



Allergen statement

Please speak to your server before ordering if you suffer from any food allergies or intolerances as not all ingredients are listed in our menu descriptions. You have been provided with this allergen guide so that you can make an informed choice about the dishes that you order. Whilst every effort is made to minimise cross-contamination our ingredients are manufactured and our dishes are prepared in environments where allergens are present. We cannot therefore guarantee that any item on our menu is allergen-free.

Where a dish 'contains' one or more allergens, this is where they are present as an intentional ingredient.

Where a dish 'may contain' an allergen, this is where our supplier has told us that the ingredient is produced in a factory where this allergen is handled and there is a significant risk of cross-contamination.

The ingredients within our dishes which are deep-fried will be cooked in the same fryers as other ingredients which may contain allergens and there may be a risk of cross-contamination.

Please check the allergen information every time you visit our restaurant because we may have changed the recipe or the ingredients of one or more of our dishes.

By ordering your meal using this guide:

- ✓ You agree to advise your server if you suffer from a food allergy or intolerance.*
- ✓ You confirm your understanding that due to the products that we handle in our kitchens and the processes we use for cooking, we cannot guarantee that any of your dishes will be completely free from allergens.*

Menu FIR Intolerance Report

Ed's Easy Diner 2019



Dish Name

<u>Cereals containing Gluten :</u>	Wheat	<u>Tree Nuts :</u>	Almonds
	Spelt (Wheat)		Hazelnut
	Kamut (Wheat)		Walnut
	Rye		Cashew nut
	Barley		Pecan nut
	Oats		Brazil nut
	Fish		Pistachio nut
	Crustaceans		Macadamia nut or Queensland nut
	Molluscs		Peanuts
	Eggs		Celery
	Soybeans		Mustard
	Milk		Sesame
			Sulphur dioxide/sulphites
			Lupin

BREAKFAST

Breakfast - The Full Eds (Brown)	✓	✓			✓					✓	✓	✓										M	M	M	✓		
Breakfast - The Full Eds (White)	✓	✓			M					✓	✓	✓											M	M	M	✓	
SS 19 - EDS JUNIOR PANCAKE MAPLE AND BACON	✓	✓			M	M	M			✓	✓	M	✓														
SS 19 - EDS PANCAKE MAPLE AND BACON	✓	✓			M	M	M			✓	✓	M	✓														
SS 19 - All Day Breakfast Burger	✓	✓								✓	✓	✓														✓	
SS 19 - Breakfast - The Stack Attack	✓	✓			M	M	M			✓	✓	M	✓										M	✓		✓	
SS 19 - EDS Breakfast - FULL VEGGIE - brown	✓	✓			✓					✓	✓	✓												✓	M		
SS 19 - EDS Breakfast - FULL VEGGIE - white	✓	✓			M					✓	✓	✓												✓	M		
SS 19 ED'S - BREAKFAST MAPLE AND BACON WAFFLE	✓	✓								✓	✓		M														
SS 19 Eds - Eggs on Toast (White)	✓	✓			M					✓	✓	✓												✓	M		
SS 19 Eds - Sausage & Egg Muffin	✓	✓								✓	✓	✓											M	M	M	✓	
SS 19 Eds - Bacon & Egg Muffin	✓	✓								✓	✓	✓													M		
SS 19 Eds - Big Eds Breakfaat Brown	✓	✓			✓					✓	✓	✓											M	✓	M	✓	
SS 19 Eds - Big Eds Breakfaat White	✓	✓			M					✓	✓	✓											M	✓	M	✓	
SS 19 Eds - Chocolate and Banana Junior Pancakes	✓	✓			M	M	M			✓	✓	M	✓														
SS 19 Eds - Chocolate and Banana Pancake	✓	✓			M	M	M			✓	✓	M	✓														
SS 19 Eds - Eggs on Toast (Brown)	✓	✓			✓					✓	✓	✓													M		
SS 19 Eds - Full American	✓	✓			M	M	M			✓	✓	M	✓										M	✓		✓	
SS 19 Eds - Muffin Stacker	✓	✓								✓	✓	✓											M	M	M	✓	
SS 19 Eds - Veggie Breakfast	✓	✓			M					✓	✓	✓												✓	M		

Dish Name	Cereals containing Gluten :						Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts :										Sulphur dioxide/sulphites	Lupin					
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats							Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery			Mustard	Sesame			
SS 19 ED'S- Fried Chicken and WAFFLE	✓	✓								✓	✓	M																	
SS 19 ED's Kids Cheesy Beans on toast	✓	✓			M						✓	✓														M			
SS 19 Kids - Breakfast - Junior Eds brown	✓	✓			✓					✓	✓	✓														M	M	M	✓
SS 19 Kids - Breakfast - Junior Eds white	✓	✓			M					✓	✓	✓														M	M	M	✓
SS 19 Kids - Kids Junior Veggie brown	✓	✓			✓					✓	✓	✓														M			
SS 19 Kids - Kids Junior Veggie white	✓	✓			M					✓	✓	✓														M			

SUPERBOWL SALADS

SS 19 - ED'S SOUTHERN SALAD - CHICKEN										✓	✓	✓																				
SS 19 - ED'S SOUTHERN SALAD - HALLOUMI										✓	✓	✓																				
SS 19 EDS- CAESAR - CHICKEN	✓	✓								✓	✓	✓																				
SS 19 EDS- CAESAR - HALLOUMI	✓	✓								✓	✓	✓																				

BURGERS

CLASSIC HALLOUMI & ROASTED PEPPER BURGER	✓	✓								✓	✓	✓																			
SS 1 9 Eds - Burgers - BBQ Chicken & Bacon (ripple)	✓	✓								✓	✓	✓																			
SS 1 9Eds - Burgers - BBQ Chicken & Bacon (roasted)	✓	✓								✓	✓	✓																			
SS 1 9Eds - Burgers - BBQ Chicken & Bacon (roasted) no bun										✓	✓	✓																			
SS 19 - All Day Breakfast Burger	✓	✓								✓	✓	✓																			
SS 19 - All Day Breakfast Burger no bun										✓	✓	✓																			
SS 19 Eds - Big Ed's Chilli Chick (ripple)	✓	✓								✓	✓	✓	M																		
SS 19 Eds - Big Ed's Chilli Chick (ripple) no bun	✓	✓								✓	✓	✓	M																		
SS 19 Eds - Big Ed's Chilli Chick (roasted)	✓	✓								✓	✓	✓	M																		
SS 19 Eds - Big Ed's Chilli Chick (roasted) no bun										✓	✓	✓	M																		

Dish Name	Cereals containing Gluten :						Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts :																															
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats							Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin																		
SS 19 Eds - Burgers - Big Eds	✓	✓								✓	✓	✓																												✓	✓			
SS 19 Eds - Burgers - Big Eds no bun	✓	✓								✓	✓	✓																												✓	✓			
SS 19 Eds - Burgers - Classic Chicken (ripple)	✓	✓								✓	✓	M																												✓	✓			
SS 19 Eds - Burgers - Classic Chicken (ripple) no bun	✓	✓								✓	✓	✓																												✓	✓			
SS 19 Eds - Burgers - Classic Chicken (roasted)	✓	✓								✓	✓	M																												✓	✓			
SS 19 Eds - Burgers - Classic Chicken (roasted) no bun	✓	✓								✓	✓	✓																													✓	✓		
SS 19 Eds - Burgers - The Big Cheese	✓	✓								✓	✓	✓																													✓	✓		
SS 19 Eds - Burgers - The Big Cheese no bun	✓	✓								✓	✓	✓																													✓	✓		
SS 19 Eds - original Burger	✓	✓								✓	✓	✓																													✓	✓		
SS 19 Eds - original Burger no bun	✓	✓								✓	✓	✓																													✓	✓		
SS 19 Eds - Smoky Joe	✓	✓								✓	✓	✓																													✓	✓		
SS 19 Eds - Smoky Joe no bun	✓	✓								✓	✓	✓																													✓	✓		
SS 19 ED'S BLACK AND BLUE BURGER	✓	✓				✓		M	M	M	✓	✓	✓																												✓	✓		
SS 19 ED'S BLACK AND BLUE BURGER no bun	✓	✓				✓		M	M	M	✓	✓	✓																													✓	✓	
SS 19 Eds Burgers - Big Bubba	✓	✓								✓	✓	✓																														✓	✓	
SS 19 Eds Burgers - Big Bubba no bun	✓	✓								✓	✓	✓																														✓	✓	
SS 19 ED'S NASHVILLE HOT BURGER (ripple)	✓	✓				✓		M	M	M	✓	✓	✓																												M	✓	M	M
SS 19 ED'S NASHVILLE HOT BURGER (ripple) no bun	✓	✓				✓		M	M	M	✓	✓	✓																												M	✓	M	M
SS 19 ED'S NASHVILLE HOT BURGER (roasted)	✓	✓				✓		M	M	M	✓	✓	✓																												M	✓	M	M
SS 19 ED'S NASHVILLE HOT BURGER (roasted) no bun	✓	✓				✓		M	M	M	✓	✓	✓																												M	✓	M	M
SS 19 ED'S Root 66 Burger	✓	✓								M	✓	M	M																											M	✓	✓		
SS 19 ED'S Root 66 Burger no bun	✓	✓											M																											M	✓	✓		
SS19 BBQ bacon & cheese	✓	✓				✓		M	M	M	✓	✓	✓																													✓	✓	

Dish Name	Cereals containing Gluten :							Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts :											Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds							Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut										

SS19 BBQ bacon & cheese no bun	✓	✓			✓		M	M	M	✓		✓															✓	✓		✓	
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DINER FAVOURITES

SS 19 Eds - Chicken & Bacon BBQ Stacker	✓	✓			✓		M	M	M		M	✓	M														M	✓	✓		M	M	
SS 19 EDS - State Side Rack	✓	✓			✓		M	M	M	M	✓	✓	M															M	✓	✓		M	M
SS 19 Eds Favourites - Love me Chicken Tenders	✓	✓			✓					✓	M	✓	M														M	✓	✓		M	M	

FOOT LONG HOT DOGS

SS 19 Eds - BBQ Cheese Bacon Hot Dog	✓	✓										✓	✓														M	✓	✓		M	
SS 19 Eds - Coney Island	✓	✓									✓	✓	M														M	✓	✓	✓		
SS 19 Eds Hot Dogs - Classic Dog	✓	✓																										✓	✓		M	

APPETISERS

SS 19 EDS Appertizers - Halloumi Fries										✓		✓																	✓				
SS 19 Eds - FRANKS WINGS LARGE	✓	✓								M	M	M															M	M			M		
SS 19 EDS Appertizers - Mozzarella sticks	✓	✓					M	M	M		M	✓															✓	✓					
SS 19 EDS- BBQ WINGS Large	✓	✓								M	M	M															✓	✓			M		
SS 19 Eds - Chicken Tenders	✓	✓								✓		✓																✓	✓				
SS 19 Eds - Jalapeno Poppers	✓	✓					M	M	M	✓		✓																	✓	✓			
SS 19 EDS DIRTY FRIES Bacon	✓	✓			M						M	✓															M	✓	✓		M	M	
SS 19 EDS DIRTY FRIES Chilli	✓	✓			M						✓	✓	M														M	✓	✓	✓		M	
SS 19 EDS DIRTY FRIES Plain	✓	✓			M						M	✓															M	✓	✓		M	M	
SS 19 EDS- Nachos LARGE	✓	✓										✓	✓														M		✓		M		
SS 19 EDS- Nachos LARGE WITH CHILLI	✓	✓									✓	✓	M														M	✓	✓	✓			

Dish Name	Cereals containing Gluten :														Tree Nuts :											
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin

SIDES

Sides - Cheese and Bacon Fries	✓	✓			M						M	✓										M	✓	✓	M	M		
Sides - Chilli Cheese Fries	✓	✓			M						✓	✓	M									M	✓	✓	✓	M	M	
Sides - Classic Fries	M	M			M						M	M											✓	M		M		
Sides - Famous Cheesy Fries	✓	✓			M						M	✓										M	✓	✓	M	M		
Sides - Onion Rings	✓	✓			✓		M	M	M			M															M	
Sides - Sweet Potato Fries																												
Sides - Waffle Fries																												
SS 19 EDS Appertizers - Halloumi Fries										✓		✓												✓	✓			
SS 19 EDS - MAC 'N' CHEESE	✓	✓										✓	M	M										✓	✓			
SS 19 Eds side salad																												
SS 19 Eds sides - Coleslaw										✓																		

SHAKES

Add Malt to Shake	✓	✓			✓							✓															
Shake - Chocolate Shake Fat Free												✓															
Shake - Mocha Shake Fat Free												✓															
Shake - Small Vegan Strawberry Shake	✓					✓					✓		M									M					
Shake - Small Vegan Vanilla Shake	✓					✓					✓		M									M					
Shakes - Banana Shake Fat Free												✓															
Shakes - Biscoff Shake	✓	✓									✓	✓															
Shakes - Chocolate Shake												✓															
Shakes - Coffee Shake												✓															

Ed's Easy Diner 2019

Dish Name	Cereals containing Gluten :							Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts :																					
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds							Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin									
Shakes - Freak Mud Pie Shake	✓	✓			✓						M	✓	✓	✓		✓																	M		
Shakes - Go Bananas												✓	✓											✓											
Shakes - Lotus Biscoff	✓	✓										✓	✓																						
Shakes - Lotus Biscoff fat free	✓	✓										✓	✓																						
Shakes - Mint Shake												✓	✓																						
Shakes - Nutella Shake												✓	✓	✓				✓	✓																
Shakes - Nutella Shake Fat Free												✓	✓	✓				✓	✓																
Shakes - Oreo Shake	✓	✓										✓	✓	✓																					
Shakes - Oreo Shake Fat Free	✓	✓										✓	✓	✓																					
Shakes - Peanut Butter Shake												✓	✓	✓											✓										
Shakes - Peanut Butter Shake Fat Free												✓	✓	✓										✓											
Shakes - Strawberry Shake												✓	✓	✓																					
Shakes - Strawberry Shake Fat Free												✓	✓	✓																					
Shakes - Vanilla Shake												✓	✓	✓																					
Shakes - Vanilla Shake Fat Free												✓	✓	✓																					
Shakes - White Chocolate Shake												✓	✓	✓																					
Shakes - White Chocolate Shake Fat Free												✓	✓	✓																					
SS 19 ED'S Salted caramel Shake												✓	✓	✓																					
SS 19 ED'S Salted caramel Shake fat free												✓	✓	✓																					
SS 19 ED'S Vegan Shake - Chocolate Shake large	✓	✓										✓	✓																			M		M	
Vegan Lotus shake	✓	✓										✓	✓																				M		M
Vegan Oreo shake	✓	✓										✓	✓																				M		M
Vegan Peanut butter shake	✓	✓										✓	✓																						✓

Dish Name	Cereals containing Gluten :										Tree Nuts :														
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites

APPETISER

SS 19 EDS Appertizers - Halloumi Fries										✓	✓																
SS 19 EDS DIRTY FRIES Bacon	✓	✓			M						M	✓									M	✓	✓		M	M	
SS 19 EDS DIRTY FRIES Chilli	✓	✓			M					✓	✓	M									M	✓	✓	✓	M	M	
SS 19 EDS DIRTY FRIES Plain	✓	✓			M						M	✓									M	✓	✓		M	M	
SS 19 EDS- Nachos Small	✓	✓									✓	✓									M		✓		M		
SS 19 EDS- Nachos Small WITH CHILLI	✓	✓								✓	✓	M									M	✓	✓	✓			

ALL DAY BREAKFAST

GF - Breakfast - The Full Eds										✓	✓												✓	✓		
SS 19 Eds - GF Veggie Breakfast										✓	✓	✓											✓	✓		

SUPERBOWL SALAD

SS 19 - ED'S SOUTHERN SALAD - CHICKEN										✓	✓	✓											✓	✓		
SS 19 - ED'S SOUTHERN SALAD - HALLOUMI										✓	✓	✓											✓	✓		
SS 19 - ED'S SOUTHERN SALAD TACO											✓	✓														
SS 19 EDS- GF CAESAR - CHICKEN										✓	✓	✓														
SS 19 EDS- GF CAESAR - HALLOUMI										✓	✓	✓														
SS 19 EDS- GF CAESAR - PLAIN										✓	✓	✓														

UP STATE SIDES

GF - Sides - Bacon & Cheese Fries	✓	✓									✓	✓									M		✓	✓	M	
GF - Sides - Beef Chilli Cheese Fries	✓	✓									✓	✓	M								M	✓	✓	✓		
GF - Sides - Famous Cheesy Fries	✓	✓									✓	✓									M		✓	✓	M	

Dish Name	Cereals containing Gluten :										Tree Nuts :														
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites

GF - Sides - Sweet Potato Fries																										
SS 19 EDS Appertizers - Halloumi Fries										✓	✓												✓			

CLASSIC SIDES

GF - Sides - Classic Fries																										
GF - Sides - Waffle Fries																										
GF Sides - Slaw										✓																
SS 19 ED'S GF SIDE SALAD																										

BURGERS

GF - Burger - Big Bubba										✓	✓	✓													✓	✓
GF - Burger - Big Bubba - Skinny										✓	✓	✓													✓	✓
GF - Burgers - Classic Chicken Burger										✓	✓	✓												✓	✓	
GF - Burgers - Classic Chicken Burger - skinny										✓	✓	✓												✓	✓	
GF - Burgers - Smoky Joe										✓	✓	✓											✓	✓	✓	✓
GF - Burgers - Smoky Joe - skinny										✓	✓	✓											✓	✓	✓	✓
GF - Burgers - The Big Cheese										✓	✓	✓												✓	✓	✓
GF - Burgers - The Big Cheese - skinny										✓	✓	✓												✓	✓	✓
SS 19 EDS GF All Day Breakfast Burger										✓	✓	✓												✓	✓	✓
SS 19 EDS GF All Day Breakfast Burger - skinny										✓	✓	✓												✓	✓	✓
SS 19 GF - Big Ed's Burger										✓	✓	✓												✓	✓	✓
SS 19 GF - Big Ed's Burger - skinny										✓	✓	✓												✓	✓	✓
SS 19 GF Eds - Big Ed's Chilli Chick										✓	✓	✓	M										✓	✓	✓	✓
SS 19 GF Eds - Big Ed's Chilli Chick skinny										✓	✓	✓	M										✓	✓	✓	✓

Dish Name

Cereals containing Gluten :													Tree Nuts :												
Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin

SS 19 GF Eds - Burgers - BBQ Chicken & Bacon (grilled)									✓	✓	✓										✓	✓	✓		
SS 19 GF Eds - Burgers - BBQ Chicken & Bacon (grilled) skinny									✓	✓	✓										✓	✓			
SS 19 GF Eds - original Burger									✓	✓	✓												✓	✓	
SS 19 GF Eds - original Burger - skinny									✓	✓	✓													✓	✓
SS 19 GF Eds Halloumi Burger									✓	✓	✓												✓		
SS 19 GF Eds Halloumi Burger skinny									✓	✓	✓														

Dish Name	Cereals containing Gluten :							Tree Nuts :																	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites

Sides - Baked Beans																											
Sides - Classic Fries	M	M			M					M	M											✓	M		M		
Sides - Sweet Potato Fries																											
Sides - Waffle Fries																											
SS 19 ED'S Kids Rainbow Salad																											

DRINKS

kids - MILK											✓															
Soda - Apple Juice																										
Soda - Fruit Shoot Apple and Blackcurrant																										
Soda - Fruit Shoot Blackcurrent																										
Soda - Fruit Shoot Orange																										
Soda - Orange Juice																										
Soda - Still Water																										

DESSERT

Dessert - Warm Chocolate Brownie										M	M	✓	M												M	
SS 19 KIDS Ice cream Sundae with chocolate sauce												✓														
SS 19 KIDS Ice cream Sundae with salted caramel sauce												✓														
SS 19 KIDS Ice cream Sundae with strawberry sauce												✓														
SS 19 KIDS Waffle and ice cream	✓	✓								✓	✓	✓														

SHAKES

BC Lotus Shake	✓	✓									✓	✓														
Kids Shake - CHOCOLATE SHAKE												✓														

