# **Care Quality Commission**

# **Inspection Evidence Table**

# Latimer Health Centre (1-537850840)

Inspection date: 10 October 2019

Date of data download: 27 November 2019

# **Overall rating: Good**

Please note: Any Quality Outcomes Framework (QOF) data relates to 2018/19.

## **Effective**

**Rating: Good** 

#### Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Υ
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Y
Patients presenting with symptoms which could indicate serious illness were followed up in a timely and appropriate way.	Υ
We saw no evidence of discrimination when staff made care and treatment decisions.	Υ
Patients' treatment was regularly reviewed and updated.	Υ
There were appropriate referral pathways to make sure that patients' needs were addressed.	Y
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Y

Prescribing	Practice performance	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2018 to 30/09/2019) (NHSBSA)	0.54	0.58	0.74	No statistical variation

### Older people

## Population group rating: Good

#### **Findings**

- The practice used a clinical tool to identify older patients who were living with moderate or severe frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. It ensured that their care plans and prescriptions were updated to reflect any extra or changed needs.
- The practice carried out structured annual medication reviews for older patients.
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Health checks, including frailty assessments, were offered to patients over 75 years of age.
- Flu, shingles and pneumonia vaccinations were offered to relevant patients in this age group.
- Older patients were given longer appointments where necessary and were prioritised for home visits.
- The practice provided GP services for a 98-bed nursing home. The lead GP visited the care home six days a week and the practice nurses visited twice a week. We were told the practice provided holistic care to all patients at the nursing home.

## People with long-term conditions

### Population group rating: Good

- Patients with long-term conditions were offered a structured annual review to check their health
  and medicines needs were being met. For patients with the most complex needs, the GP
  worked with other health and care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice shared clear and accurate information with relevant professionals when deciding care delivery for patients with long-term conditions.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Adults with newly diagnosed cardio-vascular disease were offered statins.
- Patients with suspected hypertension were offered ambulatory blood pressure monitoring.
- Patients with atrial fibrillation were assessed for stroke risk and treated appropriately.
- Patients with COPD were offered rescue packs.
- Patients with asthma were offered an asthma management plan.
- Extended consultations were offered to patients with multiple long-term conditions. These
  patients were provided with a prompt sheet prior to their appointment to help them identify the

- areas of concerns they may wish to discuss.
- The practice offered an in-house anticoagulation and phlebotomy clinic.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	74.2%	75.7%	79.3%	No statistical variation
Exception rate (number of exceptions).	10.6% (33)	10.4%	12.8%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2018 to 31/03/2019) (QOF)	95.7%	92.4%	78.1%	Significant Variation (positive)
Exception rate (number of exceptions).	3.8% (12)	4.7%	9.4%	N/A

	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2018 to 31/03/2019) (QOF)	85.2%	83.8%	81.3%	No statistical variation
Exception rate (number of exceptions).	9.3% (29)	9.4%	12.7%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2018 to 31/03/2019) (QOF)	89.0%	81.7%	75.9%	Variation (positive)
Exception rate (number of exceptions).	2.0% (3)	2.7%	7.4%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	97.5%	94.7%	89.6%	Variation (positive)
Exception rate (number of exceptions).	1.2% (1)	4.7%	11.2%	N/A

Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2018 to 31/03/2019) (QOF)	92.2%	89.9%	83.0%	Variation (positive)
Exception rate (number of exceptions).	3.8% (23)	4.0%	4.0%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2018 to 31/03/2019) (QOF)	92.1%	90.0%	91.1%	No statistical variation
Exception rate (number of exceptions).	11.6% (5)	7.6%	5.9%	N/A

#### Additional Information:

- Exception reporting is the removal of patients from QOF calculations where, for example, the patients are unable to attend a review meeting, refuse treatment or certain medicines cannot be prescribed because of side effects.
- The practice had a higher than average exception rate for patients with atrial fibrillation with a
  record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently
  treated with anti-coagulation drug therapy. We reviewed all five patients who had been exception
  reported and were satisfied that they were appropriately exception reported.

## Families, children and young people Population group rating: Good

- The childhood immunisation uptake indicator relating to children aged 1 was 88%, which was slightly below the 90% target.
- The childhood immunisation uptake indicators relating to children aged 2 had met or exceeded the 90% target.
- The practice contacted the parents or guardians of children due to have childhood immunisations. This was initially managed by the practice nurse who ran quarterly reports to identify those due for vaccinations. Once patients had been identified as not being up to date with their vaccinations, the nurse contacted them via telephone at least three times. If this failed, then a letter was sent to the patient's home. If the parents still failed to attend with the child, then the matter was escalated to the Lead GP who would personally contact and encourage them to attend.
- The practice had arrangements for following up failed attendance of children's appointments following an appointment in secondary care or for immunisation and would liaise with health visitors when necessary.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- Young people could access services for sexual health and contraception.

Staff had the appropriate skills and training to carry out reviews for this population group.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target of 95%
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib), Hepatitis B (Hep B) ((i.e. three doses of DTaP/IPV/Hib/HepB) (01/04/2018 to 31/03/2019) (NHS England)	50	57	88%	Below 90% minimum
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2018 to 31/03/2019) (NHS England)	45	48	94%	Met 90% minimum
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2018 to 31/03/2019) (NHS England)	44	48	92%	Met 90% minimum
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2018 to 31/03/2019) (NHS England)	44	48	92%	Met 90% minimum

Note: Please refer to the CQC guidance on Childhood Immunisation data for more information:

https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

# Working age people (including those recently retired and students)

## Population group rating: Good

- The practice had systems to inform eligible patients to have the meningitis vaccine, for example before attending university for the first time.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.
- Patients had access to telephone and online consultations.
- Appointments were available on Wednesday evenings and Saturday mornings.
- The local Clinical Commissioning Group has commissioned an extended hours HUB service, which operates at five locations within the local area between 4pm and 8pm on weeknights and

from 8am to 8pm at weekends. Patients may book appointments with the service by contacting the practice.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2017 to 31/03/2018) (Public Health England)	65.4%	N/A	80% Target	Below 70% uptake
Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (01/04/2017 to 31/03/2018) (PHE)	49.7%	54.4%	72.1%	N/A
Persons, 60-69, screened for bowel cancer in last 30 months (2.5 year coverage, %)(01/04/2017 to 31/03/2018) (PHE)	37.6%	43.0%	57.3%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (01/04/2017 to 31/03/2018) (PHE)	88.9%	70.8%	69.3%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2017 to 31/03/2018) (PHE)	30.0%	46.7%	51.9%	No statistical variation

The practice's performance for uptake for cervical screening (65% of eligible patients had been screened) was below the national uptake target of 80%. It told us:

- The practice employed two nurses and their role included managing and increasing the uptake of cervical screening.
- The practice had experienced cultural barriers with some population groups who expressed
  reluctance to engage with the cervical screening programme. We saw the practice ran regular
  reports to identify patients who were due for cervical screening tests. These patients would be
  called by the practice inviting them in for screening; if the patient did not respond they would
  receive a further telephone call and reminder letters.
- Appointments were available throughout the week. Alerts were placed on the system so patients
  attending the surgery for other reasons could, if appropriate, be offered screening during their visit,
  and the practice actively promoted uptake of screening;
- Female sample takers were available, and all sample takers had received training for the role;
- The practice nurse spoke to any patients who were reluctant to engage with screening.
- The practice discussed its coverage of screening in meetings to ensure all staff were aware of the need to offer opportunistic appointments and to encourage patients to participate in the

programme.

 The nurses offered extended hours appointments on Wednesday evenings and Saturday mornings.

The practice provided us with its own records for uptake of cervical screening which showed a higher uptake of 86%.

CQC relied on data that had been independently verified and published by Public Health England. The data submitted by the practice was calculated in a different way. It included in the calculation women who had been invited for screening but not attended, and it did not measure whether women had been screened at the appropriate time according to their age.

# People whose circumstances make them vulnerable

## Population group rating: Good

#### **Findings**

- Same day appointments and longer appointments were offered when required.
- All patients with a learning disability were offered an annual health check. The practice showed us data which indicated in the past 12 months it had provided a health check to 91% of its patients with a learning disability.
- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice demonstrated that they had a system to identify people who misused substances.
- The practice provided care to patients at two local residential homes.
- The practice has many patients from the Turkish community, and as a result it had access to a Turkish translator.

# People experiencing poor mental health

### **Population group rating: Good**

## (including people with dementia)

- The practice assessed and monitored the physical health of people with mental illness, severe
  mental illness, and personality disorder by providing access to health checks, interventions for
  physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking'
  services.
- Same day and longer appointments were offered when required.
- There was a system for following up patients who failed to attend for administration of long-term medication.
- When patients were assessed to be at risk of suicide or self-harm the practice had

arrangements in place to help them to remain safe.

- Patients at risk of dementia were identified and offered an assessment to detect possible signs
  of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- All staff had received dementia training in the last 12 months.
- Patients with poor mental health, including dementia, were referred to appropriate services.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	92.1%	91.2%	89.4%	No statistical variation
Exception rate (number of exceptions).	1.6% (1)	7.5%	12.3%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	90.3%	93.7%	90.2%	No statistical variation
Exception rate (number of exceptions).	3.1% (2)	4.7%	10.1%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	100.0%	86.6%	83.6%	Significant Variation (positive)
Exception rate (number of exceptions).	1.4% (1)	7.2%	6.7%	N/A

#### **Monitoring care and treatment**

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	554.5	No Data	539.2
Overall QOF score (as a percentage of maximum)	99.2%	No Data	96.4%
Overall QOF exception reporting (all domains)	6.7%	No Data	No Data

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	Υ

The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	Y
Quality improvement activity was targeted at the areas where there were concerns.	Υ
The practice regularly reviewed unplanned admissions and readmissions and took appropriate action.	Υ

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

The practice had undertaken five completed clinical audits in the last two years, including 2-cycle clinical audits, for example:

- The practice had decided to review patients prescribed with several medications also known as polypharmacy. The aim of the review was to identify patients prescribed with 10 or more medicines and reduce the number of medicines in accordance with best practice guidelines.
- In November 2018, the practice identified 20 patients who were prescribed 10 or more medicines. The practice invited all patients for a medicines review with a GP or pharmacist.
- In June 2019, another search was carried out and it was identified that only 2 of the original 20
  patients were still being prescribed with 10 or medicines.

#### **Effective staffing**

The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme.	Y
The learning and development needs of staff were assessed.	Υ
The practice had a programme of learning and development.	Υ
Staff had protected time for learning and development.	Υ
There was an induction programme for new staff.	Υ
Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.	Y
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Y
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	Y
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Υ

### **Coordinating care and treatment**

Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
The contractor has regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register are discussed (01/04/2018 to 31/03/2019) (QOF)	Υ
We saw records that showed that all appropriate staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment.	Υ
Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.	Υ
Patients received consistent, coordinated, person-centred care when they moved between services.	Υ
For patients who accessed the practice's digital service there were clear and effective processes to make referrals to other services.	Y

Explanation of any answers and additional evidence:

- We saw evidence of regular in-house and multi-disciplinary team meetings for patients with serious or multiple medical conditions.
- Patients commented that the digital service offered by the practice was user friendly.

#### Helping patients to live healthier lives

# Staff were consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	Y
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Υ
Patients had access to appropriate health assessments and checks.	Υ
Staff discussed changes to care or treatment with patients and their carers as necessary.	Υ
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Υ

Explanation of any answers and additional evidence:

- We saw evidence carers were kept well informed about the health of those that they cared for.
- The practice told us it signposted patients to local organisations that helped them prevent illnesses such as diabetes and maintain a healthy lifestyle.

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	98.8%	96.1%	95.0%	Variation (positive)
Exception rate (number of exceptions).	0.4% (4)	0.5%	0.8%	N/A

#### Consent to care and treatment

The practice always obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	Y
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Υ
The practice monitored the process for seeking consent appropriately.	Υ
Policies for any online services offered were in line with national guidance.	Υ

Explanation of any answers and additional evidence:

- Policies and protocols were in place to ensure there was a standardised approach to obtaining consent.
- Clinical staff demonstrated good knowledge of the Mental Capacity Act.
- We saw evidence clinical staff were competent in identifying consent issues and understood the general principles of Gillick competencies and Fraser guidelines.

# Well-led

# **Rating: Good**

#### Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels.

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	Υ
They had identified the actions necessary to address these challenges.	Υ
Staff reported that leaders were visible and approachable.	Υ
There was a leadership development programme, including a succession plan.	Y

#### Vision and strategy

The practice had a clear vision and credible strategy to provide high quality sustainable care.

	Y/N/Partial
The practice had a clear vision and set of values that prioritised quality and sustainability.	Υ
There was a realistic strategy to achieve their priorities.	Υ

The vision, values and strategy were developed in collaboration with staff, patients and external partners.	Υ
Staff knew and understood the vision, values and strategy and their role in achieving them.	Υ
Progress against delivery of the strategy was monitored.	

#### Culture

The practice had a culture which drove high quality sustainable care.

	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	
Staff reported that they felt able to raise concerns without fear of retribution.	Υ
There was a strong emphasis on the safety and well-being of staff.	Υ
There were systems to ensure compliance with the requirements of the duty of candour.	Υ
When people were affected by things that went wrong they were given an apology and informed of any resulting action.	
The practice encouraged candour, openness and honesty.	
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	
The practice had access to a Freedom to Speak Up Guardian.	Υ
Staff had undertaken equality and diversity training.	Υ
Explanation of any answers and additional evidence:	•

The practice operated a no blame culture where everyone was encouraged to speak up about any concerns or when things went wrong.

Examples of feedback from staff or other evidence about working at the practice

Source	Feedback
Staff	We spoke with several members of staff during the inspection. All stated they felt well supported and they had access to the equipment, tools and training necessary to enable them to perform their roles well. We were told staff were given protected time to enable them to undertake training and carry out non-clinical duties. Staff reported there were good, effective working relationships between managers and staff and clinical and non-clinical staff.

#### **Governance arrangements**

There were clear responsibilities, roles and systems of accountability to support good governance and management.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	Υ
Staff were clear about their roles and responsibilities.	Y
There were appropriate governance arrangements with third parties.	Y

## Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

		Y/N/Partial	
There were comprehensive improved.	assurance systems which were regularly reviewed and	Υ	
There were processes to ma	nage performance.	Υ	
There was a systematic prog	ramme of clinical and internal audit.	Υ	
There were effective arrange	ments for identifying, managing and mitigating risks.	Υ	
A major incident plan was in	place.	Υ	
Staff were trained in preparation for major incidents.		Υ	
When considering service sustainability was assessed.	developments or changes, the impact on quality and	Y	
Examples of actions taken to	address risks identified within the practice		
Medical Emergencies	Staff had received training in basic life support. Emerger and equipment were in place, these were checked regular staff knew how to use them.		
Significant events and complaints	Complaints and significant events we reviewed were appropriately acknowledged, investigated and responded to in a timely manner. Learning was shared amongst all staff members (minutes of meetings were seen).		
Infection prevention control	Staff had training in infection prevention and control, and the	he practice	
	carried out annual infection prevention and control audits. The practice		
	acted on any areas identified for improvement or rectificati	on within the	
	audits.		

#### Appropriate and accurate information

There was a demonstrated commitment to using data and information proactively to drive and support decision making.

	Y/N/Partial
Staff used data to adjust and improve performance.	Υ
Performance information was used to hold staff and management to account.	Υ
Our inspection indicated that information was accurate, valid, reliable and timely.	Υ
There were effective arrangements for identifying, managing and mitigating risks.	Υ
Staff whose responsibilities included making statutory notifications understood what this entails.	Υ

#### Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Υ
The practice had an active Patient Participation Group.	Υ
Staff views were reflected in the planning and delivery of services.	Υ
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	Y

Feedback from Patient Participation Group.

#### Feedback

The PPG regularly met with the practice and had recently agreed to meet three to four times a year. Members of the PPG we spoke to told us the practice listened to the PPG and they felt valued and involved in decisions the practice was making.

#### Continuous improvement and innovation

There were systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a strong focus on continuous learning and improvement.	Υ
Learning was shared effectively and used to make improvements.	Υ

#### **Examples of continuous learning and improvement**

The practice also told us one of the main challenges to their practice was the amount of administration

tasks that clinicians had to undertake. To tackle this the practice had allocated more time for clinicians to carry out administration tasks. The practice had also provided enhanced training to some of its non-clinical staff who supported the clinicians with some of their administration duties.

#### Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

Variation Bands	Z-score threshold
Significant variation (positive)	≤-3
Variation (positive)	>-3 and ≤-2
Tending towards variation (positive)	>-2 and ≤-1.5
No statistical variation	<1.5 and >-1.5
Tending towards variation (negative)	≥1.5 and <2
Variation (negative)	≥2 and <3
Significant variation (negative)	≥3

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average. Note that practices that have "Met 90% minimum" have not met the WHO target of 95%.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.
- The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64). This indicator does not have a CCG average and is scored against the national target of 80%.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: https://www.cqc.org.uk/quidance-providers/qps/how-we-monitor-qp-practices

Note: The CQC GP Evidence Table uses the most recent validated and publicly available data. In some cases at the time of inspection this data may be relatively old. If during the inspection the practice has provided any more recent data, this can be considered by the inspector. However, it should be noted that any data provided by the practice will be unvalidated and is not directly comparable to the published data. This has been taken into account during the inspection process.

#### Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.