



Lakenham-Hewett Newsletter

We have had a great start to the season. Our minis have played in their first festival at West Norfolk, due to low numbers we mixed in with other club and this worked well.

We would like to say a thank you to Julie and Melvyn for all your hard work for arranging games for the girls.

When the car park is full to remember not to park in front of the gates.

Minis

Under 12's

The coaches are
Katie, Dan, Martin,
Heggie, Ollie & Charlie assisting.

The mini's had a great morning training at home with Norwich Rugby Club.

Just a reminder that training starts at 10.30 until 12.00

Games

15th November training at Fakenham Rugby Club

29th November training at Norwich Rugby Club

6 December training at home with Lowestoft and Yarmouth Rugby Club

Boys

Under 13's- under18's

The coaches are
Sean, Richard,
Heggie assisting, Leanne & Mark.

Games

Girls

Under 13's- Under 18s;

The coach is Simon

The girls enjoyed a wet afternoon at Stowmarket.

Games

Sunday 1st November
Away at Diss

Water Bottles

Please could all children have water bottles at training. If you haven't been given a rugby bottle see Louise in the Kitchen.

Quiz night Friday 27th November - 7pm

Please support the quiz night as all money raised will go towards the children's Christmas parties.

The evening is for the whole family £5 per person which includes quiz entry and food. Maximum of 6 people per team. For more information contact Louise on events@lhrfc.co.uk or see her in the kitchen on Sunday morning. Team booking to Louise by Wednesday 25th November.

Photos

If you DO NOT WANT your children to have their photographs taken while training, playing matches or at any social functions please contact Louise on volunteer@lhrfc.co.uk

Photos will be used for publicity purposes or put on the official LHRFC website.

Diary Dates

27/11/15 – It's nearly Christmas Quiz, Chips and Raffle night from 7pm

13/12/15 Youth & Mini's Christmas Party

19/12/15 Christmas Night Out at the Dogs. Dinner & dance

20/12/15 – 09/01/16
Christmas Break