

# CYBERSECURITY FOR LESS CONFIDENT COMPUTER USERS

To help you navigate the online environment safely and confidently, presented here are **five key pieces of advice.**

## ONE

**Think before you click.**

Phishing is the name given to an email that pretends to come from a regular, trusted sender. Don't open attachments, click links, or respond to any email messages that asks for your user-name and password.



## TWO

**Take your time.**

Emails suggesting an issue with your bank account, pension or taxes could be a scam. Contact the sender on a known number - not on the number given in the suspect communication.



## THREE

**Use unique passwords.**

If you use the same password for all of your accounts, if one gets hacked they all do. Using one password for everything means you could lose it all, so don't take the risk.



## FOUR

**Lock mobile devices.**

We keep all kinds of private information on our phones and mobile devices. Secure them with passwords or passcodes and make sure you set screen locks to activate automatically.



## FIVE

**Take care using Wi-Fi.**

Be cautious if you're accessing public Wi-Fi at a library, café, hospital or similar location - it's often not secure. Don't use it for any sensitive purposes like banking as your communications could be intercepted.



If you would like to know more about the essentials of cybersecurity please read our free booklet **Cybersecurity for less confident computer users.**

**CLICK HERE** 