

First Aid – Middlesex U7s Festival

- St John Ambulance are in attendance and have a dedicated area within the clubhouse, St John's volunteers will also circulate around the pitches during the matches.
- Each visiting club should have a first aider and fully equipped first aid kit.
- Please ensure parents/players/coaches etc have any necessary **Inhalers/Epipens/Medication** for those with known medical conditions with them at the game. Please also ensure that coaches know where these are in the event that they are needed and parents have gone to get a coffee/food/toilet etc.
- Ice is located behind the bar
- In the event of an emergency the **Defibrillator** is located inside the Clubhouse on the wall **behind the bar on the shelf by the coffee machine**.

Local Hospitals

Kingston Hospital (nearest A&E)

Galsworthy Road, Kingston Upon Thames, KT2 7QB, 0208 546 7711

Teddington Memorial Hospital (no A&E, walk-in centre only) Hampton Road, Teddington, TW11 0JL, 0208 714 4000

Calling 999

If you need an ambulance, please use the following instructions for directing the ambulance – The pitch is by **Barton's Cottage** and the post code of the club house is **TW11 0EA**. The entrance to Bushy Park is off **Park Road, Teddington** (north entrance of the park) or **Hampton Court Road** (south entrance of the park). Proceed along **Chestnut Avenue** and turn right (coming from Park Road) or left (coming from Hampton Court Road) – signed towards The Pheasantry. Where the road bends left **take the right fork** (through the gates preventing entry other than at weekends or on bank holidays). Pass the car park on the left and take the **second right** onto the single track road leading to the pitches.

