

Regulatory Announcement

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Company Gourmet Holdings PLC
TIDM GRM
Headline Notifiable Interest
Released 10:28 21-Mar-07
Number 3906T

Gourmet Holdings PLC ("the Company")
 Notifiable Interest

A form TR-1 containing the following information has been received by the Company.

TR-1 notification of major interests in shares

1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attached:

Gourmet Holdings PLC

2. Reason for the notification

N/A

3. Full name of person(s) subject to the notification obligation:

Hargreave Hale Limited

4. Full name of shareholder(s) (if different from 3):

N/A

5. Date of the transaction (and date on which the threshold is crossed or reached if different):

N/A

6. Date on which issuer notified:

20 March 2007

7. Threshold(s) that is/are crossed or reached:

N/A

8. Notified details:

A: Voting rights attached to shares

Class/type of shares if possible	Situation previous to Triggering transaction	Resulting situation after the triggering transaction
		Notification required under DTR

using ISIN CODE	Number of Shares	Number of Voting Rights	transitional provision 7				
			Number of shares	Number of voting rights		% of voting rights	
				Direct	Direct	Indirect	Direct
GB00BONYFG99	2,942,221	8.60%	N/A	N/A	N/A	N/A	N/A

B: Financial Instruments

Resulting situation after the triggering transaction				
Type of financial instrument	Expiration date	Exercise/ Conversion Period/ Date	Number of voting rights that may be acquired if the instrument is exercised/ converted	% of voting rights
N/A	N/A	N/A	N/A	N/A

Total (A+B)

Number of voting rights	% of voting rights
2,942,221	8.60%

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable:

1,700,000 of these shares are held for unit trusts operated by Marlborough Fund Managers Ltd, for which Hargreave Hale manages the investments on a discretionary basis. The remaining balance is held on behalf of other discretionary clients.

10. Name of the Proxy holder:

N/A

11. Number of voting rights proxy holder will cease to hold:

N/A

12. Date on which proxy holder will cease to hold voting rights:

N/A

13. Additional information:

Notification of Major Shareholding: This disclosure is in accordance with the requirements of the transitional provisions of DTR5.

14. Contact name:

N/A

15. Contact telephone number:

N/A

END

Close

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