AGE GRADE RUGBY

Age Grade Rugby is the framework for 6-18 year olds in clubs, schools and colleges. Its purpose is to prepare players for adult rugby in clubs through the game being player centred, development driven and completion supported.

This guide highlights the key pieces of information for the Age Grade game.

New for 2019/20:

Every player is now guaranteed at least half a game as the Half Game Rule comes into regulation www.englandrugby.com/halfgame

The process for 17 year olds to play adult rugby has changed with the club and the player needing approval. www.englandrugby.com/regulations

Players who are U7, U8, and U16-18 in clubs need to register via parents on the Game Management System (GMS) – speak to your club registrar for more info.

Male U17 and U18 players may be grouped together, if in the best interests of the players.

KEEP IN LINE NITH EGULATION

- Visit Regulation 15 www.englandrugby.com/regulations
- This year's season is 6th September 2019 10th May 2020.
- Competition must be in the correct playing window and approved by your county.
- Mixed gender rugby is not permitted after U11.
- Please raise any concerns about regulation with your
 Constituent Body or County Schools Union









Max numbers - 6 Max Pitch Size(m) - 45x22 Max mins per half - 10 Max mins per day - 50

+ Tag - 6 tags to score



Max numbers - 7 Max Pitch Size(m) - 60x30 Max mins per half - 15 Max mins per day - 60

Contact game starts

+ Tackle including hold



Max numbers - 8 Max Pitch Size (m) - 60x35 Max mins per half - 15 Max mins per day - 60

3 player uncontested scrum

+ Ruck and maul -1 support player per team

Tackle not hold



Max mins per day - 70

+ 3 player scrum - strike, no push

+ Ruck and maul -2 support players per team

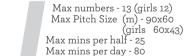
+ Kicking - no fly hack

Max numbers - 12 Max Pitch Size(m) - 60x43 Max mins per half - 20 Max mins per day - 70

+ 5 player scrum – strike, no push

+ Ruck and maul - unlimited

Fend-off below armpits



+ Boys 6 player scrum – strike and push

+ Boys kicking - flyhack

Girls as for U11 but with 5 player scrum – strike, no push

Max numbers - 15 Max Pitch Size(m) -100x70 Max mins per half - 25 Max mins per day - 80

+ Knock out Tournaments

+ 8 player scrum – Number 8 pick up and run

+ Kicking at goal

+ Uncontested lineout







Max numbers - 15

+ Contested lineout - lift

permitted

Max mins per half - 35

Max mins per day - 90

Max Pitch Size(m) - 100x70



Max numbers - 15

Max mins per half - 35

Max mins per day - 90

Max Pitch Size(m) - 100x70



Max numbers - 15 Max Pitch Size(m) - 100x70 Max mins per half - 35 Max mins per day - 90

Mixed Rugby

Boys play single age band rugby. Girls play joint age band rugby at U13, U15 and U18.

Max numbers - 15

Max mins per half - 30

Max mins per day - 90

+ Boys & girls uncontested lineout – lift permitted

Max Pitch Size(m) - 100x70