

MEDICAL & ALTERNATIVE TREATMENTS

Service	Duration	Member	Non-Member
Women's Health	30 min	£350	£400
Hormonal Balancing (includes top-up after 4-8 weeks)	3 hrs	£300	£340
Nutrition Initial Consultation	60 min	£250	£285
Nutrition Follow-up	45 min	£175	£200
Private GP	15 min	£60	£70
Private GP	30 min	£120	£135

HAND & FEET

Service	Duration	Member	Non-Member
OPI Express Manicure	20 min	£15	£20
OPI Luxury Pamper Manicure	60 min	£35	£40
OPI Gel Manicure	60 min	£38	£43
Express Pedicure	30 min	£20	£23
Gel removal	20 min	£5	£7
OPI Luxury Pamper Pedicure	70 min	£40	£45
OPI Gel Pedicure	75 min	£45	£50

HAIR & MAKE-UP

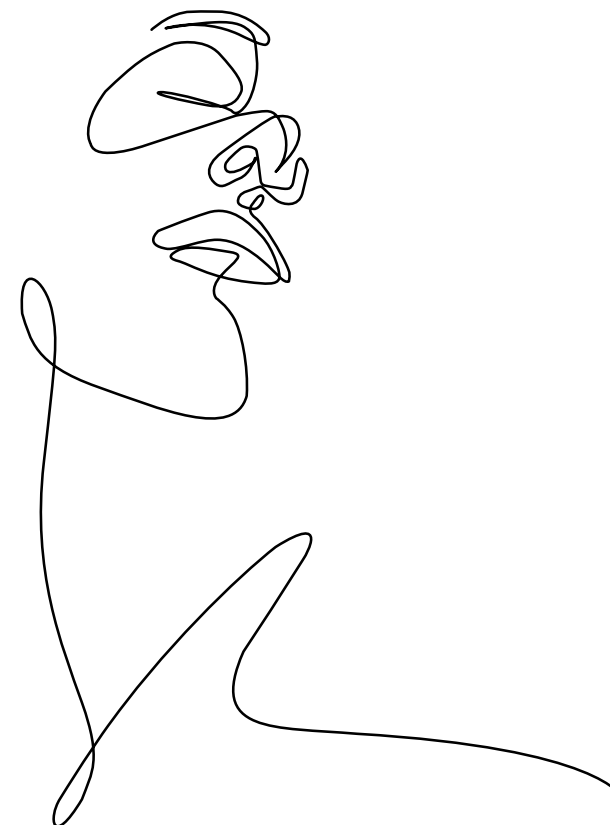
Service	Duration	Member	Non-Member
Blow dry	45 min	£45	£50
Hair Curl Tong (Add-on)	15 min	£10	£12
Hair Straightening (Add-on)	10 min	£10	£12
Up Do	45 min	£45	£50
Make-up – Full Face (Day)	45 min	£40	£45
Make-up – Full Touch-up	15 min	£15	£20
Make-up – Full Face (Evening/Party)	60 min	£55	£62

IvitaMe (Vitamin Infusions)

Detailed price list available soon



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BODY TREATMENTS

Service	Duration	Member	Non-Member
Californian Massage	60 min	£60	£70
Deep Tissue Massage	60 min	£80	£90
Prenatal Massage	60 min	£90	£105
Body Scrub	45 min	£45	£50
Body Scrub (Add-on)	20 min	£20	£25
Physiotherapy Initial Assessment	60 min	£165	£185
Physiotherapy Follow-up Session	45 min	£130	£150
Physiotherapy Follow-up Session	30 min	£110	£125
Postural Taping (Including assessment)	60 min	£165	£185
Postural Taping Follow-up	15 min	£45	£55
Blueprint method - Mind Body Connection	60 min	£280	£315
Ayurvedic Massage of Body & Abdomen	60min	£240	£270
Aromatherapy Massage	45 min	£105	£120
Aromatherapy Massage	60 min	£135	£155
Aromatherapy Full Body Tonic Massage	90 min	£202	£230
Empowerment Massage	60 min	£150	£170
Empowerment Massage	90 min	£200	£225
Body Acupuncture - Health and Well-being	60 min	£250	£285
Body Acupuncture - Booster Acupuncture	30 min	£60	£70

WAXING

Service	Duration	Member	Non-Member
Waxing Full Legs	45 min	£45	£55
Waxing Half Legs	30 min	£25	£30
Waxing Forearms	25 min	£20	£25
Waxing Underarms	20 min	£15	£20
Waxing Bikini	20 min	£20	£25
Waxing Extended Bikini	30 min	£25	£30
Waxing Brazilian	45 min	£40	£50
Waxing Hollywood	55 min	£45	£55
Waxing Lips or Chin	15 min	£15	£20
Waxing EyEBrow	20 min	£20	£25

FACE TREATMENTS

Service	Duration	Member	Non-Member
Microblading (includes top-up after 4-8 weeks)	3 hrs	£300	£340
Eyelash Lift	60 min	£100	£115
Lash Extension	2 hrs	£100	£115
Lash Top-up	60 min	£60	£70
Teeth Whitening	1 hr 30min	£150	£170
Eyebrow shaping	45 min	£25	£30
Cosmetic Facial Acupuncture	60 min	£250	£285
Facial – Cosmetic Guasha	60min	£250	£285
Facial - Collagen Ultrasonic Infrared Induction	30 min	£200	£225
MRL Signature Treatment	75 min	£130	£150
MRL Wellness Consultation	30 min	£255	£275
EB - Seasonal Spring Clean & Glow	45 Min	£225	£255
EB - Seasonal Summer Refresher Facial	45 Min	£225	£255
EB - Seasonal Autumn Pumpkin Peel Facial	45 Min	£225	£255
EB - Seasonal Winter Revitalise Apple Peel Facial	45 Min	£225	£255
EB - Purifying Express	30 Min	£150	£170
EB - Plump & Glow Express	30 Min	£150	£170
EB - Anti-Stress Express	30 Min	£150	£170
EB - Calming Recovery And Hydration Facial	60 Min	£250	£285
EB - Signature Anti-Aging Facial	60 Min	£250	£285
EB - Advance Signature Facial With Micro Needling	60 Min	£250	£285
EB - Brightening Red Carpet Facial	60 Min	£250	£285
EB - Acne Clarify Facial	60 Min	£250	£285
EB - Mini Facial - Detox & Awaken	30 Min	£160	£180
EB - Mini Facial - Hydrate & Plump	30 Min	£160	£180
EB - Mini Facial - Collagen Boost	30 Min	£160	£180
EB - Mini Facial - Peel & Polish	30 Min	£160	£180
Lymphatic Drainage Anti-Ageing	75 Min	£80	£90
Purifying Facial	60 Min	£70	£80
Hydrating Replump Facial	75 Min	£80	£90
Express Facial	30 min	£40	£45

EMPOWERMENT TREATMENTS

Service	Duration	Member	Non-Member
Essential Reiki Reset	90 min	£180	£205
Hypnotherapy (Four-session programme)	60 min each	£1,200	£1,400
CBT	60 min	£175	£200