8TH SCOTTISH GOLDEN OLDIES RUGBY FESTIVAL

£3.00

Strathmore RFC, Inchmacoble Park, Forfar | Saturday 21st May, 2016











Jointly Organised by - Strathmore RFC & Brechin JRFC Sponsored by ... Artemis Investment Management LLP







The Ethos of Golden Oldies Rugby





Festival Planning Meeting ...



















Your *nest egg* could become a valuable source of income Profits.

Fig. 1:
An ordinary
nest egg



OR YEARS, cracking open your retirement nest egg and converting it into an annuity was your only option. But following the changes in the law last year, you can now fashion your nest egg into a valuable source of income Profits. Of course few know more about these gems than the Artemis hunters. We have expertise in income both at home and abroad.

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WHAT IS GOLDEN OLDIES RUGBY?

The first World Golden Oldies Rugby Festival created by New Zealand Rugby Stalwart -Tom Johnson - in conjunction with Air New Zealand - took place in Auckland in 1979 and they were organised every two years thereafter, alternating from Southern to Northern Hemisphere, by Air New Zealand, till 2012. These World Festivals are now organised by -VSL Rugby - also from Auckland, and the 21st World Festival takes place in Cardiff in 2016.... http://govsl.com/goldenoldies The first European Festival took place in Denbosch, in Holland in 1992 and is also played every two years. The 13th European Golden Oldies Rugby Festival was held in beautiful San Sebastian (Northern Spain) in June, 2015 and attracted 60 Teams from as far apart as Russia and Israel....including Guest Teams from Australia and Argentinaboth of whom have played in previous EGOR Festivals! Plans are well under way for the 14th EGOR Festival, which already has over 70 Teams Registered from 18 Countries.....and shall be held in Lisbon (Portugal) in 2017. http://www.egorlisbon.com and it is hoped that Scottish Teams.....or a Touring XV, shall wish to participate in this Festival. Our Scottish Golden Oldies Rugby Festivals were introduced following the 17th World Golden Oldies Rugby Festival held in Edinburgh in 2008 and are held annually, in venues around Scotland.

Whilst adhering to the Official Rugby Laws, Golden Oldies Rugby has some variations -

- > There is Unlimited Substitution
- Games are played over shorter time periods
- > Over aggressive Play is NOT condoned
- Golden Oldies play in 'Festivals' NOT 'Tournaments'
- ➤ Age is shown by the colour of shorts Players wear.....over 60's cannot be Tackled
- ➤ Golden Oldies Rugby is played in the Ethos of Fun, Friendship and Fraternity

World Festivals

Starting from 2014 World Golden Oldies Rugby Festivals are now organised by VSL in Auckland New Zealand. http://govsl.com/goldenoldies

European Contact - Paul Guest - paul@govsl.com

1979	Auckland, New Zealand	1999	Adelaide, Australia
1981	Long Beach, U. S. A.	2001	Toulouse, France
1983	Sydney, Australia	2003	Brisbane, Australia
1985	London, England	2005	San Diego, U. S A.
1987	Auckland, New Zealand	2006	Wellington, New Zealand
1989	Toronto, Canada	2008	Edinburgh, Scotland
1991	Perth, Australia	2010	Sydney, Australia
1993	Dublin, Ireland	2012	Fukuoka, Japan
1995	Christchurch, New Zealand	2014	Mar del Plata Argentina
1997	Vancouver, Canada	2016	Cardiff, Wales
1998	Cape Town, South Africa	2018	Christchurch, New Zealand

European Festivals

Golden Oldies Rugby has been played in Europe for many, many years, but the first European Festival was in 1992.

European Festivai was in 1992.				
1992	Denbosch	Holland		
1994	Heidelberg	Germany		
1996	Verona	Italy		
1998	Aberdeen	Scotland		
2000	Moscow	Russia		
2002	Split	Croatia		
2004	Benidorm	Spain		
2006	Zurich	Switzerland		
2008	Funchal	Madeira		
2010	Caernarfon	Wales		
2012	Trieste	Italy		
2013	Prague	Czech Republic		
2015	San Sebastian	Spain		
2017	Lisbon	Portugal		
2019	????	????		
2021	????	????		
2023	Frankfurt *	Germany		
*Centenary of Frankfurt Team				

If you wish to enter a Team, a few Players...or participate as an Individual, you shall always get a Game, at World and European...and Scottish Festivals. Contact – goldiesrugby@gmail.com - and find out how to enter your Team, or become involved by joining another Team...in *Fun, Friendship and Fraternity!*

SCOTTISH GOLDEN OLDIES RUGBY

Message from the President

On behalf of Scottish Golden Oldies Rugby, I'm delighted to welcome all our Players, their Families and Friends to our historic 8th Scottish Golden Oldies Rugby Festival, here at the Home of Strathmore R.F.C. Historic it certainly is, as for the first time, our Festival has been jointly organised by two Clubs.....Strathmore R.F.C and Brechin J.R.F.C. Well done to all involved. I have very fond memories of playing at Strathie....many, many years ago! I'm glad that the Scottish Golden Oldies Rugby Festival has now become a permanent Fixture in the Scottish Rugby Calendar....and as always, I am delighted to extend a Special Welcome to all the Teams joining with us for the first time, at this Festival. I am sure that you shall all have a great day, make many new Friendsand be all set to arrange more Golden Oldies Games at your own Club, as well as wishing to participate in future Golden Oldies Rugby Festivals.

I am honoured that our Festival Ambassador is Scottish Golden Oldies Legend – Alastair Urquhart - who shall Officially Kick Off the Festival, ahead of taking the Field with Brechin BRUCE. Thanks also go to the

Dave McDonald
President Scottish &
European Golden
Oldies Rugby
President

Local Organising Committee, Club Members and Volunteers from our Host Clubs, along with the Medics, Physios, Ball Boys, Chefs and all Catering and Bar Staff etc for their involvement...... including those very important Volunteers, who have been busy behind the scenes. Love them or Hate them.....we cannot have a Game without them, so I greatly appreciate the work done by Ray Mellis Esq, for co – ordinating our Referees for today and for all his work, in updating our SGO Laws. I also wish to extend my appreciation to my SGOR Committee. After the Rugby is finished, I'm sure that all Teams shall enjoy the "Third Half" at the Bar!

Special Thanks go to Festival Sponsors – Artemis – The Profit Hunter – and all our other Sponsors and Brochure Advertisers who have supported the 8th SGOR Festival, in Cash or in Kind...... please give them your ongoing support after our Festival. We also appreciate all who have donated Prizes for the Raffle which shall benefit the Youth Sections of both Clubs, who have organised what I am sure, shall be a great Festival......and of course, special Thanks go to all the participating Teams...without YOU....we would not have a Festival! I hope to see you all at next year's Festival.

Davy & miles

President Scottish Golden Oldies Rugby President European Golden Oldies Rugby Golden Oldies ...Enjoy your Festival, in Fun, Friendship and Fraternity!

Join Golden Oldies Rugby on

facebook.



Scottish Golden Oldies Rugby



European Golden Oldies Rugby

Get your Team, Players and Supporters to LikeUs www.pitchero.com/clubs/scottishgoldenoldiesrugby www.europeangoldenoldiesrugby.com

Last year, Scottish Golden
Oldies Rugby, in
conjunction with three
Media Students from Robert
Gordon University,
Aberdeen, created a DVD Golden Oldies Rugby - an
Introduction – which can be
found on



Thanks to all, involved with its Production.

SCOTTISH GOLDEN OLDIES RUGBY

Throughout Scotland, for decades, over 35's have played Rugby under various names - Old Boys, Old Crocks, Buffties etc however, through the 60's and 70's, there was no structure to Golden Oldies Rugby in Scotland. Since 1985 - Aberdeen Strollers - had been the only Team from Scotland taking part in World and European Golden Oldies Festivals (apart from Dunfermline RFC in 2004, who participated in the Benidorm EGOR Festival and Forrester Rubies who took part in the 2010 World Festival, in Sydney) but in September 2008, 16 Scottish Teams took to the field at Murrayfield, Edinburgh to enjoy the 17th World Golden Oldies Rugby Festival and the associated - Fun, Friendship and Fraternity. Following the very successful 17th Air New Zealand Festival where over 3000 persons from 18 Countries participated, a Meeting was held at Murrayfield to discuss the future of Golden Oldies Rugby in Scotland, organised by the President of the European Golden Oldies Rugby Committee and Member of the World Festival Local Organising Committee - Dave McDonald. The Meeting was Chaired by the then SRU President - Jim Stevenson - who played in the Festival in a conglomerate Team made up of the Swiss Gnomes from Zurich and Chiba Ken from Nagasaki.....which won Jim over to the Golden Oldies Rugby ethos. Scottish Golden Oldies Rugby became a properly Constituted Organisation and joined European Golden Oldies Rugby, which in 2002, was recognised as the Official European Golden Oldies Rugby Organisation, at the AGM of FIRA / AER (now Rugby Europe) Scottish Golden Oldies Rugby has also become an Associate Member of the Scottish Rugby Union.

It was agreed that Area Representatives should contact all the Golden Oldies Teams in their region and generate Games and following further discussion, it was decided that the 1st Scottish Golden Oldies Rugby Festival, sponsored by – The Famous Grouse - would take place in April, 2009. The venue was Perthshire RFC's ground at the Inches and this Festival was developed very successfully, as part of the Legacy of the 17th World Golden Oldies Rugby Festival. All the Festival Trophies, which are presented at each Festival, were purchased as the result of a most generous Donation to Dave McDonald from Dr J R S ' Donny ' Innes....a winning Captain of a successful Calcutta Cup Team in the late 40's and a former President of the SRU. He was elected as an Hon Vice President of Scottish Golden Oldies Rugby, along with Jim Stevenson at the Annual General Meeting. Each President of the SRU, becomes the Hon President of Scottish Golden Oldies Rugby during their Term of Office, and thereafter, they may be elected as an Hon Vice President.

Teams are now playing Golden Oldies Rugby the length and breadth of Scotland and a number of new Clubs have been formed over the years....and some Clubs have been revamped. At each Scotlish Festival, Teams have been attracted to participate for the first time Long may it continue!! We welcome in particular to their first Scotlish Golden Oldies Rugby Festival, the Warriors RFC from South of the Border.....a Team made up of ex Military and Royal Marines Rugby men from various parts of the World, along with the Strathmore Asian Contemptibles, with Players from Singapore and Hong Kong!

Information on forming a new Golden Oldies Team, along with the required Criteria for Hosting a Festival is available on the Website - **www.pitchero.com/clubs/scottishgoldenoldiesrugby** - and if any Club, or group of Clubs feel they can organise a future Festival, or you wish to find your nearest Golden Oldies Team......or even set up a new one......please contact – **goldiesrugby@gmail.com** Join Us, on Facebook.

Scottish Golden Oldies Festival Venues

YEAR	VENUE	YEAR	VENUE
2008	World Festival - Edinburgh	2013	Highland RFC
2009	Perthshire RFC	2014	Hillfoots RFC
2010	Perthshire RFC	2015	Kinloss RFC
2011	Perthshire RFC	2016	Strathmore / Brechin RFC
2012	Madras RFC	2017	Fllon RFC



The Posts are that way....!!



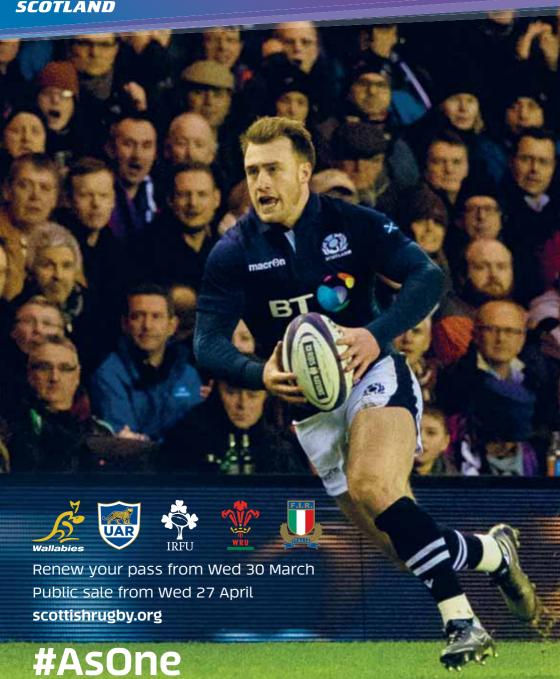
Did you hear the one about.....?



Murrayfield Meeting, to form Scottish Golden Oldies Rugby



Scotland Season Pass 2016/17



GOODWILL MESSAGE FROM THE SRU PRESIDENT – ED CROZIER ESQ

Dear Friends in Rugby,

Here we are again and another year has flown in, it doesn't seem like twelve months since the last Scottish Golden Oldies Festival was held at Kinloss RFC and the European Golden Rugby Festival was held in San Sebastian! (As you know the next EGOR Festival, is in being held in the beautiful city of Lisbon from the 14th to 18th of June 2018.)

Time and tide waits for no man - that phrase is one of the main reasons why I'm a supporter of Golden Oldies Rugby and have such respect for Dave McDonald, his network of supporters and the Teams that take part supporting GOR and keeping the Game flourishing at this level of Rugby. Life as we are aware, is no rehearsal. George Bernard Shaw's quote that "Youth is wasted on the Young "is appropriate when it comes to Golden Oldies Rugby.... Ten, Twenty , Thirty or more years pass in a blink of our eyes , but memories stay as fresh as the day they happened - we're "forever young" in that memory bank space, along with the stories and characters that accompany those memories ... especially, I'd suggest, when it comes to Rugby "On Tour!" But staying involved in participation sport and in particular, Rugby, is so important to Life in general... .in keeping us fit, healthy and active socially and in doing so, maintaining friendships and through Golden Oldies Rugby Festivals, making new ones!

Can I wish everyone participating today, Officials, Teams, Supporters & Back Room Staff - an enjoyable, successful and memorable day. Can I also thank Strathmore RFC and Brechin JRFC for jointly hosting today and for the use of the playing facilities in Forfar. And of course, Dave McDonald and his support team for organising & promoting the Game so wonderfully at this level!

Edward A Crozier President Scottish Rugby Union



Edward A Crozier President Scottish Rugby Union



SCOTTISH RUGBY UNION ANNUAL GENERAL MEETING

Scottish Rugby's 2016 Annual General Meeting will be held at BT Murrayfield on **Saturday 20th August 2016.**

Make sure YOUR Club is represented http://www.scottishrugby.org/about-us/agm



Scotland v Australia
Saturday 12th November
Kick Off - 2.30 pm



Scotland v Argentina
Saturday 19th November
Kick Off - 5.00 pm



Scotland v Georgia
Saturday 26th November
Kick Off - 2.30 pm

SCOTTISH GOLDEN OLDIES RUGBY

Welcome to the Golden Oldies Rugby Festival in Forfar

Welcome to Angus, for the 8th Scottish Golden Oldies Rugby Festival. This hugely popular event attracts hundreds of visitors and I am delighted that it continues to be so successful. Congratulations to Brechin JRFC and Strathmore RFC for all of their hard work and organisation.

In addition to the Rugby, the Festival Village which will be held alongside, is a great addition to this event and will be something for the whole Family to enjoy.

The Golden Oldies Rugby Festival is one of the many Festivals and Events taking place throughout the summer in Angus. There's so much to see and do, so whether you are a visitor or local resident, please take some time to discover more about what's on offer in Angus, from the stunning beaches and magnificent glens to historic towns, fascinating castles and museums and some of the best golf courses in Scotland.

Provost Helen Oswald Angus Council



Provost Helen Oswald Angus Council





Angus Council Community Grants Scheme About the Scheme

The Scheme aims to support small community and voluntary groups across Angus with a Grant towards the cost of a project in the fields of arts, heritage, sport or the environment. We may also support activities that are educational, health related or generally improve people's quality of life. We could help toward the costs of running an event or buying new equipment to help expand your club or activities. Other funding may be available to you including Crowdfunding, Common Good and Leader. Our Community Toolkit also gives information on funding.

The Festival Local Organising Committee, are delighted to have been supported by this Scheme in order to make this a truly memorable Golden Oldies Rugby Festival!

www.angus.gov.uk

Visit-ANGUS

Scotland's Birthplace

Angus is the ideal destination for a break, with lots to see and do.

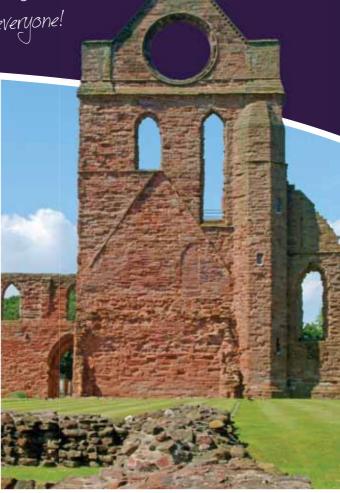
Sample the taste of Angus at a local restaurant or discover the past at one of our fascinating historic attractions.

Explore the magnificent Angus Glens or enjoy a relaxing round of golf.

there's sowlething for everyone!







A WELCOME FROM OUR HOSTS

Welcome to Inchmacoble Park, an ancient meeting place for Pictish Tribes to revel in Games & Festivities before doing battle with the Romans, then the Northumbrians, seeking treasure and glory! How apt a setting for today's 8th Scottish Golden Oldies (SGO) Rugby Festival! We at Strathmore are delighted to be hosting the 8th SGO Festival in partnership with our Pictish Brothers - The BRUCE. A huge amount of recognition must go to the BRUCE- not only for doing the lion's share in organising today, but for the way that they have been Ambassadors for SGO Rugby across Scotland and across the Globe too - as Players / Exiles flock in from far afield as Hong Kong and Singapore to support this Festival. A true testament for their reputation to host a good party!

At Strathmore, we are proud to be associated with the Core Values and ethos of Scottish Golden Oldies Rugby and have seen a visible benefit as Players and Members once thought long lost to the Club, have put on their boots and pulled out their wallets and some even pulling along their kids to strengthen and revive not only our Senior Club but our Juniors too! The physical benefits you can see in the form of our new Club extension - primarily built to develop Youth Rugby – which will hopefully be near completion after a hard winter of disrupted building.



Bob Baldie President Strathmore Rugby



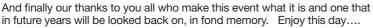
However, built in with its History, will be the legend of how warriors from all over the Globe came to do battle for Treasure and Glory in - Fun, Friendship and Fraternity! (Oh ... how History has changed!)

Have a great day at Inchmacoble!

Bob Baldie President Strathmore Rugby

Welcome to the 8th Scottish Golden Oldies (SGO) Festival of Rugby jointly organised by ourselves; Brechin Junior Rugby Club and our great friends at Strathmore Rugby. It is a great honour to co - host this event and marks the 5th year since our coming together to form The BRUCE Team of Golden Oldies. Our Junior Club - The Pirates - is 21 this year and what began with a few parents passing a ball whilst their children trained, quickly grew into a full squad of Golden Oldies with a team strip and fixtures to match.

The BRUCE has been instrumental in forming a strong bond between Brechin and Strathmore Clubs and incredibly successful in attracting players to our colours from far and wide whilst also acting as a conduit for young, returning, or new players to Rugby for the benefit of local Rugby Teams. The BRUCE has conducted two European Tours recently and competed across Scotland, while at the same time being influential in supporting the setting up of other Golden Oldies Teams in our locale. It is hard work and hard playand all in the spirit of Fun, Friendship and Fraternity. And of course all of this doesn't just happen. So particular thanks must go to our BRUCE Manager, Gary Robertson, for his indefatigable energy and commitment and the Organising Committee along with our Sponsors, SGO and many foot soldiers.







Colin Tinsley Chairman Brechin Junior Rugby Club



Our Participating Teams - All Teams were asked to supply a Team Bio, and a Photo......this is what was sent to us....

OUR HOSTS - Brechin BRUCE / Strathmore RFC - Since being formed in 2010, The BRUCE (Brechin Rugby Union Complete Eejits) have become very well known as a very Social Team who enjoy their Rugby and excel at the social aspect of the Golden Oldies Rugby circuit. If a BRUCE is about, you can be pretty sure that there will be Beer and Port pretty close at hand. Along with their Friends at Strathie.... they are

very much a Social Team and although they like to compete, there are more important things in Life ... and being at Festivals like this, and meeting like minded gents for a few cold ones is by far, one of the more important.

Strathmore RFC have a rich and long history of Rugby in Scotland and this Festival sees the opening of their new Club House extension giving them premises which will be the envy of many Clubs throughout the Country.







Both Clubs are greatly honoured to be hosting this year's Event and hope that everyone will play in the true spirit of Golden Oldies Rugby and come together in "Fun, Friendship & Fraternity"

Aberdeen WOMBATS - We welcome a new Golden Oldies Rugby Teamthe WOMBATS (Wanderers Old Men Battling Against Time) to their first SGO Festival. Stalwarts of Aberdeen Wanderers RFC, these Guys are from a Club which, in the past, has supplied Players to Aberdeen Strollers RFC. This is the second outing for the Aberdeen Wanderers Golden Oldies in recent years following last year's Golden Oldies event in Perth, but the first outing under the WOMBAT'S moniker. In keeping with the original all-inclusive ethos of Aberdeen

Wanderers RFC when founded back in 1934, the WOMBAT'S are open to any "seasoned" Player and not limited to ex Wanderers or those permanently based in the Granite City. Unsurprisingly however, the core of the Team is mostly former Aberdeen Wanderers Players, including one or two stubborn fools who have still to permanently hang up their boots for the regular Senior Teams. Many are still based in the North East of Scotland, but with others now living further afield, all have been looking forward to meeting up with Teammates old and new, to recreate the glories of their youth, only this time in slow motion. Great to see Wanderer's stalwart - Bill Glendinning taking the Field... ..a survivor of a most memorable Trip to the EGOR Festival in Verona, in 1996!!





Carnoustie Old Boars

Another Team joining us at our Festival for the first time, are local side – Carnoustie Old Boars – and we extend them, a warm welcome to Scottish Golden Oldies Rugby Festivals.

Carnoustie 1st XV play in the Caledonia Midlands Division 1 and

have won a number of Trophies.....and as they did not supply a current Old Boars Team Photo, we hope that some of the Guys pictured in this Photo will not be participating......as they are too young to play in the Festival. Enjoy yourselves at Forfar.



MEET OUR TEAMS

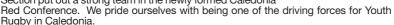
Dunkeld Ospreys - Based in Cupar, Fife, the Howe of Fife RFC, the Club's Golden Oldies Team aka the Howe Knights, were formed 3 years ago. This was to take part in a 24hr Rugby Match to assist with raising funds for the Howe Clubhouse Redevelopment Project.

Ages range from mid 30s to mid 60s and experience ranges from zero to " should know better ". Our core Team comes

from the Dunkeld, Blairgowrie and Pitlochry area with a few players (who can't get a Game for anyone else) coming from further afield. We train (after a fashion) on a Thursday night and try to average one Game a month throughout the year. New Members are always welcome. www.facebook.com/dunkeldrugby



Ellon – Ythan Bears - The Ythan Bears are now in their Second full year! There was a short foray into Buffties Rugby a few years back, but interest drifted away! However with Ellon Rugby growing and growing, the Club found the need for a Golden Oldies Team again. The Club now has thriving Junior and Youth Section from 3 year olds - Rugby Rascals to U18 and we have over 300 Members, with a Team at every age band from P3 upwards. Our Youth Section put out a strong team in the newly formed Caledonia



The first Team is developing again, which means a few younger Bears may get a chance this season at a higher level and the Team is a great mix of ex - players, coaches, dads, clinger - on - ers and glory hunters! We find that Golden Oldies Rugby aligns so well with the Positive Coaching Scotland Ethos that the Club has worked hard to be accredited with. (Minus the heavy drinking of course!).

The Ythan Bears hope to play some Rugby, drink some beer, make new friends, rekindle old ones, enjoy the banter, and if we can do this before we pass out, so much the better!

Ellon Ythan Bears shall be the Host Team, for our 2017 SGOR Festival.

Forrester Rubies - Forrester Rubies where formed in 2008 when we first took part at the World Golden Oldies Rugby Festival in Edinburgh, in 2008 and then we attended the next World Festival, in Sydney 2010.

We took our name from our love of the old Ruby Port which we consume - before, during and after Games to keep the old bones supple.

This will be our 5th Scottish Golden Oldies Rugby Festival, with Rubies stalwarts - Sean Cameron (Scammie) and Sean Findlay – being the most frequent participants.

We Never turn away Players.....especially if they bring along a Bottle of Port!



Hillfoots Cast Tups - The Hillfoots Cast Tups, prop up the rear end of the adult section of Hillfoots RFC – quite literally! A Cast Tup is an old ram no longer able to service sheep so that is probably the most appropriate name for our Team that could ever be found. Old, redundant and useless at procreating are all characteristics of this nickname....

most appropriate name for our Team that could ever be found. Old, redundant and useless at procreating are all characteristics of this nickname....

Team training sessions take place more often than not in the Woolpack Inn (not the one in "Emmerdale") on a Friday night, with all of those great plans laid to waste on the pitch on a Saturday afternoon! The Cast Tups encourage the younger sections of the Club

in "Emmerdale") on a Friday night, with all of those great plans laid to waste on the pitch on a Saturday afternoon! The Cast Tups encourage the younger sections of the Club with tales of former glory on the park and the older we get, the better we were in these tales. A long standing Club tradition is the 'Passing of the Port' down either side of a line out - a skill noticeably superior to their passing of the ball. The Players from Tillycoultry shall be glad to relax and enjoy this year's Festival....as Hillfoots RFC were the 2014 Festival Hosts.

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Howe of Fife Knights - The Howe of Fife RFC, the Club's Golden Oldies Team aka the Howe Knights, formed 4 years ago. This was to take part in a 24hr Rugby Match to assist with raising funds for the Clubhouse redevelopment project.

We never thought it would grow arms and legs like it has, with the over 35's side of the game attracting both ex-players and also new blood to the sport. We set out to train once a week and aim to play a fixture once a month all year round, this was the initial goal and so far so good.

We are looking forward to meeting other Golden Oldies sides from around the country and beyond, forming Bonds of Friendship, Family and Fraternity.

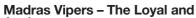


Mackie MAMMOTHS - This will be the seventh outing for Mackie Mammoths (Middle Aged Men Mainly Over The Hill) at the Scottish Golden Oldies Festival and we are looking forward to coming down to Strathmore, a place we know well and have close ties with through our Friendship (and Rivalry!!!) with BRUCE. We're a Social Rugby Team, formed back in 2010 due to a few too many in the pub at New Year and with the onset of 'Training' in February, with around 25 out of shape men who should

have known better, the MAMMOTHS were well and truly established!

We play with our trademark Port and Stilton at the pitch side and along with our MAMMOTH Watering Hole, we have become the envy of many a Team.

We take the Social side of Rugby very seriously, in the true spirit of GO Rugby, and in doing so, have made good friends with like-minded Teams across Scotland. We are, however, keen to play and meet other GO Teams and would welcome them to Stonehaven for a Social Game of Rugby and some Port, of course!



Ancients - Madras Loyal & Ancients cater for the Rugby aspirations of our slightly older (35+) and some may say more rotund Players. The Vipers take the pitch on a purely social basis with the focus more on enjoyment than competition. Madras RFC Hosted the 4th SGOR Festival, which was a great success.



With this we are going to continue with friendlies and the organisation of functions that will allow the families to come together at the Rugby Club.

Murrayfield Wanderers - The origins of the MWFC Pirates are lost in the mists of time. All that is known is that a band of former Edinburgh Wanderers and Murrayfield players, who could best be described as being of a mature vintage, decided that the good ship Black Bess should not remain quietly in harbour, but should set sail for Rugby Grounds throughout the land or even as far as Whitley Bay and Fleetwood. And so it was. The Pirates

have had many incarnations over the decades since, from generally an over 35's Team, to a Development Team to a third / fourth Team, but the spirit has never been

lost - swashbuckling Rugby at whatever cost !

We've been quiet for a couple of years, as people have moved on, young Pirates have been born that needed looked after, and careers on the high seas forged, but a rallying call has been made to those old Buccaneers and the Skull and Crossbones shall be raised once more! Onward to Forfar and rich plunder, ye Dogs!



MEET OUR TEAMS

Strathmore Asian Contemptibles - This Select Invitational Team, of finely tuned athletes, is made up of Players from – Strathmore RFC, Hong Kong FC and Centaurs Rugby, Singapore – and is the result of the labours of Golden Oldie Stalwart – Grahame Low (and more especially, Morag Low ...) and Colin Ip.

The earliest record of a Rugby Match, in Hong Kong, is of a Game held on February 16th, 1886 between Civilians and the British Army Garrison, then stationed in Hong

Kong. That Game was played on a Pitch within the Happy Valley Racetrack, on Hong Kong Island, where the Club is still located today.

Hong Kong Contemptibles have attended the World Golden Oldies Festivals, since Perth (Australia) in 1992. This is Centaurs 1st Overseas Golden Oldies Festival and Strathmore have taken part in previous Scottish Golden Oldies Festivals.

This is also the Contemptibles first visit to our SGOR Festivals

Warriors - The Warriors are a select Team that's been playing together over the last 6 years, with our Players based all over the UK. We mainly play in 7s Tournaments, so this is our first Golden Oldies Festival.

Our Team is made up of mainly ex Military or Marines Rugby Players and Pacific Islanders. Our Oldest Player is Lee Gray (51) who is a Royal Marine but very fit and competitive still.

A Player to look out for in the Warriors Team is -Epile Qolikibua - a former Army Player and Fijian International 7s Player,

We welcome The Warriors to their first SGOR Festival.



CENTAURS RUGBY

Zingari - The birth of - Kirkcaldy Zingari - goes back in the 1970's, when Alex Mitchell played for the Newcastle Northern Gypsies, an over 35's Team of former 1st XV 'Characters. 'On his return to Kirkcaldy in 1980, he saw a gap in the market for over 35's Rugby and

over Beers, the inaugural Zingari, Match took place on 20th

following some discussions over Beers, the inaugural Zingari Match took place on 20th April, 1982, on the Murrayfield Back Pitches against the then Edinburgh Wanderers. The Game was played in true Barbarian style, with panache and élan and resulted in a 22 – 10 win for the Kirkcaldy Team.

The Team has gone from strength to strength, attending a number of SGOR Festivals, and has forged links with many European Golden Oldies Teams, and as many of today's Team have just returned from a successful and enjoyable Tour to Barcelona, where they were looked after very well, by Spanish Hosts Cornella RFC and Badalona RFC Jet Lag and extended Hang Overs, may be claimed for any lapses in concentration at this year's Festival......



OUR FESTIVAL AMBASSADOR ALASTAIR URQUHART ESQ

It was 79 years ago, as a lad of 8, that I saw my first rugby match – only the second half as I had no money! It was the Good Friday match - Penarth ν Barbarians - and I was at a loose end. Pushing my way through half a dozen pairs of legs I came out close to the posts and was immediately faced with this strange ball bobbling towards me followed by two men with scary looks of determination, the first fell on the ball and with the second landing on top of him, gave an awful sounding groaning gasp. I thought he was dying, lying there gasping for air but the application of the cold sponge did the trick and, to the wild acclaim of the crowd, got to his feet to resume. That's the game for me I thought!

Born in Glasgow, I was dragged screaming to South Wales when four and but for this move I may well have become a Third Lanark [look it up on the web] football supporter! A rugby ball became my best pal and to this day is the most pleasurable thing to hold – well one of them! With no mini-rugby, I had to wait till secondary school in 1940, to actually play organised rugby and had two advantages over my



Alastair Urquhart Esq Our Festival Ambassador

year: I had watched good quality threes [Wilf Wooller – look him up] in action and, being hen-toed could side-step off either foot. This brought me to the attention of what I thought was a school Colts team and I started playing with these older boys every Saturday morning. I discovered only recently that it was the school's 2ndXV which explained why I came home bruised and battered! Stupid really, there was no adult supervision, I was a shrimp and made a wing-forward when I had never seen forwards as other than guys wrestling about in the mud! My dad, as other dads, took little interest – he was a hard man anyway! After two terms I was told that I was being evacuated from air-raids to grandparents in Scotland but the reality was that my poor mum was dying from TB, passing away in the December. There was no rugby in the west coast village but as home to the famous Kyles Athletic shinty team, this game and football kept us occupied. To carry on schooling to Highers I then went to Keil Boarding School where – joy of joys! – we played rugby three times a week. In my final year I played scrum-half for the firsts but there weren't many fixtures as we were in the wilds of Kintyre.

Leaving school in March 1945, I joined the Merchant Navy and contrived to contract typhoid fever in Colombo. My shipmates didn't expect me to recover when I was shipped ashore to hospital but my paternal Aberdeenshire heritage got me through. It was on sick leave at home in November that my rugby education took a major step which was to see the New Zealand Army touring team play Wales and Cardiff at the Arms Park. If the singing of 72,000 spectators was memorable, the rugby was something else. Here was team organisation and brains in action – wonderful stuff. Incidentally, Scotland were the only team to beat the Kiwisl

Having decided that a sea career was not for me I came ashore to Penarth after gaining my second mates ticket aged 22 and joined the Old Penarthians, meeting up with some of the guys of the seconds. And so started playing again till retiring when I was 54. In those early years there was no coaching, fitness training or team tactics – all off-the-cuff which required a lot of intuition from one's team mates! As is now apparent I didn't play at any great level. I was really too unfit – smoked and drank! – to ever try to move out of the very enjoyable coarse rugby and its Saturday night jinks. Perhaps if I had joined London Scottish when I moved to London......?

In spring 1967 when I had all but retired from my club [Maldon, in Essex, and 12 miles from home] I was approached by a fellow team-mate, a neighbour, to see if we might start up a team in our small town. A London commuter, he had gathered 19 names and I would make it 20! We went ahead and formed Burnhamon Crouch RFC which, happily, has gone from strength to strength, now with minis and a Womans team. I took on pre-season coaching and fitness and because I had stopped smoking - and with four young children couldn't afford drinking, I found that I was able to run the full length of the pitch without collapsing and so began a really exciting dozen years or so albeit at a low level at playing at a level of fitness which has stood me in good stead all these years later.

The Edinburgh International Golden Oldies Festival gave me the opportunity to participate with the Baggy Pipers but they were really too good for me and I eventually got my knees dirty and nose bloodied playing for a NZ outfit of grizzled old-timers. But I had got the rugby playing bug once more and though I sat out the first Scottish Golden Oldies Rugby Festival at Perth – it was a beautiful day and Deuchers in the bar! – the bottle of whisky award to the oldest player made me determined to get that the next year. Instead I was presented with the splendid Innes Cup!

It is great to be with you once again and to say welcome to all old friends and newcomers to another day of **Fun, Friendship and Fraternity.** *Enjoy!*

SUPPORT THESE GOOD CAUSES.....

Hedzup Racing - Youth Development at its most original



The Project started in 2009 with the aim of enabling young people to take part in a new and exciting project to allow them to work with others, to improve their self confidence and life ambitions.....

www.hedzupracing.com Join Us on Facebook

Both *Brechin RFC* and *Strathmore RFC* actively support **Hedzup Racing** which is a Not for Profit Company with Charity Status, and the aim originally was to give youths something to be part of and proud of, through them running a Race Team. We started small,

one group of 10 youths, and it was to be a one off, but it grew, and grew! We are currently involved with around 40 youths from a variety of backgrounds but at times we have even more. The youths build and prepare the bikes and come to events as the pit crew, our "Ghost Busters" as they were named by our friend June Murray, because of their white boiler suits at the Manx GP, and are well known at the events we go to. The aim is not to turn them into Mechanics or Racers, but it does happen! It is to give them a sense of belonging, a feeling of having achieved and succeeded, as well as the knowledge that with some hard work and the ability to work together, mixed with manners and a smile, then anything is achievable! We have no Funding for this Project, some of the groups we work with are for Local Councils and Schools, which we charge for, it's the profit on this that helps pay for the youths going to the Isle of Man, Ireland etc. That and Donations from our many supporters, with Fundraisers such as our Online Auctions. Bag Packs. Raffles and Corporate Sponsorship. We do struggle, Ferries are a big cost when you take so many youths away, but we are supported by the Isle of Man Steam Packet, which is a massive help for Isle of Man events, but so far we have no support for Ferries to Ireland, I hope we can get that. We are also helped by Ecosse Motorcycles in Aberdeen and Dundee, Held Leathers, Huey Brakelines, Holroyd Tyre Warmers, Glynne Lewis Photography, BDL Couriers and Cavendish Motorcycle Centre in Nottingham, In Front Motorcycles, Continental Tyres, BDS Motorcycles, Chris Richal, Melville Motor Club and Scottish Fire and Rescue who are an enormous help to our Projects by allowing us to work in the grounds of the Fire Stations, as well as in their classroom areas and kitchens! But we need more help! For some of the youths, these Projects are Life changing.





The 2016, 8th SGO Festival – Sponsored by Artemis -Festival Ambassador – Mr. Alastair Urquhart Thoughts from the Local Organising Committee

He may be 86, but Alastair Urquhart is not ready to hang up his Rugby Boots just yet. Bunnet - wearing Alastair, Honorary Life Member of the joint Host Team - The BRUCE - is this year's Ambassador and both host Clubs could not be more proud that their Rugby Hero and inspirational example, will be at the Festival, to share their special day. The Edinburgh man, who started playing the Game aged eight on the fields of Penarth, Wales, has for the most part of his Life, continued to play Rugby whenever at all possible, and continues to turn out for the Brechin Team whenever he can.



Gary Robertson Festival Local Organising Committee

This will be Alastair's 6th SGO outing with The BRUCE, when along with lovely wife Kirsty, he met them at the SGOR Festival in Perth in 2011 and being brought in to

bolster The BRUCE playing numbers on the day, was the Bruce's very first full Scottish Golden Oldies Rugby Festival outing. Alastair is an integral part of The BRUCE and he has travelled all over Scotland and indeed Europe, with trips to Reggio and Rome in Italy, as well as Toulouse in France under his belt. These trips he shared with his son – in - law, best mate and former BRUCE Player, John Solomon who sadly passed last year. Alastair has also attended Youth Days at the Brechin Club, where the kids all hold our eldest statesman in the very highest regard.

He is now an Ambassador for Age Concern and was followed by BBC Alba at the 6th SGO Tilllicoultry Festival, two years ago, and featured in one of their TV Programmes.

It goes without saying that we are delighted, honored and so very proud to have Big Al here with us to kick of the Festival. A true Gent in every possible way. Alastair..... we applaud and thank you.

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8th Scottish Golden Oldies Rugby Festival – Programme of Events

TIME	EVENT
10.30	Teams arrive and Register
10.45	Team Captains' Briefing with Referees
11.00	Festival Ambassador Kicks Off the Festival
	Festival Games Commence
	Festival Games
16.00	Festival Games Completed
16.15	Scottish Golden Oldies Rugby AGM
17.00	Festival Awards

Timings approximate

All Day, there shall be Stalls, Entertainment, Food, Drinks, Raffles Fun for all the Family!







Festival Teams and Playing Colours

TEAM	COLOURS	OLDEST PLAYER
Aberdeen Wanderers - Wombats	Navy Blue / Green	Bill Glendinning 64
The BRUCE / Strathmore	Red / Black	Alistair Urquhart - 87 Fred Crowe - 78
Carnoustie BOARS	Red / Black	?
Dunkeld - Ospreys	Blue	Innes Smith - 63
Ellon - Ythan Bears	Burgandy / Gold	Doug Yates - 55
Forrester RUBIES	Green / Gold	Sean Findlay - 55
Hillfoots / Zingari	Purple / Blue	Eddie Inglis - ?
Howe of Fife	Blue / White	Jock McDonald - 61
Mackie MAMMOTHS	Red / Gold	George Byers - 66
Madras	Blue	John Wedderburn - 60
Murrayfield Wanderers	Black	Andy McCulloch - 52
Strathmore Asian Contemptibles	Navy / Gold	Grahame Low - 68
Warriors	Black	Lee Gray - 51

FUN, FRIENDSHIP and FRATERNITY

MEET OUR REFS

Love them, or Hate them...we cannot have a Game of Rugby without them...so I wish to Thank all our Referees who have given of their Time, to officiate at our Festival....it is appreciated! Special Thanks, go to Ray Mellis Esq who has done all the co – ordination behind the scenes. *Enjoy the Festival...!*

Rav Mellis

Scottish and European Golden Oldies Rugby Referee Adviser



Ray has been involved with Rugby since the early 60's (1960's that is !). He played 1st XV at School and was selected to represent Midlands District Schools but wasn't quite good enough to convince the SRU selectors to choose him to play for Scotland – huh, what do Selectors know? Ray played at tight head for over twenty seasons and has an inkling of what goes on in the front row and would be happy to work with World Rugby, for a modest fee, to help resolve problems with scrums – perhaps a return to hooking and straight feeds might be a start?

Like many, Ray drifted from Player to Coach, to Referee and in the last few years he has also turned his hand to Referee Coaching. Whilst critical of the Governing Bodies, Ray is firmly of the view that Rugby is probably the best Team Game in the World and he would

encourage Players in particular to take up the 'Whistle' – a feel for the Game, a fair minded approach and a thick skin is all you need so why not give it a try! No pun intended. Having participated in all previous Scottish Golden Oldies Rugby Festivals, Ray is delighted to be able to continue his association this year. In his own words Golden Oldies "embodies the ethos and spirit of Rugby – a sport where the Players enjoy the combat on the pitch and enjoy each other's company with a beer or eight..........after the Game."

Ray extends his Best Wishes to all at Strathmore RFC and Brechin JRFC, joint hosts for the 8th Scottish Golden Oldies Festival – a fine example of Players and Clubs coming together to promote this great Game – Well Done!

Ed - Ray is the Referee Adviser for Scottish Golden Oldies Rugby and EGOR, and does a great deal of work for SGOR behind the scenes. It's much appreciated, Ray!

For all queries regarding Referee Courses please contact referee.courses@sru.org.uk

Fraser Anderson



Fraser lain Anderson has been involved with Rugby for many years, moving from being a Player to a Referee 18 years ago. Fraser began his Rugby career at Schools in the North and then the Scottish Schools Trials. As an Adult, he played for Elgin City RFC, Moray RFC and Lismore. He also developed a keen interest in supporting the Game off the field, as Match Secretary for Moray RFC and in helping set up Moray Juniors. He has Coached at Junior and Adult levels, with both Men's and Women's Teams. Fraser's Refereeing experience began at Highland RFC and he is now a member of the Aberdeen Society. He also turns out on occasion to Play for the Brechin BRUCE Seniors.

Fraser is Officiating for the first time at our Scottish Golden Oldies Rugby Festival.... We wish him well....and we hope he has an enjoyable time in Forfar....

Rob Gillan



This will be the 7th GO Festival at which Rob has officiated; so hopefully this will not be his final year, given that Mr. Ray's hat is going into retirement. Now in his later years, having taken up Refereeing at a very early stage, Rob assures us that he has done it all, just that he cannot quite remember when, or where, or if, or but ! Still relishing the challenge of Norwegian Rugby, having been seconded to Bergen to pass on his wealth of experience in Engineering and hopefully keep the locals happy taking a few Games in the Norwegian Rugby Championship, Norges Rugbyforbund, he toured with the NRF during the summer, and has signed up for another season hoping to be appointed to the Teams he missed last season and with only 6 teams in the National League this should be achievable in the short season. The standard of the Game in Norway has improved, with Players now having a better understanding of the Laws and interpretation by the Referee. Needless to say, not all of his interpretations are understood.... or should that be translations. Looks like the same the world over.



Now back in Blighty, is there no stopping this man, having taken up a new contract in the North East of England to do whatever he does to pay the mortgage. I was told he could tell me but I didn't have the necessary security clearance.

Picture shows Rob, the Norwegian Cup and a bloke from Stavanger (the winning side).

SCOTISH GOLDEN OLDIES RUGBY

Dave McKerval



Dave is ex Army who started playing in earnest in 1995. He has represented the British Army (Germany), Royal Logistic Corps, Durham City and Fawley RFC. Dave has played all over the World, including America, Australia, New Zealand and South Africa as well as attending a variety of European tournaments. Dave started his Refereeing career in 2010 when he joined the Hampshire Referee Society. He Refereed in the Hampshire One and Two Leagues, Solent 2XV Senior Leagues and National Colt Leagues.

On leaving the Army in 2012 he moved to Scotland and joined the Caledonia Midlands Society. Dave is now in his fourth season Refereeing in Scotland and has also ran Touch in a number of National 1 League fixtures. He is a Member of the Army Referee Society and took part in the RFU's National Girls U13 / U15 Schools competition at Staines RFC, with the finalists playing at Twickenham on Army v Navy day. 81,000 people can now confirm that Dave has a change of pace and can in fact sprint! This past Season (2015-

16) Dave took on the role of Referee Development Officer for the Caledonia Midlands Society. Dave still likes to pull the boots on to play, and as long as it is Golden Oldies Rugby he can be found playing anywhere on the park from pack to backs. His last run out was with Waid Buccaneers on their tour to Cambridge in November 2014 where he demonstrated a perfect side step, fooled the defender with an outrageous dummy pass and then offloaded to a support player running on at pace.....well that's how he remembered it and there's no video evidence to prove otherwise - a career in storytelling beckons when he finally gives up Rugby. Dave has also taken up Touch Rugby Refereeing and has been surprised at how honest the Players are. As long as he's not too tired after being Olympian on the park, Dave has been known to enjoy a good Third Half.

David Wright



Having been brought up in Hawick, Rugby soon took over my life ... I was Coached by Bill McLaren (Primary School) and then by Bill Johnston (teacher / broadcaster) at High School....which certainly gave me a solid start to my Rugby career. I've been involved with Rugby (since I was 9 years old I'm 50+ now) in various forms ...Playing ...Reffing.(in Scotland, England and Southern Ireland), Touch Judging (for SRU and I R B)...Coaching ...and now on the Admin side of things at Garioch RFC ...as well ..as Coaching Ladies Rugby ... I've run the Line at Melrose Sevens Tournament three times ...you have to be invited by Melrose RFC, to take part ...

My love of Rugby speaks for itself having played my last 1st XV Game for the Club in March 2015 ... I'm looking forward to the Festival and to meeting old and making new friends ...but as always, I'll be on my Best behaviour....as the SGO President – Dave McDonald – was my Judo Coach!

The Festival Pool of Referees may be augmented on the Day, by Local Referees....or Visiting Referees. Scottish Golden Oldies Rugby extends their sincere Thanks, to all involved.



Our " Whistlers " at last year's Festival at Kinloss RFC

SCOTTISH GOLDEN OLDIES RUGBY







BARBARIANS FC V SOUTH AFRICA

Scottish Golden Oldies Rugby received 4 Tickets for the Barbarian's Match against South Africa on November 5th at Wembley, most generously Donated by the Barbarians FC, and offered them to the Festival Local Organising Committee to raise Funds.

Our Festival Host Clubs – Strathmore RFC and Brechin JRFC, shall be having a Raffle for this Prize and Tickets shall be on Sale via both Clubs, till the start of next Season.

If you wish Tickets for this fantastic Prize, contact either Club.

Many Congratulations to the Raffle Winner.....and **Enjoy the Game**





SCOTTISH GOLDEN OLDIES RUGBY



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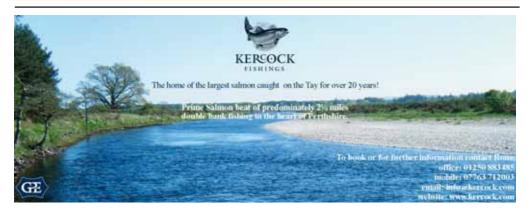


dizzys@pbdevco.com 01224 625577 Supporting Golden Oldies Rugby! Located in Aberdeen's West End, Dizzy's Restaurant & Bar offers excellent fine dining with a sumptuous a la carte dinner menu, as well as a lunch menu for lighter bites.

Relax and enjoy delicious food cooked to perfection, served by our friendly and helpful staff, and select from a range of drinks options in our well stocked bar.

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We hope to see you with us soon!



Your have to chuckle

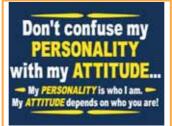






PILATES?

I THOUGHT YOU SAID PIE AND LATTES





I hate it when I'm singing a song and the artist gets the words wrong.





People who wonder whether the glass is half empty or half full miss the point. The glass is refillable.





Scottish Golden Oldies Rugby Donation

It was agreed at last year's SGOR Festival at Kinloss, that a Donation would be made to the Host Club's Youth Section – the Kinloss Kestrels. Instead of just handing over a Cheque for the Kestrels' Funds, we decided to Sponsor a set of Jerseys and Shorts, with the SGO Logo embroidered on them. The Embroidery was done by Bill and his Team at – First Zipper (www.zippaproducts.co.uk) in Aberdeen and the Kit was presented to Captain Stephen Smith and Kestrels Committee Members at the Aberdeen Grammar Former Pupils Club, at the beginning of May. Klnloss RFC are keen to attract Players from all over the Moray Region, not only to their Youth Section, but to Teenagers, Adults, Ladies and Golden Oldiesif interested, get in touch – www.pitchero.com/clubs/kinlosseaglesrufc

Captain Smith was the Chairman of the 7th Festival Local Organising Committee and is being transferred to Reading, where he shall be in charge the of the Royal Engineers Rugby Corps, who are heading off to New Zealand, for a three week Training Tour in Christchurch, Wellington and Auckland. Also on the move from Kinloss, is our Ambassador at the 7th SGOR Festival – Colonel Tom G J Marsden - who shall now be based at the MOD Headquarters. Replacing these Officers at Kinloss, shall be Colonel Tim Webster and Captain Bill Green. Scottish Golden Oldies Rugby wishes all four Officers every success in their new Postings.



Pictured at the handover of the Sponsored Kit, are, left to right – Capt Stephen Smith, Dave McDonald, Katie Barnett, Vikki Reed and Sgt Paul Reed

Symptoms of concussion

- Headache Dizziness
- Confusion Visual problems
- Nausea or vomiting
- Fatigue Drowsiness
- Pressure in head
- · Sensitivity to light or noise

Questions to ask

- . Where are we now?
- · What time of day is it?
- . How did you get here today?
- Where were you on this day last week?

IF IN DOUBT SIT THEM OUT.

This card is a summary of the Scottish Sports Concussion Guidance report.

To view the full document visit: sportscotland.org.uk/concussion

IF IN DOUBT, SIT THEM

EUROPEAN GOLDEN OLDIES RUGBY















14th European Golden Oldies Rugby Festival

www.egorlisbon.com

www.facebook.com/egorlisbon

For Details - Contact Festival Director - João Uva ioaouva@podi1.com

The 14th European Golden Oldies Rugby Festival shall be held in the lovely City of Lisbon, Portugal, 14th – 18th June, 2017.

Over 70 Teams are already Registered....and additional Places are limited.... It is hoped that Scottish Teams will wish to enter....but a Scottish Touring XV could be organised, if there is enough interest?

Register your interest NOW – Teams or Individuals - qoldiesrugby@gmail.com

For the first time, there shall be a Golden Angels - Ladies Rugby Section..... and on the Festival Free Day, there shall be the 1st EGOR Golf Tournament !! Watch the Website and Facebook Pages for all the Latest News, **Details and Information**

European Golden Oldies Rugby

The late, great Jeff Butterfield (England and British Lions) was the driving force in Europe and organised the memorable 4th World Golden Oldies Rugby Festival in London, in 1985. The first European Golden Oldies Festival was staged in Holland in 1992 and has ben held every two years since then, in many varied Venues throughout the European Mainland and in 2000, on the beautiful Island of Madeira. As with the World Festivals, the normal Laws or Rules of the Game apply, with some minor alterations... Unlimited Substitution, Shortened Game Times and Age is shown by the colour of Shorts being worn - and over 60's cannot be tackled!

Formally set up in 2001, Saturday 6th December, 2003 was a very important day in the History of the European Golden Oldies Rugby Organisation, with the acceptance of mutual Terms of Agreement, when President - Dave McDonald was invited to the Annual Conference of F.I.R.A. / A.E.R. being held in Paris. The Agreement was signed by FIRA President - Jean Claude Bagué and EGOR President -Dave McDonald and means that the European Golden Oldies Rugby Organisation is recognised as a key partner of F.I.R.A. / A.E.R. (now Rugby Europe) and the Official Organisation for Golden Oldies Rugby in Europe and we have a Link on their Website, to EGOR. Since then, our Membership has grown from strength to strength and at present, Golden Oldies Rugby is played all over Europe, with dozens of Countries involved. The Golden Olden Rugby Committee, all Volunteers, represent eight Countries..... France, Germany, Israel, Italy, Portugal, Spain, Switzerland,and Scotland!



FIRA Agreement Signing Dave McDonald and Jean Claude Bagué

It is interesting at various Festivals Worldwide. the number of the Teams who are unaware of the significance of our Logo......

Firstly, we show the symbol for - Europe or European Next, Au, the Chemical symbol for - Gold Thirdly, the European symbol for the Elderly Fourth being a Rugby Ball, the symbol for Rugby Put them altogether and we have -European Golden Oldies Rugby!









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SCOTTISH DEAF RUGBY



Scottish Deaf International Rugby Team (SDIRT) is the Scottish International Representative Rugby Team for Deaf, Hard Of Hearing & Hearing Impaired Adult Male Rugby Players, backed by the SRU.

The SDIRT play International Games alongside the IRB 6 Nations Championship.

Have you a Hearing Loss?

Would you like to play Rugby for Scotland in the Navy and Blue against England, France, Ireland & Wales ? If the answer is YES, Contact – info@scottishdeafrugby.org.uk



OUR FESTIVAL TROPHIES

Scottish Golden Oldies Rugby was most delighted when we received a very generous Donation from the late Dr J R S ' Donny ' Innes, an Aberdeen Grammar F P RFC stalwart and Past President of the Scottish Rugby Union and the Scottish Captain of the Calcutta Cup Winning Team in the 1948 / 49 Season. Donny Innes won eight Caps, split three / five between pre, and post - war seasons, and, considering he was only 22 and already Capped when hostilities started, he clearly – notwithstanding his five wartime " Caps " in Services Internationals and his " Victory " Cap against the Auld Enemy in 1946 – would have worn the navy blue jersey with the white thistle on more than a mere eight occasions. He was an outstanding winger in the Aberdeen Grammar School first XV, moving into the Former Pupils' side, and such was his promise, the teenage Innes represented the North and Midlands against Jack Manchester's Third All Blacks in 1935.

I received his Cheque, just as Scottish Golden Oldies Rugby, was being formed.....and I decided to purchase a set of Awards, for Presentation at each of our Festivals. As Golden Oldies Rugby is played in Festivals.....NOTTournaments.....no Trophies are awarded to Winning Teams....but are given for different Categories....the Oldest Player in the Festival receives the – Dr Donny Innes Cup, and there are Salvers for the – Spirit of the Festival Award, the Best Supported Team, Personality of the Festival – and even an Award for the Referee of the Festival!! There are other Awards, and each Host Club receives a Scottish Golden Oldies Rugby Plaque for their Clubhouse.





However, a new Trophy – The Alastair Urquhart Cup - will be awarded at this year's Festival to the – Festival Oldest Newcomer - kindly Donated by our Festival Ambassador – Alastair Urquhart Esq. Alistair has won the Innes Cup on a number of occasions and has always felt that someone else should be the recipient....however, by participating at our Festivals as the Oldest Player, he has always been awarded the Cup, by right. Pictured below, is the new Alastair Urquhart Cup; Alastair receiving the Innes Cup at our Hillfoots Festival, from the then SRU President (and ex Scottish Internationalist) – Alan Lawson Esq; and the usual sight of Alastair in Action... in Italy !! Alastair taking Europe by storm in Reggio Emilia, becoming an internet and media sensation overnight.

 $Thank you \ Alastair, for your generosity.... and your ongoing support of -Scottish \ Golden \ Oldies \ Rugby \ !!$

Dave McDonald President - Scottish Golden Oldies Rugby







SCOTISH GOLDEN OLDIES RUGBY



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SCOTISH GOLDEN OLDIES RUGBY

Ellon Rugby Club 1997 - 2017

The Ellon Rugby Football Club was inaugurated on the 5th of October 1977, born out of the interests and efforts of individuals who had moved to the Ellon Area, predominantly involved in the Oil and Gas Industries. The then list of our Founder Members originated from a wealth of Rugby playing places and origins such as the Borders, Edinburgh, Ayr, Glasgow, Gosforth, Droitwich, Manchester, London, Wales, Australia, New Zealand, South Africa and the United Ellon Rugby was, and continues to be, an important part of the Rugby States of America! advancement of the North East of Scotland, which has led to the development of potential home produced talent, which culminated at the end of Season 2000-2001 with the Ellon 1st XV finally winning promotion to the National Leagues. Today, the Ellon Club is well known and respected throughout the World of Rugby. The 1st XV now play in the Regional Leagues in Caledonia. Our Junior P3-7's play local Festivals but also travel all over Scotland to play in Festivals and Tournaments. Youth Teams feature in the SRU Red Conference and Regional Cup Games, successfully at all levels. This is only achieved thanks to the tireless efforts of the various people involved with the organisation, management, coaching, fund-raising and sponsorship committees, which are necessary to run and develop the successful modern day Club.

As a comparatively new Rugby Club (the heady days of 1977 do not seem that far away!) without the trappings of history and tradition, Ellon Rugby has come a long way in that short

space of time. We have boasted the membership of many fine characters to the Game and are now regularly producina Youth Plavers International Potential, the success of which is only achieved thanks to the planning, enthusiasm, coaching ability and endeavor which is applied to our Family Rugby Club by our hard working Members. We have a Full International in Scotland Womens Player Emma Wassell, who was introduced to Rugby at Ellon with our community work and trained here for three years before going to University in Edinburgh and joined Murrayfield Wanderers.

The Ellon Rugby Club at the Meadow always guarantees a warm welcome to the opposition Teams of every age and grade, Junior through to Senior, supporters, friends and visitors.

Ellon Rugby will continue to strive for the benefit and development of our Club and National Rugby Game.



Golden Oldies Images from past European Golden Oldies Rugby Festivals



EGOR's most important Trophy
" The Battered Relic " *



Founder of EGOR - Jeff Butterfield (2nd Left) and Team Mates in Heidelberg



The '3rd Half ' in San Sebastian



Relaxation Time at the Toulouse World Golden Oldies Rugby Festival



Aberdeen Strollers at the Verona Festival 10 Nationalities in the Team!



President's Front Row, in Prague



Sole falling off Yuri's Boots from *Moscow All Star*, at the Benidorm Festival



4th EGOR Festival Free Day at the Royal Highland Games – Braemar – in the presence of HRH Queen Elizabeth



Singing Referee from I Cangrandi RFC - at the Trieste Festival

* E-mail ...goldiesrugby@gmail.comfor the story of - The Battered Relic

What ever happened to Bumper Stickers ???

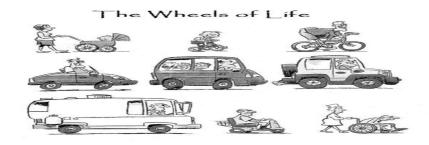
YOUNG AT HEART Slightly older in other places.

www.cafepress.com/GeezerShop









ACKNOWLEDGEMENTS

Scottish Golden Oldies and the Festival Local Organising Committee from Strathmore RFC and Brechin JRFC, wish to thank the following for their involvement with the 8th Scottish Golden Oldies Rugby Festival and we hope you will all support our much appreciated Sponsors and Brochure Advertisers.....

Strathmore RFC and Brechin JRFC Committees & all Helpers & Volunteers Pitchside & behind the scenes... Janet Berry and her Team - Kirrie Dumplings Mike Bruce & Thea Jackson - Strathmore Sharks All Festival Sponsors, Brochure Advertisers & Supporters Cllr Helen Oswald - Provost Angus Council Angus Council Community Grants Scheme SRU President - Ed Crozier Esa Festival Ambassador – Alastair Urguhart Esg Artemis – for their Festival Sponsorship Strathmore Spring Belhaven Susan Rose – Slater Menswear The Scottish Ruaby Union Leiths (Scotland) Ltd **Business Angus** Peter McDermott & Team – VSL Rugby Len Smith – Repro Overflow Straw 4 Biomass Brymers Butchers, Brechin Festival Photographer - Lucy Stewart Festival Piper sponsored by Sir Brian and Lady Oona Ivory Philip Henderson – Henderson & Dick All Participating Teams and Players Ray Mellis Esq and our Referees

SGOR Executive Committee

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Brochure Advertising, Festival Sponsorship (in Cash or Kind) and other forms of Support, is always required, and gratefully received, for the **Scottish Golden Oldies Rugby Festivals**. If your Business, Company or Organisation wishes to support us....and you wish more information, please E-mail – **goldiesrugby@gmail.com** or call – **07866 910 865**

GOLDEN OLDIES RUGBY FESTIVAL LAWS

Ray Mellis is a dedicated and enthusiastic Golden Oldies Rugby Supporter and is the Referee Adviser and Co – ordinator for both Scottish and European Golden Oldies Rugby. All Teams participating at this year's Festival shall have received an updated version of the Golden Oldies Rugby Playing Laws from Ray.

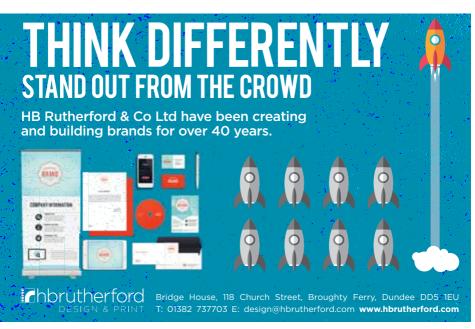
Many Thanks, Ray!

If your Team wishes a Copy, the Document may be Downloaded from our Website -

www.pitchero.com/clubs/scottishgoldenoldiesrugby









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