

MATCHDAY PROGRAMME SEASON 2014/2015

# WORCESTER LADIES RFC

SUNDAY 12/10/2014  
KICK OFF 14:30

VS RICHMOND LADIES RFC  
WOMEN'S PREMIERSHIP



PROGRAMME SPONSORED BY

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## WORCESTER WELCOME

Worcester extend a warm welcome to defending champions Richmond, the only Ladies team in the Premiership fully integrated within their club. They field 3 senior teams, providing strength in depth, a major factor in their consistent success. Previous encounters have been entertaining, hard fought affairs.

We especially welcome the return of Amy Turner following a career threatening injury.

Worcester could be viewed as Richmond's development team, former players Alice Richardson, Becky Essex, Abi Chamberlain and Joanne Watmore now sporting the orange, red and black jerseys. We hope they enjoy their return, but not quite as much as we do.

David Guest

1st XV Manager

## TEAM SHEETS

### WORCESTER

1. Rochelle Clarke, Loose-head prop
2. Lark Davies, Hooker
3. Tracy Balmer, Tight-head prop
4. Courtney Gill, Second row
5. Rhiannon Watkins, Second row
6. Sian Williams, Blind-side flanker
7. Lyndsay O'Donnell, Open-side flanker
8. Lisa Campbell, Number 8
9. Bianca Blackburn, Scrum Half
10. Ceri Large (C), Fly half
11. Rhiannon Parker, Left wing
12. Megan Goddard, Inside centre
13. Zoe Bennion, Outside centre
14. Lydia Thompson, Right wing
15. Stephanie Johnston, Full back
16. Laura Keates, Replacement
17. Kelly Shields, Replacement
18. Rebecca Trist, Replacement
19. Lauren Chenoweth, Replacement
20. Naomi Henry, Replacement
21. Abi Porteous, Replacement
- 22.
- 23.
- 24.
- 25.

### RICHMOND

1. Vic Cornborough, Loose-head prop
2. Emma Croker (C), Hooker
3. Anna Butler, Tight-head prop
4. Sara Little, Second row
5. Zoe Saynor, Second row
6. Rowena Burnfield, Blind-side flanker
7. Tess Fosberg, Open-side flanker
8. Becky Essex, Number 8
9. Amy Turner, Scrum Half
10. Alice Richardson, Fly half
11. Holly Myers, Left wing
12. Jade Wong, Inside centre
13. Jo Watmore, Outside centre
14. Becky Ball, Right wing
15. Oli Davies, Full back
16. Zoe Barber, Replacement
17. Debs McCormack, Replacement
18. Sam McCarthy, Replacement
19. Fran Matthews, Replacement
- 20.
- 21.
- 22.
- 23.
- 24.
- 25.

# MATCH REPORT

## Worcester back to winning ways

Aylesford Bulls Ladies 5 Worcester 43, Sunday September 28th

The long journey to Aylesford saw Worcester Ladies collecting their first winning bonus point of the season with a hard earned 5-43 victory.

The home side conceded several early penalties and on nine minutes Megan Goddard gave Worcester the lead with a well struck kick.

The visitors continued to apply pressure and an excellent kick ahead from Steph Johnston saw Lydia Thompson out sprint the defence to score in the corner.

Worcester's opening onslaught continued for seventeen minutes but despite pinning the home side in their own half, found Aylesford back in the game when Catherine Spencer executed a text book number 8 pick up at the scrum too drive over. The former England captain's score gave the home side confidence and an attractive and even rest of the half saw no further score.

The second half saw Worcester drive home their superiority, tries flowing from Samantha Bree, Sian Williams, Steph Johnston (2) and Lisa Campbell, with Megan Goddard in immaculate form with the boot taking all the extras.

However, Worcester paid a heavy price for their victory, losing Lydia Thompson, Sam Bree and Lyndsay O'Donnell to injury.



Rhi Parker gave an impressive performance after replacing the injured Thompson and Bianca Blackburn, growing in stature, put in another dynamic performance at scrum half.

**Dave Guest**  
1st XV Manager

# PLAYER PROFILE

## Rhiannon Watkins

Age: 23  
 Playing Position: Prop/Flanker  
 2014/2015 League Appearances: 3  
 2014/2015 League Points: 0  
 Occupation: Barmaid and Waitress  
 Playing Career: 9 years - Worcester  
 Representative Honours: North Mids  
 Favorite Players: Sam Warburton  
 Sponsor:  
 To sponsor Rhiannon, contact  
 ladies.media@worcesterrugbyclub.co.uk



# FIXTURES & RESULTS

## August 2014

[A]	Sun 31st, 2:00pm	Camp Hill RFC	Pre-season	19 - 79	[W]
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## September 2014

[A]	Sat 6th, 2:00pm	Waterloo RFC	Pre-season	40 - 36	[L]
[H]	Sat 13th, 5:00pm	Lichfield Ladies	League	24 - 24	[D]
[H]	Sun 21st, 2:30pm	Wasps Ladies	League	14 - 27	[L]
[A]	Sun 28th, 2:30pm	Aylesford Bulls Ladies	League	5 - 43	[W]

## October 2014

[H]	Sun 12th, 2:00pm	Richmond Ladies	League	
[A]	Sun 19th, 2:00pm	Saracens Ladies	League	
[H]	Sun 26th, 2:00pm	Bristol Ladies	League	

## November 2014

[A]	Sun 2nd, 2:00pm	Darlington Mowden Park Ladies	League	
[A]	Sun 23rd, 2:00pm	Wasps Ladies	League	
[H]	Sun 30th, 2:00pm	Aylesford Bulls Ladies	League	

## December 2014

[A]	Sun 7th, 2:00pm	Richmond Ladies	League	
[H]	Sun 14th, 2:00pm	Saracens Ladies	League	
[A]	Sat 20th, 2:00pm	Bristol Ladies	League	

## January 2015

[H]	Sun 11th, 2:00pm	Darlington Mowden Park Ladies	League	
[A]	Sun 18th, 2:00pm	Lichfield Ladies	League	

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If you would like to get involved and sponsor Worcester Ladies, please contact  
[ladies.media@worcesterrugbyclub.co.uk](mailto:ladies.media@worcesterrugbyclub.co.uk)