Care Quality Commission

Inspection Evidence Table

Dr N S Jadoon & Dr S Mir (1-569299593)

Inspection date: 08 October 2019

Date of data download: 03 October 2019

Overall rating: Good

Please note: Any Quality Outcomes Framework (QOF) data relates to 2017/18.

Safe Rating: Good

Safety systems and processes

The practice had clear systems, practices and processes to keep people safe and safeguarded from abuse.

Safeguarding	Y/N/Partial
There was a lead member of staff for safeguarding processes and procedures.	Υ
Safeguarding systems, processes and practices were developed, implemented and communicated to staff.	Υ
There were policies covering adult and child safeguarding which were accessible to all staff.	Υ
Policies took account of patients accessing any online services.	Y
Policies and procedures were monitored, reviewed and updated.	Y
Partners and staff were trained to appropriate levels for their role.	Partial ¹
There was active and appropriate engagement in local safeguarding processes.	
The Out of Hours service was informed of relevant safeguarding information.	
There were systems to identify vulnerable patients on record.	Y
Disclosure and Barring Service (DBS) checks were undertaken where required.	Y
Staff who acted as chaperones were trained for their role.	Y
There were regular discussions between the practice and other health and social care professionals such as health visitors, school nurses, community midwives and social workers to support and protect adults and children at risk of significant harm.	

Explanation of any answers and additional evidence:

1. Clinical staff were trained in safeguarding at level three. However, not all non-clinical staff were trained at level two, in line with recommended guidance. The practice was aware of this and we were told training had been booked for the relevant staff.

Recruitment systems	Y/N/Partial
Recruitment checks were carried out in accordance with regulations (including for agency staff and locums).	Υ
Staff vaccination was maintained in line with current Public Health England (PHE) guidance if relevant to role.	Partial ¹
There were systems to ensure the registration of clinical staff (including nurses and pharmacists) was checked and regularly monitored.	Y

Explanation of any answers and additional evidence:

1. We found staff vaccination records were variable and where they did have records, they did not contain all the information required in line with recommended guidance. There were no risk assessments in place. However, we were satisfied that staff were safe in their roles.

Safety systems and records	Y/N/Partial
There was a record of portable appliance testing or visual inspection by a competent person.	Υ
Date of last inspection/test: 04/10/2019	
There was a record of equipment calibration.	Υ
Date of last calibration: 04/10/2019	•
There were risk assessments for any storage of hazardous substances for example, liquid nitrogen, storage of chemicals.	Y
There was a fire procedure.	Y
There was a record of fire extinguisher checks.	Υ
Date of last check: 03/07/2019	•
There was a log of fire drills.	No ¹
Date of last drill: not available on day of inspection.	140
There was a record of fire alarm checks.	Υ
Date of last check: 11/07/2019	•
There was a record of fire training for staff.	Υ
Date of last training: Variable, undertaken annually	,
There were fire marshals.	No ²
A fire risk assessment had been completed.	Y
Date of completion: 09/03/2018	I
Actions from fire risk assessment were identified and completed.	Y

Explanation of any answers and additional evidence:

- 1. The practice was located in a building managed by NHS Property Services, who were responsible carrying out fire risk assessments and fire drills for all services located in the building. Records of fire drills were kept by NHS Property Services.
- 2. The trained fire marshals, although located in the building, were not employed by the practice.

Health and safety	Y/N/Partial	
Premises/security risk assessment had been carried out.	N	
Date of last assessment:	N	
Health and safety risk assessments had been carried out and appropriate actions taken.	N	
Date of last assessment:		

Explanation of any answers and additional evidence:

The practice did not have records of any health and safety and security risk assessments carried out by themselves for the area of the building they operated. We saw records relating to COSHH and legionella risk assessments.

Following the inspection, we received a health and safety risk assessment which we were told would be

adopted in the practice going forward and would be completed on a monthly basis.	

Infection prevention and control

Appropriate standards of cleanliness and hygiene were met.

	Y/N/Partial
There was an infection risk assessment and policy.	Υ
Staff had received effective training on infection prevention and control.	Υ
Infection prevention and control audits were carried out. Date of last infection prevention and control audit: 04/03/2019	Y
The practice had acted on any issues identified in infection prevention and control audits.	Υ
There was a system to notify Public Health England of suspected notifiable diseases.	Υ
The arrangements for managing waste and clinical specimens kept people safe.	Υ
Explanation of any answers and additional evidence: The practice manager and the practice nurse were joint leads for infection prevention and or	control.

Risks to patients

There were adequate systems to assess, monitor and manage risks to patient safety.

	Y/N/Partial
There was an effective approach to managing staff absences and busy periods.	Y
There was an effective induction system for temporary staff tailored to their role.	Y
Comprehensive risk assessments were carried out for patients.	Y
Risk management plans for patients were developed in line with national guidance.	Y
The practice was equipped to deal with medical emergencies (including suspected sepsis) and staff were suitably trained in emergency procedures.	Y ¹
Clinicians knew how to identify and manage patients with severe infections including sepsis.	Y
Receptionists were aware of actions to take if they encountered a deteriorating or acutely unwell patient and had been given guidance on identifying such patients.	Y
There was a process in the practice for urgent clinical review of such patients.	Υ
When there were changes to services or staff the practice assessed and monitored the impact on safety.	Y
Explanation of any answers and additional evidence:	

Explanation of any answers and additional evidence:

1. Staff told us they had done online training on sepsis and face to face training within the practice.

Information to deliver safe care and treatment

Staff had the information they needed to deliver safe care and treatment.

	Y/N/Partial
Individual care records, including clinical data, were written and managed securely and in line with current guidance and relevant legislation.	Υ
There was a system for processing information relating to new patients including the summarising of new patient notes.	Υ
There were systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.	Υ
Referral letters contained specific information to allow appropriate and timely referrals.	Υ
Referrals to specialist services were documented and there was a system to monitor delays in referrals.	Υ
There was a documented approach to the management of test results and this was managed in a timely manner.	Υ
There was appropriate clinical oversight of test results, including when reviewed by non-clinical staff.	Υ
The practice demonstrated that when patients use multiple services, all the information needed for their ongoing care was shared appropriately and in line with relevant protocols.	Υ

Appropriate and safe use of medicines

The practice had systems for the appropriate and safe use of medicines, including medicines optimisation

Indicator	Practice	CCG average	England average	England comparison
Number of antibacterial prescription items prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/07/2018 to 30/06/2019) (NHS Business Service Authority - NHSBSA)	0.95	0.79	0.87	No statistical variation
The number of prescription items for co-amoxiclav, cephalosporins and quinolones as a percentage of the total number of prescription items for selected antibacterial drugs (BNF 5.1 sub-set). (01/07/2018 to 30/06/2019) (NHSBSA)	8.8%	7.5%	8.6%	No statistical variation
Average daily quantity per item for Nitrofurantoin 50 mg tablets and capsules, Nitrofurantoin 100 mg m/r capsules, Pivmecillinam 200 mg tablets and Trimethoprim 200 mg tablets prescribed for uncomplicated urinary tract infection (01/01/2019 to 30/06/2019) (NHSBSA)	5.11	5.35	5.63	No statistical variation
Average daily quantity of oral NSAIDs prescribed per Specific Therapeutic Group Age-sex Related Prescribing Unit (STAR-PU) (01/01/2019 to 30/06/2019)	2.22	1.85	2.08	No statistical variation

Medicines management	Y/N/Partial
The practice ensured medicines were stored safely and securely with access restricted to authorised staff.	Y
Blank prescriptions were kept securely and their use monitored in line with national guidance.	Υ
Staff had the appropriate authorisations to administer medicines (including Patient Group Directions or Patient Specific Directions).	Υ
The practice could demonstrate the prescribing competence of non-medical prescribers, and there was regular review of their prescribing practice supported by clinical supervision or peer review.	Υ
There was a process for the safe handling of requests for repeat medicines and evidence of structured medicines reviews for patients on repeat medicines.	Y
The practice had a process and clear audit trail for the management of information about	Υ

Medicines management	Y/N/Partial
changes to a patient's medicines including changes made by other services.	
There was a process for monitoring patients' health in relation to the use of medicines including high risk medicines (for example, warfarin, methotrexate and lithium) with appropriate monitoring and clinical review prior to prescribing.	Y
The practice monitored the prescribing of controlled drugs. (For example, investigation of unusual prescribing, quantities, dose, formulations and strength).	Y
There were arrangements for raising concerns around controlled drugs with the NHS England Area Team Controlled Drugs Accountable Officer.	Υ
If the practice had controlled drugs on the premises there were appropriate systems and written procedures for the safe ordering, receipt, storage, administration, balance checks and disposal of these medicines, which were in line with national guidance.	N/A
The practice had taken steps to ensure appropriate antimicrobial use to optimise patient outcomes and reduce the risk of adverse events and antimicrobial resistance.	Y
The practice held appropriate emergency medicines, risk assessments were in place to determine the range of medicines held, and a system was in place to monitor stock levels and expiry dates.	Partial ¹
There was medical oxygen and a defibrillator on site and systems to ensure these were regularly checked and fit for use.	Y
Vaccines were appropriately stored, monitored and transported in line with PHE guidance to ensure they remained safe and effective.	Y

Explanation of any answers and additional evidence:

1. On the day of the inspection we found the practice did not have some of the recommended emergency medicines on site such as anti-nausea medicines, naloxone, dexamethasone, furosemide and midazolam. Whilst there was a pharmacy in close proximity to the practice and the practice was approximately ten minutes away from the nearest accident and emergency hospital, there was no formal risk assessment in place. Following the inspection, we received a completed risk assessment for all emergency medicines not kept in the practice.

Track record on safety and lessons learned and improvements made

The practice learned and made improvements when things went wrong.

Significant events	Y/N/Partial
The practice monitored and reviewed safety using information from a variety of sources.	Υ
Staff knew how to identify and report concerns, safety incidents and near misses.	Υ
There was a system for recording and acting on significant events.	Υ
Staff understood how to raise concerns and report incidents both internally and externally.	Y
There was evidence of learning and dissemination of information.	Υ
Number of events recorded in last 12 months:	Four
Number of events that required action:	Four
Explanation of any answers and additional evidence:	

Example(s) of significant events recorded and actions by the practice.

Event	Specific action taken
·	The police were called to remove the person from the premises. Staff training on personal safety and zero tolerance was reiterated and the management checked on the wellbeing of the staff members involved.
	The practice checked if there was any harm to the patient; there was no harm. Staff involved reviewed their procedure for seeing patients by always asking the patient why they had attended, and to double check injections before administration to avoid recurrence.

Safety alerts	Y/N/Partial
There was a system for recording and acting on safety alerts.	Υ
Staff understood how to deal with alerts.	Υ
Explanation of any answers and additional evidence: We saw examples of actions taken on recent alerts for example, regarding sodium vahormone replacement therapy.	Iproate and

Effective

Rating: Good

Effective needs assessment, care and treatment

Patients' needs were, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Υ
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Υ
Patients presenting with symptoms which could indicate serious illness were followed up in a timely and appropriate way.	Υ
We saw no evidence of discrimination when staff made care and treatment decisions.	Υ
Patients' treatment was regularly reviewed and updated.	Υ
There were appropriate referral pathways to make sure that patients' needs were addressed.	Υ
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Υ

Explanation of any answers and additional evidence:

Prescribing	Practice performance	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/07/2018 to 30/06/2019) (NHSBSA)	0.34	0.68	0.75	Tending towards variation (positive)

Older people

Population group rating: Good

- The practice used a clinical tool to identify older patients who were living with moderate or severe
 frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. They worked closely with a
 care coordinator and ensured that their care plans and prescriptions were updated to reflect any
 extra or changed needs.
- The practice carried out structured annual medication reviews for older patients.
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Health checks, including frailty assessments, were offered to patients over 75 years of age.

Flu, shingles and pneumonia vaccinations were offered to relevant patients in this age group.

People with long-term conditions

Population group rating: Good

- Patients with long-term conditions were offered a structured annual review to check their health
 and medicines needs were being met. For patients with the most complex needs, the GP
 worked with other health and care professionals to deliver a coordinated package of care. Staff
 who were responsible for reviews of patients with long-term conditions had received specific
 training. One of the GPs had specialist training in diabetes. This was reflected in their positive
 performance on diabetes in QOF.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice shared clear and accurate information with relevant professionals when deciding care delivery for patients with long-term conditions.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Adults with newly diagnosed cardio-vascular disease were offered statins.
- Patients with suspected hypertension were offered ambulatory blood pressure monitoring.
- Patients with atrial fibrillation were assessed for stroke risk and treated appropriately.
- Patients with COPD were offered rescue packs.
- Patients with asthma were offered an asthma management plan.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	70.2%	71.5%	78.8%	No statistical variation
Exception rate (number of exceptions).	1.9% (4)	11.0%	13.2%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2017 to 31/03/2018) (QOF)	88.6%	72.8%	77.7%	Tending towards variation (positive)
Exception rate (number of exceptions).	3.3% (7)	7.9%	9.8%	N/A

	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2017 to 31/03/2018) (QOF)	77.0%	76.0%	80.1%	No statistical variation
Exception rate (number of exceptions).	4.3% (9)	12.2%	13.5%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2017 to 31/03/2018) (QOF)	77.0%	74.7%	76.0%	No statistical variation
Exception rate (number of exceptions).	2.4% (4)	6.7%	7.7%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	81.0%	87.0%	89.7%	No statistical variation
Exception rate (number of exceptions).	4.8% (4)	10.8%	11.5%	N/A

Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2017 to 31/03/2018) (QOF)	88.6%	81.6%	82.6%	Tending towards variation (positive)
Exception rate (number of exceptions).	3.8% (16)	3.6%	4.2%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2017 to 31/03/2018) (QOF)	92.6%	90.5%	90.0%	No statistical variation
Exception rate (number of exceptions).	6.9% (2)	9.2%	6.7%	N/A

Families, children and young people Population group rating: Good

- The practice had not met the minimum 90% target for two of four childhood immunisation uptake indicators. The practice had not met the WHO based national target of 95% (the recommended standard for achieving herd immunity) for all four childhood immunisation uptake indicators. Staff told us they had achieved targets consistently over the years but experienced problems with coding on their IT clinical system. They told us both GPs and nursing staff carried out immunisations opportunistically, and carried out home visits to vaccinate people when they could not attend the surgery. Unverified data provided by the practice, taken as at 01/01/2019 showed an overall achievement of 93.27% on first immunisations and 95.71% on boosters.
- The practice contacted the parents or guardians of children due to have childhood immunisations.
 Additionally, home visits were carried out to administer vaccinations if parents or guardians were unable to attend the practice.
- The practice had arrangements for following up failed attendance of children's appointments following an appointment in secondary care or for immunisation and would liaise with health visitors when necessary.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- Young people could access services for sexual health and contraception located within the health centre.
- Staff had the appropriate skills and training to carry out reviews for this population group.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target of 95%
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib), Hepatitis B (Hep B) ((i.e. three doses of DTaP/IPV/Hib/HepB) (01/04/2018 to 31/03/2019) (NHS England)	35	44	79.5%	Below 80% uptake
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2018 to 31/03/2019) (NHS England)	46	49	93.9%	Met 90% minimum
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2018 to 31/03/2019) (NHS England)	45	49	91.8%	Met 90% minimum
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2018 to 31/03/2019) (NHS England)	44	49	89.8%	Below 90% minimum

Note: Please refer to the CQC guidance on Childhood Immunisation data for more information:

https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

Any additional evidence or comments

The practice had changed IT clinical systems from EMISWEB to SystemOne in May 2019. They worked with the CCG and identified a coding issue within the previous clinical system which did not record their performance accurately on immunisations. They were assured the new system would record their performance more accurately going forward.

Working age people (including those recently retired and students)

Population group rating: Good

- The practice had systems to inform eligible patients to have the meningitis vaccine, for example before attending university for the first time.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2017 to 31/03/2018) (Public Health England)	76.3%	N/A	80% Target	Below 80% target
Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (01/04/2017 to 31/03/2018) (PHE)	67.1%	68.7%	72.1%	N/A
Persons, 60-69, screened for bowel cancer in last 30 months (2.5 year coverage, %)(01/04/2017 to 31/03/2018) (PHE)	59.3%	53.1%	57.3%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (01/04/2017 to 31/03/2018) (PHE)	80.0%	63.8%	69.3%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2017 to 31/03/2018) (PHE)	28.6%	52.1%	51.9%	No statistical variation

Any additional evidence or comments

Data provided by the practice on the day of inspection showed a current achievement of 87.6% for cervical cancer screening, and the practice predicted an achievement above the 80% target at the end of the QOF year.

The low number of new cancer cases treated was attributed to the practice population which had a significant number of working age people and students who lived in the area.

People whose circumstances make them vulnerable

Population group rating: Good

- The practice had registered patients living in local assisted living accommodation. Same day appointments and longer appointments were offered when required.
- All patients with a learning disability were offered an annual health check.
- Patients identified as asylum seekers were given double appointments with a GP with extensive checks carried out.
- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice had a system for vaccinating patients with an underlying medical condition according

to the recommended schedule.

• The practice demonstrated that they had a system to identify people who misused substances.

People experiencing poor mental health (including people with dementia)

Population group rating: Good

- The practice assessed and monitored the physical health of people with mental illness, severe
 mental illness, and personality disorder by providing access to health checks, interventions for
 physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking'
 services.
- Same day and longer appointments were offered when required.
- There was a system for following up patients who failed to attend for administration of long-term medication.
- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs
 of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- All staff had received dementia training in the last 12 months.
- Patients with poor mental health, including dementia, were referred to appropriate services.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	97.5%	87.1%	89.5%	No statistical variation
Exception rate (number of exceptions).	0.0% (0)	14.5%	12.7%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	87.5%	88.3%	90.0%	No statistical variation
Exception rate (number of exceptions).	0.0% (0)	13.7%	10.5%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	100.0%	85.8%	83.0%	Variation (positive)
Exception rate (number of exceptions).	0.0% (0)	6.9%	6.6%	N/A

Monitoring care and treatment

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	541.6	527.8	537.5
Overall QOF score (as a percentage of maximum)	96.9%	94.4%	96.2%
Overall QOF exception reporting (all domains)	3.4%	5.6%	5.8%

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	Υ
The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	
Quality improvement activity was targeted at the areas where there were concerns.	Y
The practice regularly reviewed unplanned admissions and readmissions and took appropriate action.	Y

Examples of improvements demonstrated because of clinical audits or other improvement activity in

past two years

- 1. An audit was carried out in 2017 to identify patients who had been diagnosed with ischaemic stroke, and their records were analysed to see if they were on antiplatelet therapy as recommended by NICE guidelines. The audit found 85.7% of the patients were on recommended therapy, and letters were sent to the remaining 14.3% not on recommended therapy to attend face to face consultations reviews. A repeat of the audit a year later found 95.23% of patients were now on recommended therapy, showing an improvement in the management of patients to keep them safe.
- 2. A review was carried out in 2018 of patients with asplenia or splenic dysfunction, to ensure they had appropriate vaccinations and antibiotics administered to them. The review found 50% of patients identified were on the appropriate antibiotics and 58% had vaccinations given. The review was repeated in 2019 and showed 100% of patients were on appropriate antibiotics and 78% had vaccinations given, with the outstanding patients having declined vaccinations. This demonstrated an improvement in the systems to manage patients with this condition.

Any additional evidence or comments

Effective staffing

The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme.	Υ1
The learning and development needs of staff were assessed.	Y
The practice had a programme of learning and development.	Y²
Staff had protected time for learning and development.	Υ
There was an induction programme for new staff.	Υ
Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.	N/A
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Y
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	N/A
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Υ

Explanation of any answers and additional evidence:

- Both GPs were specialists in diabetes and gynaecology, and used their specialist training in managing people with diabetes and for contraceptive services, including coil fittings. This was reflected in their performance on diabetes in QOF.
- Staff were given pre-appraisal forms to carry out self assessments of their performance ahead of their annual appraisal. We saw evidence of regular one to one meetings with staff.
- 3. The practice did not employ any non-medical prescribers.

Coordinating care and treatment

Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
The contractor has regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register are discussed (01/04/2017 to 31/03/2018)	
We saw records that showed that all appropriate staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment.	1 Y
Care was delivered and reviewed in a coordinated way when different teams, services or	Y

organisations were involved.	
Patients received consistent, coordinated, person-centred care when they moved between services.	Υ

Explanation of any answers and additional evidence:

We saw minutes of meetings with health visitors, district nurses and community matrons. Staff told us they worked closely with services hosted in the same building as the practice, such as podiatry, physiotherapy, community dieticians and counsellors.

Helping patients to live healthier lives

Staff were consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	Y
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Y
Patients had access to appropriate health assessments and checks.	Y
Staff discussed changes to care or treatment with patients and their carers as necessary.	Y
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Y
Explanation of any anguara and additional avidance:	

Explanation of any answers and additional evidence:

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	97.7%	94.9%	95.1%	No statistical variation
Exception rate (number of exceptions).	0.0% (0)	0.9%	0.8%	N/A

Consent to care and treatment

The practice always obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	Υ
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Υ
The practice monitored the process for seeking consent appropriately.	Υ
Explanation of any answers and additional evidence:	

Well-led

Rating: Good

Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels.

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	Y
They had identified the actions necessary to address these challenges.	Y
Staff reported that leaders were visible and approachable.	Y
There was a leadership development programme, including a succession plan.	Y

Explanation of any answers and additional evidence:

At the time of our inspection, the practice was actively recruiting administration staff and a practice manager in order to meet increasing workload in those areas.

The practice was a member of a primary care network (PCN) within their locality. There were plans to provide additional staff, including clinical pharmacists and social prescribers, employed through the PCN.

Vision and strategy

The practice had a clear vision and credible strategy to provide high quality sustainable care.

	Y/N/Partial
The practice had a clear vision and set of values that prioritised quality and sustainability.	Y
There was a realistic strategy to achieve their priorities.	Υ
The vision, values and strategy were developed in collaboration with staff, patients and external partners.	Y
Staff knew and understood the vision, values and strategy and their role in achieving them.	Partial ¹
Progress against delivery of the strategy was monitored.	Y

Explanation of any answers and additional evidence:

1. Some of the staff we spoke to were unclear on what the vision and values were in the practice. There was no documented business plan or strategy for the near future. However, staff told us they were involved in discussions about the retirement of a long serving GP, changing IT systems and how changes would be managed within the practice.

Culture

The practice had a culture which drove high quality sustainable care.

	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Y
Staff reported that they felt able to raise concerns without fear of retribution.	Υ
There was a strong emphasis on the safety and well-being of staff.	Υ
There were systems to ensure compliance with the requirements of the duty of candour.	Υ
When people were affected by things that went wrong they were given an apology and informed of any resulting action.	Υ
The practice encouraged candour, openness and honesty.	Υ
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	Y
The practice had access to a Freedom to Speak Up Guardian.	Υ
Staff had undertaken equality and diversity training.	Υ
Explanation of any answers and additional evidence: Information on how to raise concerns was displayed on a notice board in the staff area.	

Examples of feedback from staff or other evidence about working at the practice

Source	Feedback
	There was a good relationship between the staff and managers, resulting in most staff working at the practice for over ten years. They felt they were an important part of the team and felt trusted to do their jobs. The manager's door was always open and they had a good relationship with their registered patients.

Governance arrangements

There were clear responsibilities, roles and systems of accountability to support good governance and management.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	Y
Staff were clear about their roles and responsibilities.	Y
There were appropriate governance arrangements with third parties.	Y1
Explanation of any answers and additional evidence:	
1. Policies and procedures were kept on an electronic shared platform called GP Te	amnet, provided

through the local GP federation. They were accessible to all staff and managers were alerted when they were due for review.

Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

	Y/N/Partial
There were comprehensive assurance systems which were regularly reviewed and improved.	Y
There were processes to manage performance.	Y
There was a systematic programme of clinical and internal audit.	
There were effective arrangements for identifying, managing and mitigating risks.	Partial
A major incident plan was in place.	Y
Staff were trained in preparation for major incidents.	Y
When considering service developments or changes, the impact on quality and sustainability was assessed.	Y

Explanation of any answers and additional evidence:

Whilst the practice had some risk assessments in place including one for managing fire, they did not have records of any health and safety and security risk assessments carried out by themselves for the area of the building they operated. However, we received a health and safety risk assessment from the practice following the inspection, which was going to be used on a monthly basis.

Appropriate and accurate information

There was a demonstrated commitment to using data and information proactively to drive and support decision making.

	Y/N/Partial
Staff used data to adjust and improve performance.	Y
Performance information was used to hold staff and management to account.	Y
Our inspection indicated that information was accurate, valid, reliable and timely.	Y
Staff whose responsibilities included making statutory notifications understood what this entails.	Y
Explanation of any answers and additional evidence:	

If the practice offered online services:

	Y/N/Partial
The provider was registered as a data controller with the Information Commissioner's Office.	Y
Patient records were held in line with guidance and requirements.	Y

Any unusual access was identified and followed up.	Y
Explanation of any answers and additional evidence:	

Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Y
The practice had an active Patient Participation Group.	N¹
Staff views were reflected in the planning and delivery of services.	Υ
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	Y

Explanation of any answers and additional evidence:

- 1. The provider told us that although they had an active Patient Participation Group in the past, this had gradually disbanded as the attendance diminished. They had since faced difficulties in recruiting new members to the group. The practice currently used the national GP patient survey to obtain views from patients on the service, and used the results to act on the needs of their patients.
- 2. The practice was part of a primary care network within their locality, where member practices discussed how to address the needs of their local population and tailor services to meet the needs.

Continuous improvement and innovation

There were systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a strong focus on continuous learning and improvement.	Υ
Learning was shared effectively and used to make improvements.	Υ

Explanation of any answers and additional evidence:

There was a programme of audits carried out within the practice, including those instigated by the CCG medicines management team. Results from the audits demonstrated improvements in systems for keeping patients safe.

GPs had specialist training, and were accredited as GPs with special interests in diabetes and gynaecology. They used their skills in their provision of general medical services and carried out additional case reviews as part of their continuous professional development.

Examples of continuous learning and improvement

The practice had shared good practice on the management of people with diabetes within their CCG and invited to meetings to share how they were achieving targets that demonstrated effective management of patients with diabetes. This was attributed to one the of GPs who had specialist training in diabetes who worked with patients and other healthcare teams in both primary care and secondary care to manage patients registered with the practice within the community.

Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

Variation Bands	Z-score threshold
Significant variation (positive)	≤-3
Variation (positive)	>-3 and ≤-2
Tending towards variation (positive)	>-2 and ≤-1.5
No statistical variation	<1.5 and >-1.5
Tending towards variation (negative)	≥1.5 and <2
Variation (negative)	≥2 and <3
Significant variation (negative)	≥3

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average. Note that practices that have "Met 90% minimum" have not met the WHO target of 95%.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.
- The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64). This indicator does not have a CCG average and is scored against the national target of 80%.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: https://www.cqc.org.uk/quidance-providers/gps/how-we-monitor-qp-practices

Note: The CQC GP Evidence Table uses the most recent validated and publicly available data. In some cases at the time of inspection this data may be relatively old. If during the inspection the practice has provided any more recent data, this can be considered by the inspector. However, it should be noted that any data provided by the practice will be unvalidated and is not directly comparable to the published data. This has been taken into account during the inspection process.

Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.