

Activity: Woodland Treasures Memory Game

Kit needed: sheet, towel or pillowcase, note pads/paper, pens, pencils, collected items

Group/ family size: 1+

Age Group: 3+

Location: Indoors or outdoors in garden or secluded area of park

Learning about natural and un-natural objects

Instructions: During a woodland walk, or perhaps a scavenger hunt, collect natural and non-natural items. Ask each participant to find different items and not tell each other what they have found. Ask an adult or older child lay them all out under a sheet, reveal the items to the other participants for a set time then cover them again and get them to write down what they thought they saw. After everyone has remembered as much as they can, reveal all the items and allocate points per item remembered.

Additional comments:

This can be adapted to suit both older and younger children by increasing the number of objects shown and decreasing the reveal time.

This is a great opportunity for children to collect natural items and improve coordination, fine motor skills and their memory.

Include a mix of natural (i.e. sticks and feathers) and unnatural (plastic toys) when collecting for the game and use this as an opportunity to discuss what does and doesn't belong in nature.

When you are collecting items avoid private property/ land unless you have the landowner's permission

Be careful not to collect living wildlife or destroy habitats when searching for items.

Watch out for stinging insects, brambles and nettles.