



JUNIOR PLAYER CODE OF CONDUCT

Swindon Hockey Club expects high standards of sportsmanship and behaviour from our junior players at all times.

- Arrive for training and matches in good time.
- Organise yourself properly before you come to play, making sure you always have the correct kit and equipment, and have eaten and drunk sensibly before the activity.
- Always follow your coach's instructions for warming up and cooling down.
- Tell your coach at the beginning of the session if you are unwell or have an injury.
- Learn and play by the rules.
- Listen carefully to what you are told and do as you are told.
- Remember to thank the adults who have helped you after each session or match.
- Do not argue or be rude or cheeky to your coaches or match officials.
- Recognise when others have played well and tell them so.
- Be a good sport at all times – win with modesty and lose with dignity
- Treat others around you with respect at all times, Treat them as you would like to be treated.
- Use the litter bins provided and place your belongings out of the way against fence.
- Always do your best for the team. Remember you are part of a team
- Never leave the session or match unless you are with the person who is taking you home.
- Make sure you have fun and enjoy yourself. You should play hockey because you enjoy it, not for your parents or coach.

Swindon Hockey Club is fully committed to safeguarding and the promotion of wellbeing of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times show respect, are encouraged to be open and to share any concerns or complaints that they may have about any aspects of the club with the Junior club administrator, or any official of the club.

Swindon Hockey Club encourage any safeguarding or welfare concerns to be reported to an official or by emailing: welfareofficer@swindonhockeyclub.com

Junior players guide to equipment

- Shin Pads
- Astro-boots or trainers – No studded football boots or shoes
- Gum shields are strongly recommended
- Suitable shorts, skirt and/or tracksuit bottoms and a t-shirt
- Warm sweatshirt or tracksuit top for start and end of a session
- Wet weather jacket or cagoule for wet conditions – hockey does not stop when it rains
- Plenty of fluids to drink, but no fizzy drinks or glass bottles
- Woolly hats and gloves for cold weather