

Technician Bingo – How to play

Now you have registered you need to know how this works. Just like bingo you are playing for a line or the full house.



	B	I	N	G	O
1	Complete a 3k run/walk and track your progress	Create choreography to the naked mole rap (Kim possible) and film it	Create your own animal agility course using equipment around your unit	Perform 10 x Burpees	Bake/cook something and make it look like an animal
2	Dress up as the mouse king from the nutcracker	Perform 5 x sawdust/food bag bench press	1-minute plank	Create a tower using enrichment items	Eat a sugar donut without licking your lips
3	10 x full press ups or half press ups	Create an outfit using items/materials around the office and work	Create a robot using only the items found in your unit	Perform 10 x squats	Build your own tower of cards
4	Stick 50 paper zebrafish to yourself and post a picture	Complete 10 sit ups	Try and build the tallest tower from bottles	Placing a biscuit on your forehead move it down to your mouth without using your hands	Using the items at work and the floor create a 2d picture of an animal (art attack style)
5	Write a poem/rap about animal technicians, animals or anything in the industry	Create (using any media) a picture of an animal	Create a fort made from the items in your unit (e.g., sawdust bags)	Using origami create an animal	Complete a 3k run/walk and track your progress

For a line you must complete five challenges in any direction and submit evidence that you have completed all five.

There are four opportunities to complete your challenges and you can enter in all four weeks to try to win. Evidence must be uploaded within each entry week as follows:

- 1st – 7th March
- 8th – 14th March
- 15th – 21st March
- 22nd – 28th March

Weekly Winner

If you are going to enter in all four weeks you need to complete a different line of challenges each week. A winner will be drawn at random from all completed and verified entries for each week and they will win a £25 Amazon E voucher.

Full House

If you are going to enter for the full house, you need to have completed all 25 challenges and submitted your evidence on the submission form on the Tech month web page. A winner will be drawn at random from all completed and verified entries and they will win a £100 Amazon E voucher.

The submission form for evidence can be found on the TechMonth webpage at <https://eu.eventscloud.com/website/2712/techmonth/>

Good luck!!