

# Care Quality Commission

## Inspection Evidence Table

### Newtons Practice (1-547385878)

Inspection date: 20 June 2022

Date of data download: 04 June 2022

## Overall rating: Good

### Safe

### Rating: Good

The practice had taken steps to provide care in a way that kept patients safe and protected them from avoidable harm. In that, high risk medicines were monitored in accordance with national guidelines.

#### Appropriate and safe use of medicines

**The practice had systems for the appropriate and safe use of medicines, including medicines optimization.**

Medicines management	Y/N/Partial
Staff had the appropriate authorisations to administer medicines (including Patient Group Directions or Patient Specific Directions).	Y
The practice had a process and clear audit trail for the management of information about changes to a patient's medicines including changes made by other services.	Y
There was a process for monitoring patients' health in relation to the use of medicines including high risk medicines (for example, warfarin, methotrexate and lithium) with appropriate monitoring and clinical review prior to prescribing.	Y
Explanation of any answers and additional evidence:  At our last inspection in July 2021 we found that PGDs had not always been appropriately authorised. As part of this review the practice provided us with the authorisation sheets for their PGDs. We found the authorisation sheets had been signed and dated by staff before the authorising manager had signed the sheet. Where a subsequent staff member had joined the practice and signed the authorisation sheet, the manager had signed again to authorise that member of staff. This meant we could be assured that the manager had authorised those staff to work under PGDs.  We conducted searches of patient records. Those searches were indicative of the number of patients potentially at risk due to a lack of monitoring or diagnosis. Risk was not conclusive and further investigation of the patient record was needed to assess the potential risks. A CQC GP Specialist Advisor sampled a select number of patient records, where any risks were potentially identified, to assess the risks for those individual patients.	

The searches we carried out, and subsequent examination of patient records during our review, found that in most instances all the required up to date health monitoring had been completed.

- Our results indicated that of 83 patients prescribed a diuretic medicine (medicines used to help rid your body of salt (sodium) and water), 13 patients had not been monitored appropriately. However, we reviewed the records for five of those patients and found that all had been invited for blood tests to check their renal function.
- Our results indicated that of 334 patients prescribed direct oral anticoagulants (DOACs), medicines to reduce the risk of blood clots and stroke, four had not been monitored appropriately. We viewed the records for those patients and found they were receiving appropriate follow up care.
- Our results also identified 12 patients prescribed a combination of two medicines to treat high blood pressure and reduce the risk of heart problems. We viewed the records for five of those patients. We found evidence in the records that the patients had been informed of the risks associated with these medicines, as alerted by the Medicines and Healthcare products Regulatory Agency (MHRA) in December 2014.
- Our results indicated that, of 68 patients prescribed a medicine for the control of inflammatory arthritis, three had not been monitored appropriately. We viewed the records for those patients and found no concerns with health monitoring.
- Our results indicated that, of 1249 patients prescribed a medicine to treat high blood pressure, and heart and kidney problems, 31 had not been monitored appropriately. We viewed the records for five patients and found this group of patients had not responded to invitations for health monitoring. The practice had adopted a plan of reducing prescription quantities to encourage the patients to engage.