

Regulatory Announcement

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Company	Gourmet Holdings PLC
TIDM	GRM
Headline	AGM
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Gourmet Holdings plc

(“Gourmet Holdings” or “the Company”)

AGM

At the AGM of Gourmet Holdings, held today, all resolutions were duly passed.

As previously announced on 22 September 2006, Mark Horrocks today stepped down from the Board as a non executive director of the Company.

The Board wishes to express its gratitude for the valuable contribution that Mark has made during his tenure.

14 December 2006

Enquiries

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