



Guidance for parents/players in relation to COVID-19 safety precautions

FIRST SESSION TO COMMENCE: Wednesday 23rd September 2020

Brigg Recreation Ground Facilities

All parents/players must fully adhere to all signs and measures put into place by the council and the club to ensure all current social distancing and hygiene measures are met.

Currently NO changing room, toilet or function room facilities are available. Entry to the building will be for floodlight activation only.

Toilets may be made available over the coming weeks once we have a clearer understanding of the club responsibilities from the council. If your child must use the toilet, it may be possible to utilise the Brigg Town Football Club facilities.

Track & Trace

England Hockey Guidelines state that we must register all that attend for COVID-19 monitoring/track and trace purposes. All players, parents/guardians and coaches must adhere to the track and trace system.

1. Players must be registered with BHC via our website at www.brigghockeyclub.co.uk. If you could also ensure that we hold all the 'required' information about your child, including D.O.B, emergency contact info and medical info as these are vitally important should there be any serious injuries.
2. Players must have also signed up to the England Hockey Player Participation Agreement. The link for this can be found on the COVID-19 Support page at www.englandhockey.co.uk

Please ensure these 2 items are actioned at least 72 hours BEFORE attending your first training session. Anyone not registered on both databases will NOT be able to train and will be asked to leave the session.

On Arrival for Training

As with previous seasons we will continue to register each child for training sessions. For the upcoming season, each player must now be registered by their parent/guardian at the beginning of each session (BEFORE they begin training). Each parent/guardian must sign to confirm their child (or the children they are responsible for) is not showing any COVID-19 symptoms and has not been in contact with anyone who has tested positive.

To ensure our club safety and the safety of the public using the facility, please follow the one-way system on training nights. We will set up 3 tables to enable the children to follow and understand the new systems. We are calling these our 'traffic light' tables.

1. On arrival please enter the grounds through the small gate at the right of the club house and report to the **red table** beside the club house. At the red table you will need to STOP and ensure everyone in your family/group has sanitised. Please keep socially distanced and be mindful of other facility users.
2. After sanitising, you will move to the **orange table**. Here you will be asked to complete the session registration form and sign to say your children are safe to play. Please do not let your children move ahead. They need to stay with you until they are allowed onto the pitch.

3. The final table – the **green table** – is where you will be told which area your child's group training will take place on the pitch, along with the entry point. Please ensure the player avoids touching the fence around the pitch and the designated entry and exit gates which will be clearly marked. Your child should not interact with other children outside of their training group. Please ensure they understand this in advance of the first session.

Only children playing in that session and their coaches will be allowed within the pitch area. All spectators, parents, guardians, and siblings must remain outside of the pitch and stay socially distanced. It is the responsibility of the spectators to manage their distancing. Please respect each other at ALL times.

During the Training Session

Ensure own water bottles are full on arrival. There will be no access to drinking water at the club house.

Coaches will advise where belongings can be safely left (clothing that is removed if too warm, hockey bags if essential to bring) away from others. It is imperative that other player's belongings are NOT TOUCHED.

Players MUST NOT touch the coach's equipment (balls, cones) or goals etc with their hands.

In regard to gum shields it is necessary players wear these for the session - where hockey balls are present there is always a risk of injury. Try to keep the amount of times the gum shield is taken in and out to a minimum.

We will have hand sanitiser present for sessions for players to use should they need to remove gum shields or if they accidentally touch any of the equipment.

Players must remain in their training bubble and NOT interact with others outside of their bubble. Sessions will be in small groups with a maximum of 30 on each half of the pitch. Under NO circumstances should a player swap to the other half of the pitch.

If a ball is lost to another area of the pitch it must NOT be picked up by a player. Instead it should be hit back using the stick.

Training sessions will be for 45-50mins, starting at 6pm (year 7 and below) and 7pm (years 8 & 9). This is because we must have a clear session start and session end with no crossover of children on the pitch. The men's training session will commence at 8pm and the U14 session must therefore have left the pitch before their session begins. We must also sanitise balls, cones and goals between sessions so this slightly shorter training time should hopefully give us the opportunity to do so. We will of course monitor this and adjust if these timings do not work.

We will not be able to provide bibs at a training session. If you can, please ensure your child wears their green club shirt and a dark hoody (or dark t-shirt that can be worn over their green top) just in case we need to distinguish between teams or groups at any point.

After Training

We will be operating a one-way system for entry and exit to the pitch. At the end of the session, your child will be asked to leave all balls at a collection point. Balls should be moved with their sticks only and not picked up. They should then leave the pitch by the lower double gate near the carpark. Please wait for your child to exit the pitch and remain socially distanced at all times. Please do not enter the 'cage' at any time. We understand this may take a slightly longer to execute (especially in the first few weeks), but please be patient.

Once home, equipment should be washed/sanitised and left for 72 hours.

COVID-19 Specifics

Follow Public Health England advice to maintain good hygiene at all time

Maintain 2 metres apart at all times (unless from the same household)

All players are required to bring only what is essential for their session. They must USE their own equipment - stick and shin pads and wear a gum shield, goal keeping equipment (if appropriate). **Unfortunately we are unable to loan sticks this season, but a very basic starter stick will cost about £10 - £15 at Sports Direct or for something better quality £20 - £40 at Wasp Hockey in Brigg.**

Please be reminded a parent or guardian must be present for the entire session. We ask that you always remain in attendance at the Recreation Ground and that you fully follow the on-site guidance. Parents are UNABLE to enter the pitch area but can stand around the outside perimeter fence (avoid touching), walk around the ground, or alternatively sit in the comfort of their own car. Please maintain social distancing with other parents.

We will be doing everything we can to minimise risk of infection, however, the participant is taking part in the session with their own understanding of the risks involved.

Please respect the council staff, coaches, committee members/volunteers who will be reminding/advising people where necessary to adhere to the rules.

First Aid

In the event of an injury it is the responsibility of the individual, parent/guardian and household members to take the necessary first aid action. The child will be removed from the pitch area and the person responsible for them will be asked to complete basic first aid (first aid kit will be provided by the hockey club). In most cases for our colts' sessions this would mean applying an icepack or dealing with a graze or small cut. In the event of a serious incident however, we will provide first aid trained staff with full PPE (personal protective equipment). There will always be at least one registered first aider in attendance and they will wear PPE in the event of having to attend to an incident. They will also request that the injured party wears a face mask if they are 11 years old or above. For players below 11 years old, they will be offered a face mask to wear but can decline to wear it if they so wish to.

An isolation area will be identified at each session if anyone begins to display COVID-19 symptoms during a session and they are unable to directly leave the site. Parents/carers must be readily available at all times during a training session in the event that they need to take their child home.

Self-Screening

For each and every training session, the parent takes the responsibility to ensure that they / their child and all in the household are fit in relation to COVID-19. If in any doubt they will follow government guidance but also communicate with the club that their child will not be attending until further notice. They will self-screen before each session assessing against the questions below.

1. Do any of us in the household have a fever or temperature above 37.8?
2. Have any of us in the household developed a new cough?
3. Have any of us in the household developed a change or loss in taste/smell?
4. Have any of us in the household been exposed to someone with confirmed COVID-19 within the last 7 days?
5. Do any of in the household have a sore throat, shortness of breath or are feeling generally unwell?

COVID-19 Officer

Every hockey club must have a COVID-19 Officer registered with England Hockey. Our COVID-19 Officer is:

Alison Walker

T: 07912 678 943

What if Someone Gets Sick?

Participants should not attend any hockey activity.

Notify the COVID-19 Officer, if they become sick with COVID-19 symptoms, test positive for COVID-19 or have been exposed to a suspected or confirmed case.

Participants should contact you as soon as they suspect that they have COVID-19 symptoms.

Participant should contact NHS Track and Trace if they haven't already.

A Final Message

We sincerely thank you for your patience and understanding throughout our return to hockey journey. It has certainly not been an easy process and as much as we'd all love to be back on the pitch already, we must adhere to guidelines put in place by the club, the council, and England Hockey. Should you have any questions or need anything clarifying, or indeed have any concerns over our COVID-19 return to hockey, please do not hesitate to contact either Rachel Lingard or Kate Kerr.

Rachel Lingard: 0771 517 9008

Kate Kerr: 0771 957 9163

We look forward to welcoming you all back on the pitch on Wednesday 23rd September.

HOCKEY'S BACK!

HERE'S WHAT TO REMEMBER

AT HOME



SIGN A PLAYER AGREEMENT*
*(ONLY THE 1ST TIME YOU PLAY)

BRING HAND SANITISER

WEAR YOUR PLAYING KIT

**SELF-ASSESS FOR COVID
SYMPTOMS**



**FOLLOW THE GOVERNMENT TRAVEL
ADVICE**

**CHECK IN WITH YOUR ORGANISER FOR
TRACK & TRACE PURPOSES**

**SOCIALLY DISTANCE AT 2M IN GROUPS
OF 6 MAX**

CLEAN YOUR HANDS DURING BREAKS

**FOLLOW THE FACILITY RULES WHEN
ACCESSING INDOOR SPACES**

OUTSIDE OF PLAY

DURING PLAY



RESPECT YOUR OPPOSITION & UMPIRES

**TAKE PENALTY CORNERS & FREE-HITS AROUND
THE D PROMPTLY**

**ONLY TOUCH THE BALL WITH YOUR STICK/
GK EQUIPMENT**

USE YOUR OWN PPE OR DISINFECT BEFORE USE
SOCIALLY DISTANCE WHEN PLAY STOPS

**NO HANDSHAKES WITH OTHER PLAYERS OR
CLOSE CONTACT DURING GOAL CELEBRATIONS**

AVOID SHOUTING EXCESSIVELY AND SPITTING

**AVOID RUNNING EXERCISES THAT INVOLVE
OVERLY REPETITIVE CLOSE CONTACT**



**CLEAN YOUR KIT OR LEAVE
FOR 72 HOURS**

**IF YOU DISPLAY ANY SYMPTOMS AFTER
PLAYING CONTACT YOUR HOCKEY
PROVIDER'S COVID-19 OFFICER
IMMEDIATELY**

AFTER



ENGLAND
HOCKEY

PLEASE NOTE THAT GUIDANCE MAY CHANGE AT SHORT NOTICE AND RESTRICTIONS MAY BE REINTRODUCED.
TO STAY UP TO DATE WITH ENGLAND HOCKEY RETURN TO PLAY GUIDELINES VISIT WWW.ENGLANDHOCKEY.CO.UK/COVID19
TO STAY UP TO DATE WITH GOVERNMENT SOCIAL DISTANCING GUIDELINES VISIT WWW.GOV.UK/CORONAVIRUS