THE END OF VEAP

Success Challenge



DAY 1

1/11/1

## Keviews & Goals



I'm so excited that you're joining me for the 5-Day End of Year Success Challenge! Together we're going to work on making sure we end the year on such a high.

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### THE AIM OF THIS CHALLENGE IS TO ...



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By the end of the next 5 days I want you to be feeling so focused, inspired and motivated.

If that sounds good then I've got some rules before we start...



RULES

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#### THIS IS AN INTERVENTION

I don't think this challenge has made its way into your life by accident, it's an intervention to help you end this year on a high. So the first rule of this challenge is to commit to it. Make the decision to stick to the plan and do the daily activities for the next 5 days. Come rain or shine, you have to do it. This is for YOU, to help you feel good, get to where you want and achieve amazing things. So commit.

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### IMMERSE YOURSELF

Immerse yourself in creating a new reality for yourself - one where you're focused, in the flow and feeling good. Remember that you get to choose how you feel, so do all you can over the next 5 days to immerse yourself in feeling good, in getting reconnected with your big dreams and goals.

You can do this.

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### HAVE FUN

This challenge is about helping you to get back into the flow of building your business, to help you to feel good, to help you reconnect with your dreams, to help you end the year on a high - so have FUN with it :-)

Ready to get started? Good...



### The Review



The first thing we're going to do is dive into what's been happening for you this year...



At the beginning of this year, what did you set out to achieve? What were your goals and ambitions?



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How do you feel your year has gone so far? Have you been on track? Have you fallen off track? What are the biggest lessons you've learned?



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What things have you achieved this year? Big, small and teeny tiny.





Celebrate this. Celebrate your wins, celebrate how much you've grown and discovered. I find that as an entrepreneur it's so easy to overlook what we've achieved, we don't really have anyone there to give us a pat on the back, so give yourself a pat on the back right now. Do a happy dance.

Feel good about what has gone right this year.



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Are there any goals you set yourself that fell through the cracks?

If so, get clear on them and write them down.



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What's worked well for you so far this year? Any specific actions or strategies you've applied, any groups you've joined, any particular platforms (facebook, instagram etc.).

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What hasn't worked so well for you? In terms of business, growth, development, happiness. Write it all out.

development, happiness. Write it all out.

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How much has your business grown or developed so far this year?



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Write down your facts and figures, such as how much traffic has increased to your website or shop, how much your audience base has grown on social media or via email subscribers.



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How much revenue have you generated this year?





Get clear on your figures and write them down in the workbook.



At this moment in time, how are you feeling about your business? How are you feeling about the next two months? Are you feeling anxious, unfocused and not sure what you're going to do, are you feeling excited and amazing?

Write down how you're feeling.

### END OF YEAR SUCCESS CHALLENGE - DAY 1

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By the end of these 5 days, how do you want to feel about the next two months? I don't want you to write down just yet what you want to achieve, I want you to get clear on how you want to feel.

Do you want to feel like a weight has been lifted because you're more organised and focused?

Do you want to be more motivated and inspired to achieve amazing things over the next two months?

Do you want to feel more positive about your business? Get clear and write it down.

We are going to work together to make sure that at the end of the next 5 days you feel the way you want. As long as you commit to this challenge, I know you're going to feel amazing by the end.

Okay, so that brings us to the end of the review, now let's take some time getting clear on your goals for the next two months.

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My first question to you is this, what would you love to achieve by the end of the year?



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Do you have any loose ends you want to focus on tying up?

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Did you want to do more on social media, but didn't? Did you want to create that freebie, but didn't?

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$D\epsilon$	you have any	big targets you w	vant to hit?	
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Any financial goals? Subscriber goals? Stretch yourself, you can achieve so much!

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Imagine it's New Year's Eve and you're sat somewhere quiet and you've achieved your goals.

Write down what you've made happen and how you feel...

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Take some time to vividly visualise this too and really connect to how amazing it feels.

That brings us to the end of day one. How are you feeling?

A lot clearer I hope and hopefully inspired too!

Head over to the Facebook group and let us know and I'll see you tomorrow for day 2 - we'll be planning out our business growth plan.

## Your Chance to Win



To be in with a chance of winning a 3 month pass to the Members' Club, to help you up-level your business, either:



Take a picture of your printable and share it on Instagram, tag me: @ carriegreen\_fea and use the hashtag #FEASuccessChallenge



Head over to the video series page and leave a comment and share your biggest takeaway so far.