### **Care Quality Commission**

### **Inspection Evidence Table**

### Eastmead Avenue Surgery (1-542673966)

Inspection date: 15 October 2019

Date of data download: 29 November 2019

### **Overall rating: Good**

Please note: Any Quality Outcomes Framework (QOF) data relates to 2018/19.

### **Effective**

### **Rating: Requires improvement**

The practice was rated as requires improvement for providing effective services because published performance for the management of some longer-term conditions such as asthma was below average. The practice was also below target for childhood immunisations and cervical screening uptake rates. The practice had taken some actions to improve in these areas but could not yet demonstrate a positive impact.

#### Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Yes
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Yes
Patients presenting with symptoms which could indicate serious illness were followed up in a timely and appropriate way.	Yes
We saw no evidence of discrimination when staff made care and treatment decisions.	Yes
Patients' treatment was regularly reviewed and updated.	Yes
There were appropriate referral pathways to make sure that patients' needs were addressed.	Yes
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Yes
The practice used digital services securely and effectively and conformed to relevant	Yes

digital and information security standards.

Explanation of any answers and additional evidence:

The practice is a training practice and ensured that GP trainees were aware of relevant national and local guidelines and agreed care pathways.

Prescribing	Practice performance	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2018 to 30/09/2019) (NHSBSA)	0.36	0.50	0.74	Tending towards variation (positive)

#### Older people

#### Population group rating: Good

#### **Findings**

- The practice used a clinical tool to identify older patients who were living with moderate or severe frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. It ensured that their care plans and prescriptions were updated to reflect any extra or changed needs.
- The practice carried out structured annual medication reviews for older patients.
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Flu, shingles and pneumonia vaccinations were offered to eligible patients in this age group.

#### People with long-term conditions

## Population group rating: Requires improvement

- Patients with long-term conditions were offered a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GP worked with other health and care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma. Patients with asthma were offered an asthma management plan.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Adults with newly diagnosed cardio-vascular disease were offered statins.
- Patients with suspected hypertension were offered ambulatory blood pressure monitoring.
- Patients with atrial fibrillation were assessed for stroke risk and treated appropriately.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	75.8%	78.1%	79.3%	No statistical variation
Exception rate (number of exceptions).	10.8% (47)	10.6%	12.8%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2018 to 31/03/2019) (QOF)	65.8%	77.7%	78.1%	Tending towards variation (negative)
Exception rate (number of exceptions).	5.5% (24)	7.6%	9.4%	N/A

	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2018 to 31/03/2019) (QOF)	70.7%	80.2%	81.3%	Variation (negative)
Exception rate (number of exceptions).	6.2% (27)	8.7%	12.7%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2018 to 31/03/2019) (QOF)	67.1%	78.8%	75.9%	Tending towards variation (negative)
Exception rate (number of exceptions).	0.6% (2)	2.2%	7.4%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	88.2%	92.2%	89.6%	No statistical variation
Exception rate (number of exceptions).	10.5% (8)	9.2%	11.2%	N/A

Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2018 to 31/03/2019) (QOF)	79.8%	82.9%	83.0%	No statistical variation
Exception rate (number of exceptions).	1.8% (17)	3.2%	4.0%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2018 to 31/03/2019) (QOF)	97.8%	96.1%	91.1%	Tending towards variation (positive)
Exception rate (number of exceptions).	8.2% (8)	8.4%	5.9%	N/A

#### Any additional evidence or comments

Published practice performance for two diabetes indicators was below average in 2018/19. The practice ran clinics for patients diagnosed with diabetes and referred patients newly diagnosed with the condition to educational courses. Patients with poorly controlled diabetes had access to specialist advice from the community diabetes team.

The practice had recently started participating in a CCG-led quality initiative ('Ealing Standards') which provided the practice with detailed information on their performance in relation to markers of effective diabetes management.

The practice was aware that its published performance on asthma was below average. The practice nurse told us they were actively following-up patients who were not attending for review. They had found that that a proportion of patients were unaware of the severity of risk posed by asthma and that when this was clearly communicated, that patients did attend. This was described as work in progress.

The practice had recently carried out an audit of its management of children and adults presenting to urgent care services with acute asthma. The audit showed that children were being followed-up by the practice within 48 hours. The practice had identified timely follow-up of adults as an area for improvement.

#### Families, children and young people

## Population group rating: Requires improvement

#### **Findings**

- The practice had not met the minimum 90% target for three of four childhood immunisation uptake indicators.
- The practice had arrangements for following up failed attendance of children's appointments
  following an appointment in secondary care or for immunisation. We were told that the staff team
  were increasingly taking opportunities to encourage parents to bring children for immunisation.
  The practice followed up patients who missed booked appointments and would liaise with health
  visitors when necessary.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- Young people could access services for sexual health and contraception.
- Staff had the appropriate skills and training to carry out reviews for this population group.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target of 95%
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib), Hepatitis B (Hep B) ((i.e. three doses of DTaP/IPV/Hib/HepB) (01/04/2018 to 31/03/2019) (NHS England)	55	58	94.8%	Met 90% minimum
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2018 to 31/03/2019) (NHS England)	60	76	78.9%	Below 80% uptake
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2018 to 31/03/2019) (NHS England)	63	76	82.9%	Below 90% minimum
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2018 to 31/03/2019) (NHS England)  Note: Please refer to the CQC guidance on Childhood Immunisation	61	76	80.3%	Below 90% minimum

Note: Please refer to the CQC guidance on Childhood Immunisation data for more information: https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

## Working age people (including those recently retired and students)

## Population group rating: Requires improvement

- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.
- The practice was not achieving the national target for cervical cancer screening. Patients now
  had access to evening and weekend cervical screening clinics in the locality. We were told that
  these were proving popular with patients.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2017 to 31/03/2018) (Public Health England)	63.7%	N/A	80% Target	Below 70% uptake
Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (01/04/2017 to 31/03/2018) (PHE)	70.7%	66.1%	72.1%	N/A
Persons, 60-69, screened for bowel cancer in last 30 months (2.5 year coverage, %)(01/04/2017 to 31/03/2018) (PHE)	46.2%	45.8%	57.3%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (01/04/2017 to 31/03/2018) (PHE)	73.3%	67.2%	69.3%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2017 to 31/03/2018) (PHE)	64.7%	53.0%	51.9%	No statistical variation

## People whose circumstances make them vulnerable

#### Population group rating: Good

#### **Findings**

- Same day appointments and longer appointments were offered when required.
- All patients with a learning disability were offered an annual health check.
- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice demonstrated that they had a system to identify people who misused substances.

# People experiencing poor mental health (including people with dementia)

## Population group rating: Requires improvement

- The practice assessed and monitored the physical health of people with mental illness, severe mental illness, and personality disorder by providing access to health checks, interventions for physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking' services.
- We were told that the practice had been carrying out care planning for patients with mental
  health problems in an opportunistic way and this was why the published performance
  indicator was below average. We saw evidence that the practice had recently put in place a
  more structured call/recall system to ensure that patients were invited to the practice for
  coordinated tests and a consultation as part of the review. It was too early to see the impact
  of this.
- Same day and longer appointments were offered when required.
- There was a system for following up patients who failed to attend for administration of long-term medication.
- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- All staff had received dementia training in the last 12 months.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	66.0%	90.9%	89.4%	Variation (negative)
Exception rate (number of exceptions).	2.1% (1)	7.0%	12.3%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	83.0%	92.9%	90.2%	No statistical variation
Exception rate (number of exceptions).	2.1% (1)	5.4%	10.1%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	100.0%	93.7%	83.6%	Significant Variation (positive)
Exception rate (number of exceptions).	0.0% (0)	4.1%	6.7%	N/A

#### **Monitoring care and treatment**

The practice had a programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	517.2	No Data	539.2
Overall QOF score (as a percentage of maximum)	92.5%	No Data	96.4%
Overall QOF exception reporting (all domains)	4%	No Data	No Data

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	Yes
The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	Yes
Quality improvement activity was targeted at the areas where there were concerns.	Yes
The practice regularly reviewed unplanned admissions and readmissions and took appropriate action.	Yes

Examples of improvements demonstrated because of clinical audits or other improvement activity in

#### past two years

The practice had conducted a range of recent audits including into its prescribing of medicines that require ongoing monitoring; it's management of patients diagnosed with osteoporosis and two-week wait cancer referrals.

It submitted evidence from its prescribing audits to CQC following the inspection. These showed that the practice had identified patients for review and had adjusted their medicines in line with current guidelines. The practice planned to repeat these audits to check that good prescribing practice was being maintained.

#### **Effective staffing**

The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme.	Yes
The learning and development needs of staff were assessed.	Yes
The practice had a programme of learning and development.	Yes
Staff had protected time for learning and development.	Yes
There was an induction programme for new staff.	Yes
Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.	Yes
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Yes
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	Yes
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Yes

Explanation of any answers and additional evidence:

All employed staff received an appraisal with a suitable manager or clinician. The GPs had external NHS appraisals as required but there was no process for them to have an internal appraisal or review.

#### **Coordinating care and treatment**

## Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
The contractor has regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register are discussed (01/04/2018 to 31/03/2019) (QOF)	Yes
We saw records that showed that all appropriate staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment.	Yes
Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.	Yes
Patients received consistent, coordinated, person-centred care when they moved between services.	Yes
For patients who accessed the practice's digital service there were clear and effective processes to make referrals to other services.	NA

Explanation of any answers and additional evidence:

The practice actively engaged with the local care-coordinator service. An attached coordinator was available to provide patients with support with any wider social needs, for example through referral and signposting. We spoke with the care-coordinator who told us the practice was responsive to the needs of patients who might benefit from being referred to the service. They told us their experience of working with the practice was very positive.

The practice shared important information about patients' wishes in relation to end of life care with the out of hours service.

The practice was planning to participate in a local e-consultation pilot but this had not yet started.

#### Helping patients to live healthier lives

Staff were consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	Yes
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Yes
Patients had access to appropriate health assessments and checks.	Yes
Staff discussed changes to care or treatment with patients and their carers as necessary.	Yes
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Yes

Explanation of any answers and additional evidence:

The practice did not yet directly refer to social prescribing schemes but were in discussions with the patient participation group about the potential to set up a gardening scheme. This was still at the planning stage.

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	93.8%	96.1%	95.0%	No statistical variation
Exception rate (number of exceptions).	0.6% (8)	0.8%	0.8%	N/A

#### Consent to care and treatment

The practice always obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Yes
The practice monitored the process for seeking consent appropriately.	Yes
Policies for any online services offered were in line with national guidance.	Yes

Explanation of any answers and additional evidence:

- The practice did not provide medical procedures requiring written consent such as minor surgery. The nurses recorded patients' verbal consent to immunisation in the patient notes.
- The practice described a recent case demonstrating that clinicians had acted in a patient's best interests when assessing their mental capacity to make a decision and had considered potential safeguarding issues.

### Responsive

### **Rating: Good**

#### Responding to and meeting people's needs

The practice organised and delivered services to meet patients' needs

	Y/N/Partial
The practice understood the needs of its local population and had developed services in response to those needs.	
The importance of flexibility, informed choice and continuity of care was reflected in the services provided.	Yes
The facilities and premises were appropriate for the services being delivered.	Yes
The practice made reasonable adjustments when patients found it hard to access services.	Yes
There were arrangements in place for people who need translation services.	Yes
The practice complied with the Accessible Information Standard.	Yes
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Explanation of any answers and additional evidence:

• The practice produced a regular written newsletter which included updates about accessing the service and any changes to practice policies and services.

Day	Time	
Opening times:		
Monday	8am-6.30pm	
Tuesday	8am-6.30pm	
Wednesday	8am-6.30pm	
Thursday	8am-6.30pm	
Friday	8am-6.30pm	

Appointments available:

Appointments available morning, afternoon and lunchtime with times varying depending on individual doctor and day. The practice also ran an extended hours session on Wednesday evening between 6.30pm and 8pm.

Appointments at the local primary care hubs were available on weekday evenings at during the weekend. These could be booked by the practice reception team.

#### National GP Survey results

Practice population size	Surveys sent out	Surveys returned	Survey Response rate%	% of practice population
5819	315	103	33%	1.8%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that at their last general practice appointment, their needs were met (01/01/2019 to 31/03/2019)	93.8%	91.8%	94.5%	No statistical variation

#### Any additional evidence or comments

We received ten patient comment cards about the service. All of these included positive comments about the quality of care and the ability of staff (reception and clinical staff) to meet patients' needs with care and compassion.

#### Older people

#### Population group rating: Good

#### **Findings**

- All patients had a named GP.
- The practice was responsive to the needs of older patients and offered home visits and urgent appointments for those with enhanced needs and complex medical issues.
- The practice provided effective care coordination to enable older patients to access appropriate services.
- There was a medicines delivery service for housebound patients.
- The practice had recently held a tea party aimed at older and more isolated patients. This had been a popular and well-attended event. We received some direct feedback from patients about how much they had enjoyed it. The practice was planning to hold more events.

#### People with long-term conditions

#### Population group rating: Good

- Patients with multiple conditions had their needs reviewed in one appointment.
- The practice provided effective care coordination to enable patients with long-term conditions to access appropriate services.
- The practice liaised regularly with the local district nursing team and community matrons to discuss and manage the needs of patients with complex medical issues.
- Care and treatment for people with long-term conditions approaching the end of life was coordinated with other services.

#### Families, children and young people Population group rating: Good

#### **Findings**

- Nurse appointments were available outside school hours.
- We found there were systems to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of accident and emergency (A&E) attendances.
- All parents or guardians calling with concerns about a child were offered a same day appointment when necessary.

## Working age people (including those recently retired and students)

#### Population group rating: Good

#### Findings

- The needs of this population group had been identified and the practice had adjusted the services it offered to ensure these were accessible, flexible and offered continuity of care.
- The practice had recently expanded its opening hours and monitored the number of appointments
  offered for the size of its population and changes in demand (for example over the winter months).
- The practice was planning to participate in a pilot scheme to offer online consultations to patients.

## People whose circumstances make them vulnerable

### Population group rating: Good

- The practice held registers of patients living in vulnerable circumstances including homeless people, and those with a learning disability. We received positive feedback from patients about the care and consideration given to patients with a learning disability.
- People in vulnerable circumstances were able to register with the practice, including those with no fixed abode such as homeless people. Staff had recently had training on how to register patients in this situation. The practice liaised with voluntary sector organisations working with homeless people when appropriate.
- The practice provided effective care coordination to enable patients living in vulnerable circumstances to access appropriate services.
- The practice adjusted the delivery of its services to meet the needs of patients with a learning disability.

## People experiencing poor mental health

Population group rating: Good

(including people with dementia)

#### Findings

- Priority appointments were allocated when necessary to those experiencing poor mental health.
- Staff interviewed had a good understanding of how to support patients with mental health needs and those patients living with dementia.
- The practice was aware of support groups and resources within the area and signposted their patients to these accordingly. For example, gym and yoga sessions available for people with mental health problems.

#### Timely access to the service

People were able to access care and treatment in a timely way.

National GP Survey results

	Y/N/Partial
Patients with urgent needs had their care prioritised.	Yes
The practice had a system to assess whether a home visit was clinically necessary and the urgency of the need for medical attention.	Yes
Appointments, care and treatment were only cancelled or delayed when absolutely necessary.	Yes

Explanation of any answers and additional evidence:

The practice had carried out its own survey with patients to get feedback on access and the telephone system in particular. As a result, the practice had improved the system and increased staffing on the telephone lines at busy times.

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone (01/01/2019 to 31/03/2019)	58.0%	N/A	68.3%	No statistical variation
The percentage of respondents to the GP patient survey who responded positively to the overall experience of making an appointment (01/01/2019 to 31/03/2019)	56.0%	66.4%	67.4%	No statistical variation
The percentage of respondents to the GP patient survey who were very satisfied or	52.3%	64.2%	64.7%	No statistical variation

Indicator	Practice	CCG average	England average	England comparison
fairly satisfied with their GP practice appointment times (01/01/2019 to 31/03/2019)				
The percentage of respondents to the GP patient survey who were satisfied with the type of appointment (or appointments) they were offered (01/01/2019 to 31/03/2019)	61.5%	70.6%	73.6%	No statistical variation

#### Any additional evidence or comments

The practice tended to score below the local and national average for measures of access in the 2019 national GP patient survey. However, the practice's performance had improved relative to local and national performance since our previous inspection. The practice had taken action to expand access, for example by offering more appointments and was now open on Thursday afternoons.

Source	Feedback
	We received ten comment cards from patients about the service. Two of these included comments that it was not always easy to book an appointment at the practice.

#### Listening and learning from concerns and complaints

Complaints were listened and responded to and used to improve the quality of care.

Complaints	
Number of complaints received in the last year.	10
Number of complaints we examined.	10
Number of complaints we examined that were satisfactorily handled in a timely way.	9
Number of complaints referred to the Parliamentary and Health Service Ombudsman.	0

	Y/N/Partial
Information about how to complain was readily available.	Yes
There was evidence that complaints were used to drive continuous improvement.	Yes

#### Explanation of any answers and additional evidence:

- The practice had a clear complaints process and the complaints we reviewed had been handled in a timely way. The practice took note of both verbal and written complaints and staff endeavoured to resolve these as soon as they became aware of a problem.
- However, in one case we felt the tone of the practice's written response to an administrative complaint had been unnecessarily challenging and this had delayed its resolution.

### Example(s) of learning from complaints.

Complaint	Specific action taken
Verbal complaint that the practice had used an inappropriate form of address when contacting them.	The practice had promptly updated their records and included an alert specifying this patient's preferred form of address.

### Well-led Rating: Good

#### Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	Yes
They had identified the actions necessary to address these challenges.	Yes
Staff reported that leaders were visible and approachable.	Yes
There was a leadership development programme, including a succession plan.	Yes
Explanation of any anguers and additional oxidence:	

Explanation of any answers and additional evidence:

Staff we spoke with were very positive about the leadership and support provided by the four GP partners. For example, one person said this was an important factor in their decision to join the practice.

#### Vision and strategy

The practice had a clear vision and credible strategy to provide high quality sustainable care.

	Y/N/Partial
The practice had a clear vision and set of values that prioritised quality and sustainability.	Yes
There was a realistic strategy to achieve their priorities.	Yes
The vision, values and strategy were developed in collaboration with staff, patients and external partners.	Yes
Staff knew and understood the vision, values and strategy and their role in achieving them.	Yes
Progress against delivery of the strategy was monitored.	Yes
Explanation of any answers and additional evidence:	

The practice had a clear set of priorities. For example, it had focused on improving access to the service and could demonstrate evidence that this was improving.

#### Culture

The practice had a culture which drove high quality sustainable care.

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	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Yes
Staff reported that they felt able to raise concerns without fear of retribution.	Yes
There was a strong emphasis on the safety and well-being of staff.	Yes
There were systems to ensure compliance with the requirements of the duty of candour.	Yes
When people were affected by things that went wrong they were given an apology and informed of any resulting action.	Yes
The practice encouraged candour, openness and honesty.	Yes
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	Yes
The practice had access to a Freedom to Speak Up Guardian.	Yes
Staff had undertaken equality and diversity training.	Yes
Explanation of any answers and additional evidence:	
The practice had policies in place to keep staff acts. For example, the purpose considerant	مه مانمان محمد ما

The practice had policies in place to keep staff safe. For example, the nurses carried out home visits to administer flu injections with another member of staff.

Examples of feedback from staff or other evidence about working at the practice

Source	Feedback
GP trainee	The practice is a GP training practice. We spoke with a trainee GP at the practice who was positive about the support and learning opportunities at the practice. They told us they received regular debrief sessions with one of the experienced GP partners.

There were clear responsibilities, roles and systems of accountability to support good governance and management.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	Partial
Staff were clear about their roles and responsibilities.	Yes
There were appropriate governance arrangements with third parties.	Yes
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Explanation of any answers and additional evidence:

The practice had a system for annual review of policies and processes. However, we found that several versions of certain policies were available through the shared records system (for example, on repeat prescribing) and it was unclear which was the current, agreed policy and procedure.

#### Managing risks, issues and performance

The practice had clear and effective processes for managing most risks, issues and performance.

	Y/N/Partial
There were comprehensive assurance systems which were regularly reviewed and improved.	Yes
There were processes to manage performance.	Yes
There was a systematic programme of clinical and internal audit.	Yes
There were effective arrangements for identifying, managing and mitigating risks.	Partial
A major incident plan was in place.	Yes
Staff were trained in preparation for major incidents.	Yes
When considering service developments or changes, the impact on quality and sustainability was assessed.	Yes

Explanation of any answers and additional evidence:

Most risks were effectively managed. The practice had not however assessed and mitigated the risk of allocating recently recruited staff who had not yet been trained on safeguarding to solo reception duties.

The practice had a system for reporting and reviewing incidents. However, the criteria for reporting was not always clear. For example, the practice had recently experienced a major incident when the power had been cut and vaccines had to be transferred to a neighbouring practice. The practice had responded appropriately and quickly to this incident and had discussed it afterwards, but it had not been formally included in the incident log.

#### Appropriate and accurate information

There was a demonstrated commitment to using data and information proactively to drive and support decision making.

	Y/N/Partial
Staff used data to adjust and improve performance.	Yes
Performance information was used to hold staff and management to account.	Yes
Our inspection indicated that information was accurate, valid, reliable and timely.	No
Staff whose responsibilities included making statutory notifications understood what this entails.	Yes

Explanation of any answers and additional evidence:

The practice had well-established governance systems in place. However, while clinical meetings took place and we saw evidence that issues (including incidents and complaints) were regularly discussed, agreed actions and outcomes were not always clearly documented and made accessible in a timely way.

#### If the practice offered online services:

	Y/N/Partial
The provider was registered as a data controller with the Information Commissioner's Office.	Yes
Patient records were held in line with guidance and requirements.	Yes
Any unusual access was identified and followed up.	Yes

Explanation of any answers and additional evidence:

The provider had sent information about a patient in error to an unintended recipient within the NHS. The breach had been recognised and treated as a serious incident, the relevant parties informed (including the patient) and escalated appropriately. The practice had discussed the incident internally and put in place some actions and awareness training to minimise the risk of recurrence.

#### Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Yes
The practice had an active Patient Participation Group.	Yes
Staff views were reflected in the planning and delivery of services.	Yes
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	Yes

Explanation of any answers and additional evidence:

The practice had identified access as an area for improvement following consistently negative patient feedback. It had recently changed its appointment system as a result. While the practice was still scoring below the local average on the National Patient GP Survey in 2019, its scores had improved relative to other practices in the area since our previous inspection.

#### **Continuous improvement and innovation**

There was evidence of systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a focus on continuous learning and improvement.	Yes
Learning was shared effectively and used to make improvements.	Yes

Explanation of any answers and additional evidence:

We saw evidence that the practice was taking action to improve on measures of clinical effectiveness as part of its participation in CCG-led local quality schemes. For example, the practice had recently taken a more systematic approach to calling patients with more complex needs for care plan reviews.

Each of the GP partners took on allocated lead roles within the practice. We spoke with the GP lead for learning disability. They were able to demonstrate their priorities for this patient group. They had also recently attended relevant professional education in relation to learning disability and had shared with other team members including the GP trainee.

#### **Examples of continuous learning and improvement**

The practice had recently taken part in local research looking at the potential benefits of using ABPI (ankle brachial pressure index) to monitor patients at risk for cardiovascular disease.

The practice was about to participate in a CCG-led pilot e-consultation scheme which fit with the practice's priority to improve access to the service.

#### Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

Variation Bands	Z-score threshold
Significant variation (positive)	≤-3
Variation (positive)	>-3 and ≤-2
Tending towards variation (positive)	>-2 and ≤-1.5
No statistical variation	<1.5 and >-1.5
Tending towards variation (negative)	≥1.5 and <2
Variation (negative)	≥2 and <3
Significant variation (negative)	≥3

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average. Note that practices that have "Met 90% minimum" have not met the WHO target of 95%.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.
- The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64). This indicator does not have a CCG average and is scored against the national target of 80%.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: <a href="https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-qp-practices">https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-qp-practices</a>

Note: The CQC GP Evidence Table uses the most recent validated and publicly available data. In some cases at the time of inspection this data may be relatively old. If during the inspection the practice has provided any more recent data, this can be considered by the inspector. However, it should be noted that any data provided by the practice will be unvalidated and is not directly comparable to the published data. This has been taken into account during the inspection process.

#### Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.