## **Care Quality Commission**

### **Inspection Evidence Table**

### Highgate Group Practice (1-544544785)

Inspection date: 2 December 2019

Date of data download: 30 November 2019

## **Overall rating: Good**

Please note: Any Quality Outcomes Framework (QOF) data relates to 2018/19.

### Effective

### **Rating: Good**

### Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Y
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Y
Patients presenting with symptoms which could indicate serious illness were followed up in a timely and appropriate way.	Y
We saw no evidence of discrimination when staff made care and treatment decisions.	Y
Patients' treatment was regularly reviewed and updated.	Y
There were appropriate referral pathways to make sure that patients' needs were addressed.	Y
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Y

Prescribing	Practice performance	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2018 to 30/09/2019) (NHSBSA)	0.95	0.45	0.74	No statistical variation

### Older people

Findings

### Population group rating: Good

- The practice used a clinical tool to identify older patients who were living with moderate or severe frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. It ensured that their care
  plans and prescriptions were updated to reflect any extra or changed needs.
- The practice carried out structured annual medication reviews for older patients.
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Health checks, including frailty assessments, were offered to patients over 75 years of age.
- Flu, shingles and pneumonia vaccinations were offered to relevant patients in this age group.

### People with long-term conditions

### Population group rating: Good

•	Patients with long-term conditions were offered a structured annual review to check their heal and medicines needs were being met. For patients with the most complex needs, the G worked with other health and care professionals to deliver a coordinated package of care.
•	Staff who were responsible for reviews of patients with long-term conditions had receive specific training.
•	GPs followed up patients who had received treatment in hospital or through out of hou services for an acute exacerbation of asthma.
•	The practice shared clear and accurate information with relevant professionals when decidin care delivery for patients with long-term conditions.
•	The practice could demonstrate how they identified patients with commonly undiagnose conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atr fibrillation and hypertension.
٠	Adults with newly diagnosed cardio-vascular disease were offered statins.
• •	Patients with suspected hypertension were offered ambulatory blood pressure monitoring. Patients with atrial fibrillation were assessed for stroke risk and treated appropriately. Patients with COPD were offered rescue packs.
٠	Patients with asthma were offered an asthma management plan.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	86.1%	76.6%	79.3%	No statistical variation
Exception rate (number of exceptions).	16.8% (73)	11.9%	12.8%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2018 to 31/03/2019) (QOF)	90.0%	79.2%	78.1%	Variation (positive)
Exception rate (number of exceptions).	16.8% (73)	8.0%	9.4%	N/A

	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2018 to 31/03/2019) (QOF)	84.7%	78.8%	81.3%	No statistical variation
Exception rate (number of exceptions).	18.7% (81)	9.4%	12.7%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2018 to 31/03/2019) (QOF)	69.1%	76.8%	75.9%	No statistical variation
Exception rate (number of exceptions).	6.8% (56)	3.4%	7.4%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	87.8%	90.0%	89.6%	No statistical variation
Exception rate (number of exceptions).	20.4% (23)	10.1%	11.2%	N/A

Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2018 to 31/03/2019) (QOF)	80.3%	80.4%	83.0%	No statistical variation
Exception rate (number of exceptions).	4.6% (66)	3.8%	4.0%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2018 to 31/03/2019) (QOF)	80.9%	84.4%	91.1%	Variation (negative)
Exception rate (number of exceptions).	4.7% (12)	8.6%	5.9%	N/A

#### Any additional evidence or comments

The practice was aware its performance for patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, who were currently treated with anti-coagulation drug therapy was below local and national averages. It had introduced alerts on its system to enable clinicians to opportunistically discuss and offer appropriate medicines to patients. It also told us its year to date (2019-20) unverified performance for this indicator showed 82% of eligible patients were receiving anti-coagulation drug therapy.

### Families, children and young people Popula

### Population group rating: Good

#### Findings

- The practice contacted the parents or guardians of children due to have childhood immunisations.
- The practice had arrangements for following up failed attendance of children's appointments following an appointment in secondary care or for immunisation and would liaise with health visitors when necessary.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- Young people could access services for sexual health and contraception.
- Staff had the appropriate skills and training to carry out reviews for this population group.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target of 95%
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib), Hepatitis B (Hep B) ((i.e. three	152	165	92.1%	Met 90% minimum

doses of DTaP/IPV/Hib/HepB) (01/04/2018 to 31/03/2019) (NHS England)				
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2018 to 31/03/2019) (NHS England)	129	153	84.3%	Below 90% minimum
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2018 to 31/03/2019) (NHS England)	131	153	85.6%	Below 90% minimum
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2018 to 31/03/2019) (NHS England)	129	153	84.3%	Below 90% minimum

Note: Please refer to the CQC guidance on Childhood Immunisation data for more information:

https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

#### Any additional evidence or comments

We reviewed the practice's performance for childhood immunisations during the inspection. The practice told us:

- The practice invited parents/legal guardians (collectively "parents") to bring their children for immunisations when they booked the six-week post-birth baby checks;
- The practice ran regular searches and contacted eligible patients' parents by phone, letter and text.
- Appointments were available throughout the week and alerts were placed on the system so
  parents could be offered opportunistic appointments whilst attending the practice for another
  reason.
- The three nurses employed by the practice administered immunisations, with appointments available throughout the week, including opportunistically if the parent attends with a child.
- Staff actively encouraged parents to agree to immunisations and discussed concerns and signposted parents to sources of information about the benefits of immunisation.
- The uptake of childhood immunisations was discussed in meetings, so all staff were aware of the importance of encouraging patients to bring in their children for immunisation.

## Working age people (including those recently retired and students)

### Population group rating: Good

#### Findings

- The practice's performance for cervical screening was below the national 80% uptake target.
- The practice had systems to inform eligible patients to have the meningitis vaccine, for example before attending university for the first time.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.

 Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2017 to 31/03/2018) (Public Health England)	70.3%	N/A	80% Target	Below 80% target
Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (01/04/2017 to 31/03/2018) (PHE)	62.2%	62.2%	72.1%	N/A
Persons, 60-69, screened for bowel cancer in last 30 months (2.5 year coverage, %)(01/04/2017 to 31/03/2018) (PHE)	54.4%	45.9%	57.3%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (01/04/2017 to 31/03/2018) (PHE)	75.4%	73.5%	69.3%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2017 to 31/03/2018) (PHE)	68.5%	49.1%	51.9%	No statistical variation

#### Any additional evidence or comments

The practice was aware they were not meeting the national cervical screening target, to help improve uptake they told us:

- Alerts were placed on the system and eligible patients were opportunistically offered appointments;
- A number of eligible patients opted to have screening with independent medical services and did not always provide the practice with a copy of their results.
- Appointments were available throughout the week, and could be arranged for early mornings or evenings and were available in the evenings and at weekends from local GP and nurse run hub locations;
- Female sample takers were available, and all sample takers had received training for the role together with regular update training;
- The practice was aware some patients moved out of the area without informing the practice;
- The practice undertook calls and re-calls of eligible patients, including sending texts and letters to remind patients to attend;
- The practice discussed its coverage of cervical screening, and other cancer screening programmes, in meetings to ensure all staff were aware of the need to offer opportunistic appointments and to encourage patients to participate in the programme.

# People whose circumstances make them vulnerable

Population group rating: Good

#### Findings

- Same day appointments and longer appointments were offered when required.
- All patients with a learning disability were offered an annual health check.
- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice demonstrated that they had a system to identify people who misused substances.

# People experiencing poor mental health

### Population group rating: Good

### (including people with dementia)

#### Findings

- The practice assessed and monitored the physical health of people with mental illness, severe mental illness, and personality disorder by providing access to health checks, interventions for physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking' services.
- Same day and longer appointments were offered when required.
- There was a system for following up patients who failed to attend for administration of long-term medication.
- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in
  place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- Patients with poor mental health, including dementia, were referred to appropriate services.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	90.2%	89.3%	89.4%	No statistical variation
Exception rate (number of exceptions).	7.1% (11)	5.7%	12.3%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	79.1%	88.1%	90.2%	Tending towards variation (negative)
Exception rate (number of exceptions).	3.9% (6)	3.9%	10.1%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	89.2%	83.9%	83.6%	No statistical variation
Exception rate (number of exceptions).	4.1% (4)	4.3%	6.7%	N/A

### Monitoring care and treatment

## The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	544.7	No Data	539.2
Overall QOF score (as a percentage of maximum)	97.4%	No Data	96.4%
Overall QOF exception reporting (all domains)	5.1%	No Data	No Data

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	Y
The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	Y
Quality improvement activity was targeted at the areas where there were concerns.	Y
The practice regularly reviewed unplanned admissions and readmissions and took appropriate action.	Y

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

The practice undertook an audit of patients being prescribed medicines for adult Attention deficit hyperactivity disorder (ADHD) whose care was shared with secondary care. It reviewed the monitoring of those patients to confirm whether this was within the ADHD Shared Care Guidance produced by NHS Haringey CCG. During the first cycle it found, amongst other things, 53% of patients' weight had been recorded within the last six months and 27% had a recorded heart rate within the last three months.

The practice reviewed the results and determined to work to improve the monitoring of this patient group. As part of its review it found there were some discrepancies between the guidance from the CCG and NICE guidance and the British National Formulary (BNF) in regard to weight and pulse monitoring. It pointed this out to the CCG who amended and re-wrote the guidance.

During the second cycle the practice found monitoring had improved across all indicators. For example, 81% of patients' weight had been recorded in their notes within the preceding six months and 68% had a recorded heart rate within the last three months.

To further improve monitoring the practice agreed to introduce diary entries to improve the recall of this patient group.

### Effective staffing

## The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme.	Y
The learning and development needs of staff were assessed.	Y
The practice had a programme of learning and development.	Y
Staff had protected time for learning and development.	Y
There was an induction programme for new staff.	Y
Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.	Y
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Y
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	Y
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Y

### Coordinating care and treatment

## Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
The contractor has regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register are discussed (01/04/2018 to 31/03/2019)	Y
We saw records that showed that all appropriate staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment.	Y
Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.	Y
Patients received consistent, coordinated, person-centred care when they moved between services.	Y
For patients who accessed the practice's digital service there were clear and effective processes to make referrals to other services.	Y

### Helping patients to live healthier lives

### Staff were consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	Y
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Y
Patients had access to appropriate health assessments and checks.	Y
Staff discussed changes to care or treatment with patients and their carers as necessary.	Y
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Y

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	93.4%	94.3%	95.0%	No statistical variation
Exception rate (number of exceptions).	0.7% (19)	0.7%	0.8%	N/A

### Consent to care and treatment

# The practice always obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	Y
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Y
The practice monitored the process for seeking consent appropriately.	Y
Policies for any online services offered were in line with national guidance.	Y

### Well-led

### **Rating: Good**

### Leadership capacity and capability

### There was compassionate, inclusive and effective leadership at all levels.

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	Y
They had identified the actions necessary to address these challenges.	Y
Staff reported that leaders were visible and approachable.	Y
There was a leadership development programme, including a succession plan.	Y
Explanation of any answers and additional evidence: GPs in the practice took on additional roles in other organisations. For example, one of the GPs was the chair of the Local Medical Committee (LMC), whilst another was the medical director of the local GP	

Vision and strategy

federation.

## The practice had a clear vision and credible strategy to provide high quality sustainable care.

. Y
Y
Y
<sup>1</sup> Y
Y

### Culture

### The practice had a culture which drove high quality sustainable care.

	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Y
Staff reported that they felt able to raise concerns without fear of retribution.	Y
There was a strong emphasis on the safety and well-being of staff.	Y
There were systems to ensure compliance with the requirements of the duty of candour.	Y
When people were affected by things that went wrong they were given an apology and informed of any resulting action.	Y
The practice encouraged candour, openness and honesty.	Y
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	Y
The practice had access to a Freedom to Speak Up Guardian.	Y
Staff had undertaken equality and diversity training.	Y

Examples of feedback from staff or other evidence about working at the practice

Source	Feedback
	Staff we spoke to stated they felt supported by managers and leaders and they had access to the equipment, tools and training necessary to enable them to perform their roles. We were told staff were given protected time to undertake training. Staff reported there were good working relationships between managers, clinical and non-clinical staff.

### **Governance arrangements**

## There were clear responsibilities, roles and systems of accountability to support good governance and management.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	Y
Staff were clear about their roles and responsibilities.	Y
There were appropriate governance arrangements with third parties.	Y

### Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

	Y/N/Partial
There were comprehensive assurance systems which were regularly reviewed and improved.	Y
There were processes to manage performance.	Y
There was a systematic programme of clinical and internal audit.	Y
There were effective arrangements for identifying, managing and mitigating risks.	Y
A major incident plan was in place.	Y
Staff were trained in preparation for major incidents.	Y
When considering service developments or changes, the impact on quality and sustainability was assessed.	Y

### Appropriate and accurate information

## There was a demonstrated commitment to using data and information proactively to drive and support decision making.

	Y/N/Partial
Staff used data to adjust and improve performance.	Y
Performance information was used to hold staff and management to account.	Y
Our inspection indicated that information was accurate, valid, reliable and timely.	Y
There were effective arrangements for identifying, managing and mitigating risks.	Y
Staff whose responsibilities included making statutory notifications understood what this entails.	Y

### Engagement with patients, the public, staff and external partners

## The practice involved the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Y
The practice had an active Patient Participation Group.	Y
Staff views were reflected in the planning and delivery of services.	Y
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	Y
Explanation of any answers and additional evidence:	

The managing partner had taken a leading role in the Closer to Home Integrated Network (CHIN) project. The objective being to encourage practices to work with the voluntary sector to identify patients who would benefit from the input of a social prescriber.

The practice had taken a leading role in the NHS England project to facilitate pharmacists working in GP practices.

#### Feedback from Patients.

#### Feedback

We received 28 CQC comments cards, all of which were positive about the patients experience of the practice. Patients comments included:

- The staff were always friendly, kind and considerate.
- Patients felt they were treated with respect and the clinicians always listened to their concerns.
- Patients were happy with the treatment they received from doctors and nurses.
- The practice was clean and tidy.

#### Continuous improvement and innovation

## There were evidence of systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a strong focus on continuous learning and improvement.	Y
Learning was shared effectively and used to make improvements.	Y

#### Examples of continuous learning and improvement

The practice participated in a range of local and national initiatives, including:

- Thinking Medicine Course
  - Since 2013 the practice had developed and run a course entitled "Thinking Medicine". This
    offered sixth form students in state schools the opportunity to learn more about the options for
    pursuing a medical career.
  - Other parts of the course included:
    - Role play of working in a GP surgery;
    - Suturing (medical stitches);
    - Designing an App for teenagers with Sexually transmitted infections;
    - Clinical skills (using medical equipment);
    - Talks from Consultants including: palliative care and surgeons;
    - Talks from Junior doctors & Medical students;
    - Interview skills and practice;
    - 2 medical picture quizzes;
    - Interactive prescribing.
  - It also offered insights into the process of applying to medical school and some potential career paths available.
  - In 2013 the course started as a single afternoon session. Over the past six years t had evolved into a two-day course involving visits from medical students, registrars, GPs, physicians and surgeons. Eight doctors were involved in the most recently run course.
  - Many of the doctors who gave their time to participate and share their knowledge had previously been trainees attached to the practice who had since gone on to work in other specialities.
  - o In 2019 the course ran in two schools with a total of 33 students attending.
  - The practice sought feedback from participating schools. However, some schools chose not to provide a response. In 2017 two students who had attended the course were successful in their applications to medical school.
- The practice had developed patient pathways for various patient groups. For example, it had assessed its treatment of patients with long-term conditions. It found these patients were regular attenders at the practice and were seen for multiple issues on multiple occasions. Accordingly, it reviewed its approach and developed patient pathways to ensure patient care was delivered in the optimum way for the patients. The changes made included: training HCAs to undertake a greater role in monitoring patients; it introduced virtual and group clinics, so a range of patient concerns could be discussed for the benefit of all patients participating, rather than have to address issues individually as they arose for each patient. As a result, the practice had already achieved a reduction of 50%, for example, in the number of face-to-face appointments in its diabetes clinic for patients with type two diabetes. The practice was rolling the improvements out to failing practices in the NHS Haringey CCG area, via the local GP federation.
- GPs in the practice took on additional roles, for example, the practice was a training practice and one GP was an appraiser.

#### Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

Variation Bands	Z-score threshold
Significant variation (positive)	≤-3
Variation (positive)	>-3 and ≤-2
Tending towards variation (positive)	>-2 and ≤-1.5
No statistical variation	<1.5 and >-1.5
Tending towards variation (negative)	≥1.5 and <2
Variation (negative)	≥2 and <3
Significant variation (negative)	≥3

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average. Note that
  practices that have "Met 90% minimum" have not met the WHO target of 95%.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice
  on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.
- The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64). This indicator does not have a CCG average and is scored against the national target of 80%.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: <u>https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices</u>

Note: The CQC GP Evidence Table uses the most recent validated and publicly available data. In some cases at the time of inspection this data may be relatively old. If during the inspection the practice has provided any more recent data, this can be considered by the inspector. However, it should be noted that any data provided by the practice will be unvalidated and is not directly comparable to the published data. This has been taken into account during the inspection process.

#### Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- **PHE**: Public Health England
- **QOF**: Quality and Outcomes Framework
- **STAR-PU**: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.