## St. Mary's OB Rugby Football Club



ST MARYS IMPAVIDUS INVESTMENTS LTD – Reg. in England and Wales: 07196234 CASC N°: 00650 - VAT Reg. N°: 140478184 - Charity Ref Number: CH1893

## **Application of RFU Concussion Protocols**

Dear Players and Parents,

St Mary's OBRFC recognises that Club Coaches, Officers and Volunteers have a statutory duty of care towards rugby players under their supervision.

Players may get concussion when playing rugby at St Mary's, or during other activities at or outside of the club but wish to come to train or play with the symptoms and signs.

It is important that these situations are recognised as there can be serious consequences if they sustain another concussion before recovery.

If a player has been removed from play, or any activity, due to a suspected or possible concussion, then that player should adhere to the RFU Graduated Return to Play Protocols as there is no formal HIA (Head Injury Assessment) for children or adults in the amateur game at our level.

Once a player has been assigned to a GRTP programme this must be completed. A player cannot return to contact training without the medical clearance from a qualified medical practitioner as defined between step 4 and 5 in the GRTP.

In the case of age grade players, it is imperative that parents take primary responsibility for the welfare of their child and ensure they do not play if concussion is suspected.

Furthermore, parents are advised to pass information between the various environments (school, after school clubs, other sports) the child attends.

Full details of the RFU's Concussion Protocols and Graduated Return To Play (GRTP) programme can be found at:

https://www.englandrugby.com/participation/playing/headcase/resources

If there are any questions or queries relating to the above, please contact club management at <a href="mailto:inbox@smobrugby.co.uk">inbox@smobrugby.co.uk</a>.

Many thanks for your time and understanding.

With Regards.

Steve Miller Club Secretary

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