

Regulatory Announcement

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Company Gourmet Holdings PLC
TIDM GRM
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Gourmet Holdings Plc (“Gourmet” or the “Company”)**COMPLETION OF ACQUISITION**

Gourmet, the London restaurant/café operator, is pleased to announce that further to the announcement dated 27 September 2007 it has completed the acquisition of Amato, the café/patisserie concept based in Old Compton Street, London, on 22 October 2007.

In accordance with the terms of the acquisition the vendor, Shirepond Limited, has been issued 89,286 ordinary shares (the “Acquisition Shares”) and 535,715 options over the ordinary shares in Gourmet. The options can be exercised at any time between three and six years from the date of completion at an exercise price of 28p, being the average of the three day mid market dosing prices up to and including the day before completion.

Admission of and trading in the Acquisition Shares is expected to commence at 8.00 a.m. on 29 October 2007. Upon Admission, the Company's enlarged issued share capital will comprise 42,019,612 ordinary shares with voting rights. The Company does not hold any shares in treasury. This figure of 42,019,612 Ordinary Shares may be used by shareholders in the Company as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change in their interest in, the share capital of the Company under the FSA's Disclosure and Transparency Rules.

23 October 2007**Enquiries**

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