

## **BILLINGHAM RUGBY CLUB**

### **Guidelines for dealing with an incident/ accident**

- Stay calm but act swiftly and observe the situation. Is there danger of further injuries?
- Listen to what the injured person is saying.
- Alert the first aider who should take appropriate action for minor injuries.
- In the event of an injury requiring specialist treatment, call the emergency services. Telephone is in the office in the Clubhouse (number is 01642 563057)
- Address of club is Greenwood Road, Billingham, TS23 4AZ
- Deal with the rest of the group and ensure that they are adequately supervised.
- Do not move someone with major injuries. Wait for the emergency medics.
- Contact the injured person's parent/carer using details from team manager or list in medical room.
- Complete the incident/accident report form below and hand in to Club Physio for records in the medical room.

### **Incident/accident report details**

Site where incident/accident took place:

Name of person in charge of session/competition:

Name of injured person:

Address of injured person:

Date and time of incident/accident:

Nature of incident/accident:

Give details of how and precisely where the incident/accident took place. Describe what activity was taking place, e.g. training game, getting changed, etc.

Give full details of the action taken including any first aid treatment and the name(s) of the first aider(s):

Were any of the following contacted:

Police: Yes  No

Ambulance: Yes  No

Parent/carer: Yes  No

What happened to the injured person following the incident/ accident? (e.g. went home, went to hospital, carried on with session)

All of the above facts are a true and accurate record of the incident/accident.

SIGNED:

DATE:

Name (Print):