

# COVID-19 Risk Assessment for Pre Season Friendlies

# **General**

Please follow the FA and Government guidance on COVID-19 at all times.

Before leaving home, if anyone intending to attend Hengrove Athletic F.C has COVID-19 symptoms, please do not attend Hengrove Athletic F.C, stay at home. The person with the COVID-19 symptoms should inform the NHS Test and Trace System of their COVID-19 symptoms.

We would advise that anyone with underlying health conditions do not attend Hengrove Athletic F.C.

Hengrove Athletic F.C will keep adequate stocks of PPE and hand sanitiser

Hengrove Athletic F.C will be cleaned regularly.

## **The Hazard**

A person contracting COVID-19 at Hengrove Athletic F.C

# Who Might be Harmed?

Club Officials

Volunteers

**Players** 

Team Management

Coaches

**Physios** 

Match Officials

Bar Staff

Cleaners

## **Control Measures**

#### Travel

Everyone attending Hengrove Athletic F.C should travel individually or with people from their support bubble.

#### **Arrival**

Everyone should use the hand sanitiser on arrival at Hengrove Athletic F.C.

#### **Car Parking**

Everyone should keep the "two metre" social distancing between cars when parking.

# **Changing Rooms**

Everyone should use the hand sanitiser at the changing rooms entrance.

Only two persons at a time to use the showers.

Only one person at a time to use the toilets.

# **Training Sessions**

Team Management, Coaches, Physios and Players are to attend Hengrove Athletic F.C changed and shower at home.

All training equipment to be cleaned before use.

Team Management, Coaches, Physio and Players should bring and use their own water bottles at training.

The changing rooms and showers will not be available before, during or after training sessions.

Only one person at a time to use the toilets.

#### **Player Conduct**

No handshakes

No chewing gum

No spitting

No group celebrations

#### First Aid/Physio

The First Aider/Physio for the team that has the person requiring First Aid, should use the correct level of PPE, when attending to the person requiring First Aid.

#### **Spectators**

No spectators are to attend pre-season friendly matches.

#### Clubhouse

Everyone should use the hand sanitiser at the clubhouse entrance.

Everyone should provide their name and mobile number for NHS Test and Trace at the signing-in desk at the clubhouse entrance.

The tables will be two metres apart at all times.

Everyone should keep the two metre social distancing between other people.

The will be a one way system into and out of the clubhouse.

There will be no food served or consumed in the clubhouse.

The bar staff will use the appropriate PPE and hand sanitiser.

All bar payments will be cash, until the card reader for contactless and card payments arrives.

Everyone should avoid shouting in the clubhouse.

Only one person at a time to use the toilets in the clubhouse.

Everyone should use the hand sanitiser in the toilets on entry and on departure of the toilet.

# **Departure**

Everyone should use the hand sanitiser on departure from Hengrove Athletic F.C.

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Date: 2<sup>nd</sup> August 2020

Revision: 0

Note:- The Risk Assessment will be continually reviewed and revised if necessary.