

**Have your say**

**Consultation on the outcomes  
of a review of prevention and  
early support services for  
adults.**

**Consultation document**

## About this document

This consultation document:

- provides background information on the review and the proposals
- gives information about how we have consulted so far in developing our plans
- outlines what we would like your views on.

## How to give your views

The consultation is open to all Barnet residents, service users, their carers and families, community groups and voluntary organisations.

The findings from the consultation will contribute to the final recommendations that are put forward to the Adults and Safeguarding Committee in the new year. The Committee will then make a decision on the way forward.

There are three ways you can take part in the consultation:

- you can complete a questionnaire online at [engage.barnet.gov.uk](http://engage.barnet.gov.uk), or
- complete a paper questionnaire. If you would like a paper questionnaire please contact us by:
  - email: [healthandwellbeing@barnet.gov.uk](mailto:healthandwellbeing@barnet.gov.uk)
  - telephone: 020 8359 3478
- face to face discussions (focus groups and one-to-ones) with service users (by invitation only).

If you need any additional help or support, or wish to have a copy of this document in a different format, you can contact us by:

email: [healthandwellbeing@barnet.gov.uk](mailto:healthandwellbeing@barnet.gov.uk)

telephone: 020 8359 3478

A questionnaire is available to print on Engage Barnet until the 10 January 2017. All paper questionnaires need to be returned by this date.

The findings from the consultation will contribute to the final recommendations that are put forward to the Adults and Safeguarding Committee in the new year. The committee will then make a decision on the way forward.

## Background

Across the country, adult social care is under growing pressure. The amount of money available for councils to spend has reduced and will continue to reduce over the coming years. There is also growing demand for adult social care services.

To address these challenges, Barnet Council has changed its adult social care services to make sure they provide better quality, are more effective and deliver the best possible value for money. For example:

- we have developed a new way of working for adult social care; supporting professionals to work with people around prevention and early intervention for both carers and users
- we are finding new ways to remain at home for as long as possible such as telecare (services that use technology to help people live more independently at home) and the Shared Lives scheme, which matches people who can provide support in their own homes to people who need support and assistance
- we have put in place a new carers support service (including young carers) in Barnet
- we are improving our work with people with mental health conditions to ensure that the support they receive is tailored to their individual needs. We are supporting people to gain work, the right home and to be part of their community
- we are working with health services to make sure our work is joined up and is of good quality. This is particularly important for people who have both health and social care needs such as people who have had a stroke and for people with dementia.

However, the council is approaching the limit of savings that can be achieved through providing services more efficiently. As a part of the General Budget Consultation the council will also be consulting on whether or not to apply the Social Care Precept on the level of Council Tax as part of the budget setting process which concludes in March 2017.

Barnet Council, like many other councils, is moving away from funding universal services to focussing on those organisations which can show clear evidence of providing targeted support for those at risk of their care and support needs escalating.

We now have more information about what works in terms of preventing, reducing and delaying the need for adult social care so we need to make sure that the services we are providing are as good as they can be for the money available.

A number of our services, such as Later Life Planning, Stroke Community Support, the Barnet Dementia Pathway and our Home from Hospital Service are being successfully provided by the voluntary sector and helping residents access specialist

services when they need them as well as helping them remain independent in their homes.

In light of these changes the council has looked at all prevention services it currently provides for adults to ensure that they:

- are performing as well as they can
- are aimed at people who need them most
- are based on evidence of the best types of prevention services.
- provide maximum value for money
- do not duplicate other services available
- focus on preventing the things that we know increase people's need for services, such as being isolated.

On 10 November 2016, Adults and Safeguarding Committee considered a paper which provided an overview of the current prevention offer in place for adults. You can read the full paper [here](#)<sup>1</sup> for further information about the review.

Adults and Safeguarding Committee, agreed to a number of proposals to make changes to a number of services currently being delivered.

This document sets out background information regarding each proposal and suggested alternative provision. The consultation asks for your comments and opinions on the proposals for four services:

- Support Planning and Brokerage (delivered by Inclusion Barnet)
- Wellbeing Services (delivered by Chinese Mental Health Association)
- Mental health project (delivered by Barnet Asian Women's Association)
- Community Arts Project (delivered by Community Focus)

#### **Our aims of these proposals are to:**

- provide maximum value for money
- make sure that we are not duplicating services
- provide services that make the most difference to people
- target our services at those who need them most
- support the Adults and Safeguarding Committee to realise its total savings of £15.070m between 2017 and 2020.

#### **Who has been involved in developing these proposals?**

The proposals have been developed with input from Adults and Community Delivery Unit Staff, Commissioning Group staff (including Commissioning Leads for Adults and Health).

---

1

<https://barnet.moderngov.co.uk/documents/s35907/Prevention%20and%20Early%20Support%20Services.pdf>

We have worked, and continue to, work with the organisations affected by the proposals.

## Section 1: Support Planning and Brokerage – Inclusion Barnet

### **Service: Support Planning and Brokerage**

#### **Organisation: Inclusion Barnet**

Inclusion Barnet is a charity that promotes accessibility for disabled people by breaking down barriers to employment and social inclusion. They are a peer led organisation that provides the Peer Support Planning and Brokerage (sourcing and organising activities) service.

Since 2011, the team have been helping people who are eligible for support from the council. Through their lived experience of disability, they support the person to develop a plan that supports them to live the independent life they choose.

The service currently provides support planning and brokerage to service users that are eligible to receive Social Care providing choice to the service user.

#### **The proposal**

The contract started in September 2014 for three years and the contract allows for a two year extension.

The proposal is to not extend the External Support Planning and Brokerage contract and to allow this to end on 30 September 2017; at the end of the initial contract period (after 3 years).

This means that all support planning and brokerage will be undertaken by Barnet Council's Adults and Communities Staff. The majority of the support planning and brokerage is already provided by Barnet Council's Adults and Communities Staff.

This means there will not be an alternative, independent Support Planning and Brokerage Service offered to people who are eligible for Social Care services.

The review has shown to have had a lower than anticipated level of use and alternative delivery has been identified. It is expected that by not continuing this contract there will be an annual saving of £146,523

#### **Alternative provision**

All Adult Social Care clients will continue to receive a support planning service. The support planning function will be provided by Barnet social care staff; the roll out of Barnet's strength based approach will support the delivery of this function.

The council will monitor the service to ensure that it meets the needs of adult social care service users and is being delivered to the highest quality. Independent advice and a variety of social care opportunities will continue to be offered as part of the support planning process and peers and family members will be included where appropriate

Inclusion Barnet will be offered support by Community Barnet to ensure sustainability.

**We are seeking your views on -**

**To what extent do you agree or disagree with the proposal (including the proposed alternative provision)?.**

**Reasons why you agree or disagree with this proposal.**

**What impact the proposal would have on you, your family or organisation?**

**Reasons for your answer.**

## Section 2: Wellbeing Service – Chinese Mental Health Association

### **Service: Wellbeing Services**

### **Organisation: Chinese Mental Health Association**

Chinese Mental Health Association (CMHA) provide a diverse range of services with the aim of serving Chinese people who suffer from mental health related issues and problems.

Chinese Mental Health Association is currently commissioned to provide:

- information related to health and wellbeing through a variety of channels including;
  - promotional materials;
  - on-line;
  - telephone;
  - face-to-face
  - groups and targeted support
- wellbeing events throughout the year to promote health and wellbeing, raising awareness and tackling stigma. Wellbeing Events will primarily be for Chinese community
- facilitated wellbeing activities (for example, yoga or art sessions) and support groups
- targeted advice and support

### **The proposal**

Due to procurement rules the council is unable to extend the contract with the Chinese Mental Health Association beyond 31 March 2017 as all of the contract extensions have been used.

To continue the Wellbeing Services, the council would need to go out to tender for this provision. Going out to tender means that a service specification is developed and organisations bid to provide the service. The best bid wins and that organisation provides the service.

We are proposing not to go out to tender for this provision because this would duplicate other services, not provide good value for money and is not in line with the evidence of the best types of prevention services.

It is expected that by not going out to tender on this contract that there will be an annual saving of £46,894



## **Alternative provision**

In 2015-2016, the council and Barnet Clinical Commissioning Group (CCG) commenced the redesign of mental health services.

The aim of this piece of work was to ensure that:

- individuals are supported to manage their mental health condition
- where primary care engages the user in decisions about their care and treatment
- those with experience of managing their mental health conditions support their peers.

Part of this redesign includes a Wellbeing Hub. Chinese Mental Health Association play a leading role in the voluntary sector collaboratively delivering the Wellbeing Hub.

In addition, the council has established a mental health enablement model working with the Mental Health Network to ensure that service users receive early support to retain employment, return to work and retain their homes. As this provision has now been developed it is thought that the current wellbeing contract with the Chinese Mental Health Association duplicates this provision.

Within the development of the Mental Health Network and the Wellbeing Hub there is an explicit recognition that some groups of people only access services in a crisis and that additional steps need to be taken to make sure that these groups access services before crisis.

To ensure that services are appropriate to the needs of the Chinese community and to allow for clients to be transitioned appropriately, the council will invest some additional resources into the Wellbeing Hub and the Mental Health Network for the development of specific support to the Chinese community which may include interpreters, specific outreach and staff training.

Alternative provision is also available via talking therapies (IAPT) and employment support (MAPS and IPS). The Digital Mental Wellbeing Service will also be available in early 2017.

Alongside this, there is the borough's offer specifically for older people which includes Ageing Well Provision (through the Altogether Better locality coordinators), the Neighbourhood Services (led by Age UK Barnet) and the Age UK Barnet's Later Life Planning service.

As a large proportion of the people accessing the services are older people, the council has identified transitional funding to work with the Ageing Well Programme to

ensure that appropriate alternative provision is available to the people currently using the service.

Chinese Mental Health Association will be offered support by Community Barnet to ensure sustainability.

**We are seeking your views on -**

**To what extent do you agree or disagree with the proposal (including the proposed alternative provision)?**

**Reasons why you agree or disagree with this proposal.**

**What impact the proposal would have on you, your family or organisation?**

**Reasons for your answer.**

## Section 3: Mental Health Project – Barnet Asian Women’s Association

### **Service: Mental Health Project**

### **Organisation: Barnet Asian Women’s Association**

Barnet Asian Women’s Association (BAWA) provides a service to Asian women in the London Borough of Barnet. The organisation welcomes Asian women from all faiths and practices and provides community support, including supporting women in crisis.

Barnet Asian Women’s Association is currently commissioned to provide:

- information related to health and wellbeing through a variety of channels including:
  - - promotional materials;
    - on-line;
    - telephone;
    - face-to-face
    - groups and targeted support
- Wellbeing Events throughout the year to promote health and wellbeing, raising awareness and tackling stigma. Wellbeing Events will primarily be for Asian Women from Barnet
- facilitated wellbeing activities (for example, yoga or art sessions) and support groups
- targeted advice and support.

### **The proposal**

Due to procurement rules the council is unable to extend the contract with the Barnet Asian Women’s Association beyond 31 March 2017 as all of the contract extensions have been used.

To continue the Mental Health project the council would have to go out to tender for this provision. Going out to tender means that a service specification is developed and organisations bid to provide the service. The best bid wins and that organisation provides the service.

We are proposing not to go out to tender for this provision because this would duplicate other services, not provide good value for money and is not in line with the evidence of the best types of prevention services.

It is expected that by not going out to tender on this contract that there will be an annual saving of £29,656

## **Alternative provision**

In 2015-2016, the Council and Barnet Clinical Commissioning Group (CCG) commenced the redesign of mental health services.

The aim of this piece of work was to ensure that:

- individuals are supported to manage their mental health condition
- where primary care engages the user in decisions about their care and treatment
- those with experience of managing their mental health conditions support their peers.

In addition, the council has established a mental health enablement model working with the Mental Health Network to ensure that service users receive early support to retain employment, return to work and retain their homes.

Within the development of the Mental Health Network and the Wellbeing Hub there is an explicit recognition that some groups of people only access services in a crisis and that additional steps need to be taken to make sure that these groups access services before crisis.

To ensure that services are appropriate to the needs of Asian women and to allow for clients to be transitioned appropriately, the council will invest some additional resources into the Wellbeing Hub and the Mental Health Network for the development of specific support to the Asian women which may include interpreters, specific outreach and staff training.

In addition, the council has also recently awarded a grant of £10,000 to the Sangam Association of Asian Women (a BAME group with a focus on wellbeing services) to provide additional services to the borough's Asian population.

Alternative provision is also available via talking therapies (IAPT) and employment support (MAPS and IPS). The Digital Mental Wellbeing Service will also be available in early 2017.

Alongside this, there is the borough's offer specifically for older people which includes Ageing Well Provision (through the Altogether Better locality coordinators), the Neighbourhood Services (led by Age UK Barnet) and the Age UK Barnet's Later Life Planning service.

Barnet Asian Women's Association will be offered support by Community Barnet to support sustainability.

**We are seeking your views on -**

**To what extent do you agree or disagree with the proposal  
(including the proposed alternative provision)?**

**Reasons why you agree or disagree with this proposal.**

**What impact the proposal would have on you, your family or organisation?**

**Reasons for your answer.**

## Section 4: Community Arts Project – Community Focus

### **Service: Adults Community Arts Project**

### **Organisation: Community Focus**

Community Focus is an inclusive multi-arts centre based in Barnet. Community Focus work to encourage members of our community of all ages, backgrounds and abilities to participate in the arts, to gain confidence and to challenge barriers through integration and innovation.

Community Focus receives a grant to provide subsidised personalised service to adults who do not have adult and social care eligible care needs. Courses cater for small numbers of people and include drumming, painting, ceramics, dance, drama, computer classes and photography.

### **The proposal**

The council's grants programme supports new sustainable projects and activities. The grants programme does not fund existing activities.

The council has provided a grant to Community Focus for the Community Arts Project since 2011. Therefore council is unable to provide a further grant beyond 31 March 2017.

To continue the Community Arts Project (subsidised places) the council would have to go out to tender for this provision. Going out to tender means that a service specification is developed and organisations bid to provide the service. The best bid wins and that organisation provides the service.

We are proposing not to go out to tender for this provision because this would duplicate other services, not provide good value for money and is not in line with the evidence of the best types of prevention services.

It is expected that by not going out to tender on this contract that there will be an annual saving of £47,300

### **Alternative provision**

An initial assessment by Community Focus has shown that it is likely that the courses will continue with residents accessing the courses being asked to make a slightly higher contribution.

However, in the event that Community Focus is no longer able to operate or people currently accessing the subsidised courses are unable to financially contribute without the council's subsidy, the council will aim to support the adult to access a range of alternative local services.

These could be services such as Barnet Mencap, which provides social inclusion and employment support for people with learning disabilities and activities included in our Ageing Well offer. People may also be supported to access the many other community art and social inclusion activities which occur throughout the borough including courses offered through U3A, Age UK Barnet, Arts Depot, Dementia Cafes, knitting groups, art classes and drama classes.

Barnet Council will work with individuals to explore the use of support planning (through top up and individual contribution) to purchase community arts provision.

Community Focus will be offered support by Community Barnet to support sustainability.

**We are seeking your views on -**

**To what extent do you agree or disagree with the proposal (including the proposed alternative provision)?**

**Reasons why you agree or disagree with this proposal.**

**What impact the proposal would have on you, your family or organisation?**

**Reasons for your answer.**