

Gate Post

Harrogate Rugby Union Football Club
Founded 1871



Gate Post No. 144 March 2023

This newsletter is sent to all the supporters, current and past members of Harrogate Rugby Club for whom we have an email address. Please forward the newsletter to anyone else who may be interested. If you would like to be added to our database for future copies please send your email address to brianforshaw4@virginmedia.com. Your contributions would be most welcome along with your feedback. If you would like copies of previous editions please contact Brian Forshaw.

Former Players Reunion Saturday 4th February 2023

On Saturday 4th February 2023 Harrogate RUFC's former players met for lunch before the game against Blaydon to share many happy memories and make a few new ones.



HARROGATE RUGBY CLUB FOUNDATION OFFICIAL LAUNCH BY ALED JONES

The Harrogate Rugby Club Foundation was launched on Saturday 18th February 2023. The mission of the Foundation is simple, tackle all barriers head-on! Whether that be physical, financial or social, rugby is a sport for everyone and that is what the Foundation is here to secure. One of the main programs offered by the Foundation is free tag rugby sessions for schools. This program aims to introduce the sport to young children and encourage physical activity and teamwork.

In the future, The Foundation aims to launch community fitness classes, walking rugby programmes and mixed-ability rugby, offering an opportunity for people of all ages and abilities to get involved in physical activity and improve their health and well-being.

The Foundation is already working hard in the community to tackle the barriers that the residents of Harrogate have when accessing rugby. The goal of the Harrogate Rugby Club Foundation is to impact over 1000 people by 2024. This ambitious target reflects the Foundation's commitment to

promoting health and wellness in the community. With its range of programs and initiatives, the Foundation is poised to make a positive difference in the lives of people in Harrogate and the surrounding areas. By bringing people together through rugby and physical activity, the Foundation aims to build a stronger and more connected community.

From Free school tag rugby sessions to walking rugby programmes the Foundation is looking to impact 1000 Harrogate residents in 2024. To do this, it needs your support! Please check out the Foundation crowdfunder page to see how you can support the mission.

<https://www.crowdfunder.co.uk/p/harrogate-rugby-club-foundation>

.....
SAVE THE DATE

HARROGATE RUFC ANNUAL GOLF DAY

WEDNESDAY 30th AUGUST 2023

PANNAL GOLF CLUB

All enquiries/interest to: martnboyle2@aol.com

.....
HARROGATE RUGBY CLUB FOUNDATION OFFICIAL LAUNCH



The Harrogate Rugby Club Foundation was launched on Saturday 18th February 2023 at the game against Sheffield Tigers. The mission of the foundation is simple, tackle all barriers head-on! Whether that be physical, financial or social, rugby is a sport for everyone and that is what the Foundation is here to secure. One of the main programs offered by the Foundation is free tag rugby sessions for schools. This program aims to introduce the sport to young children and encourage physical activity and teamwork.

In the future, The Foundation aims to launch community fitness classes, walking rugby programs and mixed-ability rugby, offering an opportunity for people of all ages and abilities to get involved in physical activity and improve their health and well-being.

The Foundation is already working hard in the community to tackle the barriers that the residents of Harrogate have when accessing rugby. During the launch day children from local schools that have been receiving free tag rugby sessions were pitchside as ball boys/girls for the Mens 1st XV match vs Sheffield Tigers.

The goal of the Harrogate Rugby Club Foundation is to impact over 1000 people by 2024. This ambitious target reflects the Foundation's commitment to promoting health and wellness in the community. With its range of programs and initiatives, the Foundation is poised to make a positive difference in the lives of people in Harrogate and the surrounding areas. By bringing people together through rugby and physical activity, the Foundation aims to build a stronger and more connected community.

Entrance to all games for this weekend all spectators had free entry to Rudding Lane.

From Free school tag rugby sessions to walking rugby programs. The Foundation needs your support! Please check out the Foundation crowdfunder page to see how you can support the mission.

<https://www.crowdfunder.co.uk/p/harrogate-rugby-club-foundation>

Adam Frank

Harrogate Rugby Club is sad to announce that former club member Adam Frank has died. He played for the club's social teams at the end of the 1980s and the start of the 1990s

His father Gordon had been a Harrogate player in the 1940s and was President of the club. His brother Simon also played for Harrogate.

For the weekend of the 27th to 29th April 1990 the Harrogate Strays toured Barnstaple, staying at The Park Hotel. In the beach photo below Adam is third from the left. In the team photo he is on the back row, sixth from the left.

Back row left to right: Gareth Gibbs, Dave Gaunt, Peter Wood, Richard Roberts, ? , Adam Frank, Paul Burns, Steve Swift, Paul Roberts, Mathew ?, Terry Oakes.

Front row left to right: Brian Forshaw, Barnaby Page, Mike Roberts, Simon Gilbert (Captain), Nigel Stokes, Paul Davies, Bob Malvern.

Following an intensive training session the squad relaxed on the beach. Left to right seated: Bob Malvern, Steve Swift, Adam Frank, Nigel Stokes, Paul Burns, Mike Roberts, Peter Wood, Terry Oakes. Standing: Barnaby Page and Brian Forshaw.

Barnstaple 28/4/1990 Ifracombe 29/4 1990

Team:

15 Nigel Stokes
14 Barnaby Page
13 Mike Roberts
12 Paul Burns
11 Terry Oakes
10 Brian Forshaw
9 Bob Malvern
8 Gareth Gibbs
7 Steve Swift
6 Chippy Wood
5 Adam Frank
4 Richard Roberts
3 Dave Gaunt
2 Paul Davies
1 Simon Gilbert

Team:

Nigel Stokes
Barnaby Page
Mike Roberts
Paul Burns
Chippy Wood
Brian Forshaw
Bob Malvern
Gareth Gibbs
Steve Swift
Terry Oakes
Adam Frank
Richard Roberts
Paul Roberts
Paul Davies
Simon Gilbert

Results: Barnstaple 18 - 16 Harrogate Strays

Ifracombe 15 - 15 Harrogate Strays

