

Regulatory Announcement

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Company Gourmet Holdings PLC
TIDM GRM
Headline Holding(s) in Company
Released 16:33 19-Oct-07
Number 0645G

RNS Number:0645G
 Gourmet Holdings PLC
 19 October 2007

TR-1: NOTIFICATION OF MAJOR INTEREST IN SHARES

1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attached

GOURMET HOLDINGS PLC

2. Reason for the notification (please tick the appropriate box or boxes)

An acquisition or disposal of voting rights

An acquisition or disposal of financial instruments which may result in the acquisition of shares already issued to which voting rights are attached

An event changing the breakdown of voting rights

Other (specify): Placing of newly issued shares

3. Full name of person(s) subject to the notification obligation:

Westpool Investment Trust plc,
 Robert Anthony Rayne, and
 James Rhodes

4. Full name of shareholder(s) (if different from 3.)

5. Date of the transaction (and date on which the threshold is crossed or reached if different):

17 October 2007

6. Date on which issuer notified:

19 October 2007

7. Threshold(s) that is/are crossed or reached:

n/a

8. Notified details:

Change in holdings due to placing of newly issued shares

A. Voting rights attached to shares

Class/type of shares (if possible using the Ordinary (GB00B0NYFG99))

ISIN code)

Situation previous to the triggering transaction		Resulting situation after the triggering transaction				
Number of Shares	Number of Voting Rights	Number of shares	Number of voting rights		% of voting rights	
			Direct	Indirect	Direct	Indirect
8,246,119	8,246,119	9,439,246	9,439,246		22.51%	

B. Financial Instruments

Resulting situation after the triggering transaction					
Type of financial instrument	Expiration date	Exercise/ Conversion Date	Period/	Number of voting rights that may be acquired if the instrument is exercised/ converted	% of voting rights

Total (A+B)	
Number of voting rights	% of voting rights
9,439,246	22.51%

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable:

Westpool Investment Trust plc is part of the LMS Capital plc group of Companies and LMS Capital plc is therefore interested in all the shares held by Westpool Investment Trust plc

Robert Anthony Rayne is a director of Westpool Investment Trust plc and of LMS Capital plc

James Rhodes is a non-executive director of Gourmet Holdings plc and is an employee of LMS Capital plc

Proxy Voting:

10. Name of the proxy holder:
11. Number of voting rights proxy holder will cease to hold:
12. Date on which proxy holder will cease to hold voting rights:
13. Additional information:
14. Contact name: Matthew Jones, Company Secretary
15. Contact telephone number: 020 7935 3555

This information is provided by RNS

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