School	Specialty/Programme	Event Title	Exam/ Course	Mandatory/ Optional	Descriptor	CT1	CT2	ST1	ST2	ST3	ST4	ST5	ST6	ST7	ST8
Surgery	Core Surgery	ATLS		Mandatory		x	x								
Surgery	Core Surgery	CrISP course		Mandatory		x	x								
Surgery	Core Surgery	Simulation Training		Mandatory		x	x								
Surgery	Core Surgery	Basic Surgical Skills		Mandatory		x	x								
Surgery	Core Surgery	Anastomosis course-of interest to those pursuing General Surgery and Paediatric Surgery training		Optional	Core	x	x								
Surgery	Core Surgery	Basic ENT skills course (BEST) – currently unavailable		Optional	Core	x	x								
Surgery	Core Surgery	Core skills in laparoscopic surgery – of interest to those pursuing General Surgery, Paediatric Surgery and Urology training		Optional	Core	x	x								
Surgery	Core Surgery	Emergency Management of Severe Burns – of interest to those pursuing Plastic Surgery training		Optional	Core	x	x								
Surgery	Core Surgery	Microsurgery course – of interest to those pursuing Plastic Surgery, ENT, Cardiothoracic Surgery and OMFS		Optional	Core	x	x								
Surgery	Core Surgery	Orthopaedic plastering course – of interest to those pursuing Trauma & Orthopaedic training		Optional	Core	x	x								
Surgery	Core Surgery	Specialty skills in emergency surgery and trauma – of interest to those pursuing General Surgery training		Optional	Core	x	x								
Surgery	Core Surgery	Hand fracture Clinical Leadership and Management Course – of interest to those pursuing Plastic Surgery training		Optional	Core	x	x								
Surgery	Core Surgery	Exam prepraration course relevant to level of training		Optional											
Surgery	Cardiothoracic Surgery	Essential Skills in Cardiothoracic Surgery		Optional	(run through and Core trainees interested in Cardiothoracic Surgery selected on a competitive basis)		x		x						
Surgery	Cardiothoracic Surgery	ATLS		Mandatory						x	x	x	x	x	x
Surgery	Cardiothoracic Surgery	Clinical Leadership and Management Course		Mandatory						x	x	x	x	x	x
Surgery	Cardiothoracic Surgery	Developing skills for educational supervision		Mandatory						x	x	x	x	x	x
Surgery	Cardiothoracic Surgery	Simulation Training		Mandatory						x	x	x	x	x	x
Surgery	Cardiothoracic Surgery	Birmingham Review Course in Cardiothoracic Surgery		Optional						x	x	x	x	x	x
Surgery	Cardiothoracic Surgery	National Conference attendance relevant to curricular progression		Optional										x	
Surgery	Cardiothoracic Surgery	Birmingham Professional Development Course	Course	Optional											x
Surgery	Cardiothoracic Surgery	London CORE Review Course	Course	Optional										x	x
Surgery	General Surgery	ATLS		Mandatory						x	x	x	x	x	x
Surgery	General Surgery	Basic Endoscopy Course		Mandatory						x	x	x	x	x	x
Surgery	General Surgery	Developing skills for educational supervision		Mandatory						x	x	x	x	x	x
Surgery	General Surgery	Clinical Leadership and Management Course		Mandatory						x	x	x	x	x	x
Surgery	General Surgery	Simulation Training		Mandatory						x	x	x	x	x	x
Surgery	General Surgery	National Conference attendance relevant to curricular progression	Course	Optional								x	x	x	x
Surgery	Neurosurgery	**ATLS**		Mandatory						x	x	x	x	x	x
Surgery	Neurosurgery	**Clinical Leadership and Management Course**		Mandatory						x	x	x	x	x	x
Surgery	Neurosurgery	**Simulation Training**		Mandatory						x	x	x	x	x	x
Surgery	Neurosurgery	Developing skills for educational supervision		Mandatory						x	x	x	x	x	x
Surgery	Neurosurgery	Neurosurgery lecture course or equivalent attendance at relevant educational CPD e.g. Cambridge Lectures – taken annually during training Cambridge/ Leeds	Course	Optional								x			
Surgery	Neurosurgery	Cadaveric dissection (at some point during training) A few UK centres e.g. London, Edinburgh, Coventry, Leeds offer national level courses. Local cadaveric courses are available in many regional training programmes	Course	Optional									x		
Surgery	Neurosurgery	National Conference attendance relevant to curricular progression	Course	Optional											

Surgery	Neurosurgery	Sub-Specialty training course e.g. spine/ paediatrics/ neuro-oncology etc	Course	Optional												x
Surgery	Oral & Maxillofacial Surgery (OMFS)	ATLS		Mandatory						x	x	x	x	x	x	
Surgery	Oral & Maxillofacial Surgery (OMFS)	Clinical Leadership and Management Course		Mandatory						x	x	x	x	x	x	
Surgery	Oral & Maxillofacial Surgery (OMFS)	Simulation Training		Mandatory						x	x	x	x	x	x	
Surgery	Oral & Maxillofacial Surgery (OMFS)	Developing skills for educational supervision		Mandatory						x	x	x	x	x	x	
Surgery	Oral & Maxillofacial Surgery (OMFS)	Emergency Skill course – part of National SAC organised bootcamp	Course	Optional												
Surgery	Oral & Maxillofacial Surgery (OMFS)	Basic plating course	Course	Optional												
Surgery	Oral & Maxillofacial Surgery (OMFS)	Head and Neck Anatomy course	Course	Optional												
Surgery	Oral & Maxillofacial Surgery (OMFS)	Surgical dermatology course	Course	Optional												
Surgery	Oral & Maxillofacial Surgery (OMFS)	Orthognathic course	Course	Optional												
Surgery	Oral & Maxillofacial Surgery (OMFS)	Microvascular course	Course	Optional												
Surgery	Oral & Maxillofacial Surgery (OMFS)	Advanced trauma course	Course	Optional												
Surgery	Oral & Maxillofacial Surgery (OMFS)	National Conference attendance relevant to curricular progression	Course	Optional												
Surgery	Oral & Maxillofacial Surgery (OMFS)	Exam prepraration course relevant to level of training	Course	Optional												
Surgery	Oral & Maxillofacial Surgery (OMFS)	3 Sub-specialty courses	Course	Optional												
Surgery	Otolaryngology (ENT)	APLS		Mandatory						x	x	x	x	x	x	
Surgery	Otolaryngology (ENT)	Clinical Leadership and Management Course		Mandatory						x	x	x	x	x	x	
Surgery	Otolaryngology (ENT)	Simulation Training		Mandatory						x	x	x	x	x	x	
Surgery	Otolaryngology (ENT)	Developing skills for educational supervision		Mandatory						x	x	x	x	x	x	
Surgery	Otolaryngology (ENT)	Temporal Bone Dissection Course	Course	Mandatory						x	x	x				
Surgery	Otolaryngology (ENT)	Sinus Anatomy and Surgical Dissection Course	Course	Mandatory						x	x	x				
Surgery	Otolaryngology (ENT)	Head and Neck Surgery Course	Course	Mandatory							x	x	x			
Surgery	Otolaryngology (ENT)	Septorhinoplasty and Facial Plastics Course	Course	Mandatory							x	x	x			
Surgery	Otolaryngology (ENT)	Laser Surgery and Safety course	Course	Mandatory								x	x	x	x	
Surgery	Otolaryngology (ENT)	National Conference attendance relevant to curricular progression	Course	Optional												
Surgery	Otolaryngology (ENT)	Exam prepraration course relevant to level of training		Optional												
Surgery	Otolaryngology (ENT)	Research and Critical Appraisal Skills Course	Course	Mandatory								x	x	x	x	
Surgery	Paediatric Surgery	Developing skills for educational supervision		Mandatory						x	x	x	x	x	x	
Surgery	Paediatric Surgery	APLS		Mandatory						x	x	x	x	x	x	
Surgery	Paediatric Surgery	Clinical Leadership and Management Course		Mandatory						x	x	x	x	x	x	
Surgery	Paediatric Surgery	Simulation Training		Mandatory						x	x	x	x	x	x	
Surgery	Paediatric Surgery	ST3 Bootcamp		Optional						x						
Surgery	Paediatric Surgery	Basic skills Paediatric Surgery training days	Course	Optional						x						
Surgery	Paediatric Surgery	RCS Neonatal Surgery Course	Course	Optional						x						
Surgery	Paediatric Surgery	Paediatric trauma symposium – (trainees are encouraged to attend but not yearly)		Optional						x	x	x	x	x		
Surgery	Paediatric Surgery	GOSH symposia – (trainees are encouraged to attend but not yearly)		Optional						x	x	x	x	x		
Surgery	Paediatric Surgery	Vascular Access course	Course	Optional						x	x	x	x			
Surgery	Paediatric Surgery	BAPS/CCLG Oncology Course	Course	Optional							x	x	x			
Surgery	Paediatric Surgery	COPU (operative urology course + workshop) usually only done by trainees with an interest in Urology	Course	Optional							x	x	x			
Surgery	Paediatric Surgery	Neonatal surgery course	Course	Optional								x				
Surgery	Paediatric Surgery	Exam prepraration course relevant to level of training		Optional												
Surgery	Paediatric Surgery	National Conference attendance relevant to curricular progression		Optional												
Surgery	Paediatric Surgery	Paediatric Laparoscopic – Leeds		Optional									x			
Surgery	Plastic Surgery	Developing skills for educational supervision		Mandatory						x	x	x	x	x	x	
Surgery	Plastic Surgery	ATLS	Course	Mandatory						x	x	x	x	x	x	

Surgery	Plastic Surgery	Clinical Leadership and Management Course		Mandatory						x	x	x	x	x	x
Surgery	Plastic Surgery	Simulation Training		Mandatory						x	x	x	x	x	x
Surgery	Plastic Surgery	Microsurgical skills course	Course	Optional			x			x					
Surgery	Plastic Surgery	IRMER		Optional						x	x	x	x	x	x
Surgery	Plastic Surgery	Basic Skills in Hand Surgery	Course	Optional						x	x				
Surgery	Plastic Surgery	Cadaveric Flap dissection course – minimum 3 day course	Course	Optional						x	x	x	x		
Surgery	Plastic Surgery	Advanced Courses in Plastic Surgery. 2 a year on a 4 year cycle. STRs expected to attend 4-6 during training	Course	Optional							x	x	x	x	x
Surgery	Plastic Surgery	BSSH hand surgery instructional courses. STRs expected to attend 4-6 during training	Course	Optional							x	x	x	x	x
Surgery	Plastic Surgery	EMSB – Burns course	Course	Optional							x	x	x	x	x
Surgery	Plastic Surgery	Exam prepraration course relevant to level of training		Optional									x		
Surgery	Plastic Surgery	National Conference attendance relevant to curricular progression		Optional										x	x
Surgery	Trauma & Orthopaedic Surgery	ATLS		Mandatory						x	x	x	x	x	x
Surgery	Trauma & Orthopaedic Surgery	Developing skills for educational supervision		Mandatory						x	x	x	x	x	x
Surgery	Trauma & Orthopaedic Surgery	Clinical Leadership and Management Course		Mandatory						x	x	x	x	x	x
Surgery	Trauma & Orthopaedic Surgery	Simulation Training		Mandatory						x	x	x	x	x	x
Surgery	Trauma & Orthopaedic Surgery	Basic Fracture Management/ AO Course		Mandatory			x			x					
Surgery	Trauma & Orthopaedic Surgery	Casting Course	Course	Optional						x	x	x	x	x	x
Surgery	Trauma & Orthopaedic Surgery	NOTSS		Optional						x	x	x	x	x	x
Surgery	Trauma & Orthopaedic Surgery	Basic Science Course	Course	Optional						x					
Surgery	Trauma & Orthopaedic Surgery	Anatomy and Surgical Approaches		Optional						x					
Surgery	Trauma & Orthopaedic Surgery	BOA Instructional		Optional						x	x	x	x		
Surgery	Trauma & Orthopaedic Surgery	Clinical Examination		Optional						x					
Surgery	Trauma & Orthopaedic Surgery	Specialist Skills Course e.g. Arthroscopy, Hip & Knee Arthroplasty	Course	Optional							x				
Surgery	Trauma & Orthopaedic Surgery	External Fixation course	Course	Optional											
Surgery	Trauma & Orthopaedic Surgery	More Specialist Skills Course Spines foot ankle, paediatrics, hands	Course	Optional								x			
Surgery	Trauma & Orthopaedic Surgery	Post Exam attend sub-specialist		Optional										x	
Surgery	Trauma & Orthopaedic Surgery	Advanced Sub-specialty Technical Skills Course	Course	Optional											x
Surgery	Trauma & Orthopaedic Surgery	Advanced Trauma Course	Course	Optional											x
Surgery	Trauma & Orthopaedic Surgery	Exam prepraration course relevant to level of training	Course	Optional											
Surgery	Trauma & Orthopaedic Surgery	National Conference attendance relevant to curricular progression		Optional											x
Surgery	Urology	Developing skills for educational supervision		Mandatory						x	x	x	x	x	x
Surgery	Urology	ATLS		Mandatory						x	x	x	x	x	x
Surgery	Urology	Clinical Leadership and Management Course		Mandatory						x	x	x	x	x	x
Surgery	Urology	Simulation Training		Mandatory						x	x	x	x	x	x
Surgery	Urology	Core Urology Course	Course	Optional	x	x									
Surgery	Urology	Urodynamics course	Course	Optional						x					
Surgery	Urology	Spinal Injuries Course	Course	Optional							x				
Surgery	Urology	National Conference attendance relevant to curricular progression		Optional							x	x	x		
Surgery	Urology	Paediatric Course	Course	Optional											
Surgery	Urology	Scientific Basis of Urology	Course	Optional											
Surgery	Urology	Exam prepraration course relevant to level of training	Course	Optional									x		
Surgery	Urology	Emergency Urology Course	Course	Optional										x	
Surgery	Vascular Surgery	Developing skills for educational supervision		Mandatory						x	x	x	x	x	x
Surgery	Vascular Surgery	ATLS		Mandatory						x	x	x	x	x	x
Surgery	Vascular Surgery	Clinical Leadership and Management Course		Mandatory						x	x	x	x	x	x
Surgery	Vascular Surgery	Simulation Training		Mandatory						x	x	x	x	x	x

Surgery	Vascular Surgery	Exam prepraration course relevant to level of training		Optional										x	
Surgery	Vascular Surgery	National Conference attendance relevant to curricular progression		Optional											
Surgery	Vascular Surgery	ASpiRE 8-preparing for consultant practice		Optional											x