

| Personal details   |              |  |                            |   |                       |   |
|--|--------------|--|----------------------------|---|-----------------------|---|
| Name   |              |  |                            |   |                       |   |
| Address  |              |  |                            |   |                       |   |
| Telephone  |              |  |                            | Mobile  |                       |   |
| Email  |              |  |                            |   |                       |   |
| Date of birth  |              |  |                            |   |                       |   |
| Emergency contact  |              |  |                            |   |                       |   |
| Name   |              |  |                            |   |                       |   |
| Address  |              |  |                            |   |                       |   |
| Relationship to player   |              |  |                            |   |                       |   |
| Telephone  |              |  |                            | Mobile  |                       |   |
|  |              |  |                            |   |                       |   |
| Medical history  |              |  |                            |   |                       |   |
| Do you have any medical co   | onditions, o | disabiliti   | es or allergies?           |   |                       |   |
| If the answer is yes, please   | list each c  | ondition   | , disability or allergy ar | nd any me   | edication you ta      | ıke for it.                                       |
| Condition / disability (e.g. asthma, diabetes, epilepsy, anaemia, haemophilia, viral illness, etc) |              | Medication (e.g. tablets, inhalers, creams, etc - give drug names) |                            | Frequency (e.g. twice daily, only with symptoms, etc) |                       |   |
|  |              |  |                            |   |                       |   |
|  |              |  |                            |   |                       |   |
| Allergy (e.g. bee stings, etc)   |              | Medication (e.g. tablets, inhalers, creams, etc - give drug names) |                            | Dose / frequency                                      |                       |   |
|  |              |  |                            |   |                       |   |
|  |              |  |                            |   |                       |   |
|  |              |  |                            |   |                       |   |
| History of injury (list any  | y injuries   | , when   | they happened and          | d who tr  | eated you)            |   |
| , , , ,  |              |  | Treatment received         |   | reated you<br>loctor) | Current status of injury (fully recovered or not) |
|  |              |  |                            |   |                       | Of flot)  |
|  |              |  |                            |   |                       | or not)   |
|  |              |  |                            |   |                       | of not)   |



| Health and fitness assessment                                 |  |
|---|--|
| In which other sports / physical activities are you involved? |  |
| How many hours per week do you train?                         |  |
| Have you played Rugby before?                                 |  |
| If yes, where and for how many seasons?                       |  |
| Height  |  |
| Weight  |  |

| Cardiac questionnaire (please tick each box that applies to you) |  |  |  |  |  |
|--|--|--|--|--|--|
| Fainting   | Palpitations                             |  |  |  |  |
| Dizzy turns  | Chest pain or tightness                  |  |  |  |  |
| Breathlessness or more easily tired than                         | Sudden death in your immediate family of |  |  |  |  |
| team-mates   | anyone under 50                          |  |  |  |  |
| History of high blood pressure                                   | Smoking (how many per day)               |  |  |  |  |
| Diabetes   |  |  |  |  |  |

| Signatures                                   |  |
|--|--|
| Date of profile completion                   |  |
| Player's signature (or guardian if under 18) |  |
| Profiler's signature                         |  |
| Follow-up date (if applicable)               |  |