



Anti-Bullying Policy

Introduction

Our anti-bullying policy sets out how we feel about bullying as a club or organisation, what we will do to tackle it and how we will support children and young people who experience or display bullying behaviour.

Bullying

- all forms of bullying will be acted upon
- everybody in the club has a responsibility to work together to stop bullying
- bullying can include online as well as offline behaviour
- bullying behaviour can include:
 - physical pushing, kicking, hitting, pinching etc.
 - name calling, spreading rumours, persistent teasing, and humiliation or the continual ignoring of others
 - posting of derogatory or abusive comments, videos or images on social media
 - racial, homophobic, transphobic or sexist comments, taunts or gestures
 - sexual comments, suggestions or behaviour
 - unwanted physical contact

Our club will:

- recognise its duty of care and responsibility to safeguard all players from harm
- promote and implement this anti-bullying policy in addition to our safeguarding policy and procedures
- ensure that bullying behaviour is not tolerated or condoned
- require all members of the club to sign up to this policy
- take action to investigate and respond to any reports of bullying from children or young people
- encourage and facilitate children and young people to play an active part in developing and adopting a code of conduct of behaviour
- ensure that coaches are given access to information, guidance and training on anti bullying

Each Participant, coach, volunteer or official will:

- encourage individuals to speak out about bullying behaviour
- respect every child's need for, and right to, a play environment where safety, security, praise, recognition and opportunity for taking responsibility are available

- respect the feelings and views of others
- recognise that everyone is important and equal, and that our differences make each of us special and worthy of being valued
- show appreciation of others by acknowledging individual qualities, contributions and progress
- ensure safety by having rules and practices carefully explained and displayed for all to see
- report incidents of bullying behaviour they see

Supporting children

- we will let children know who will listen to and support them
- we will create an 'open door' policy ethos where children feel confident to talk to an adult about bullying behaviour or any other issue that affects them
- potential barriers to talking (including those associated with a child's disability or impairment) will be acknowledged and addressed at the outset to enable children to speak out
- we will make sure children are aware of helpline numbers
- anyone who reports an incident of bullying will be listened to carefully and reports will be taken seriously
- any reported experience of bullying behaviour will be supported and helped to uphold their right to play and live in a safe environment
- those who display bullying behaviour will be supported and encouraged to develop better relationships
- we will make sure that sanctions are proportionate and fair

Support to parents/guardians

- parents or guardians will be advised on the club anti-bullying policy and practice
- any experience of bullying behaviour will be discussed with the child's parents/guardians
- parents will be consulted on action to be taken (for both victim and bully) and we will agree on these actions together

Useful contact numbers

Mistley RFC Safeguarding Officer Neil Hildred 07515 710 684

NSPCC Helpline 0800 1111 www.childline.org.uk

Kidscape www.kidsscape.org.uk

Anti-Bullying Alliance www.antibullyingalliance.org

Neil Hildred

Mistley RFC Safeguarding Officer