



Your local Specialist in Musculoskeletal Physiotherapy and Acupuncture

Would you like to:

Recover from an injury, sport related or not?

Improve a painful condition or improve your performance if affected by pain?

Prevent a sports injury, or those aches and pains getting worse?

If yes, Physio in Desford could help you. Book in for an initial session, or call for a chat with Chris, an experienced Physiotherapist to see what Physio in Desford can do for you.

Treatments & Services Include:

- Acupuncture (*medical, ear & dry needling*)
- Manipulation & Mobilisation
- Massage & Soft Tissue Therapies
- Endurance Tape & Stabilisation Tape
- Exercise Prescription & Gym Work
- Post-Operative Rehabilitation
- Heat Therapy
- Cryotherapy (cold)
- Injury Prevention Assessment
- Mobile Physio (*be seen in your own home*)
- Elderly Rehabilitation

50% longer appointments than most to help you reach your goals as quickly as possible.

25% discount
for Sport in
Desford
Members!

