

# CYBERSECURITY FOR EVERYONE

Here are **five key pieces of advice** for staying safe at home, at work, online and on the move in an increasingly digital and online world.

## ONE

**Take care what you share.**

By ‘oversharing’ online you could be giving criminals everything they need to reset your passwords and take control of your accounts. Always think before you post.



## TWO

**Protect by patching.**

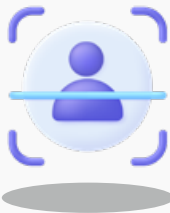
Keeping your operating system, apps and web browser up to date is one of the easiest and most effective things you can do to keep safe. Make sure you turn on the automatic update feature.



## THREE

**Multi-factor authentication.**

Your primary email, if compromised, would leave you vulnerable to hacking and identity theft. Setting up multi-factor authentication (MFA) on your primary email will give it a more powerful layer of protection.



## FOUR

**Use unique passwords.**

Reusing passwords across multiple accounts weakens your overall account security and significantly heightens the risk. If one account is hacked, other accounts using the same password are left exposed.



## FIVE

**Beware of links in emails.**

The dangers of clicking on links, or opening attachments, in unsolicited emails, or emails from an unknown source, should not be underestimated.



If you would like to know more about taking control of cybersecurity in your everyday life please read our free booklet **Cybersecurity for everyone.**

**CLICK HERE** 

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