

# RETURN TO RUGBY ROAD MAP: COMMUNITY GAME **AUGUST 2020 UPDATE**

AT EACH STAGE THE STATED ACTIVITY IS THE MAXIMUM PERMITTED, HOWEVER ALL ACTIVITIES IN PREVIOUS STAGES ARE ALSO PERMITTED. FURTHER DETAILED GUIDANCE ON ALLOWABLE ACTIVITIES AT EACH STAGE WILL BE PROVIDED.

	CURRENT STATUS					
PHASED RETURN	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
TRAINING	<b>INDIVIDUAL TRAINING WITH ONE OTHER PERSON</b>  Socially distanced training (max 2 players)  Maintain social distance  No equipment sharing	<b>SMALL GROUP TRAINING</b>  Socially distanced training (max 6 players)  No face to face (F2F) /close contact  Equipment sharing kept to a minimum	<b>NON CONTACT TRAINING &amp; INTRA CLUB MATCHES</b>  Ready4Rugby & Touch Rugby training (max 20 players, based at own club only)	<b>ADAPTED CONTACT TRAINING &amp; NON CONTACT FIXTURES</b>  Low & medium risk training activities (restricted numbers)  A full list of permitted training activities will be provided	<b>ADAPTED CONTACT FIXTURES</b>  Low, medium & increased risk training activities (full squad)  Progression (TBC) to full contact match training	<b>RETURN TO MATCH PREP &amp; PLAYING</b>  Return to full contact match play

**ALL ACTIVITY TO INCLUDE APPROPRIATE SOCIAL DISTANCING, STRONG PERSONAL HYGIENE MAINTENANCE, AND FOLLOW THE LATEST RFU & GOVERNMENT GUIDANCE.**

PLAYING	No competitive or formal playing opportunities at this stage  	No competitive or formal playing opportunities at this stage  	Non Contact training & intra club matches  	Inter-club Ready4Rugby & Touch Rugby fixtures with restricted numbers  	Adapted laws inter-club fixtures (Not league)  	Full 15-a-side league fixtures  
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