

Regulatory Announcement

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Company Gourmet Holdings PLC
TIDM GRM
Headline Directorate Change
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 Gourmet Holdings PLC
 21 May 2008

Gourmet Holdings plc

(the "Company" or "Gourmet")

Director Appointment

The Company is pleased to announce the appointment of Philip Shotter, as non-executive Chairman with immediate effect.

Philip Shotter, aged 38, is a Member of Glovers Solicitors LLP. He has substantial experience of advising clients in the leisure sector and in particular restaurant chains.

The Board of Gourmet Holdings plc now comprises: Philip Shotter (non-Executive Chairman), Salvatore Diliberto (Chief Executive), Daniel Rapacioli (Operations Director) and James Rhodes (non-Executive Director).

Aside from being a Member of Glovers Solicitors LLP, Mr. Shotter does not currently and has not previously, held any other directorships, partnerships or memberships.

There are no further details are required to be disclosed under rule 17 and or Schedule Two (g) of the AIM Rules of the London Stock Exchange.

21 May 2008**ENQUIRIES:**

Gourmet Holdings Plc	Today: 020 7457 2020
Philip Shotter	
Salvatore Diliberto	
Evolution Securities	Tel: 020 7071 4300
Bobbie Hilliam	
College Hill	Tel: 020 7457 2020
Justine Warren	
Matthew Smallwood	

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