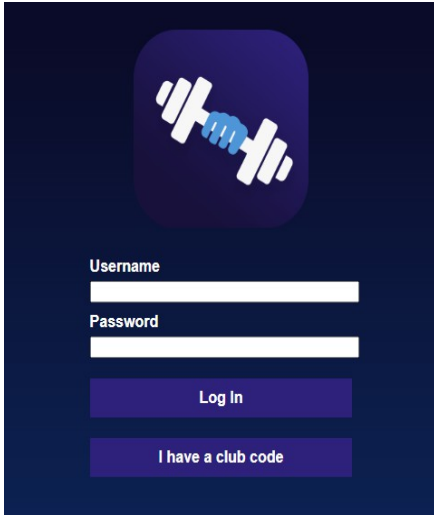




SPORTS-TRAIN RETURN TO PLAY – PARENT GUIDE

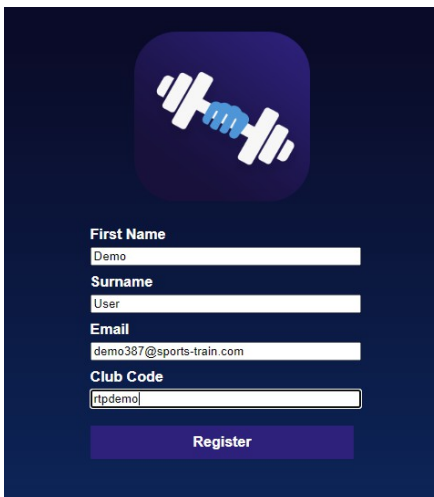
PART 1: Install the app.



Step 1: Download the app.

Links to the app store and google play are at <https://sports-train.com/applinks.php>

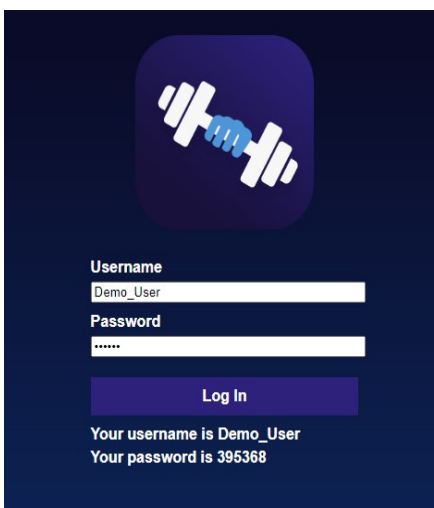
Step 2: Tap on 'I have a club code'



Step 3: Complete the form and click on Register.

Be sure to use the correct club code that you were given.

It will create a parent account for you and will add you to the correct training group.



Step 4: Log In.

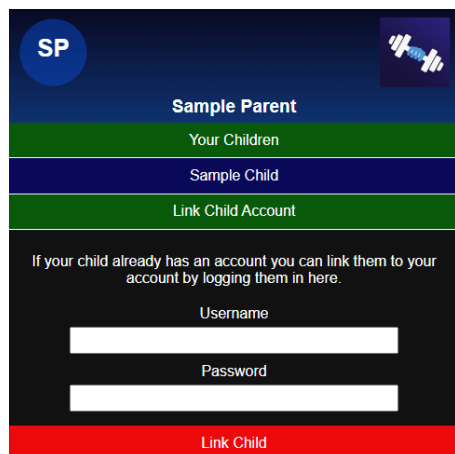
The app will display your username and password on screen.

Make a note of them. Tap Log In to log in to the app.

You do not normally need to log out of the app. If you do you can log back in using your username and password on the login screen. You do not need to use your club code again.

Please Give Consent for Return to Play data to be stored. It will not be shared with any 3rd party and will be deleted after 21 days.

PART 2: Adding Children

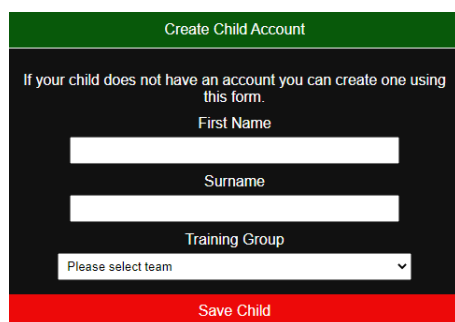


Step 1: Select Add Children from the app menu.

The page will display which children are linked to your account.

If your child already has an account you can link them to your account by 'logging them in'

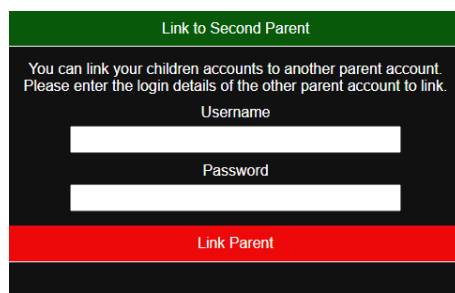
Enter their username and password and tap on Link child.



If your child does not yet have an account, you can create one for them.

Enter their first name, surname, select their training group and tap on Save Child.

Username and password for the child will be displayed (if you want them to use the app as well as you) and they will be linked to your account.



You can also link a second parent account to your account.

Use the form to 'log them in' to your account.

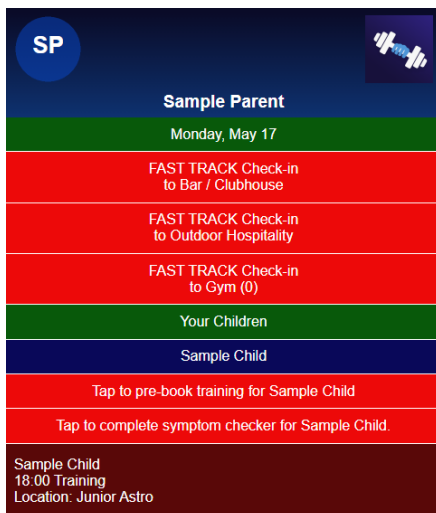
The linked parent account will now also be able to see your child accounts

NOTE: If your child moves training group or plays in multiple teams please contact your administrator. They can add your child to the correct group. You do not need to create a new account for your child in the new group.

PART 3: Registering for Training

Letting your coaches know that you will be training helps them in many ways, and allows them to plan the session so that you all get the most out of it.

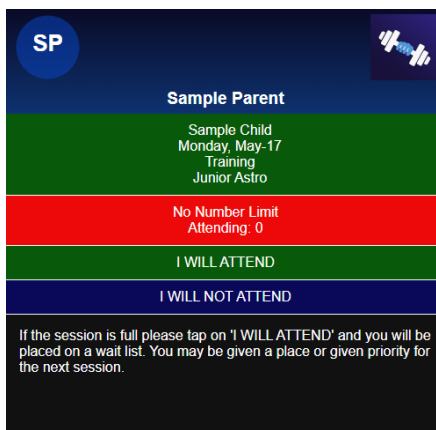
You may receive a notification to your app when a training session is open for registration. Tap on the notification to let them know whether you will attending the training session.



On the home page of your app you will see a section for each of your children.

If there are training sessions open for registration you will see a red bar saying 'Tap to pre-book training' which will take you to the registration screen.

Alternatively you can select the Pre-Book Children option from the app menu.



Just tap I WILL ATTEND or I WILL NOT ATTEND to let your coaches know what you are doing.

PART 4: Symptom Checker.

Covid guidelines may require that you complete a symptom checker before attending training, either for your child, or for yourself, or both.

11:40 19% 53%

Sports-Train

Demo Athlete

COVID-19 Symptom Checker

Wed 03 Jun

Are you currently diagnosed with or believe you may have COVID-19?

No Yes

Have you had any of these symptoms of COVID-19 in the past 14 days?

High temperature (fever)

No Yes

A new continuous cough

No Yes

To complete the symptom checker for your child, from the app home page tap on the red symptom checker bar for your child and complete the form.

If you need to complete the symptom checker for yourself, tap on the red symptom checker bar in the 'Yourself' section (it says Tap to complete your own symptom checker) and complete the form.

PART 5: Training Check-In and Check-Out

To help your club fulfil their test and trace requirements you should use the app to check in to each training session when you arrive at the club and to check out when you leave.

Your Children

Sample Child

Tap to pre-book training for Sample Child

Tap to complete symptom checker for Sample Child.

Sample Child
18:00 Rugby Training
Location: Pitch 1

Sample Child Tap to Check In

On training day your sessions will be displayed on the home page of the app. Tap on the session to expand it, you will see a blue Check In bar.

Tap the blue bar to check in.

Your Children

Sample Child

Tap to pre-book training for Sample Child

Tap to complete symptom checker for Sample Child.

Sample Child
18:00 Rugby Training
Location: Pitch 1

Checked In at 09:22:36
Tap to Check Out

At the end of the session when you leave tap the blue bar again to check out.

PART 6: Correcting Check In and Check Out errors

The screenshot shows the app's main menu with a dark blue header containing a circular 'SP' profile icon and a 'Sample Parent' title. Below the header is a green bar labeled 'Site Attendance Report'. A black bar indicates 'You have no attendance records'. Another green bar is labeled 'Your Children', followed by a dark blue bar for 'Sample Child'. The main content area shows event details: 'Pitch 1 on Tue 18-May', 'Rugby Training (School of Rugby)', 'Checked in at 18:31:00', and 'Check out at 19:55:14'. At the bottom, there is a red 'X' icon, an 'IN:' label with a time field set to '18:31' and a clock icon, an 'OUT:' label with a time field set to '19:55:14' and a clock icon, and a yellow waving hand icon.

If you need to correct a check in record use the COVID-19 My Attendance Report option on your app menu.

Attendance records will be displayed for yourself and your children.

To view detail tap on a record. Tap again to hide the detail.

You can delete the record using the red X.

You can edit in and out times by tapping on each field, tap the save icon when you are done.

The waving hand item will set the Out time to the current time.