



BECOME A GAME CHANGER COACH

Upcoming CPD Courses

Rugby Ready	Warrington RFC	29.10.18	https://goo.gl/UcZJEp
CARDS	Liverpool St Helens	12.11.18	https://goo.gl/oUWyzy
CARDS	Widnes RUFC	19.11.18	https://goo.gl/wZHpSq
GAME CHANGERS	West Park RUFC	26.11.18	https://goo.gl/rzHw3y
GAME CHANGERS	Warrington RFC	03.12.18	https://goo.gl/CkyTba
PRINCIPLES OF ATTACK	Widnes RUFC	28.01.19	http://www.englandrugby.com/my-rugby/courses/search/#/search?id=&c=&eventid=226341990
PRINCIPLES OF DEFENCE	Liverpool St Helens	04.02.19	https://www.englandrugby.com/my-rugby/courses/search/#/results
PRINCIPLES OF DEFENCE	Warrington RFC	11.02.19	https://www.englandrugby.com/my-rugby/courses/search/#/results

Join our qualified referees & coaches

COACHING

NEW CPD's, WHAT ARE THEY?

CARDS

This course explores how coaches can develop and use the England Rugby model of developing players who are **Creative, Aware, Resilient, Decision Makers** and **Self - Organisers**. We will explore how using challenges and creating problems for players to solve can help develop these skills along with examining of the coaches actions and behaviours to support.

GAME CHANGERS

This workshop explores ideas around shaping and sharing meaningful **game based practices** to effectively facilitate player development within a fun and inclusive environment. Attendees will be helped to understand the key principles that are necessary for effective **game design** through a blend of theory and practical. Those attending will leave with tangible ideas around 'what' and 'how' to coach through effective Game Zones.

PRINCIPLES OF ATTACK

This course has a blend of theory and practical and will look at exploring the England Rugby principles of attack- **Go Forward, Support, Continuity and Pressure**. The practical activities are designed to help coaches to challenge player's creativity, decision making and self -organisation in attack and includes the use of effective contact skills.

PRINCIPLES OF DEFENCE

This course is a blend of theory and practical which will look at exploring England Rugby's principles of defence which are:

- **Assess threats**
- **Cut down options**
- **Get the ball back.**

The practical activities are designed to help the coach to challenge player's decision making and self -organisation in defence, whilst developing tackle technique.

To book go to: www.englandrugby.com/my-rugby/courses/search • Duration: 2.5hrs • Cost: £15

www.englandrugby.com/my-rugby/courses