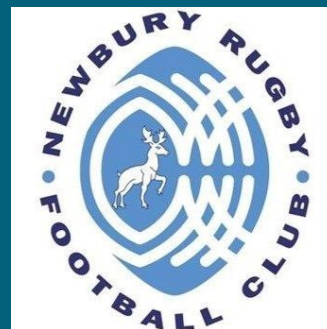


BLUES NEWS

KEEPING IN TOUCH - 8

SEPTEMBER 2020



WHAT'S INSIDE

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[Latest from the Ladies](#)

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[Project Update](#)

100+ CLUB

Congratulations to the August draw winners:

1st	Brian Trott
2nd	Mary Wearn
3rd	Jamie Bull

A **BIG 'THANK YOU'** to recent winners who have again kindly donated their winnings to the Club's Good Exchange projects.

HELP SUPPORT THE CLUB FROM JUST £2 A MONTH - [BUY YOUR TICKET ONLINE](#)

KEEPING IN TOUCH

If you would like to contribute to the next Blues News, please email content to [David Jones](#)

**NEWBURY
RUGBY CLUB**

Firstly, how great to see some rugby back at the club last month and all teams and levels in the club are at least back training! That's exciting and positive!

I enjoyed my debut in the morning touch rugby on the 12th ...yes they even let pensioners play!! The following week it was the interclub tournament and how wonderful to see some competitive rugby, albeit touch, on our pitches and to see a few spectators also enjoying a day back on the touchline. A few new players have joined and some old faces returning which was great to see. Our best wishes go to Toby Holland who sustained a nasty hip injury on the day and we all wish you a speedy recovery Toby.

With Competitive league rugby not now planned to return until 2021, we need to make the most of the new normal. I look forward to seeing more Ready 4 Rugby tournaments being organised at whatever level, so coaches over to you!! We are at Level D on the RFU roadmap but that allows us to play other clubs as well as interclub games. Regular rugby on Friday nights, Saturday afternoon or Sunday, in some form is better than none and an excuse for some fresh air (beer)!

With the obvious lack of income, the Management Board, committee and commercial team are working really hard and having to make tough commercial decisions to ensure your club stays afloat. Remember it's YOUR Club. Every can of coke, beer or coffee bought at the club by a player, supporter or parent helps. It's unprecedented times (*although check out later in the Newsletter for what happened in 1962*) and we are all thinking on our feet, but we need to stay united and positive. We will always welcome your ideas - your idea might just be a lot better than you think !!

DATES FOR YOUR DIARY:

- ◆ **Sat 17th October - European Champions Cup Final being shown live at the club.**
- ◆ **Sat 24th October - Guinness Premiership Final shown live at the club**
- ◆ **Sat 31st October - Halloween Fancy Dress Interclub Touch Rugby Tournament .**

Please refer to social media for further updates.

Check out the rest of KIT8 and see who is a surprising helicopter pilot and who was the original President of the English WRFU.

Thanks as always to all the contributors and volunteers. Always pleased to hear from any of you !

David Jones - President



Newbury RFC has set-up a club based Track & Trace system as part of our Covid-19 protocols, in line with UK Govt requirements. It will be a mandatory requirement for all visitors to the Club (both inside the clubhouse and outside on the pitches), to use this simple system to register their attendance.

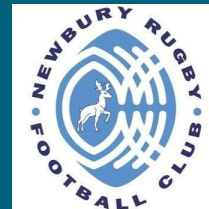
You will need to use a mobile phone (or similar camera-fitted device such as an ipad), to scan a dedicated QR code. Once the QR code is scanned, a confirmation message will appear on your device. This will need to be done on every visit to the Club. The QR codes will be on display in multiple locations around the Club and the system fully adheres to GDPR regulations.

[THE LATEST GUIDANCE FOR USING THE CLUB FACILITIES AND INSTRUCTIONS ON THE TRACK AND TRACE APP ARE ON PAGES 13-16](#)

KEEP IN TOUCH, KEEP FIT AND KEEP SAFE!

BLUES NEWS - KEEPING IN TOUCH

WHAT'S BEEN GOING ON AT THE CLUB



SUCCESSFUL NATWEST RUGBY FORCE WEEKEND - 5/6TH SEPT

Earlier this year we put in our successful application for a grant of £500 offered each year by NatWest Bank to grass root clubs across the country. The money is used to fund a proposal within the application, for the benefit of each rugby club applying. We were delighted again this year to be successful in receiving the grant, and Ian West our Volunteer Co-ordinator set about getting together a task force to tackle the list of areas for improvement, maintenance and repair that was included in our proposal.

Our thanks go to all those who helped that weekend, in scrubbing, cleaning, brushing, digging, polishing, mowing, fencing, repairing and painting – to tackle the many tasks on our list.

Here is a few of our willing volunteers in action.



MEMBERSHIP - ONE BIG WAY YOU CAN HELP YOUR CLUB

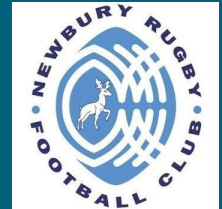
This is a tough time for every sports club and we are no exception. The fixed costs before we open the doors of this club are £200,000 per annum. Joining the club and paying your membership is a very simple but incredibly important way of supporting NRFC - your help is crucial. Please contact Sarah Tunstall if you have any queries.

Membership cards can be collected from Sarah Tunstall at the clubhouse after 6.30pm on Weds nights or Sunday mornings, assuming training resumes, 10-11am. Please observe Covid signage and instructions.

The club is now open and we are trying to organise events and get the club open as much as possible so we can enjoy our rugby. As you know, the Covid-19 regulations are constantly moving but we really are working extremely hard to make rugby safe and have it back at Monks Lane.

BLUES NEWS - KEEPING IN TOUCH

WHAT'S BEEN GOING ON AT THE CLUB



PITCH UP FOR RUGBY WEEKEND - 12/13 SEPT

A record 34 of the mixed touch rugby group played on the 12th, including its rumoured the President!!.

On the adjoining pitch, a sold out junior coaching kicking school run by Paul Archer and Neil Farrant was a great success.

Junior and mini teams also trained over the weekend.

The Saturday Morning and Monday evening social touch group always welcomes more players.

INTERCLUB 'READY FOR RUGBY' TOUCH TOURNAMENT - 19 SEPT

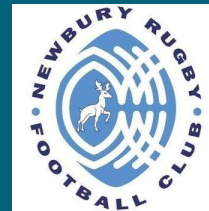
A great success - this event involved 70 senior men, ladies and colts. It was great to see some supporters on the touchline too, enjoying a beer and the sunshine.

Some snapshots of the day below.



BLUES NEWS - KEEPING IN TOUCH

FINANCIAL AGM



To: All Voting Members of Newbury Rugby Football Club

FINANCIAL ANNUAL GENERAL MEETING

Notice is again given to all members of Newbury Rugby Football Club that the Financial Annual General Meeting of the Club will be held on

Wednesday 18 November 2020 at 7.00pm

at The Clubhouse, Monks Lane, Newbury Berks. RG14 7RW

The purpose of the meeting is to receive and approve Financial Statement for the preceding Financial Year 2019/20. The Agenda, with Minutes of the previous FAGM on 20 November 2019 and a summary of the Club's Financial Statement for the Financial Year ending 30 June 2019 will be sent to members not less than two weeks prior to the date of the meeting.

In recognition of these extraordinary times, when the virtual abridged AGM was held in June, it was decided that elections of the Officers and Committee Members; President and Vice President; and for vacancies on the Board of Trustees should be deferred. They now will be held at this Financial AGM and nominations may be made before 4 November, duly proposed and seconded.

Also, any proposals may be submitted in writing to the Secretary, up to 4 weeks prior to the FAGM, ie by 21 October: and need to be proposed by one Member and seconded by another.

Christine Morrell - Secretary

Email via: www.newburyrugby.co.uk/contact

On behalf of Newbury RFC Committee - 30 September 2020



Live Rugby in Kickers



European Champions Cup Final

Saturday 17th October – kick-off 16.45pm

Exeter Chiefs vs Racing 92

Bar opens from 4pm until an hour after final whistle

Gallagher Premiership Final

Saturday 24th October - **17.30pm (tbc)**

Bar opens from 4.30pm until an hour after final whistle



As per UK Govt guidelines tables of six must be pre-booked and food pre-ordered. Table service only.

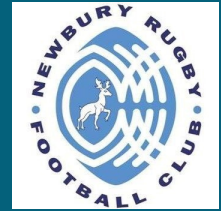
Mandatory requirement to use QR Code scan system

"One club, run by members for the community"



BLUES NEWS - KEEPING IN TOUCH

CHAIR'S UPDATE - OCTOBER



LOUISE GOODALL

I am sure like me, you're finding it hard to believe that we are now into October with the nights drawing in and as my youngest daughter keeps reminding me, only what seems like a ridiculous number of days until Christmas.

I've been reflecting quite a bit lately on this year so far, and although no one could disagree that it's been difficult and challenging, it has in many ways because of those very challenges been inspiring to know that we can rely on our friends, family and community to get through.

We too as a rugby community have endeavoured to keep things going, albeit in a different way than we are used to. There are still no league matches and the RFU are telling us that competitive leagues will not start again until the New Year at the earliest, and that is not definite.

This isn't going to dampen our enthusiasm though. We have already run some successful events and are now planning more before Christmas. This will include a half term rugby camp, a fancy-dress Halloween all-comers touch rugby tournament, a women's and girls' competition and another senior men's touch tournament. Some of them are planned under floodlights and others over a weekend. So, something for everyone; keep an eye on Pitchero and in these updates for more details and how you can get involved.

I look forward to seeing at the club. I'm always happy to chat, so if you have any ideas about ways you can help the club, feedback on what's gone well or suggestions for change, do get in touch with me or your section chair.

Regards,

Louise Goodall

Chair, Newbury RFC



Louise.goodall.rugby@gmail.com

Rugby Club Office: 01635 230023

Mobile: 07787 225789

GRANDAD WITH HIS LITTLE PRINCESS

Who 'd have
thought that
'grumpy
Mick'
was such a
big softie?!!!

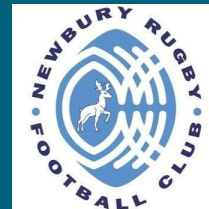


MEMBERSHIP

A HUGE 'THANK YOU' to all those who have paid their membership and demonstrated their support. This year more than any other in our club's history, the importance of paying your membership is critical to us, collectively weathering this Pandemic and remaining strong and united as a club.

BLUES NEWS - KEEPING IN TOUCH

COACH'S CORNER - PAUL ARCHER



PAUL ARCHER

The Head Coach. Often no in-between. Team plays well it's down to the players, team plays badly it's down to the coach. Clive Woodward after the 2003 World Cup, Stuart Lancaster after the 2015 World Cup. One gets a Knighthood, one steps down, before in all likelihood he was going to be pushed. That's the extreme. The reality of course for most coaches lies somewhere in between. For NRFC, Paul Archer has now been Head Coach for two seasons and as he starts his third season he reflects on his playing and coaching career.

Early promise at Whitgift School in Croydon led to English schoolboy caps whilst on the books at Saracens. Playing alongside players the calibre of Nick Duncombe, who tragically died at an early age, was very exciting for Arch although he seemed to know from his time at Saracens he was not going to make a living professionally from playing rugby. In fact being brutally honest he describes himself as a, 'semi-pro journeyman', like many thousands of others worldwide. There was clearly sufficient emotional intelligence to know his individual prospects in the game were limited and he decided to look elsewhere for a career. This started when he completed his degree at Sheffield University and gained a job, firstly at Halifax banking Group and later at Nationwide Building Society.

A move to Swindon Head Office in 2009 resulted in him joining NRFC when we were in National 1. He refers to this playing period as, 'the last roll of the dice', to play at such a level and with work and family commitments, so it proved. However, before his move back south, Arch coached Sheffield University Women's rugby team and played for Rotherham and Derby. It was with the latter, he says, he had his most memorable rugby moments, playing for Derby 2nd XV. At the time he felt the club were too stratified, you were either a first team player or a second team player. Perhaps because of this the second team was the most tightly knit group of players he ever played with and winning the NCA League against National League opposition remains one of his most cherished rugby memories, doing it with his mates - he remains friends with a number of this team. The experience at Derby has influenced the way he approaches coaching and team selection at Newbury, emphasising that clubs must give opportunities for all players to achieve what they can to the best of their abilities. At NRFC he insists players are not first team, Stags or A's players, they are first and foremost brothers in the Blues family. Laudable and it works in practice, reflected by the number of players who have represented Blues over the past two seasons.

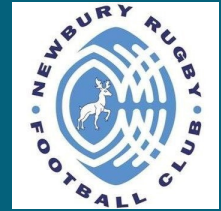
Another strong commitment held by Arch is his desire not to typecast players into any one position. This again comes from his experiences as a youngster where he was given the opportunity to play a number of different positions. If players are typecast into a certain position, he contends, schools and clubs may well miss the opportunity to unearth a real gem of a player and limit the skill that player acquires at a critical age. Coaches should be concentrating on helping players become as skilful as possible by engendering an environment that does not only see success as winning games. Player development is equally important.

As assistant coach to Lee Goodall for a number of seasons, Arch was very pleased to have been asked to become Head Coach and was more than comfortable stepping up. His only concern was that he had only recently played with a number of the players and the move from one of the lads to Head Coach could well have been fraught with problems. Thankfully this has not transpired. Arch has recently achieved his Level 3 RFU Coaching Award and as to Level 4? He is scathing of those who aspire to a Level 4 Award simply to say they've got it. It has to mean something in terms of being able to add even more value to individuals and teams. Then more philosophy when asked about advice for young players. "Outcome goals are never the route to happiness, you'll be disappointed. Do what feels good and what makes you happy and in the end your achievements are down to you." This can apply to rugby and to life and that's not such a bad philosophy to live by.

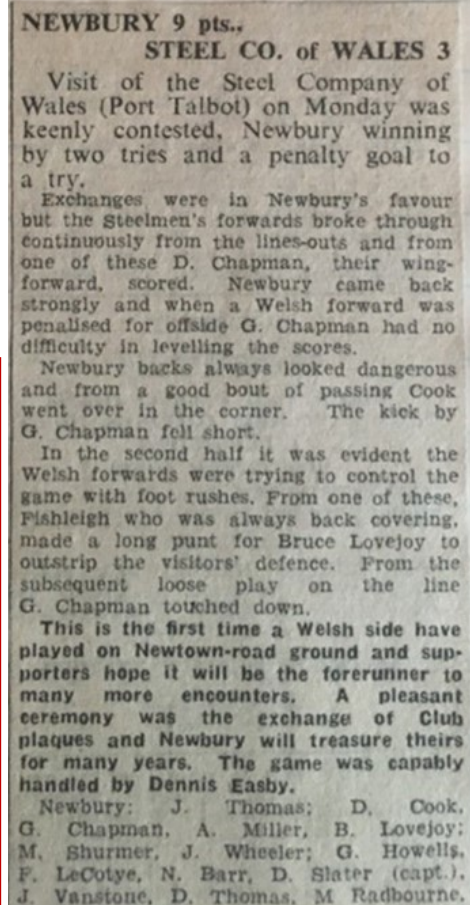


BLUES NEWS - KEEPING IN TOUCH

BACK IN 1962 / JUNIOR JOKES



BACK IN THE
1962 SEASON



RUGBY MUSINGS

A thief was bragging to his mate that he had recently stolen two pictures from a gallery in the town. "Let me show you, they are in the boot of my car. One is worth £1.4 million and the other is worth £1.6 million." He opened the boot of his car and showed his friend. He looked at the pictures and said "Congratulations, you have just robbed an Estate Agent."

The advantage law is the best law in rugby because it lets you ignore all the other laws for the good of the game!

Gareth Chilcott on his last game before retiring from Bath Rugby Club. "I thought I would go out and have a quiet pint, followed by 17 noisy ones."

SIMPLE WAYS TO SUPPORT YOUR CLUB

[PAY YOUR
CLUB MEMBERSHIP](#)

[SPONSORSHIP](#)
Contact Richard Deal

[CLUB EVENTS](#)
Details posted on Pitchero

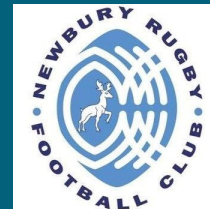
[LATEST
GOOD EXCHANGE PROJECT](#)

[RETURN TO RUGBY
EVENTS](#)

[100+ CLUB](#)

BLUES NEWS - KEEPING IN TOUCH

PERSONAL PROFILES FROM ACROSS OUR BLUES FAMILY



SENIOR MEN



ROB DRYSDALE

Playing history: Kennet School; Newbury RFC since Sept 1997.

Favourite song: The Courteeners – Not Nineteen Forever never fails to get everybody singing along with it, It's a banger to see live as well.

Most admired person to invite for dinner: My Fiancé or if she's not available then maybe Kate Beckinsale.

Most surprising fact about yourself: I have a few party tricks, I would need a bottle of Vodka to show you. I've also split my head open more times than I can remember, but that's what happens when you tackle with your face.

Favourite rugby moment at NRFC: Promotion a few years ago was a real highlight, great bunch of lads and a lot of hard work made it all worth while.

SENIOR WOMEN



NICKI GRAY

Known as Mummy H to many of the Ladies

Playing history: I have been managing the ladies for about 8yrs, chair of Women's & Girls since last season. This season I have also started managing the U13 Girls.

Favourite song: Sound of Silence by Disturbed

Most admired person to invite to dinner: Amelia Earhart a truly courageous women and Bill Beaumont

Most surprising fact about yourself: I used to swim for county & England school girls.

Favourite rugby moment at NRFC: So many to choose from but I have to say watching my daughter Hannah (known to all as Baby H) put on a blues shirt for the ladies and go out and score her first try.

CLUB OFFICIAL



CHRISTINE MORRELL

Playing history: None. Unless 3-legged rugby in Hyde Park when I was a student at Imperial College, counts?

Favourite song: Danger Zone, from the original Top Gun soundtrack. It was the only cassette tape we had on a camping holiday in Iceland (yes, it was a long time ago!) and reminds me of driving across lava field deserts in a Lada jeep.

Favourite TV show: The Professionals. **Favourite Film:** The Full Monty. Poignant and heartwarming; always makes me laugh and cry at the same time.

Most admired person to invite for dinner: Craig Revel Horwood. Interesting back story; charming when you meet him and really not the 'Mr Nasty' portrayed on Strictly.

Most suprising fact about yourself: In 1977, the Kensington News & Post reported a story that I was engaged to be married to Prince Charles. I'm a 'whirlybird' (qualified lady helicopter pilot).

Favourite rugby moment at NRFC: Watching the Blues storm to a 22-51 win at Maidenhead during 2017/18 season in SW Premier. Off the pitch - being awarded Clubman of the Year in 2018.

Additional information: Born in Derby; migrated south to go to university and stayed to pursue a career in industrial chemicals; moved to Newbury in 1983 and married Simon. First visited Monks Lane for the Western Samoa match in 1996. Have been owned by Golden Retrievers for over 20 years; I've worked them as gundogs; shown at Crufts; and been the breed clubs' Secretary since 2002.

CLUB SUPPORTER



JON NELSEY

Playing history: Played for school, getting to the Midlands schools final; ringer for Birmingham Uni and then severely ripped my ankle ligaments, curtailing my playing days at 22!

Favourite song: Love me tender by Elvis

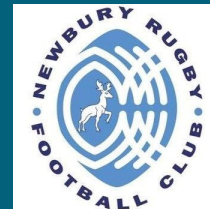
Most admired person to invite for dinner: Muhammad Ali - proper legend, even better if Elvis joined!

Most surprising fact about yourself: although a true northerner, have to admit I've become quite fond of southerners. Having made it the Midlands Schools final, I managed to get sent off!!

Favourite rugby moment at NRFC: Proud man when having restored the H&H to former glories, seeing our logos on the shirts for the first time! Not just for selfish reasons, it's great to give back to a game and club that's brought so much pleasure to so many.

BLUES NEWS - KEEPING IN TOUCH

THROUGH THE EYES OF THE PLAYERS



ROSIE GOLBY - WOMEN'S RUGBY



Best five rugby players in England? Places two to five up for debate. First place, no discussion, no argument, no question. You don't get to be named World Player of the Year 2019 for being a bit of a duffer on the rugby field. Emily Scarratt, first place, a shoe in. However, Emily like the rest of her contemporaries would be the first to give praise to a group of earlier women who paved the way for the current crop of elite and community players. One of these was our own Rosie Golby, who started playing rugby in 1983 for Oxford Old Belles and then for Old Leamingtonians. At the time very few Women's teams existed and those that did tended to be centred on Universities. In fact, Rosie says there were so few teams to play against that often two clubs would team up and play as one simply to get a game.

Whilst captaining Oxford, Rosie was asked to organise a national seven's tournament and

as a result of its success, Carol Isherwood, who was at the time the Secretary of the WRFU asked Rosie to become Assistant Secretary. Like many Assistant Secretaries it is only a matter of time before the request comes in to become Secretary. In 1989 just six years after starting her playing career this is exactly what happened and Rosie took up the position of Secretary of the WRFU. Lots of meetings, lots of travelling but very enjoyable and for Rosie it was an opportunity to be involved in something close to her heart to afford young girls and women the opportunity to play rugby.

The first World Cup was organised to take place in 1991 in Wales and came about because of four determined English women! Few of us have a claim to fame in being able to say, "I presented the first Women's World Cup to the winners, the USA." Not bad going Rosie.

In 1994 after England won the World Cup held in Scotland the WRFU devolved and Rosie became the first President of the Rugby Football Union for Women (RFUW). The same year Rosie attended a Board meeting of World Rugby where the women's game became recognised by the organisation. Since then the women's game has gone from strength to strength.

Rosie said it took a lot of work by a lot of determined women to get the game off the ground both domestically and internationally and it is testimony to this hard work the game is now played in more than 60 countries. As a predominantly amateur game, even elite players in the early World Cups had to pay for their own travel and accommodation, a situation which now seems ludicrous. We are talking elite sport here, individuals who are representing their country. Whilst saying this, there has been outside support along the way and Rosie says that Stephen Jones, rugby correspondent of the Sunday Times has championed the game for a long time which has gone some way to it being recognised around the world.

If Rosie has a pride in what she has helped achieve it is not primarily about herself, it is about the group of women with whom she worked to develop the game. She recognises the good fortune that came her way when she was asked to be involved at such a high level in a sport in its infancy and it is testament to her abilities that she was so instrumental in seeing it grow into what it is today.

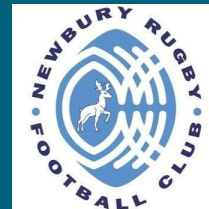
The future? Who knows? On the playing side, Rosie comments that teams now kick a lot more than was the case "back in the day" and it has become a much more sophisticated game. Off the field? The game is going to be affected significantly by the current crisis. England elite 7's contracts have been terminated and for both 7's and 15's teams who are partially if not fully funded, financial constraints might well hit them hard. But, the base is strong and Rosie is optimistic of the long term health of the game both in England and elsewhere.

Rosie also helped to develop the game for girls and women at NRFC and what gives her most pleasure is seeing young women running out in a Blues shirt or an English shirt or any shirt for that matter and giving it their all for their clubs or country. It must be a very satisfying feeling.

What a legacy.....!

BLUES NEWS - KEEPING IN TOUCH

SPONSORSHIP/SUPPORTING OUR COMMUNITY



Become a Befriender



Would you like to provide one to one support for people at risk of loneliness and social isolation?

Are you looking for a way to share your experience, knowledge and time?

Can you empower our clients to achieve their own goals, whether this is in the garden, getting back to work, or providing companionship?



Contact: Terri Harley
Befriender Coordinator
Telephone: 01635 569000
Email: terri.harley@twosaints.org.uk

SPONSORSHIP

Richard Deal has been busy generating new sponsorship for this coming season - not an easy task in the current circumstances, but he's doing a sterling job.

Thank you to all those sponsors who have already signed up and all offers to support the club financially.

Anyone wishing to sponsor or support the club, however small (or BIG), please contact **Richard Deal**.

Please note that support of certain community club projects will be match-funded by Greenham Common Trust. Because of the Covid Virus, we have never needed sponsorship so much and will never be more grateful!

Thank you!

SUPPORTING BUSINESSES POST LOCKDOWN

If you are a Club member and would like to promote your job, do please let us know. Coming out of lockdown has been tough for many of us and re-launching businesses will be a challenge. If you provide us with your contact details and what you do, we will include in the next newsletter - email David Jones.



SENDING OUR DEEPEST CONDOLENCES

Following the tragic death of Police Sergeant and Head Coach of East Grinstead RFC, Matt Ratana, the whole of Newbury RFC send their deepest and most sincere condolences to Matt's loved ones, family, friends and colleagues.

Berkshire's own Mixed Ability Rugby Team is launching!

Saturday 26th Sept, 11am - 12.30pm

Reading RFC, Holme Park

For more info on joining the Brigands as a player or supporter: brigandsrugby@gmail.com

Proudly supported by

Duncan Stonehouse, Berkshire Brigands Co-Founder

IMAS INTERNATIONAL MIXED ABILITY SPORTS

READING RFC

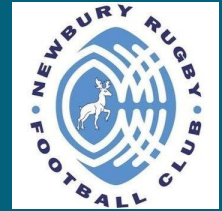
SecureCloud+

TUDOR JOHN

Berkshire Brigands Rugby CIC (Community Interest Company) Co Reg: 12815190 - Reading RFC, Holme Park, Sonning Lane, Reading RG4 6ST

BLUES NEWS - KEEPING IN TOUCH

SUPPORTING OUR COMMUNITY



Free Career Consultation with Suzanna Adams of Varnium.

Let's make some positive career decisions, YES even in lockdown!!!

Looking for career opportunities? Perhaps you have just left School, College or University or maybe you are already working but you feel there could be something more inspiring and challenging out there for you?

Why not contact **Suzanna Adams of Varnium** for a conversation on where your future could take you.

Suzanna Adams - Recruitment Consultant Tel: 07392 842606 www.varnium.com



Geoff Fisher is providing fruit and vegetable boxes for collection from their Hambridge Lane depot. Order online on the Fishers of Newbury website.

Geoff has also been making weekly fruit and veg donations to NHS staff at Newbury Hospital.

West Berkshire Council's Community Support Hub is available to help anyone in need. Anyone needing support from the Community Support Hub can email

WestBerkshire@public.govdelivery.com.



MAC Tools of Basingstoke wishes all members of Newbury Rugby Club and their families well during this pandemic. Like our great rugby club, our business activity is almost completely shut down, but we are on hand if we can assist any of you or your businesses with tools from our catalogues. All will be delivered contact free and delivery free.

In the meantime, we very much look forward to supporting Newbury Rugby Club, and all of the teams, when playing resumes. May that day come quickly!

MAC Tools for Basingstoke - 07939155887



NUVIAS | UNIFIED COMMUNICATIONS

Boardroom. Kitchen. Box room. Rugby stand.
Wherever you are, we can help with remote working

The recent pandemic has shaken the way businesses are working day-to-day. If there's one thing that we know for certain now, it's that the right communication tools are essential to retain business continuity. Fortunately, Nuvias UC are experts in communication - it's not just in our name, it's in our nature.

If you want to find out more about the software, hardware and services Nuvias UC can offer through our network of approved partners, please get in touch > >

Contact Us:



www.siphonnetworks.com



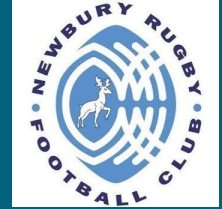
+44(0)1635 225000



uc.sales.uk@nuvias.com

BLUES NEWS - KEEPING IN TOUCH

LATEST FROM THE LADIES



HORSEY LIGHTLY

SOLICITORS

LATEST FROM THE LADIES

What we've been up to:

We've had many new joiners over the past few weeks, and training numbers have been very strong. We enjoyed taking part in the touch tournament recently and are planning another for 31st October, with a Halloween theme, of course.

Something we'd like to shout about:

This week marks the beginning of our latest fitness challenge. This time it's being run by Jeannie Ivanov so is going to be tough, but rewarding. They'll be a mixture of session at the club, to try at home and in the gym. We've been split in to teams and our first challenge is to hold a plank for as long as possible. The women's world record is currently 4hr 20mins, so watch this space

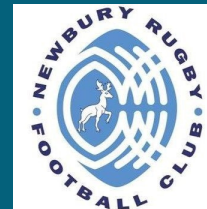
**Your Club needs
YOU !**



Sunday M&Js Training
Please buy your teas,
coffees, cakes & bacon rolls
at the Club. It "Costa" a lot less
and really helps our revenues!

BLUES NEWS - KEEPING IN TOUCH

USING THE NHS TRACK & TRACE SYSTEM



THANK YOU TO EVERYONE WHO HAS BEEN USING NEWBURY RFC'S QR CODE TO SCAN IN WHEN ATTENDING THE CLUB

ALL BUSINESSES ARE NOW REQUIRED TO USE THE NEW NHS NATIONAL TRACK & TRACE SYSTEM THIS REPLACES OUR ORIGINAL SYSTEM WITH EFFECT FROM 24th SEPTEMBER 2020

THIS GUIDE SETS OUT HOW TO USE THE NEW SYSTEM:

SCAN THE QR CODE WITH YOUR PHONE CAMERA



DOWNLOAD THE NHS TRACK AND TRACE APP ON YOUR MOBILE PHONE FROM THE APP STORE OR GOOGLE PLAY

2. OPEN THE APP AND TICK TO AGREE TO TERMS AND CONDITIONS

A screenshot of the NHS Track and Trace app's setup screen. It features a blue and white circular logo at the top. The text reads: 'Enter the first part of your postcode (postcode district)', 'You need an English or Welsh postcode district to use this app.', and provides examples: 'If your postcode is CE1B 2PQ, please enter 'CE1B'. If it is CR0 3RL, please enter 'CR0'. If it is L4 0RE, please enter 'L4'.' Below this is a text input field containing 'RG14' and a blue 'Continue' button.

14:27

Enter the first part of your postcode (postcode district)

You need an English or Welsh postcode district to use this app.

Examples: If your postcode is CE1B 2PQ, please enter 'CE1B'. If it is CR0 3RL, please enter 'CR0'. If it is L4 0RE, please enter 'L4'.

RG14

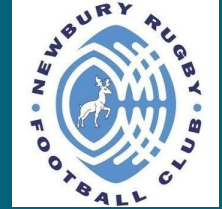
Continue

ON THE NEXT PAGE ENTER THE FIRST PART OF YOUR HOME POSTCODE

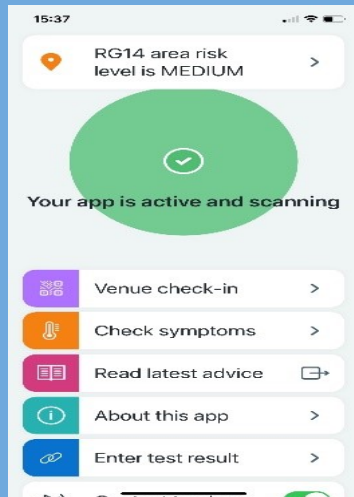
YOU MUST ALSO ALLOW THE APP WHEN ASKED TO ALLOW EXPOSURE SETTINGS, IF YOU DO NOT ALLOW THE APP WILL NOT WORK

BLUES NEWS - KEEPING IN TOUCH

USING THE NHS TRACK & TRACE SYSTEM



3. ON THE FRONT PAGE OF THE APP, CLICK VENUE CHECK IN

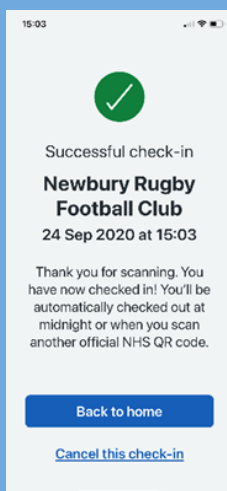


4. SCAN ONE OF THE MANY NHS QR CODES THAT ARE AROUND THE CLUB



THE CAMERA FUNCTION APPEARS AUTOMATICALLY WITHIN THE NHS APP TO ALLOW SCANNING TO PROCEED

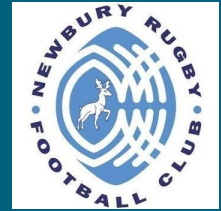
5. YOU WILL GET A SUCCESSFUL CHECK IN NOTIFICATION



YOU WILL BE AUTOMATICALLY CHECKED OUT AT MIDNIGHT UNLESS YOU USE ANOTHER NHS QR CODE IN ANOTHER LOCATION

BLUES NEWS - KEEPING IN TOUCH

UPDATED GUIDANCE ON USING NRFC FACILITIES



UPDATED SEPTEMBER 2020

When you first arrive



Newbury RFC has set-up The NHS Track & Trace system as part of our Covid-19 protocols in line with UK Govt requirements. This replaces the previous QR Code system

As of Friday 18th September 2020 there is now a legal requirement for all venues to have Track & Trace systems (for both attending Rugby-related activities and / or any other type of visitor / user)

It is a mandatory requirement for **ALL** visitors to the Club (both inside the clubhouse & outside on the pitches) to use this simple system to register their attendance.

You will need to download the NHS track and trace app before you can scan the QR codes, this can be done from the APP Store or Google Play (see our updated Using Track & Trace guide)

This will need to be done on **EVERY** visit to the Club.

The QR codes will be on display in multiple locations around the Club and the system fully adheres to GDPR regulations.

Rule of Six requirements

Since Monday 14th September 2020 you must not assemble with people from other households socially in groups of more than six (unless exempted, as detailed in: <https://www.gov.uk/government/publications/coronavirus-covid-19-meeting-with-others-safely-social-distancing/coronavirus-covid-19-meeting-with-others-safely-social-distancing>)

Team sports will still be able to proceed subject to abiding by these rules

This means parent/spectators must not congregate in groups which will exceed six (including when their children come off the pitch for drink breaks) and musn't mingle

Once in a group of six you cannot join another group of six, this includes;

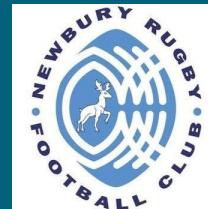
- § On the pitch side
- § After training
- § In the bar, on the patio or in the car park

The food on offer is take away service only, please collect your food and condiments if required and move away from the collection point.

These rules are set out in law and the police and other enforcement officers are able to issue penalties to those that don't comply. These start at fixed penalty notices of £100 doubling for further breaches up to a maximum of £3,200

BLUES NEWS - KEEPING IN TOUCH

UPDATED GUIDANCE ON USING NRFC FACILITIES



UPDATED SEPTEMBER 2020

We are all legally and morally responsible for adhering to the UK Government Guidelines. Failure to comply with the 'Rule of Six' will at best jeopardise our offering, at worst it will result in us having to cease all Rugby operations at Monks Lane.

We urge you in the strongest terms to assist each other, the club and the community in which we live, to act responsibly. You are asked to 'self-regulate' these measures and adhere to directions given by marshals, staff or officers of the club. Members and patrons who do not respect these rules will be asked to leave the premises.

Main Reception and Foyer

- Masks to be worn by everyone entering the building
- One-way system in place with clear floor markings
- Stand alone and wall-mounted hand sanitiser stations installed
- Notices in place to adhere to social distancing

Toilets

Downstairs toilets only available (Mens, Ladies and Disabled) with restrictions of maximum two users at any one time.

Kickers Bar

- One-way system marked out to set serving points together with clear floor markings.
- Notices in place to adhere to social distancing
- Wall-mounted hand sanitiser stations installed
- Masks to be worn by all users when ordering drinks and food
- Sneeze screens installed at serving points
- Grab and Go service
- Contactless payments only.
- In time limited number of tables to meet social distancing and table service requirements

Upstairs Areas

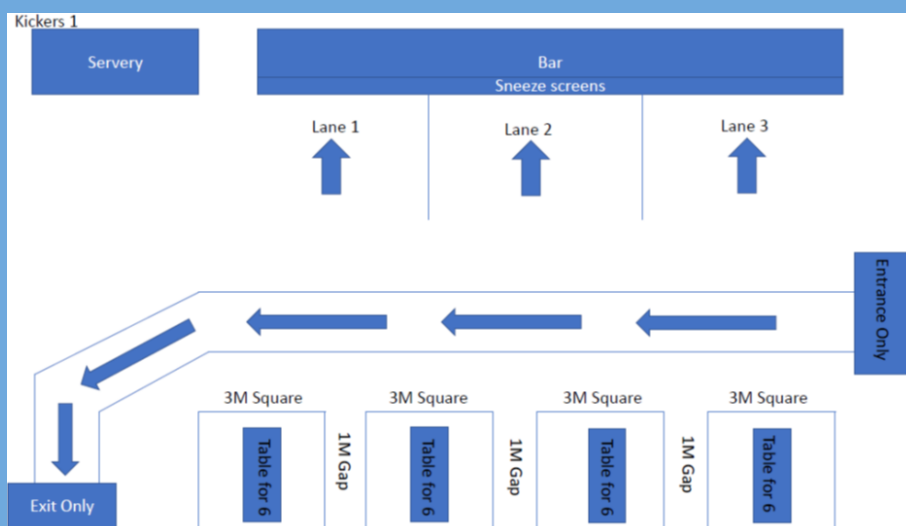
Out of bounds

Patio Area (for Minis Sunday & U13 / 15 / 18s Girls Monday Training)

- Marked-out area for benches in line with Social Distancing requirements
- Outdoor serving point selling teas, coffees, soft drinks, confectionary and bacon / sausage baps (to follow)
- Contactless payments only

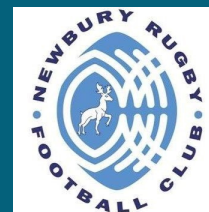
Container "Bar on the Hill" (if opened for Minis / Juniors / Girls Training)

- Marked-out queuing area in line with Social Distancing requirements
- Outdoor serving point selling teas, coffees, soft drinks, confectionary and bacon / sausage baps
- Contactless payments only



BLUES NEWS - KEEPING IN TOUCH

PROJECTS UPDATE - OCTOBER 2020



In Newsletter 6 we outlined the fund-raising appeals for this season and how we are making very good use of Greenham Common Trust's fund-raising platform the Good Exchange and it's match-funding scheme for community-benefit projects.

£8,600 successful fund-raising for repair / refurbishment of the Balcony

Over the course of the summer we raised £4,300 from a combination of donations and the Golf day held in August. With GCT match-funding this covers the full £8,600 cost of the balcony work which will take place in early October

Latest Project - £4,020 for further LED lighting up-grading of the building

GCT have approved with match-funding the next stage in our LED lighting re-fit around the building. The benefits of this work are immediate in the form of significant savings in utility costs and improved efficiency

Our target is to raise £2,010 - GCT will automatically match-fund the balance

If you want to make a donation, you can do so by one of two methods:

via Newbury RFC (and we will direct these onto the project unless specifically requested otherwise);
or

via the following link: <https://thegoodexchange.com>, where you can donate to your preferred project.

All schemes must have a community element and each year the Good Exchange will match fund approved projects to a £10k maximum, with individual projects capped at £5k.

We have two further projects earmarked for approval as per below

Description	Benefit / Aim	Cost (ex VAT)
Improved car park CCTV & signage	Safety and security	Up to £2,500
Maintenance works to Top Pitches	To provide good pitch facilities for M&Js and for Senior Mens, Womens and Colts training	Up to £6,000

We hope to go live with these over the coming one to two months

Fundraising is crucial to achieving the above and will require yet again contributions across the Club – from members and supporters/companies/charitable foundations.

Any suggestions on grant providers or ideas for Covid-compliant fund-raising activities would also be very welcome.

Rob Harris
4/10/20