



First Aid Policy Statement

The officials of Mistley RFC Ltd. will ensure that there are such facilities and equipment as are adequate and appropriate in the circumstances for enabling First Aid to be rendered.

All those volunteers in the club and those associated with the club have a duty of care to ensure that all those people, irrespective of their age and gender, will be looked after with a safe and competent level of First Aid skills and knowledge should they get injured whilst representing the club, or undertaking any activity for or on behalf of the club.

MRFC identifies 'First Aid' as :

- (a) In cases where a person will need help from a medical practitioner or nurse, treatment for the purpose of preserving life and minimising the consequences of injury and illness until such help is obtained, and*
- (b) Treatment of minor injuries which would otherwise receive no treatment or which do not need treatment by a medical practitioner or nurse.*

Having conducted a First Aid 'assessment of needs' as appropriate to the circumstances of the club as recommended by The First Aid at Work Regulation 1981, amended in 2013, and RFU guidelines, we at Mistley Rugby Football Club Ltd. aim to ensure that there will be a minimum of one competent person per team who has undergone suitable and sufficient (and where possible a regulated qualification) training by an awarding organisation approved trainer, at training sessions, matches and events where the club is represented to administer First Aid. We also aim to ensure that where reasonably practicable, these people will have the minimum level of First Aid equipment which is in a suitably stocked and properly identified container.

Signed.....Mark Towler President 01/09/2018

Signed.....Shelagh Tate Secretary 01/09/2018