



# **OUTWARD BOUND GERMANY**

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Outdoor Education for International Schools









To serve, to strive and not to yield!

OUTWARD BOUND

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” A ship is safe in the harbour, but  
that is not what it was built for “

Grace Hopper

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## Our philosophy from 75 years of international experience

The term „OUTWARD BOUND“ comes from the seafaring industry, describing the condition of a ship ready and about to leave the safe harbour to „put to sea“ on a voyage of discovery. Progressive educator Kurt Hahn was the founder and namesake of OUTWARD BOUND. This description was used as a synonym for the preparation of young people for the „Great Journey of Life“. Full speed ahead until land is in sight. The tradition continues. As a pioneer of experiential education, Kurt Hahn set the foundations for OUTWARD BOUND in England over 75 years ago. Since then we have been implementing his concepts in more than 35 countries worldwide in an innovative and competent way, working with a large number of international schools. We orient ourselves according to the guiding principles „learning through experience“ and „learning with the head, heart and hand“. These principles remain the central starting point in our programs.





**OUTWARD BOUND  
GERMANY**

## **OUTWARD BOUND Germany**

In Germany, we have been offering expedition learning courses for youth character development in the wilderness since 1951. As skilled educational partners, we work with a variety of international schools, public schools, social institutions, colleges and companies.

### **Approach**

Our primary methodology unfolds „in the natural world“. Students build character during challenging day-long expeditions - on a grueling mountain ascent, a hike in the forest or an adventure on the water. We passionately support young people in their personal development with individual challenges in unfamiliar surroundings. In our seminars we test our participants' limits and provoke the first step out of their comfort zone. Of course, physical and mental safety always has top priority.

Through our holistic course concept, the reliance on group work, reflections on collected experiences and group facilitation methods, we ensure that the experience resonates through to everyday life, long after the seminar has ended. The knowledge gained has a lasting influence on working as a team, and on the participants' individual lives.



**OUTWARD BOUND -  
Adventures for life!**









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# Programs structured for your individual needs

- **Experiential school trips and courses**
- **Outdoor trainings and seminars**
- **Continuing education, courses for integration and training**
- **Social and ecological projects**

## Program modules

- **cooperative learning projects / team tasks**
- **multiple-day expeditions - hiking in the mountains, canoeing, snowshoeing or skiing**
- **overnighting in cabins or sleeping under the stars**
- **cycling day trips**
- **climbing and rappelling on natural surfaces or indoors**
- **high ropes course / zip lining**
- **streambed hikes**
- **raft construction / stand up paddleboarding (SUP)**
- **camping**
- **campfire cooking**
- **service projects**

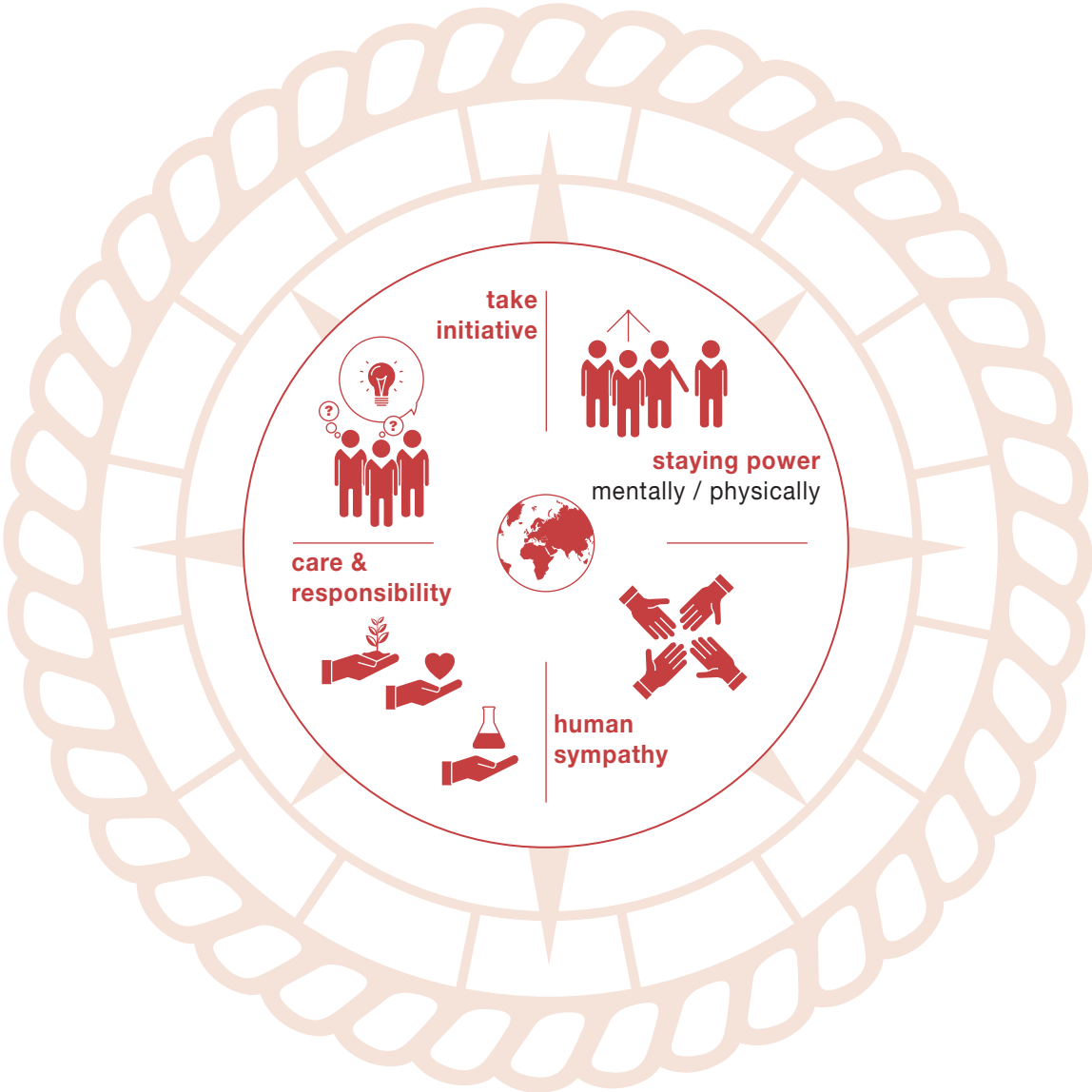


## Our goals

OUTWARD BOUND encourages and challenges each young person in their self-awareness, social skills and shared responsibility for community and nature. They are supported as responsible individuals, capable and self-confident to take life's challenges into their own hands.

Our courses and seminars promote self-reliance, trust in oneself and in the group, stamina, diligence, empathy, respect and compassion, communication and cooperation, team spirit and much more. In this way we create positive impulses for later professional development and life in general.

**our values**

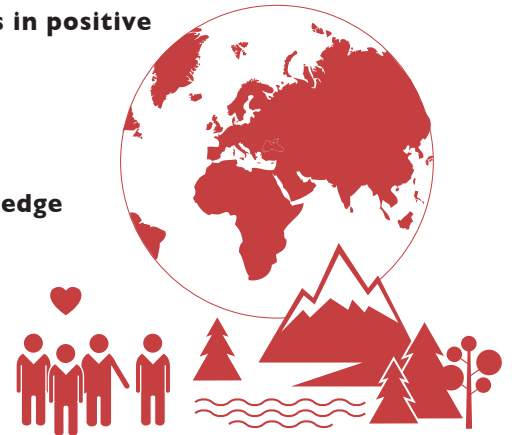




# Advantages & benefits of our work

We support the international schools curriculum and encourage our participants in their development of knowledge, skills and individual potential through experience.

- **support of the IB learning profile and implementation of CAS projects (part of the Diploma Program)**
- **identification with and discussion of the school's guiding principles**
- **deal with their own values, goals and limits**
- **increase responsibility, self-confidence and self-reliance**
- **create social and environmental stewardship**
- **heighten trust, loyalty, esteem and respect**
- **improve communication and cooperation skills in positive conflict resolution**
- **practise effective coping and resilience in stressful situations**
- **augment presentation skills and project knowledge**
- **expand creativity and flexibility**
- **encourage motivation and team spirit**



## Our work is effective & sustainable

After intense consultation the main focus, program modules and the length of the seminars are individually coordinated according to our customers' objectives in order to achieve the greatest possible and sustainable learning success. In addition, we divide large groups into smaller teams to ensure maximum security and simpler process orientation.



**OUTWARD BOUND  
GERMANY**

**be** Bundesverband  
Individual- und  
Erlebnispädagogik e.V.



I am always impressed with the patience,  
professionalism, and knowledge of the  
instructors. Our school has been coming  
to OB Schwangau for many years and  
we will return for many more

Colin Campbell, Senior School Deputy Principal,  
International School of Düsseldorf



” I am always impressed with the patience, professionalism, and knowledge of the instructors. Our school has been coming to OB Schwangau for many years and we will return for many more “

Peter Locke, 10th Grade Dean, TASIS  
(The American School in Switzerland)

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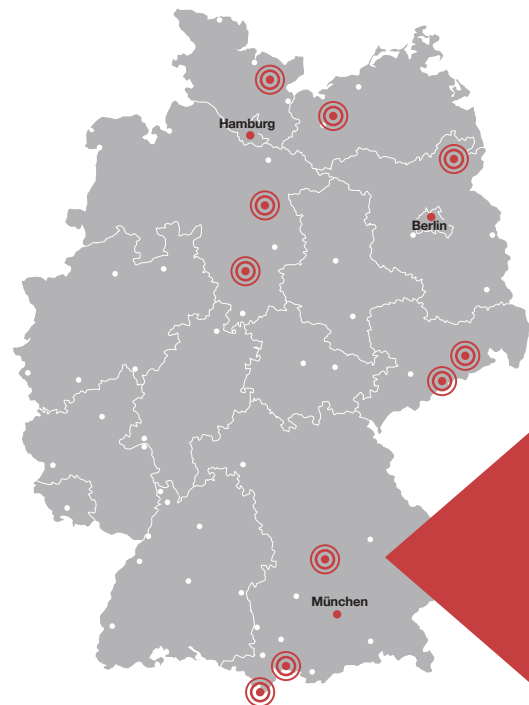
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## **Why us?**

- **We tailor the seminars individually and process-oriented to fit the needs of the client(s)**
- **We have over 65 years of experience in experiential education**
- **We are successfully represented in more than 35 countries worldwide**
- **We work with a variety of international schools**
- **We follow national and international safety standards**
- **We work exclusively with pedagogically and professionally qualified sports trainers**
- **We work in small groups**
- **We operate throughout Germany in the most beautiful natural landscapes and have our own educational centers**
- **As a voluntary child and youth welfare organization, we are involved in a variety of social and environmental projects**

**Do you have questions or are looking for partners for your project? Contact us. We look forward to hearing from you,**

**Your OUTWARD BOUND team**



„ You are the crew and not the passengers! “

OUTWARD BOUND staff

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Whether in the mountains or on the water - through wilderness expeditions and varying team challenges, our participants are motivated to step outside their comfort zones to discover their true potential and that of their group.

OUTWARD BOUND aims to promote each student in their social skills, self-awareness and their shared on-going responsibility to the community and the environment! In this way they are supported as self-reliant individuals, making a positive difference in their own lives!



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