



Saltsheds.

Bar & Bistro



Starters

Satay Chicken Wings

smooth peanut sauce, pickled chilli, spring onion, charred lime, roasted peanut, sesame, coriander 11

Buffalo Calamari

tangy buffalo glaze, nori ranch dressing, chives, crispy onion, charred lime 12

Wild Mushrooms

confit garlic cream, sourdough crostini, tarragon oil, pea shoots 10

Watermelon

crumbled feta, mint, guacamole, charred lime, pickled chilli, rocket 9

Mains

Panko Salmon Fishcakes

sweet chilli & kefir lime dipping sauce, mixed leaves, red pickled onion, skin on fries 18

Flat Iron Steak

heritage tomato, wild mushroom, rendang sauce, mixed leaves, coriander, skin on fries 29

Crispy Chicken Caesar Salad

topped with smoked bacon, aged parmesan, sourdough croutons, baby gem, classic caesar dressing 18

Prawn Linguine

sundried tomato, chilli & coriander pesto, rocket, aged parmesan, charred lime 20

Cajun Chicken Pappardelle

chorizo, marscarpone, teardrop peppers, cream, aged parmesan, chives, peashoots 20

Heritage Tomato Salad

buffalo mozzarella, basil & cashew pesto, mixed leaves, balsamic reduction 18

Salsa Verde Linguine

tenderstem broccoli, sugar snap peas, spinach, marscarpone, aged parmesan, chives 18





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Pizza

Classic Margherita
basil & mozzarella 15

BBQ Chicken
shredded chipotle chicken, red drop peppers
mozzarella 17

Pepperoni
pepperoni & mozzarella 16

Spicy
nduja, salami, mozzarella, rocket, parmesan 18

Hawaiian
ham, pineapple, mozzarella 16

Sourdough Rolls

SERVED BETWEEN 12PM – 5PM

Fish Goujon
tartare sauce, baby gem 15

Flat Iron Steak
rendang sauce, mixed leaves,
coriander, spring onion, crispy onion 16

B.L.T
smoked streaky bacon, beef tomato,
baby gem, mayo 15

Sides

Tenderstem Broccoli 8

Chorizo Potatoes 8

Seasalt Frech Fries 5

Mixed Salad 5

Slaw 5

Burgers

all burgers served on a toasted brioche bun
served with skin on chips

Double Patty Beef Burger
smoked bacon, emmental, gherkin
baby gem, tomato & mayo 19

Buttermilk Chicken Burger
smoked bacon, baby gem, tomato & chipotle mayo 18

Crispy Panko Halloumi Burger
pickled red onion, baby gem,
tomato, mayo 18

Kids

ALL 8

Margherita Pizza

Chicken Goujons & Fries

Cheeseburger & Fries

Fish Fingers & Fries

Tomato & Mozzarella Penne Pasta

Please advise staff when ordering of any allergies, intolerances or dietary requirements. We will take all practical precautions to reduce the likelihood of any allergens, cross contamination during the preparation of your meal, but please be aware that we handle the following allergens: celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, peanuts, sesame, soybeans, sulphites and tree nuts in our kitchen and cannot therefore guarantee an allergen free dish. can you add a part the says we cannot guarantee cross contamination with nuts but word it offically. While we follow strict food safety and allergen control procedures, we cannot guarantee that any dish is completely free from allergens. In particular, as peanuts and tree nuts are used throughout our kitchen, we are unable to guarantee that any of our food is free from traces of nuts due to the risk of cross-contamination. Guests with severe nut allergies should consider this risk before ordering and discuss their requirements with a member of our team.