



Acceptable use statement for internet and social media use

Mistley RFC understand the importance of online communication for children and young people's development. However we recognise that relevant safeguards need to be put in place to ensure children and young people remain safe while online or using social media.

We ask that all parents* spend a few minutes to read through and discuss this statement with their child and then sign and return this form to the club.

- I will be responsible for my behaviour when using the internet and social media at the sports club, including the content I access and how I conduct myself.
- I will not deliberately create, browse or access material that could be considered offensive or illegal. If I accidentally come across any such material, I will report this to a member of staff.
- I will not use social media or the internet to send anyone material that could be considered threatening, offensive, upsetting, bullying or that is illegal.
- I understand that I should only use the club's (or organisation's) official social media or website communication channels to contact them and should not seek out individual members of staff or coaches.
- I understand that all my use of internet and social media is potentially visible to everyone and that any issues involving my behaviour online may be addressed by my coach or other staff members at the club.
- I will not give out any of my personal information (such as name, age, address or telephone number online), or that of anyone else.
- I will not share my passwords with anyone else.
- I will not arrange to meet someone that I have met online unless accompanied by a member of staff or parent.
- I understand that these rules are designed to keep me safe, and if they are not followed my parents may be contacted.
- I will avoid using my mobile or smartphone during activities as I understand that it will have an impact on my safety and my opportunity to learn and achieve.
- I am aware that if I am experiencing bullying behaviour or abuse online, I can contact **Neil Hildred Mistley RFC designated safeguarding lead telephone: 07515 710 684.**
- I know I can contact Childline on 0800 11 11 if I have any worries about something I've seen or experienced online.

We have discussed this statement and my child agrees to support the safe use of the internet and social media at Mistley RFC.

Parent's* name:	<i>Insert name</i>
Parents signature: Date:	<i>Insert date</i>
Child's name:	<i>Insert name</i>
Child's signature: Date:	<i>Insert date</i>

* Or guardian.

Neil Hildred
Mistley RFC Safeguarding Officer