Care Quality Commission

Inspection Evidence Table

Ifield Medical Practice (1-546144948)

Inspection date: 8 December 2021

Date of data download: 16 November 2021

Overall rating: Good

Safe

Rating: Requires Improvement

Safety systems and processes

The practice had systems, practices and processes to keep people safe and safeguarded from abuse.

Safeguarding	Y/N/Partial
Safeguarding systems, processes and practices were developed, implemented and communicated to staff.	Υ
Partners and staff were trained to appropriate levels for their role.	Υ
There was active and appropriate engagement in local safeguarding processes.	Y
The Out of Hours service was informed of relevant safeguarding information.	Υ
There were systems to identify vulnerable patients on record.	Υ
Disclosure and Barring Service (DBS) checks were undertaken where required.	Υ
There were regular discussions between the practice and other health and social care professionals such as health visitors, school nurses, community midwives and social workers to support and protect adults and children at risk of significant harm.	Υ

Explanation of any answers and additional evidence:

We were told about a recent event that demonstrated the practice responded to information of concern. For example, the practice was alerted to a vulnerable adult by their carer who raised concerns regarding potential abuse. The GP liaised with the social worker and visited the patient with a chaperone. The patient was assessed, the police were informed, and the patient was admitted to hospital by ambulance for further investigation.

Recruitment systems	Y/N/Partial
Recruitment checks were carried out in accordance with regulations (including for agency staff and locums).	Υ
Staff vaccination was maintained in line with current Public Health England (PHE) guidance if relevant to role.	No

Explanation of any answers and additional evidence:

We looked at the records for four staff members and found that none of the non-clinical staff had a record of their immunisations or any associated risk assessment in this area. We were told that they did not routinely check on the vaccination status of non-clinical staff. Following the inspection, the provider told us that they have set up a system to cover this with all staff including a risk assessment where appropriate. The provider submitted further evidence in the form of a spreasheet and updated immunisation policy to confirm they had taken action on this matter.

Safety systems and records	Y/N/Partial
Health and safety risk assessments had been carried out and appropriate actions taken.	Υ
There was a fire procedure.	Υ
Date of fire risk assessment: May 21 Actions from fire risk assessment were identified and completed.	Y

Infection prevention and control

Appropriate standards of cleanliness and hygiene were met.

	Y/N/Partial
Staff had received effective training on infection prevention and control.	Υ
Infection prevention and control audits were carried out. Date of last infection prevention and control audit:	Y 09/09/2021
The practice had acted on any issues identified in infection prevention and control audits.	Υ
The arrangements for managing waste and clinical specimens kept people safe.	Y

The practice's most recent infection control audit scored 100% with no actions required. This had been carried out by the lead nurse who has now left, and this role is being passed to another member of staff who will need to undertake training to fulfil this role.

Risks to patients

There were gaps in systems to assess, monitor and manage risks to patient safety.

	Y/N/Partial
There was an effective approach to managing staff absences and busy periods.	Υ
There was an effective induction system for temporary staff tailored to their role.	Υ
The practice was equipped to respond to medical emergencies (including suspected sepsis) and staff were suitably trained in emergency procedures.	Partial
Receptionists were aware of actions to take if they encountered a deteriorating or acutely unwell patient and had been given guidance on identifying such patients.	Partial

Explanation of any answers and additional evidence:

There were no protocols visible in the reception area or the room adjacent to the reception area where staff were answering calls. Two staff we spoke with were unclear if these protocols were in place and told us that these protocols might be on the computer system. One staff was unsure of what actions to take and one staff member told us they had a general understanding of what sepsis symptoms looked like but could not recall seeing the guidance. Staff records indicated training (e-learning) was available for all staff in this area.

Following the inspection, the practice told us that the sheets setting out the steps to follow for sepsis had been located and reinstated in the reception area. Staff have been reminded of the actions to take and refresher training will be provided.

We examined the emergency equipment provision in the practice. We were told that the defibrillator was in the reception area. This was not readily seen and when asked, none of the staff in this area knew where this was. After further investigation this was found in the bottom of an emergency drug trolley. The provider recognised that this needed to be clearly signposted for emergency situations.

Following the inspection the provider sent evidence that the emergency medicines and equipment location had been reorganised.

We identified a small number of items (medical supplies) that had expired. These were removed from the emergency trolley and given to the staff for disposal and replacement. We also noted that the defibrillator did not have pads suitable for use with children. Following the visit to the premises the provider told us that these items had been placed on order.

Information to deliver safe care and treatment

Staff had the information they needed to deliver safe care and treatment.

	Y/N/Partial
Individual care records, including clinical data, were written and managed securely and in line with current guidance and relevant legislation.	Y
There was a system for processing information relating to new patients including the summarising of new patient notes.	Υ
There were systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.	Υ
Referrals to specialist services were documented, contained the required information and there was a system to monitor delays in referrals.	Υ
There was a documented approach to the management of test results and this was managed in a timely manner.	Υ
There was appropriate clinical oversight of test results, including when reviewed by non-clinical staff.	Υ

Appropriate and safe use of medicines

The practice had systems for the appropriate and safe use of medicines, including medicines optimization however they did not always demonstrate that all appropriate checks had been carried out.

Indicator	Practice	CCG average	England average	England comparison
Number of antibacterial prescription items prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/07/2020 to 30/06/2021) (NHS Business Service Authority - NHSBSA)	0.64	0.66	0.69	-
The number of prescription items for co- amoxiclav, cephalosporins and quinolones as a percentage of the total number of prescription items for selected antibacterial drugs (BNF 5.1 sub-set). (01/07/2020 to 30/06/2021) (NHSBSA)	12.1%	13.2%	10.0%	No statistical variation
Average daily quantity per item for Nitrofurantoin 50 mg tablets and capsules, Nitrofurantoin 100 mg m/r capsules, Pivmecillinam 200 mg tablets and Trimethoprim 200 mg tablets prescribed for uncomplicated urinary tract infection (01/01/2021 to 30/06/2021)	5.15	5.94	5.38	No statistical variation
Total items prescribed of Pregabalin or Gabapentin per 1,000 patients (01/01/2021 to 30/06/2021) (NHSBSA)	94.1‰	115.8‰	126.1‰	No statistical variation
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/07/2020 to 30/06/2021) (NHSBSA)	0.08	0.63	0.65	No statistical variation
Number of unique patients prescribed multiple psychotropics per 1,000 patients (01/01/2021 to 30/06/2021) (NHSBSA)		7.0‰	6.7‰	No statistical variation

Note: % means per 1,000 and it is **not** a percentage.

Medicines management	Y/N/Partial
The practice ensured medicines were stored safely and securely with access restricted to authorised staff.	Υ
Blank prescriptions were kept securely, and their use monitored in line with national guidance.	Partial
Staff had the appropriate authorisations to administer medicines (including Patient Group Directions or Patient Specific Directions).	Υ

Medicines management	Y/N/Partial
The practice could demonstrate the prescribing competence of non-medical prescribers, and there was regular review of their prescribing practice supported by clinical supervision or peer review.	N/A
There was a process for the safe handling of requests for repeat medicines and evidence of structured medicines reviews for patients on repeat medicines.	Y
The practice had a process and clear audit trail for the management of information about changes to a patient's medicines including changes made by other services.	Υ
There was a process for monitoring patients' health in relation to the use of medicines including high risk medicines (for example, warfarin, methotrexate and lithium) with appropriate monitoring and clinical review prior to prescribing.	Partial
The practice monitored the prescribing of controlled drugs. (For example, investigation of unusual prescribing, quantities, dose, formulations and strength).	Y
There were arrangements for raising concerns around controlled drugs with the NHS England Area Team Controlled Drugs Accountable Officer.	Υ
If the practice had controlled drugs on the premises there were appropriate systems and written procedures for the safe ordering, receipt, storage, administration, balance checks and disposal of these medicines, which were in line with national guidance.	N/A
The practice had taken steps to ensure appropriate antimicrobial use to optimise patient outcomes and reduce the risk of adverse events and antimicrobial resistance.	Υ
For remote or online prescribing there were effective protocols for verifying patient identity.	Υ
The practice held appropriate emergency medicines, risk assessments were in place to determine the range of medicines held, and a system was in place to monitor stock levels and expiry dates.	Y
There was medical oxygen and a defibrillator on site and systems to ensure these were regularly checked and fit for use.	Υ
Vaccines were appropriately stored, monitored and transported in line with PHE guidance to ensure they remained safe and effective.	Υ

Explanation of any answers and additional evidence:

As part of this inspection we conducted remote searches of patient records. The searches we carried out and subsequent examination of patient records during our inspection found that, in most instances all the required up to date health monitoring had been completed. However, some areas required further action.

We looked at the prescribing of short-acting beta-agonist (SABA) inhalers (used in the treatment of asthma and COPD). We looked at five patient records and found that not all had received a recent review. For example, one patient had been prescribed 12 inhalers in the last 12 months and their last asthma review was in February 2008. The four remaining records demonstrated regular review.

A further search on medicines used to treat hypertension identified 167 patients as being prescribed these medicines who had not received the required healthcare monitoring. We reviewed the records of five patients and found all had received a blood test this year however blood pressure (BP) checks

Medicines management

had not been undertaken appropriately. Two patients had not had a BP check since December 2019, one patient's last recorded BP reading was in October 2017 and one patient's record had no evidence of a blood pressure check. We noted that records indicated these patients were subject to recalls for further checks. Following our inspection the provider submitted information to demonstrate they had initiated a quality improvement audit in this area.

Our searches on Chronic Kidney Disease (CKD), indicated that potentially 66 patients may have CKD and required further reviewing. This was an indicative finding and required further investigation. We reviewed five records and found that whilst the records demonstrated patients had received appropriate care and treatment, they did not always demonstrate that patients had been coded as having CKD and informed of this diagnosis. The practice lead was informed of this finding and undertook to review patient records.

We looked at the electronic records for Patient Group Directions (PGD) and found these to be up to date and appropriately authorised. PGDs provide a legal framework that allows some registered health professionals to supply and/or administer specified medicines to a pre-defined group of patients, without them having to see a prescriber (such as a doctor or nurse prescriber). We also saw an example of the use of Patient Specific Directions (PSDs) used by health care assistants to administer certain medicines to patients.

When we looked at the premises, we found three consultation rooms unlocked. All three rooms contained printer prescription paper. The practice manager was made aware of this and took steps to secure each room. One of these rooms had been left by a member of staff for a short period of time however the door closing mechanism was not operating leaving the door ajar and directly accessible from the main entrance. The practice computer system contained in this room was observed to have the staff member's smartcard inserted, which could enable unauthorised persons to access confidential patient data. Following the inspection, the provider told us that they had reiterated the security procedure with staff

Track record on safety and lessons learned and improvements made

The practice learned and made improvements when things went wrong.

Significant events	Y/N/Partial
The practice monitored and reviewed safety using information from a variety of sources.	Y
Staff knew how to identify and report concerns, safety incidents and near misses.	Υ
There was a system for recording and acting on significant events.	Y
Staff understood how to raise concerns and report incidents both internally and externally.	Y
There was evidence of learning and dissemination of information.	Y
Number of events recorded in last 12 months:	11
Number of events that required action:	11

Safety alerts	Y/N/Partial
There was a system for recording and acting on safety alerts.	Υ
Staff understood how to deal with alerts.	Y

Effective

Rating: Good

QOF requirements were modified by NHS England for 2020/21 to recognise the need to reprioritise aspects of care which were not directly related to COVID-19. This meant that QOF payments were calculated differently. For inspections carried out from 1 October 2021, our reports will not include QOF indicators. In determining judgements in relation to effective care, we have considered other evidence as set out below.

Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Y
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Y
Patients presenting with symptoms which could indicate serious illness were followed up in a timely and appropriate way.	Y
We saw no evidence of discrimination when staff made care and treatment decisions.	Υ
Patients' treatment was regularly reviewed and updated.	Y
There were appropriate referral pathways to make sure that patients' needs were addressed.	Y
The practice had prioritised care for their most clinically vulnerable patients during the pandemic	Y

Effective care for the practice population

Findings

- The practice used a clinical tool to identify older patients who were living with moderate or severe frailty. Those identified received a full assessment of their physical, mental and social needs.
- Health checks, including frailty assessments, were offered to patients over 75 years of age.
- Flu, shingles and pneumonia vaccinations were offered to relevant patients in this age group.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- All patients with a learning disability were offered an annual health check.

- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice assessed and monitored the physical health of people with mental illness, severe mental illness, and personality disorder
- Patients with poor mental health, including dementia, were referred to appropriate services.

Management of people with long term conditions

Findings

- Patients with long-term conditions were offered a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GP worked with other health and care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice shared clear and accurate information with relevant professionals when deciding care delivery for patients with long-term conditions.
- Patients with suspected hypertension were offered ambulatory blood pressure monitoring.
- Patients with asthma were offered an asthma management plan.
- We noted that some patients with hypertension had not always received blood pressure checks at appropriate times.
- We saw evidence of meetings held in November 2021 to look at the outstanding practice
 population long-term condition needs to meet their achievement targets. Suggestions were
 noted on how to improve monitoring and review of patients with asthma, Chronic Kidney
 Disease (CKD) and physical examinations of patient with a learning disability. The practice
 was developing a plan to address the shortfall in meeting This could not be evaluated at this
 time.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target of 95%
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib), Hepatitis B (Hep B) ((i.e. three doses of DTaP/IPV/Hib/HepB) (01/04/2019 to 31/03/2020) (NHS England)	124	130	95.4%	Met 95% WHO based target
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2019 to 31/03/2020) (NHS England)	111	114	97.4%	Met 95% WHO based target
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2019 to 31/03/2020) (NHS England)	111	114	97.4%	Met 95% WHO based target
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2019 to 31/03/2020) (NHS England)	110	114	96.5%	Met 95% WHO based target
The percentage of children aged 5 who have received immunisation for measles, mumps and rubella (two doses of MMR) (01/04/2019 to 31/03/2020) (NHS England)	139	147	94.6%	Met 90% minimum

Note: Please refer to the CQC guidance on Childhood Immunisation data for more information: https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64). (Snapshot date: 31/03/2021) (Public Health England)	65.3%	N/A	80% Target	Below 70% uptake
Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (01/04/2019 to 31/03/2020) (PHE)	61.6%	69.4%	70.1%	N/A
Persons, 60-74, screened for bowel cancer in last 30 months (2.5 year coverage, %) (01/04/2019 to 31/03/2020) (PHE)	56.0%	66.3%	63.8%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2019 to 31/03/2020) (PHE)	62.5%	55.3%	54.2%	No statistical variation

Any additional evidence or comments

The practice was aware of their low uptake in cervical screening. The practice had a protocol for following up on patients who do not respond to requests to book an appointment for screening. They told us that, as for a number of areas they are trying to urgently catch up.

Monitoring care and treatment

The practice had a programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	
The practice had a programme of targeted quality improvement and used information about care and treatment to make improvements.	
The practice regularly reviewed unplanned admissions and readmissions and took appropriate action.	Y

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

The practice undertook an audit of their safety-netting (Safety-netting is information given to a patient or their carer during a primary care consultation, about actions to take if their condition fails to improve, changes or if they have further concerns about their health in the future).

This audit was in to cycles and showed improvement in recording of safety netting conversations. Initial audits showed that 78% of consultations recorded some form of safety netting and following the presentation and re-audit this figure had increased to 82%.

Effective staffing

The practice was not always able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment.	Υ
The practice had a programme of learning and development.	Υ
Staff had protected time for learning and development.	Υ
There was an induction programme for new staff.	Υ
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Partial
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	Y
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Υ

Explanation of any answers and additional evidence:

We saw evidence of staff training and support to develop and maintain skills.

Staff had not always received the support required in a timely way. For example, when we reviewed the records for a practice nurse, we found that they had not received an appraisal since 2018. Following our inspection the provider told us that arrangements had been made to address outstanding appraisals for staff members.

For any clinical enquiries or support, the practice told us that nursing staff, the health care assistant, and administrative and reception staff were aware to approach the named GP for the patient or the on-call doctor. The practice acknowledged that they did not have an official policy for this and said they needed to develop one. They told us that they had supported nurses to develop competence in minor illness, which they completed in 2019. They were unable commence these clinics due to the COVID-19 pandemic. We were told that, at that time, they were developing a way of supervising and supporting nurses during their minor illness clinics but this too, had not been implemented due to the pandemic.

As part of this inspection we asked staff to fill in a questionnaire. We received six responses, and these were generally positive. Staff indicated that training was in place, and meetings took place however they would like more opportunity to meet at flexible times. In this feedback staff raised concerns about the low staffing levels and the potential impact of this across the practice.

The practice acknowledged the reduction in staff, and they were actively recruiting trained nurses with limited success. The reduction in the nursing team was of concern and we were told that a GP will now be supporting with the reviews of patients with long term conditions. The practice has a duty system in place to offer support to staff. The practice had been successful in recruiting an additional healthcare assistant.

Coordinating care and treatment

Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.	Y
Patients received consistent, coordinated, person-centred care when they moved between services.	Y

Helping patients to live healthier lives

Staff were consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	Y
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Υ
Patients had access to appropriate health assessments and checks.	Υ
Staff discussed changes to care or treatment with patients and their carers as necessary.	Y
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns and tackling obesity.	Υ

Consent to care and treatment

The practice always obtained obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	Υ
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Υ
Do Not Attempt Cardio Pulmonary Resuscitation (DNACPR) decisions were made in line with relevant legislation and were appropriate.	Υ

Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

Variation Bands	Z-score threshold
Significant variation (positive)	≤-3
Variation (positive)	>-3 and ≤-2
Tending towards variation (positive)	>-2 and ≤-1.5
No statistical variation	<1.5 and >-1.5
Tending towards variation (negative)	≥1.5 and <2
Variation (negative)	≥2 and <3
Significant variation (negative)	≥3

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average. Note that practices that have "Met 90% minimum" have not met the WHO target of 95%.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.
- The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64). This indicator does not have a CCG average and is scored against the national target of 80%.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-qp-practices

Note: The CQC GP Evidence Table uses the most recent validated and publicly available data. In some cases at the time of inspection this data may be relatively old. If during the inspection the practice has provided any more recent data, this can be considered by the inspector. However, it should be noted that any data provided by the practice will be unvalidated and is not directly comparable to the published data. This has been taken into account during the inspection process.

Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease.
- PHE: Public Health England.
- QOF: Quality and Outcomes Framework.
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.
- % = per thousand.