# **Care Quality Commission**

## **Inspection Evidence Table**

## Ford Medical Practice (1-550797901)

Inspection date: 5 March 2020

Date of data download: 14 February 2020

## **Overall rating: Good**

At the last inspection in January 2019 we rated the practice as requires improvement for providing safe and well-led services. At this inspection we found that the provider had satisfactorily addressed these areas.

Please note: Any Quality Outcomes Framework (QOF) data relates to 2018/19.

## Safe Rating: Good

At the last inspection in December 2018 we rated the practice as requires improvement for providing safe services. At this inspection we found that the provider had satisfactorily addressed these areas.

## Safety systems and processes

The practice had practices and processes to keep people safe and safeguarded from abuse.

Safeguarding	Y/N/Partial
There was a lead member of staff for safeguarding processes and procedures.	Υ
Safeguarding systems, processes and practices were developed, implemented and communicated to staff.	Υ
There were policies covering adult and child safeguarding which were accessible to all staff.	Υ
Policies took account of patients accessing any online services.	Υ
Policies and procedures were monitored, reviewed and updated.	
Partners and staff were trained to appropriate levels for their role.	
There was active and appropriate engagement in local safeguarding processes.	
The Out of Hours service was informed of relevant safeguarding information.	
There were systems to identify vulnerable patients on record.	
Disclosure and Barring Service (DBS) checks were undertaken where required.	
Staff who acted as chaperones were trained for their role.	
There were regular discussions between the practice and other health and social care	

Safeguarding	Y/N/Partial
professionals such as health visitors, school nurses, community midwives and social	
workers to support and protect adults and children at risk of significant harm.	

Explanation of any answers and additional evidence:

Since the last inspection visit the provider had taken action to address our concerns with regards to the systems in place for safeguarding patients. Improvements included: A register of children at risk had been introduced and this was reviewed on a regular basis. There was also regular communication with health visitors. The policies and procedures for safeguarding children and for safeguarding adults had been reviewed and updated. Children's attendance at A&E departments was read coded on the electronic patient record system and was now being monitored. Staff had received up-to-date safeguarding training appropriate to their role.

Recruitment systems	Y/N/Partial
Recruitment checks were carried out in accordance with regulations (including for agency staff and locums).	Y
Staff vaccination was maintained in line with current Public Health England (PHE) guidance if relevant to role.	Y
There were systems to ensure the registration of clinical staff (including nurses and pharmacists) was checked and regularly monitored.	Y

Explanation of any answers and additional evidence:

Since the last inspection visit the provider had taken action to address our concerns with regards to ensuring appropriate risk assessments relating to delayed Disclosure and Barring Service (DBS) checks.

Safety systems and records	Y/N/Partial
There was a record of portable appliance testing or visual inspection by a competent person.	Υ
Date of last inspection/test: 24/02/2020	
There was a record of equipment calibration. Date of last calibration: 24/02/2020	Y
There were risk assessments for any storage of hazardous substances for example, liquid nitrogen, storage of chemicals.	Y
There was a fire procedure.	Υ
There was a record of fire extinguisher checks. Date of last check: May 2019	Υ
There was a log of fire drills. Date of last drill: 26/02/2020	Y
There was a record of fire alarm checks.  Date of last check: 04/03/2020	Υ

There was a record of fire training for staff.	Y
Date of last training: 21/01/2020	•
There were fire marshals.	Y
A fire risk assessment had been completed.	V
Date of completion: 04/02/2020	1
Actions from fire risk assessment were identified and completed.	Y

Explanation of any answers and additional evidence:

Since the last inspection visit the provider had taken action to address our concerns with regards to fire safety. This included: A fire risk assessment had been carried out, fire safety checks were being carried out and recorded appropriately. Members of the staff team had completed up to date fire safety training.

Health and safety	Y/N/Partial
Premises/security risk assessment had been carried out.	V
Date of last assessment: 16/12/2019	Y
Health and safety risk assessments had been carried out and appropriate actions taken.	V
Date of last assessment: 16/12/2019	Y
Explanation of any answers and additional evidence:	

## Infection prevention and control

## Appropriate standards of cleanliness and hygiene were met.

	Y/N/Partial
There was an infection risk assessment and policy.	Υ
Staff had received effective training on infection prevention and control.	Υ
Infection prevention and control audits were carried out.  Date of last infection prevention and control audit: 07/02/2020	Y
The practice had acted on any issues identified in infection prevention and control audits.	Υ
There was a system to notify Public Health England of suspected notifiable diseases.	Y
The arrangements for managing waste and clinical specimens kept people safe.	Y
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Explanation of any answers and additional evidence:

Since the last inspection visit the provider had taken action to address our concerns with regards to infection prevention and control. This included: A system had been introduced for carrying out infection prevention and control audits. Members of the clinical and non-clinical staff team had undergone infection prevention and control training.

## Risks to patients

There were adequate systems to assess, monitor and manage risks to patient safety.

	Y/N/Partial
There was an effective approach to managing staff absences and busy periods.	Υ
There was an effective induction system for temporary staff tailored to their role.	Υ
The practice was equipped to deal with medical emergencies (including suspected sepsis) and staff were suitably trained in emergency procedures.	Y
Clinicians knew how to identify and manage patients with severe infections including sepsis.	Y
Receptionists were aware of actions to take if they encountered a deteriorating or acutely unwell patient and had been given guidance on identifying such patients.	Y
There was a process in the practice for urgent clinical review of such patients.	Y
When there were changes to services or staff the practice assessed and monitored the impact on safety.	Υ

Explanation of any answers and additional evidence:

Since the last inspection visit the provider had taken action to address our concerns with regards to monitoring and managing risks to patients. This included: Reception staff had been provided with guidance and information specific to the symptoms of sepsis. Audits had been carried out for the provision of minor surgery. A system had been introduced to check that all histology results had been received. Refresher training had been provided for clinicians carrying out minor surgery.

#### Information to deliver safe care and treatment

Staff had the information they needed to deliver safe care and treatment.

	Y/N/Partial
Individual care records, including clinical data, were written and managed securely and in line with current guidance and relevant legislation.	Υ
There was a system for processing information relating to new patients including the summarising of new patient notes.	Υ
There were systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.	Y
Referral letters contained specific information to allow appropriate and timely referrals.	Υ
Referrals to specialist services were documented and there was a system to monitor delays in referrals.	Υ
There was a documented approach to the management of test results and this was managed in a timely manner.	Υ
There was appropriate clinical oversight of test results, including when reviewed by non-clinical staff.	Υ
The practice demonstrated that when patients use multiple services, all the information needed for their ongoing care was shared appropriately and in line with relevant protocols.	Y

Explanation of any answers and additional evidence:

There was a system in place for monitoring two week wait referrals. This involved checking that an appointment had been made. The practice relied on non-attendance reports from secondary care if a patient failed to attend for one of these appointments.

## Appropriate and safe use of medicines

The practice had systems for the appropriate and safe use of medicines, including medicines optimization.

Indicator	Practice	CCG average	England average	England comparison
Number of antibacterial prescription items prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2018 to 30/09/2019) (NHS Business Service Authority - NHSBSA)	0.80	1.03	0.87	No statistical variation
The number of prescription items for coamoxiclav, cephalosporins and quinolones as a percentage of the total number of prescription items for selected antibacterial drugs (BNF 5.1 sub-set). (01/10/2018 to 30/09/2019) (NHSBSA)	6.4%	8.5%	8.5%	No statistical variation
Average daily quantity per item for Nitrofurantoin 50 mg tablets and capsules, Nitrofurantoin 100 mg m/r capsules, Pivmecillinam 200 mg tablets and Trimethoprim 200 mg tablets prescribed for uncomplicated urinary tract infection (01/04/2019 to 30/09/2019)	5.56	5.80	5.60	No statistical variation
Average daily quantity of oral NSAIDs prescribed per Specific Therapeutic Group Age-sex Related Prescribing Unit (STAR-PU) (01/04/2019 to 30/09/2019)	2.63	2.47	2.08	No statistical variation

Medicines management	Y/N/Partial
The practice ensured medicines were stored safely and securely with access restricted to authorised staff.	Υ
Blank prescriptions were kept securely and their use monitored in line with national guidance.	Υ
Staff had the appropriate authorisations to administer medicines (including Patient Group Directions or Patient Specific Directions).	Υ
The practice could demonstrate the prescribing competence of non-medical prescribers,	Υ

Medicines management	Y/N/Partial
and there was regular review of their prescribing practice supported by clinical supervision or peer review.	
There was a process for the safe handling of requests for repeat medicines and evidence of structured medicines reviews for patients on repeat medicines.	Y
The practice had a process and clear audit trail for the management of information about changes to a patient's medicines including changes made by other services.	Y
There was a process for monitoring patients' health in relation to the use of medicines including high risk medicines (for example, warfarin, methotrexate and lithium) with appropriate monitoring and clinical review prior to prescribing.	Y
The practice monitored the prescribing of controlled drugs. (For example, investigation of unusual prescribing, quantities, dose, formulations and strength).	Y
There were arrangements for raising concerns around controlled drugs with the NHS England Area Team Controlled Drugs Accountable Officer.	Y
If the practice had controlled drugs on the premises there were appropriate systems and written procedures for the safe ordering, receipt, storage, administration, balance checks and disposal of these medicines, which were in line with national guidance.	N/A
The practice had taken steps to ensure appropriate antimicrobial use to optimise patient outcomes and reduce the risk of adverse events and antimicrobial resistance.	Y
For remote or online prescribing there were effective protocols for verifying patient identity.	Y
The practice held appropriate emergency medicines, risk assessments were in place to determine the range of medicines held, and a system was in place to monitor stock levels and expiry dates.	Partial
There was medical oxygen and a defibrillator on site and systems to ensure these were regularly checked and fit for use.	Partial
Vaccines were appropriately stored, monitored and transported in line with PHE guidance to ensure they remained safe and effective.	Y

Explanation of any answers and additional evidence:

Since the last inspection visit the provider had taken action to address our concerns with regards to security of handwritten prescription pads. A log of all prescriptions and the location of these was in place. Prescriptions held in printers were not secured outside of opening hours.

A risk assessment had not been carried out to support the providers decision as to the emergency medicines held.

Dispensary services (where the practice provided a dispensary service)	Y/N/Partial
There was a GP responsible for providing effective leadership for the dispensary.	N/A
The practice had clear Standard Operating Procedures which covered all aspects of the dispensing process, were regularly reviewed, and a system to monitor staff compliance.	N/A
Dispensary staff who worked unsupervised had received appropriate training and regular checks of their competency.	N/A
Prescriptions were signed before medicines were dispensed and handed out to patents. There was a risk assessment or surgery policy for exceptions such as acute prescriptions.	N/A
Medicines stock was appropriately managed and disposed of, and staff kept appropriate records.	N/A
Medicines that required refrigeration were appropriately stored, monitored and transported in line with the manufacturer's recommendations to ensure they remained safe and effective.	N/A
If the dispensary provided medicines in Monitored Dosage Systems, there were systems to ensure staff were aware of medicines that were not suitable for inclusion in such packs, and appropriate information was supplied to patients about their medicines.	N/A
If the practice offered a delivery service, this had been risk assessed for safety, security, confidentiality and traceability.	N/A
Dispensing incidents and near misses were recorded and reviewed regularly to identify themes and reduce the chance of reoccurrence.	N/A
Information was provided to patients in accessible formats for example, large print labels, braille, information in a variety of languages etc.	N/A
There was the facility for dispensers to speak confidentially to patients and protocols described the process for referral to clinicians.	N/A

## Track record on safety and lessons learned and improvements made

The practice had systems to learn and make improvements when things went wrong.

Significant events	Y/N/Partial
The practice monitored and reviewed safety using information from a variety of sources.	Υ
Staff knew how to identify and report concerns, safety incidents and near misses.	Υ
There was a system for recording and acting on significant events.	Y
Staff understood how to raise concerns and report incidents both internally and externally.	Y
There was evidence of learning and dissemination of information.	Υ
Number of events recorded in last 12 months:	6
Number of events that required action:	5

Example(s) of significant events recorded and actions by the practice.

Event	Specific action taken
Entry made into incorrect patient record.	Reminder to staff team and protected time provided to prevent
	errors.
Missed sample collection.	Reminder to staff to check all areas and decision to inform
	clinicians when courier on site.

Safety alerts	Y/N/Partial
There was a system for recording and acting on safety alerts.	Υ
Staff understood how to deal with alerts.	Υ
Explanation of any answers and additional evidence:	
Since the last inspection visit the provider had taken action to address our concerns with the management of patient safety alerts. The system for managing and evidencing this war obust to demonstrate the actions taken.	

## **Effective**

## **Rating: Good**

## Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Y
Patients' immediate and ongoing needs were assessed. This included their clinical needs and their mental and physical wellbeing.	Y
Patients presenting with symptoms which could indicate serious illness were followed up in a timely and appropriate way.	Y
We saw no evidence of discrimination when staff made care and treatment decisions.	Y
Patients' treatment was regularly reviewed and updated.	Y
There were appropriate referral pathways to make sure that patients' needs were addressed.	Y
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Y
The practice used digital services securely and effectively and conformed to relevant digital and information security standards.	Y

Prescribing	Practice performance	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2018 to 30/09/2019) (NHSBSA)	0.33	0.94	0.74	Tending towards variation (positive)

## Older people

## Population group rating: Good

- The practice kept up to date registers of patients with a range of health conditions (including conditions common in older people) and used this information to plan reviews of health care and to offer services such as vaccinations for flu, shingles and pneumonia.
- The practice carried out structured annual medication reviews for older patients.
- The practice followed up on older patients discharged from hospital. It ensured that their care plans and prescriptions were updated to reflect any extra or changed needs.
- Nationally reported data showed that outcomes for patients with conditions commonly found in older people at this practice were generally comparable to outcomes for patients locally and nationally.
- On the day appointments allowed for rapid access to meet the needs of older patients with comorbidities.

- The practice used the 'Gold Standard Framework' (this is a systematic evidence-based approach to improving the support and palliative care of patients nearing the end of their life) to ensure patients received appropriate care.
- An audit carried out over 12 months showed improvements in outcomes for patients receiving
  palliative care. A greater number of patients had been registered as requiring end of life care,
  more discussions had taken place about patient's wishes and more patients received care in their
  preferred place.

## People with long-term conditions

## Population group rating: Good

- The practice held information about the prevalence of specific long-term conditions within its patient population. This included conditions such as diabetes, chronic obstructive pulmonary disease (COPD), cardio vascular disease and hypertension. The information was used to target service provision, for example to ensure patients who required immunisations received these.
- The practice used a system of coding and alerts within the clinical record system to ensure that patients with specific needs were highlighted to staff on opening their clinical record.
- Patients with long-term conditions were offered a structured annual review to check their health
  and medicines needs were being met. Patients with multiple conditions were reviewed in one visit
  where possible. For patients with the most complex needs, the GP worked with other health and
  care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- The practice shared clear and accurate information with relevant professionals when deciding care delivery for patients with long-term conditions.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Patients with COPD were offered rescue packs.
- Patients with asthma were offered an asthma management plan.
- Data from 2018 to 2019 showed that the practice was performing comparably to practices locally and nationally for the care and treatment of people with chronic health conditions.
- Patients were provided with advice and guidance about prevention and management of their health conditions and were signposted to support services.
- The practice kept up to date registers of patients with a range of health conditions (including conditions common in older people) and used this information to plan reviews of health care and to offer services such as vaccinations for flu, shingles and pneumonia.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	74.2%	77.6%	79.3%	No statistical variation
Exception rate (number of exceptions).	12.9% (48)	13.7%	12.8%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2018 to 31/03/2019) (QOF)	77.4%	76.0%	78.1%	No statistical variation
Exception rate (number of exceptions).	12.3% (46)	10.9%	9.4%	N/A

	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2018 to 31/03/2019) (QOF)	81.6%	79.6%	81.3%	No statistical variation
Exception rate (number of exceptions).	13.9% (52)	11.4%	12.7%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2018 to 31/03/2019) (QOF)	71.3%	72.5%	75.9%	No statistical variation
Exception rate (number of exceptions).	19.4% (82)	12.7%	7.4%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	83.7%	83.8%	89.6%	No statistical variation
Exception rate (number of exceptions).	12.5% (21)	13.3%	11.2%	N/A

Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2018 to	78.4%	81.8%	83.0%	No statistical variation

31/03/2019) (QOF)				
Exception rate (number of exceptions).	7.3% (71)	5.7%	4.0%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2018 to 31/03/2019) (QOF)	96.4%	89.3%	91.1%	No statistical variation
Exception rate (number of exceptions).	6.0% (7)	5.8%	5.9%	N/A

## Families, children and young people

## Population group rating: Good

- The practice contacted the parents or guardians of children due to have childhood immunisations.
- The practice had arrangements for following up failed attendance of children's appointments
  following an appointment in secondary care or for immunisation and would liaise with health
  visitors when necessary.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- There were systems in place to identify and follow up children who were at risk.
- A designated lead was in place for safeguarding.
- Staff had undergone safeguarding training and those we spoke with had appropriate knowledge about child protection and had ready access to safeguarding policies and procedures

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target of 95%
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib), Hepatitis B (Hep B) ((i.e. three doses of DTaP/IPV/Hib/HepB) (01/04/2018 to 31/03/2019) (NHS England)	67	81	82.7%	Below 90% minimum
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2018 to 31/03/2019) (NHS England)	78	88	88.6%	Below 90% minimum
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received	79	88	89.8%	Below 90% minimum

Hib/MenC booster) (01/04/2018 to				
31/03/2019) (NHS England)				
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR)	77	88	87.5%	Below 90% minimum
(01/04/2018 to 31/03/2019) (NHS England)				

Note: Please refer to the CQC guidance on Childhood Immunisation data for more information: https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

#### Any additional evidence or comments

The practice was close to but below World Health Organisation targets for immunisations for children. The patient record system included an alert for children who had not attended for immunisations and staff told us they encouraged uptake by discussing immunisation with parents and guardians, by writing to them and by providing opportunistic immunsations. Information was also shared with the health visiting team.

# Working age people (including those Population group rating: Good recently retired and students)

- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.
- Patients were able to use request a telephone consultation and therefore did not always have to attend the practice in person to seek advice, and care and treatment.
- Patients could be booked into the GP extended access service as appropriate to their needs.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64). (01/07/2019 to 30/09/2019) (Public Health England)	70.8%	N/A	80% Target	Below 80% target
Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (01/04/2018 to 31/03/2019) (PHE)	58.7%	63.5%	71.6%	N/A
Persons, 60-69, screened for bowel cancer in last 30 months (2.5 year coverage, %)(01/04/2018 to 31/03/2019) (PHE)	53.5%	52.2%	58.0%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (01/04/2018 to 31/03/2019) (PHE)	69.7%	70.3%	68.1%	N/A
Number of new cancer cases treated	55.6%	47.1%	53.8%	No statistical

(Detection rate: % of which resulted from a		variation
two week wait (TWW) referral) (01/04/2018		
to 31/03/2019) (PHE)		

#### Any additional evidence or comments

The practice was not meeting the 80% target for cervical screening. They told us they contacted patients who failed to attend for cervical screening by letter and phone and encouraged patients to take up the screening opportunistically through alerts on the patient record system. Patients could also be referred to the extended access service for cervical screening.

The uptake for breast cancer screening was lower than local and national averages. Bowel cancer screening uptake was below the national average and close to the local average. The patient record system alerted staff if patients had not attended for screening. Staff told us they discussed screening with patients to encourage uptake.

# People whose circumstances make them vulnerable

## Population group rating: Good

## **Findings**

- Same day appointments and longer appointments were offered when required.
- Patients with a learning disability were offered an annual health check through the local GP Federation.
- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- Staff had been provided with training in the forms of abuse and how to recognise it in vulnerable adults.
- Staff were aware of their responsibilities regarding information sharing, documentation of safeguarding concerns and how to contact relevant agencies in normal working hours and out of hours.
- Information and advice were available about how patients could access a range of support groups and voluntary organisations.

# People experiencing poor mental health

## **Population group rating: Good**

## (including people with dementia)

- The practice held a register of patients experiencing poor mental health and these patients were offered an annual review of their physical and mental health.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- Staff had been provided with dementia awareness training.
- Patients with poor mental health, including dementia, were referred to appropriate services.

- Same day and longer appointments were offered when required.
- Data about how people with mental health needs were supported showed that outcomes for patients using this practice were comparable to or lower than local and national averages.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	77.6%	84.9%	89.4%	Tending towards variation (negative)
Exception rate (number of exceptions).	1.5% (1)	8.1%	12.3%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	81.5%	86.0%	90.2%	No statistical variation
Exception rate (number of exceptions).	4.4% (3)	7.4%	10.1%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	78.0%	82.4%	83.6%	No statistical variation
Exception rate (number of exceptions).	9.2% (6)	6.1%	6.7%	N/A

## **Monitoring care and treatment**

The practice had a programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	526.8	532.1	539.2
Overall QOF score (as a percentage of maximum)	94.2%	95.2%	96.7%
Overall QOF exception reporting (all domains)	8.7%	6.9%	5.9%

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	Υ
The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	Υ
Quality improvement activity was targeted at the areas where there were concerns.	Υ
The practice regularly reviewed unplanned admissions and readmissions and took appropriate action.	Υ

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

A number of clinical audits had been carried out since our last inspection visit. Examples included: A two cycle audit into the prescribing of vitamin D to look at whether this had been prescribed in line with guidance. The first cycle of an audit to identify patients taking Benzodiazepine and Z-drugs (hypnotics) and taking some initial intervention to reduce their use.

## **Effective staffing**

The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme.	Y
The learning and development needs of staff were assessed.	Υ
The practice had a programme of learning and development.	Y
Staff had protected time for learning and development.	Y
There was an induction programme for new staff.	Y
Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.	Y
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Y
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	Y
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Y

Explanation of any answers and additional evidence:

Since the last inspection visit a staff training plan had been produced that identified the training requirements for staff in different roles and this was used as a matrix to identify if staff were up to date with all training requirements.

## **Coordinating care and treatment**

Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
The contractor has regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register are discussed (01/04/2018 to 31/03/2019) (QOF)	
Staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment.	Υ
Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.	Υ
Patients received consistent and coordinated care when they moved between services.	Υ

## Helping patients to live healthier lives

Staff were proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	Y
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Υ
Patients had access to appropriate health assessments and checks.	Υ
Staff discussed changes to care or treatment with patients and their carers as necessary.	Υ
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Υ

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2018 to 31/03/2019) (QOF)	96.0%	95.1%	95.0%	No statistical variation
Exception rate (number of exceptions).	2.0% (32)	1.0%	0.8%	N/A

## **Consent to care and treatment**

The practice obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	Y
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Y
The practice monitored the process for seeking consent appropriately.	Y
Policies for any online services offered were in line with national guidance.	Y

# Caring

## **Rating: Good**

## Kindness, respect and compassion

Staff treated patients with respect and feedback from patients was positive about the way staff treated them.

	Y/N/Partial
Staff displayed understanding and a non-judgmental attitude towards patients.	Υ
Patients were given appropriate and timely information to cope emotionally with their care, treatment or condition.	Υ

CQC comments cards	
Total comments cards received.	24
Number of CQC comments received which were positive about the service.	19
Number of comments cards received which were mixed about the service.	5
Number of CQC comments received which were negative about the service.	0

Source	Feedback
comment cards	Patients provided only positive comments with regards to the caring nature of staff at the practice. Negative comments received related to access to appointments. Patient feedback in CQC patient comment cards was positive about how staff treated them. We noted comments such as 'polite', 'caring', helpful' and 'professional' were used to describe members of the team in many of the comments.

## **National GP Survey results**

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at listening to them (01/01/2019 to 31/03/2019)	76.1%	88.7%	88.9%	Variation (negative)
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at treating them with care and concern (01/01/2019 to 31/03/2019)	78.9%	88.4%	87.4%	No statistical variation

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they had confidence and trust in the healthcare professional they saw or spoke to (01/01/2019 to 31/03/2019)	83.8%	95.1%	95.5%	Variation (negative)
The percentage of respondents to the GP patient survey who responded positively to the overall experience of their GP practice (01/01/2019 to 31/03/2019)	71.1%	84.2%	82.9%	No statistical variation

## Any additional evidence or comments

The practice received lower than average scores in the national patient survey for patient satisfaction in feeling listened to and having trust and confidence in healthcare professionals. The practice had carried out a patient survey in February 2020. The vast majority of patient responses to question relating to the manner in which staff dealt with them, feeling listened to and being shown respect were positive. All comments in these areas were also positive in the patient comment cards we received.

#### Involvement in decisions about care and treatment

Staff helped patients to be involved in decisions about care and treatment.

	Y/N/Partial
Staff communicated with patients in a way that helped them to understand their care, treatment and condition, and any advice given.	Y
Staff helped patients and their carers find further information and access community and advocacy services.	Y

## **National GP Survey results**

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they were involved as much as they wanted to be in decisions about their care and treatment (01/01/2019 to 31/03/2019)	88.0%	93.0%	93.4%	No statistical variation

	Y/N/Partial
Interpretation services were available for patients who did not have English as a first language.	Y
Patient information leaflets and notices were available in the patient waiting area which told patients how to access support groups and organisations.	Y

Information about support groups was available on the practice website.	Y
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Carers		Narrative	
Percentage and no carers identified.		The practice had identified 148 patients as carers. This equates to approximately 2.5% of the patient population.	
How the practice supported carers (i young carers).	including	New patient registration forms included a section for patients to inform the practice if they were carers. Patients with long term conditions were asked if they had caring responsibilities during their annual review. Information on carer support services was available to patients. Carers could be given priority for appointment requests.	
How the supported bereaved patients.		Information about bereavement support was made available to patients. Bereavement cards were sent to patients where appropriate.	

## Privacy and dignity

The practice respected patients' privacy and dignity.

	Y/N/Partial
Curtains were provided in consulting rooms to maintain patients' privacy and dignity during examinations, investigations and treatments.	Y
Consultation and treatment room doors were closed during consultations.	Υ
A private room was available if patients were distressed or wanted to discuss sensitive issues.	Y
There were arrangements to ensure confidentiality at the reception desk.	Y

## Responsive

## **Rating: Good**

## Responding to and meeting people's needs

The practice organised and delivered services to meet patients' needs.

	Y/N/Partial
The practice understood the needs of its local population and had developed services in response to those needs.	Υ
The importance of flexibility, informed choice and continuity of care was reflected in the services provided.	Υ
The facilities and premises were appropriate for the services being delivered.	Υ
The practice made reasonable adjustments when patients found it hard to access services.	Υ
There were arrangements in place for people who need translation services.	Υ
The practice complied with the Accessible Information Standard.	Υ

Practice Opening Times			
Day	Time		
Opening times:	·		
Monday	8am to 6.30pm		
Tuesday	8am to 6.30pm		
Wednesday	8am to 6.30pm		
Thursday	8am to 6.30pm		
Friday	8am to 6.30pm		
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Patients can access GP services seven days per week as part of the local extended hours service. This is available from 5pm to 8pm Monday to Friday and 9am to 1pm Saturdays and Sundays.

## **National GP Survey results**

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that at their last general practice appointment, their needs were met (01/01/2019 to 31/03/2019)	80.3%	94.9%	94.5%	Variation (negative)

## Any additional evidence or comments

The practice received a lower than average score in the national patient survey, as above, in relation to patients feeling their needs were met at their last appointment. The provider was aware of the national patient survey results. They told us they have made changes to the governance of the practice with clearer lines of accountability and roles and responsibilities across the service.

The practice carried out a patient survey in February 2020. Patient feedback for their overall experience of consultations was positive. The practice received mixed feedback with regards to patient experience

of contacting the practice by telephone, appointment waiting times and choice of clinician. Discussions across the staff team had taken place to look at what actions the staff team could take to improve patient experience.

## Older people

## Population group rating: Good

## **Findings**

- The practice was responsive to the needs of older patients and offered home visits and urgent appointments for those with enhanced needs and complex medical issues.
- The practice provided effective care coordination to enable older patients to access appropriate services.

## People with long-term conditions Population group rating: Good

## **Findings**

- Patients with multiple conditions had their needs reviewed in one appointment.
- The practice provided effective care coordination to enable patients with long-term conditions to access appropriate services.
- The practice liaised regularly with the local district nursing team and community matrons to discuss and manage the needs of patients with complex medical issues.
- Care and treatment for people with long-term conditions approaching the end of life was coordinated with other services.

## Families, children and young people Population group rating: Good

## **Findings**

- There were systems to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of accident and emergency (A&E) attendances.
- Parents or guardians calling with concerns about a child were offered a same day appointment when necessary.

## Working age people (including those Population group rating: Good recently retired and students)

- The needs of this population group had been identified and the practice had adjusted the services it offered to ensure these were accessible, flexible and offered continuity of care.
- Patients were encouraged to utilise the Clinical Commissioning Group wide extended hours provision.
- The practice was proactive in offering online services including the booking of appointments and requests for repeat prescriptions.
- Electronic prescribing was provided.
- The practice provided telephone consultations and on line consultations.

# People whose circumstances make them vulnerable

## Population group rating: Good

#### **Findings**

- The practice provided effective care coordination to enable patients living in vulnerable circumstances to access appropriate services.
- The practice adjusted the delivery of its services to meet the needs of patients with a learning disability.
- Same day appointments could be provided for patients whose circumstances made them vulnerable and longer appointments were available for patients with enhanced needs.

# People experiencing poor mental health

**Population group rating: Good** 

(including people with dementia)

## **Findings**

- Priority appointments were allocated when necessary to those experiencing poor mental health.
- Staff interviewed had a good understanding of how to support patients with mental health needs and patients living with dementia.
- Staff were aware of support groups within the area and signposted patients to these accordingly.

## Timely access to the service

People were able to access care and treatment in a timely way.

National GP Survey results

	Y/N/Partial
Patients with urgent needs had their care prioritised.	Y
The practice had a system to assess whether a home visit was clinically necessary and the urgency of the need for medical attention.	Y
Appointments, care and treatment were only cancelled or delayed when absolutely necessary.	Y

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone (01/01/2019 to 31/03/2019)	52.3%	N/A	68.3%	No statistical variation
The percentage of respondents to the GP patient survey who responded positively to the overall experience of making an appointment (01/01/2019 to 31/03/2019)	57.0%	67.1%	67.4%	No statistical variation

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who were very satisfied or fairly satisfied with their GP practice appointment times (01/01/2019 to 31/03/2019)	56.8%	64.3%	64.7%	No statistical variation
The percentage of respondents to the GP patient survey who were satisfied with the type of appointment (or appointments) they were offered (01/01/2019 to 31/03/2019)	79.4%	74.4%	73.6%	No statistical variation

## Any additional evidence or comments

The provider was aware of the lower than average patient satisfaction with getting through to the practice by phone. Plans were in place to replace the telephone system and to develop digital services.

## Listening and learning from concerns and complaints

# Complaints were listened and responded to and used to improve the quality of care.

Complaints	
Number of complaints received in the last year.	10
Number of complaints we examined.	2
Number of complaints we examined that were satisfactorily handled in a timely way.	2
Number of complaints referred to the Parliamentary and Health Service Ombudsman.	0

	Y/N/Partial
Information about how to complain was readily available.	Υ
There was evidence that complaints were used to drive continuous improvement.	Υ
Explanation of any answers and additional evidence:	

Since the last inspection visit the provider had taken action to make information about how to make a complaint readily available to patients.

## Example(s) of learning from complaints.

Complaint	Specific action taken
medication without informing them.	Reminder to staff to record that contact has been made with a patient when a change has been made to medication. Checked to ensure community pharmacy use process to pass on messages detailed on B-side or pharmacy message section on FP10.
Out of area registration scheme.	Review of out of area scheme process with staff team.

## Well-led

## **Rating: Good**

At the last inspection in December 2018 we rated the practice as requires improvement for providing well-led services. At this inspection we found that the provider had satisfactorily addressed these areas.

## Leadership capacity and capability

Leaders demonstrated that they had the capacity and skills to deliver good quality sustainable care.

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	Y
They had identified the actions necessary to address these challenges.	Υ
Staff reported that leaders were visible and approachable.	Y
There was a leadership development programme, including a succession plan.	Υ

## Vision and strategy

The practice had a vision and strategy to provide good quality sustainable care.

	Y/N/Partial
The practice had a vision and set of values that prioritised quality and sustainability.	Y
There was a realistic strategy to achieve their priorities.	Υ
The vision, values and strategy were developed in collaboration with staff, patients and external partners.	Y
Staff knew and understood the vision, values and strategy and their role in achieving them.	Y
Progress against delivery of the strategy was monitored.	Y

#### Culture

The practice had a culture which drove good quality sustainable care.

	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Y
Staff reported that they felt able to raise concerns without fear of retribution.	Υ
There was an emphasis on the safety and well-being of staff.	Υ
There were systems to ensure compliance with the requirements of the duty of candour.	Υ
When people were affected by things that went wrong they were given an apology and informed of any resulting action.	Y
The practice encouraged candour, openness and honesty.	Υ

Examples of feedback from staff or other evidence about working at the practice

Source	Feedback
Discussions	with Staff we spoke with told us they felt well supported in their work.
members of the	staff Staff told us they felt the culture at the practice was open and that they would be
team.	supported if they raised any concerns.

#### **Governance arrangements**

There were clear responsibilities, roles and systems of accountability to support good governance and management.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	Y
Staff were clear about their roles and responsibilities.	Y
There were appropriate governance arrangements with third parties.	Y

Explanation of any answers and additional evidence:

Since the last inspection visit the provider had taken action to address our concerns that governance systems not always fully effective. Improvements included: Staff roles and responsibilities and lines of accountability were now more clearly defined across the staff team. Staff training needs had been assessed and staff had been provided with up to date training. A system had been introduced to monitor this. Complaints were managed more consistently and in line with the provider's policy. Systems and records were in place to demonstrate how risks were managed and mitigated.

## Managing risks, issues and performance

There were effective processes for managing risks, issues and performance.

	Y/N/Partial
There were assurance systems which were reviewed and improved.	
There were processes to manage performance.	Υ
There was a programme of clinical and internal audit.	Υ
There were arrangements for identifying, managing and mitigating risks.	
A major incident plan was in place.	Υ
Staff were trained in preparation for major incidents.	Υ
When considering service developments or changes, the impact on quality and sustainability was assessed.	Y

Explanation of any answers and additional evidence:

Since the last inspection visit the provider had taken action to address our concerns with regards assurance systems and processes for managing risks not always being fully effective. Improvements include: Reviewed and updated systems for safeguarding patients from the risk of abuse. Staff recruitment and selection procedures were improved. Health and safety related checks had been introduced and were recorded. For example, fire safety checks and infection control checks and audits. Records were available to evidence the provider's management of patient safety alerts. A programme of clinical and internal audits had been introduced.

## Appropriate and accurate information

There was a commitment to using data and information proactively to drive and support decision making.

	Y/N/Partial
Staff used data to adjust and improve performance.	Y
Performance information was used to hold staff and management to account.	Y
Our inspection indicated that information was accurate, valid, reliable and timely.	Υ
There were effective arrangements for identifying, managing and mitigating risks.	Υ
Staff whose responsibilities included making statutory notifications understood what this entails.	Y

Explanation of any answers and additional evidence:

Since the last inspection visit the provider had taken action to improve record keeping. Records were now maintained to evidence the systems and processes for managing and mitigating risks.

If the practice offered online services:

	Y/N/Partial
The provider was registered as a data controller with the Information Commissioner's Office.	Y
Patient records were held in line with guidance and requirements.	Υ
Any unusual access was identified and followed up.	Υ

#### Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain good quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Υ
The practice had an active Patient Participation Group.	No
Staff views were reflected in the planning and delivery of services.	Υ
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	Y

Explanation of any answers and additional evidence:

The provider told us they had made efforts to encourage patients to join a Patient Participation Group but to no success to date. Signs were located in the patient waiting area asking patients to consider joining and the provider told us they continued to encourage uptake.

#### **Continuous improvement and innovation**

# There was evidence of systems and processes for learning and continuous improvement.

	Y/N/Partial
There was a focus on continuous learning and improvement.	Υ
Learning was shared effectively and used to make improvements.	Y

## **Examples of continuous learning and improvement**

Areas that the practice was working to improve included: Developing their digital programme, improving the telephone system, increasing the use of social prescribing, promoting on line consultations, commissioning an external review of the service and recruiting to the clinical team.

#### Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

Variation Bands	Z-score threshold
Significant variation (positive)	≤-3
Variation (positive)	>-3 and ≤-2
Tending towards variation (positive)	>-2 and ≤-1.5
No statistical variation	<1.5 and >-1.5
Tending towards variation (negative)	≥1.5 and <2
Variation (negative)	≥2 and <3
Significant variation (negative)	≥3

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average. Note that practices that have "Met 90% minimum" have not met the WHO target of 95%.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.
- The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64). This indicator does not have a CCG average and is scored against the national target of 80%.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: <a href="https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-qp-practices">https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-qp-practices</a>

Note: The CQC GP Evidence Table uses the most recent validated and publicly available data. In some cases at the time of inspection this data may be relatively old. If during the inspection the practice has provided any more recent data, this can be considered by the inspector. However, it should be noted that any data provided by the practice will be unvalidated and is not directly comparable to the published data. This has been taken into account during the inspection process.

#### Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.