y           |

Explanation of any answers and additional evidence:

The practice had tried to sustain a patient participation group (PPG). The group currently had two members. We were informed that attempts had been made to form a virtual PPG. However, there was no response from patients to take part in this.

The practice gathered feedback from patients via the NHS Friends and Family Test (FFT).

#### **Continuous improvement and innovation**

There were evidence of systems and processes for learning, continuous improvement and innovation.

|  | Y/N/Partial |
|--|-------------|
| There was a strong focus on continuous learning and improvement. | Υ           |
| Learning was shared effectively and used to make improvements.   | Υ           |

Explanation of any answers and additional evidence:

The practice identified and recorded any significant events that occurred. They were discussed and learning shared at practice meetings.

Following a recent significant event related to a security alert at the practice the business continuity plan was updated and the practice developed an emergency box that contained essential equipment and information.

#### **Examples of continuous learning and improvement**

The practice was a training practice and had up to two GP registrars at a time working in the practice. A GP Registrar is a qualified doctor who is training to become a GP through a period of working and training in a practice.

The GPs attended lunch and learn meetings with local consultants and every 4-6 weeks attended meetings at the local hospital to look at correct and appropriate referrals.

The practice have been involved in a local pilot which used a rapid response paediatric nurse to see patients in their homes to prevent hospital admissions.

#### Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

| Variation Bands                      | Z-score threshold |
|--------------------------------------|-------------------|
| Significant variation (positive)     | ≤-3               |
| Variation (positive)                 | >-3 and ≤-2       |
| Tending towards variation (positive) | >-2 and ≤-1.5     |
| No statistical variation             | <1.5 and >-1.5    |
| Tending towards variation (negative) | ≥1.5 and <2       |
| Variation (negative)                 | ≥2 and <3         |
| Significant variation (negative)     | ≥3                |

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice
  on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

#### Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.