



BECOME A GAME CHANGER COACH

Upcoming CPD Courses

Name of Course	Venue	Date Time	Booking Link
CARDS	Warrington RFC	11.03.19 6.30pm	http://www.englandrugby.com/my-rugby/courses/search/#/search?id=&c=&eventid=226343837

Join our qualified referees & coaches

COACHING
NEW CPD's, WHAT ARE THEY?

CARDS
This course explores how coaches can develop and use the England Rugby model of developing players who are **Creative, Aware, Resilient, Decision Makers** and **Self - Organisers**. We will explore how using challenges and creating problems for players to solve can help develop these skills along with examining of the coaches actions and behaviours to support.

GAME CHANGERS
This workshop explores ideas around shaping and sharing meaningful **game based practices** to effectively facilitate player development within a fun and inclusive environment. Attendees will be helped to understand the key principles that are necessary for effective **game design** through a blend of theory and practical. Those attending will leave with tangible ideas around 'what' and 'how' to coach through effective Game Zones.

PRINCIPLES OF ATTACK
This course has a blend of theory and practical and will look at exploring the England Rugby principles of attack- **Go Forward, Support, Continuity and Pressure**. The practical activities are designed to help coaches to challenge player's creativity, decision making and self -organisation in attack and includes the use of effective contact skills.

PRINCIPLES OF DEFENCE
This course is a blend of theory and practical which will look at exploring England Rugby's principles of defence which are:
• **Assess threats**
• **Cut down options**
• **Get the ball back.**
The practical activities are designed to help the coach to challenge player's decision making and self -organisation in defence, whilst developing tackle technique.

To book go to: www.englandrugby.com/my-rugby/courses/search • Duration: 2.5hrs • Cost: £15

englandrugby.com/my-rugby/courses